



Sports Coaching



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📍 Cape Verde - Tarrafal

Tarrafal sports coaching program is for individuals who would like to inspire the students to learn sports!

Share your sports skills and knowledge with enthusiastic kids in Tarrafal. Educate them about the value of sports to physical as well as mental health and inspire them to continue playing sports throughout their lives. Surround yourself with a bunch of enthusiastic kids who will eagerly wait for you to teach them.



Program Description

This sports coach program is designed for passionate individuals who would like to join a worthwhile project to teach the kids the value and power of sports. You will have students of various age groups and various levels of skills, who will be ready to learn. Your time will be spent on educating them and training them on various types of sports. You will be able to choose the field of your interest and expertise to start coaching the students.

The style and the teaching methods can be discussed and designed as per your interests. In this program, you will not only enhance their skills in sports but also you will inspire them to achieve more in life, to be disciplined and even how to face failures and learn from them. It will also be a life lesson for the kids who do not have much, but in the future who would strive to achieve greatness for sure.

Program Duration & Availability

Min duration (weeks): 1

Aims & Objectives

To inspire the students to engage in sports and to give them a proper sports training while inspiring them to achieve higher in life.

Schedule

Monday to Friday

Your local coordinator will discuss with you the daily task plan depending on the skills and the skill levels of the students you are assigned with. You can design and use your own training methods to coach depending on the field of sports you choose to coach.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2020

This program starts every week.

During 2021

This program starts every week.

Participant Criteria & Requirements

Minimum age:	18
Maximum age:	-
Minimum English level:	Intermediate
CRB required:	On Signup
Passport copy required:	On Signup
Resume copy required:	On Signup
Required qualification:	Qualification in Sports Education

Additional Requirements

Yellow fever vaccination is a mandatory requirement for all participants arriving in Cape Verde. Participants above 65 should have medical clearance.

Additional Equipment

Dress Code

- Cover up as much as possible in the spirit of the local culture to avoid embarrassment.
- Your clothes must not be too short, too tight or too revealing. Kindly make sure your shoulders and legs are covered.
- Dress professionally since you will be working in a professional environment while teaching the children.
- It is completely fine to wear western clothes as long as they fit the local standards
- Be thoughtful of the graphics, symbols or text printed on your clothing and avoid wearing clothing styles that might be inappropriate
- Be thoughtful to poor communities by not displaying expensive items and clothes
- Wearing local clothes could help you build a good working relationship with the community