



Equine Therapy Program



Croatia - Split

A program for those who would like to provide a helping hand to disadvantaged in an interesting way through hypotherapy.

This program provides you with ample opportunities to bring some rays of happiness to the disadvantaged. You shall work with the NGO team and other local participants who are passionate about their work. Your role will be to assist in maintaining the riding area and stables, prepare for the therapy and guide the children when possible.



Program Description

The local NGO with whom we're working focuses on hypotherapy - a therapeutic method in which the horse is used for the rehabilitation, integration, physical, psychological, emotional and social development of a person. They have about 10 horses and a large area where they ride horses with the disadvantaged from all over Dalmatia. The NGO has a lot of staff and local participants helping in their activities. The project is located in Trogir which is about 20 km away from Split.

You can assist in maintaining the riding area, prepare for the therapy i.e. saddling up horses, scrubbing them down and anything that involves the work at the ranch, including cleaning and maintaining the stables, feeding the animals, etc. Older participants can also assist in holding the children while riding. In the winter period, you will be working every day, maintaining the field, training and riding horses to stay in shape, and cleaning the ranch environment. In essence, this will be one of the most exciting and unforgettable experience you have ever had!

Program Duration & Availability

Min duration (weeks): 1

Aims & Objectives

This program is aimed at assisting the local staff at the NGO in providing horse therapy to the disadvantaged.

Schedule

Monday to Friday

- 8:00 - Breakfast
- 9:00 - Work Begins. Daily activities include preparing horses, saddling horses, riding them to keep in shape, cleaning the ranch and the field
- 10:00 - Therapy starts
- 12:00- 13:00 - Lunch Break
- 13:00- 16:00 - Ranch Work, assisting the therapy, riding horses, finishing up work with the local staff and preparing for the next day.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2019

This program starts every week.

During 2020

This program starts every week.

Participant Criteria & Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	On Signup
Resume copy required:	On Signup
Required qualification:	None

Additional Requirements

Participants below 18 require parental consent and participants above 65 require medical clearance to take part in the project.

Additional Equipment

It's a good idea to bring some old clothes and boots as the job involves work at the ranch.