



Culture Week



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📍 Cape Verde - Tarrafal

Get ready for an action-packed week full of exciting adventures and cultural excursions to learn about Cape Verdean culture!

Throughout the week, you will get to learn the basics of the Cape Verdean Creole language, explore Tarrafal and its surrounding areas and finally immerse in the Cape Verdean culture by receiving a real exposure to the communities and the local areas.



Program Description

The Cape Verdean islands are wonderful, interesting and special. The majority of the Cape Verdean people live in Santiago and Praia, the capital city of the archipelago. Santiago is a wonderfully balanced island. At its heart are craggy mountains cut into exotic outlines and afforested in their lower slopes. There are green valleys with agriculture, in the south, there are plantations and some awesome beaches with black and white sand in the north, where fishermen bring in a lot of fish every day. During the Culture Week, you will be participating in various activities and get acquainted with the Cape Verdean culture, study the local language and explore Tarrafal and its beautiful surrounding areas.

Program Duration & Availability

Min duration (weeks): 1
Max duration (weeks): 1

Aims & Objectives

The aim and objective are to introduce you to the authentic Cape Verdean culture and immerse you into it. By doing so, you will experience the best and the closest you can get to this impressive culture.

Schedule

Monday

- On Monday, you will have breakfast and then get an introduction about the Cape Verdean traditions and culture. We will do initial documentation before your program begins including the signing of the Code of Conduct and collection of passport and visa copies.
- Then you will attend a Basic Kriolu class to learn about the local language. This is critical because the majority of people speak Kriolu, Portuguese or French here. So it may come in handy if you know some of these languages.
- Then we will leave to visit local supermarkets and ATMs and explore the surroundings of our centre.
- We will have lunch at the centre.
- After lunch, you will visit Mar De President Beach and spend some time on the beach before returning back to the centre for dinner.

Tuesday

- After breakfast, you will attend a one hour Basic Kriolu class to continue your course. Today you will learn how to talk about Days of the Week and months in Kriolu.
- Then you will visit the Museum, Tarrafal concentration camp, local Market.
- You will return to the centre for lunch.
- In the afternoon, you will visit Ribera Das Prat.

Wednesday

- After breakfast, you will attend another one hour Basic Kriolu class to where you will learn useful words for communication and spellings.
- Then you will visit Traz di Munti to learn pottery. It's going to be a great time to learn and explore your creative skills.
- Then you will have lunch in the village.
- After lunch, you will visit a lighthouse.

Thursday

- After breakfast, you will attend one hour Basic Kriolu class and start learning how to make sentences.
- Then we will leave the centre and visit the Project site for the following week.
- You will have lunch and continue at project site till the afternoon.

Friday

- After breakfast, we will have our last Basic Kriolu classes and start making phrases.
- Then we will head out to go on a fishing trip with the local fishermen.
- We will return to the center for a Barbeque lunch.
- After lunch, it is your free time to relax.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2020

This program starts every week.

During 2021

This program starts every week.

Participant Criteria & Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	On Signup
Resume copy required:	No
Required qualification:	None

Additional Requirements

Yellow fever vaccination is a mandatory requirement for all participants arriving in Cape Verde. For participants below 18, parental consent is required and for participants above 65, medical clearance is required.

Additional Equipment

No specific equipment necessary.