



Food Shop



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📍 Vietnam - Ho Chi Minh

Assist with food preparation, serving and clean-up at this amazingly dedicated food shop, providing low cost, healthy meals to vulnerable locals in need.

The Food Shop program is NGO run, partnering with local people to provide heavily subsidized, low-cost meals. It's success relies on donations, local assistance and our participants, whose efforts prepare and serve on a daily basis. Anyone and everyone who is in need of support is more than welcome to come in and enjoy these nutritious meals.



Program Description

"Fill your heart.....and their plate!"

You will be contributing your efforts at The Smile Food Shop, where your task may include food preparation, serving and clean-up, as you bring smiles and affordable hot meals for all who need it.

Established in 2012, The Smile Food shop was opened to help people by providing low cost lunches for only 2000 VND per meal (about 10 cents). The shop is run by a NGO together with passionate locals and your efforts will be greatly appreciated as well.

In this program you will help to prepare lunches and serve these meals to a group of around 500 people (elderly, local workers, person with disabilities, students and children) who come for low cost, good quality and well prepared meals each day!

This program is likely to be one of the most challenging, engaging and, at times, one of the most exhausting things you have ever done, where you loved every minute of it!

Please be advised that the Food Shop program continues to function even when the NGO run facility is closed (including a month long closure around the Tet Holiday). During those periods, Food Shop participants will prepare food on-site at our accommodation kitchen and those free meals will be distributed at a local hospital to patients and local workers.

Program Duration & Availability

Min duration (weeks): 1

Aims & Objectives

- Generate income so that the people of Ho Chi Minh can continue to be provided with hygienic, healthy food at a low cost
- Give you practical experience in the kitchen and an insight into food preparation
- Assist the local staff with extra hands at the food shop

Schedule

Monday to Friday

- Breakfast
- Depart for the food shop
- Assist in the preparation of food, working in the kitchen, cleaning the area and serving food, etc.
- Lunch at the foodshop
- Head back to the accommodation
- Free time during the afternoon
- Dinner

*****This program is relocated during periods/holidays when the NGO facility is closed and meals prepared by participants are then distributed at a local hospital*****

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2019

This program starts every week.

During 2020

This program starts every week.

Participant Criteria & Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	No
Resume copy required:	No
Required qualification:	None

Additional Requirements

There are no further requirements for this program.

Additional Equipment

No specific equipment required for this program.