



# Zanzibar Culture Week



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**2020-03-07**  
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## Tanzania - Stone Town

Get to know Zanzibar! Explore the rich culture, the complex history, and meet amazing people who call this fantastic place home.

This once independent island nation has actually put the “Zan” in what we now call Tanzania. As you learn more about this unique location you will enjoy the warmth of the weather and the local community. You will visit local sites and enjoy breathtaking views during this week long introduction.



## Program Description

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Get lost in the mesmerizing maze-like layout of Stone Town, glimpse the turtles of Prison Island and learn the history and culture of Zanzibar. This is an opportunity for exploration that will give you both insight and appreciation for Zanzibar, an island location known and loved for its spices and unique atmosphere.

This is where worlds and cultures combine to create a beautiful mosaic that encompasses, African, Arabic, Asian, and European influences. While perusing Stone Town, you may find that the door itself is even more interesting than what may be behind it. Enjoy the chance to be transported through time and lulled into a peace as you relax on the beach. Then when the sun goes down, get into the rhythm of the Zanzibar nightlife.

There is so much to take in that your senses of smell, taste, sight and touch are all stimulated by the exotic nature of this truly remarkable place.

## Program Duration & Availability

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**Min duration (weeks):** 1

## Aims & Objectives

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- Help you learn helpful phrases in the local language
- Broaden your knowledge of the local customs, history and culture
- Enjoy local sights and activities
- Provide a full induction, preparing you for a longer stay

# Schedule

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## Monday

- Breakfast
- Orientation
- Swahili Language Lesson
- Lunch
- Walking tour visiting local shops near the accommodation
- Dinner

## Tuesday

- Breakfast
- Guided Stone Town City Tour with History
- Lunch
- Visit local market
- Swahili food cooking lesson
- Dinner

## Wednesday

- Breakfast
- Swahili Language lesson
- Lunch
- Spice Farm experience
- Swahili house visit
- Changuu island experience
- Dinner

## Thursday

- Breakfast
- Village Cycling Tour
- Learn about the traditions and practices of local healers or "Witch Doctors"
- Lunch
- Khanga Demonstration
- Coconut ropes making
- Coconut roof making
- Dinner

## Friday

- Breakfast
- Full Beach Day
- Bag lunch provided
- Souvenir/Spice shopping
- Dinner

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

## Starting Dates

### During 2019

This program starts every week.

### During 2020

This program starts every week.

## Participant Criteria & Requirements

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<b>Minimum age:</b>	-
<b>Maximum age:</b>	-
<b>Minimum English level:</b>	Basic
<b>CRB required:</b>	On Signup
<b>Passport copy required:</b>	No
<b>Resume copy required:</b>	No
<b>Required qualification:</b>	None

### Additional Requirements

There are no further requirements for this program.

## Additional Equipment

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No additional equipment required.