



# Sports Coaching



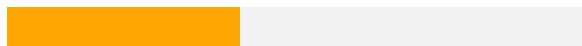
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 Thailand - Singburi

Help out with fun sport sessions at local schools and introduce new physical activities to children from rural areas!

During this program, you'll use sport to help children develop socially, physically, and mentally. Through training in team sports such as soccer, volleyball, rugby and basketball, the children will gain valuable team building skills and a sense of discipline that will leave them with great memories, habits and attitudes for the rest of their lives.

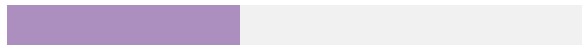
Culture



Learning



Leisure



Community Engagement



Physical Demand



## Program Description

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We work together with the United Through Sports Thailand organization in preparing sports coaching and health care sessions for children in Thailand. The Sports Coaching project takes place at several schools in the Singburi area.

At these schools, you will add an essential element to the current sport, physical education, and health curriculum for the children.

This program gives children the opportunity to get more involved with sports, as there is currently only one hour of sports lessons a week in the existing curriculum. It also hopes to introduce new sports to the children that they would not likely get involved in otherwise.

The training sessions consist mainly of team sports such as soccer, netball, volleyball, rugby and so on. In the school's current sports curriculum, the boys are trained in soccer and the girls in volleyball. With this program, we are aiming to broaden the types of sports that these children can participate in.

Furthermore, we also give the children health lessons on personal health care and other important issues such as gender equality. All elements of the program take place on the sports field in a fun, active and interactive way. Using sports can aid the personal development of any child as it promotes the social interaction, knowledge and passion which are all life skills that lead to the pathway of success.

A high level of interest in sports and a positive attitude will be of great help for you work the children.

## Program Duration & Availability

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**Min duration (weeks):** 1

## Aims & Objectives

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- Use sports coaching to improve the health, skills, stamina, and well-being of the children
- Give you invaluable, practical experience in sports coaching
- Assist the local coaches and team by providing an extra hand
- Develop your coaching and ability to work with children

## Schedule

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### Monday

If this is your first week, you will be transferred in the morning to the project location to meet with the local team. You will then be introduced to the sports coach and team onsite. Here, you will receive instructions regarding the curriculum and lesson plans will be discussed.

### Tuesday to Friday

The schedule of the program largely depends on the lesson schedule of the partner school. During school hours, you will carry out 1 to 2 training sessions. \*\*\*This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.\*\*\*

**From mid-March, mid-May and all of October when schools are closed Sports Camps will be provided for the local children**

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## Starting Dates

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### During 2019

This program starts every week.

### During 2020

This program starts every week.

## Participant Criteria & Requirements

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<b>Minimum age:</b>	-
<b>Maximum age:</b>	-
<b>Minimum English level:</b>	Basic
<b>CRB required:</b>	On Signup
<b>Passport copy required:</b>	No
<b>Resume copy required:</b>	No
<b>Required qualification:</b>	None

## Additional Requirements

There are no further requirements for this program.

## Additional Equipment

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- Sports clothing and shoes
- Optional: You are more than welcome to bring teaching materials/resources for your training sessions