Dear Family,

I’ve long been fascinated by the process of growing a garden. You prepare the earth, plant a seed, nourish the growth with fertilizer and water, weed out unwanted plants, and watch a tiny seed become a plant that eventually provides something beautiful to look at or something nutritious and delicious to eat. This entire process requires one to believe that planting a seed will eventually lead to a harvest. When we plant the seed, we’re believing in something we can’t see yet. This is actually a good definition of faith. When we plant a pumpkin seed, we have faith that it will become a pumpkin. We just know it will take time and energy and work in order for that to happen.

A family is similar. When we give our love to someone and decide to make a life together, we’re planting a seed that, when encouraged and nourished, can blossom into something truly joyful.

Unfortunately, sometimes we neglect our garden and a young plant dies or is stunted and doesn’t provide the harvest we hoped for. I’ve watched the same thing happen in relationships. What started out with great hope and faith later became a disappointment. We understand that when we fail to water our garden, we risk damaging our crops, but often when we ignore or fail to properly nourish a family relationship, we don’t seem to accept responsibility.

As the new Familius lead title, Gardens Are for Growing, suggests, a relationship and a garden require constant effort and nourishment. As you embark on your spring garden this year, we invite you to consider spending even more time and effort helping your family grow. As always, we encourage you to consider adopting one or more of the Familius 10 Habits of Happy Families and sharing the videos found on the Familius YouTube channel.

Let’s talk family!

Christopher & Michelle
Sunshine is for soaking up, and seeds are meant for sowing. Raindrops give small sprouts a drink, and gardens are for growing.

In this tender poem, the love between a father and daughter blossoms alongside the seeds they plant together. As the garden grows, the daughter grows from a toddler to a teen and finally to a woman with a child of her own. The cottagecore illustrations beautifully connect the seasons of nature with the seasons of life, where new beginnings abound. Ages 5–8

Chelsea Tornetto is a world geography teacher in Jackson, Missouri, and is the author of Conquering Content Vocabulary (Scholastic 2018). While she is a terrible gardener, her husband, Mike, has a green thumb, and she’s blessed to be able to watch him raise vegetables—and their two children—in their backyard garden all summer long. New Perspectives on Children’s Literature, Once Upon a Time, and Maryjae’s Farm.

Hsulynn Pang
Born in small town Malacca, Malaysia, Hsulynn grew up with three brothers and enjoyed much of her childhood chasing after locusts and butterflies in her backyard, digging for earthworms, and collecting seashells from the beach nearby. This is quite possibly why she finds herself painting lots of nature inspired art works rather than big tall buildings.

- This beautifully illustrated picture book shows the bond between a father and daughter as they garden throughout the years.
- Heartfelt rhymes and adorable illustrations are sure to touch the hearts of parents and grandparents alike.
- Perfect for children and graduates!
- Gardening has become an increasingly popular pastime with more than 77% of American households participating in gardening with their families.
- In 2020, gardening supply sales increased by 10% as more households took up gardening as a quarantine hobby and a gardening boom swept the globe.
String is meant to keep row straight, and breaks are meant for tying.

Raindrops give small sprouts a drink.

Sunshine is for soaking up, and seeds are meant for soaking.

and gardens are for growing.
And they lived mommy ever after,” the mommy whispered to her baby. “Because we are not always going to feel happy, but I am always going to be your mommy.”

It’s never too early to teach children how to recognize and accept emotions like fear, sadness, and loneliness. Through gorgeous illustrations of the real and fantasy worlds in which children always coexist, Mommy Ever After explores the difficult idea that we won’t always be happy, but we can always be brave and we can always be kind. Ages 4–7

Rebecca Fox Starr is a wife, mom, author, blogger, mental health advocate, and bedtime story reader from Philadelphia. You can learn more about Rebecca and her passion for real-talk about motherhood and mental health issues from her first two books, Beyond the Baby Blues: Anxiety and Depression During and After Pregnancy and Baby Ever After: Expanding Your Family After Postpartum Depression, and on social media @Rebeccafoxstarr.textures, brush strokes, drips, and splashes.

Sara Ugolotti is a freelance illustrator with projects ranging from jigsaw puzzles to children’s picture books. She has a bachelor’s degree in architecture and a master’s degree in illustration from the International School of Comics in Reggio Emilia, Italy, where she currently resides.

Product number: 550451
Price: $17.99 (USD)
Jacketed hardcover, spot UV/raised varnish, 9 × 11, 32 pages
Ships: February 2022

• Beautifully written prose shows children that they may not live happily ever after, but they can always count on their mom.
• This intimate story shows that everyone experiences a roller coaster of emotions, from fear and loneliness to joy and excitement, but a mother’s love is constant.
• Teaches empathy and compassion for others.
• A story about growing up, perfect for graduation gift giving.
There once was a little girl, and she and her mother grew much happier together. At the first snowfall, they headed up to the hill to look for snowberries. The morning showed her bully time to catch snowflakes on her tongue.

“Happy, single moments in different ways. We all feel different sometimes and that can make us feel special or unique or lonely. One day you will understand.”

The girl looked over to her and smiled on the bench beside her, watching up all of the snow. The girl said, “I now feel as a little snowfly, I even wondering if I could sit with you lies in a little snowfly together.”

The girl with kind eyes smiled and held on a hand, wondering with softly sounds, the girl lift her own open wings, she was not sad, for she felt a warm, happy feeling in her heart, something globes don’t even know warmth.

She stood up at roller-skates trees, rainbow trees, and more stoplight and mustang trees. By the time the girl clapped up all of the trees, she assumed she felt better. The only ones who did up, and the girl didn’t tell the way home with just a tiny ring of sparkle wore around her warmth.
My Name Is Cool

ANTONIO SACRE

ILLUSTRATIONS BY SARAH DEMONTVERDE

When I was born, I kept my eyes squeezed shut so tightly that my mom called me Mr. Magoo from a cartoon she loved. My dad said I was going to be bilingual, like him, so he called me El Señor Magoo.

Little Antonio has a LOT of names. Different relatives call him different names, but the real culture shock happens when he goes to school for the first time. A celebration of biracial heritage and cultural identity from award-winning Cuban American storyteller Antonio Sacre, *My Name Is Cool* teaches children to be proud of their heritage and the things that make them different. Different is COOL. Ages 4–8

**Antonio Sacre** born in Boston to a Cuban father and Irish American mother, is an internationally touring storyteller, author, and solo performance artist based in Los Angeles. He earned a BA in English from Boston College and an MA in Theater Arts from Northwestern University. He has been a featured storyteller at the Kennedy Center, the National Storytelling Festival, the National Book Festival at the Library of Congress, and museums, schools, libraries, and festivals worldwide. His books and recordings have won numerous national awards, and he is the author-and storyteller-in-residence at the prestigious UCLA Lab School.

**Sarah Demonteverde** is a graduate of Azusa Pacific University’s Bachelor’s of Fine Arts program with an Interdisciplinary emphasis in both graphic design and illustration. Having roots in the multicultural community of Southern California, Sarah grew up loving music and dance, playing classical guitar and performing as a Polynesian dancer throughout her younger years.

Product number: 550657
Price: $16.99 (USD)
Jacketed hardcover, spot UV/raised varnish
8.5 × 11, 32 pages
Ships: June 2022

• Antonio Sacre is an award-winning teacher and storyteller who travels the US telling stories in both English and Spanish.

• This true story of how Antonio got his many nicknames features a multigenerational and multicultural family.

• *My Name Is Cool* shows a common cultural practice in Latinx families of bestowing many nicknames on a child.
When I was born, I kept my eyes squeezed shut so tightly that my mom called me Mr. Magoo from a cartoon she loved. My dad said I was going to be bilingual, like him, so he called me El Señor Magoo.

They couldn't put Señor Magoo, El Goo on my birth certificate, so they called me Antonio Bernardo Sacre. Antonio, like my dad, and my abuelos, and my tías tías. And Bernardo, after my dad's best friend from Cuba, who couldn't leave the island, ever. And Sacre, my last name. Three days old: six names.

When we arrived home, my abuela grabbed me in her arms and called me "Papito," a name Cuban grandmothers call their nietos.

When my prima Barbara saw me, she hugged and squeezed me. A bunch! She rubbed my head and said, "Coquito," or little coconut head, because my head was small and round and brown, like a coco.
With baton in hand, a little girl conducts a majestic symphony with the sounds of a summer rainstorm. The whoosh of wind and the toccata of raindrops make a grand concert. With gorgeous mixed-media illustrations that juxtapose the gathering storm outside with the music inside the girl’s imagination, this celebration of the music of nature will leave readers breathless until the final bow. Ages 3–6

Annemarie Riley Guertin graduated from Wheelock College and Fitchburg State University, earning both a bachelor’s and master’s degree in education (summa cum laude). Annemarie is a literacy coach for the Salem Public School district in Salem, MA. She lives in Haverhill, MA, with her husband, Michael, and their two children.

Maria Brzozowska was born in Poland but spent most of her childhood growing up in Turkey. In 2010 she graduated from Leeds Arts University with a BA in Visual Communication. In 2016, she completed her MFA in media and design. She is a visual storyteller who enjoys taking a poetic approach to her art creating new, unknown lands. She uses traditional painting techniques aided by digital methods. She also works with children’s storybook publishers and loves illustrating magical and poetic stories.
A little bit faster now. . . Swish, pump, swish, pump, swish, pump.
The crowd grows larger, so I turn the volume up.

Rumble, grumble, groan, growl.
“What beautiful music! Keep going!”
the birds sing in the lulls of the storm.

Swish, pump, swish, pump, swish, pump.
The wind sways the branches of the old pine tree
as it creaks to the rhythm.
Rumble, grumble, groan, growl, whoosh, woos, creak, squeak.
My foot taps to the beat.
He Leads

Mountain Gorilla, the Gentle Giant

JUNE SMALLS

ILLUSTRATIONS BY YUMI SHIMOKAWARA

He is the king. He leads his family, his troop. His silver back shows his age and experience. He guides them through thick forests and steep mountains.

The majestic mountain gorillas live in family groups, led by a powerful silverback. Juxtaposing the apes’ awesome strength and surprising gentleness, He Leads tells the story of family loyalty and love. With stunning, lifelike illustrations and facts on each page, this beautiful picture book is a monument to these endangered gentle giants. Ages 4–8

June Smalls is a member of the Society of Children’s Book Writers and Illustrators and a lover of literature. She resides in Northern Virginia with her hubby, The Kid, and an ever-growing assortment of animals.

Yumi Shimokawara is an illustrator, picture book writer, and animal lover living in Japan. Yumi studied Japanese literature in college and then studied painting while doing various jobs.

- A beautifully illustrated picture book about a gorilla society with educational facts sprinkled throughout.
- Includes bibliography of resources.
- Teaches children about gorilla society and life cycles.
- Gorilla facts throughout help children and parents learn more about these majestic creatures.
- Introduces a new generation to these amazing endangered animals.
He is the king.
He leads his family, his troop.

Norwegian gorillas are apex, closely related to humans. They live in complex social groups, known as troops or bands, that range in size from two to thirty gorillas.

He has the power to throw ten times his weight, but he is mostly gentle and shy.

The adult male gorilla has the strength to flip a car and is able to run up to 70 km an hour. These large mammals are Intelli-tenders, but the gorilla is actually a social creature, content to lounge and our protectors of the day. They are difficult to find in the thick jungle's forests, and the demand for oil and gas has led his troop away from any potential danger.

Also available:

She Leads

Mommy’s Love

ANASTASIA GALKINA
ILLUSTRATIONS BY EKATERINA LADATKO

As time goes by, always know:
Mommy’s love will grow and grow.

This tender poem reinforces the message that no matter a child’s strengths or weaknesses, whether they succeed or fail, Mommy’s love never falters. With adorable art showcasing a variety of family scenarios that will be familiar to any parent, Mommy’s Love makes it clear that a mother’s love is unconditional. Ages 0–4

Product number: 550665
Price: $8.99 (USD)
Board book, 7 × 7, 20 pages
Ships: February 2022

No matter what you do or say,
Mommy loves you anyway.

Anastasia Galkina writes children’s fiction, most notably the Dinosaur Time Travel series. She lives in Moscow, but her works are known and loved by children in Russia, China, and the US.

Ekaterina Ladatko is a Moscow-based illustrator and animation art director. She is a mother of two children who never let her forget about the magic in the world.

• Adorable modern illustrations show a trio of siblings who are very different, but each receives an equal amount of their mother’s love.

• Teaches children that no matter who they are their mother’s love will always be with them.

• Perfect for bedtime and quiet time reading.
Why, Daddy? Why?

TAMARA GIRARDI
ILLUSTRATIONS BY NICHOLA COWDERY

Why are your arms so much longer than mine, Daddy? Why?
So I can scoop you up into the biggest, best bear hugs!

You know you’re a parent when it feels like you hear the word “Why?” a million times a day. In this adorable board book, a cuddly papa bear uses his cub’s naturally inquisitive nature to show the many forms of his love. From bear hugs to bubble baths and storytime snuggles, this daddy answers every question with the answer to why parents do, well, everything: love. Ages 0–4

Tamara Girardi is an Associate Professor of English at HACC, Central Pennsylvania’s Community College where she teaches creative writing, technical writing, composition, and literature online. She has a PhD in English from Indiana University of Pennsylvania and studied fiction at the University of St. Andrews in Scotland.

Nichola Cowdery is a professional illustrator living in London with her lovely family. Her children’s books illustrations and greeting cards are inspired by laughter and cuteness—the quirker, the better.

Also illustrated by Nichola Cowdery

What Is a Family?

- Adorable board book showing the bond between a father and their child as he answers the ever-popular question: “Why, Daddy?”
- Illustrations feature the father and child bears embarking on a camping trip.
- Great for Father’s Day and baby shower gift giving.
A Is for Always
An Adoption Alphabet

LINDA CUTTING
ILLUSTRATIONS BY LEONIE LITTLE-LEX

A is for Always. With your hand in mine, Adoption's a gift that will last for all time.

With gentle rhymes and lovely illustration, A Is for Always celebrates the joy and love of adoption from A to Z. With B for birth parents, Q for questions, and U for understanding, each page shows a different adoptive family of cuddly animals welcoming and cherishing a new child. Ages 3–6

Linda Cutting is the award-winning author of the memoir Memory Slips. She lives in Brookline, MA, with her husband and children.

Leonie Little-Lex grew up in a traveling family. She got to see amazing places and experience some truly epic landscapes, which shaped the imagery and color schemes in her prints and paintings. She thinks the best feeling for most artists is discovering something so fantastic that their fingers are just itching to capture it. Traveling always does that for her.

Product number: 550662
Price: $16.99 (USD)
Jacketed hardcover, spot UV/raised varnish, 9 × 9, 32 pages
Ships: July 2022

- In 2020, The National Council for Adoption found that over 110,000 adoptions happen every year in the US. The Adoption Network has reported that 1 in every 25 U.S. families currently has an adopted child.

- Features animal families in adorable adoptive homes coupled with affirmations for children.

- Illustrations and text will help adoptive parents explain the process of adoption to their child.
A is for Adoption. With your hand in mine, Adoption’s a gift that will last for all time.

G is for Galaxy. Stars were aligned to make sure you were the child we would find.

K is for Knit, with yarn meant to last. Adoption is knitting your present and past.

L is for Loving, the hugs and the care that make us a family—we’ll always be there.

M is for Mother, so loving, so Mom. Held in her arms, you are peaceful and calm.
How to Dress a Dinosaur

ROBIN CURRIE
ILLUSTRATIONS BY ALYCIA PACE

ROAR! Dinosaurs don't wear shirts!

Every parent knows the struggle of getting a child dressed and out the door. But with a cast of hilariously coiffed dinosaurs to teach toddlers how to stomp their feet into pant legs and reach their claws into shirts, getting dressed becomes a game. With this playful companion to How to Potty Train a Dinosaur, your little dino lover will beg to join in the fun and get dressed like a dinosaur! Ages 0–4

Robin Currie A professional editor and librarian in the Chicago area, Robin Currie’s books have sold over 1.5 million copies. She writes stories that children and their adults will want to read and read again.

Alycia Pace has always loved telling stories. She studied animation at Brigham Young University and is now a freelance illustrator from her home in Utah, where she lives with her two-year-old daughter and adventurous husband. Alycia loves fortune cookies, exploring new places, and the smell of bookstores.

Also available:

How to Potty Train a Dinosaur


ISBN 978-1-64170-643-8

Product number: 550643
Price: $8.99 (USD)
Board book, 7 × 7, 16 pages
Ships: February 2022

• Combines the popularity of dinosaurs with the necessity of getting dressed for the day.

• Adorable illustrations are perfect for your little dinosaur lover.

• Narrative teaching has been proven effective for children in this age group.

• From the illustrator of How to Potty Train a Dinosaur.
OH, NO. YOU TURNED INTO A DINOSAUR!

HERE IS YOUR SHIRT.
SNORT! DINOSAURS DON'T WEAR SHIRTS.

BE A DIPLODOCUS AND RUSH INTO THIS CAVE HEADFIRST.

NOW BE A VELOCIRAPTOR AND REACH YOUR CLAWS INTO TO GRAB SOME FISH.

TIME TO BRUSH YOUR TEETH.
CHOMP! DINOSAURS DON'T BRUSH THEIR TEETH.

BE AN ALLOSARUS, AND SHOW ME YOUR MIGHTY GRIN.
Axolotls
Day to ZZZ

STEPHANIE CAMPISI
ILLUSTRATIONS BY SUSANNA COVELLI

Axolotls getting up
emerging from the rocks
they’re getting ready for their day—
woken by their clocks.

Spend a day with the cutest smiling amphibians in their anthropomorphized world. Exercise with Flexolotl. Go to work with Lumberjaxalotl. Groove to the music with Saxolotl, and so many more! With silly wordplay, hilarious illustrations, and fun faxolotls, Axolotls: Day to ZZZ is the perfect bookalotl for clever kids (and parents)! Ages 0–4

Stephanie Campisi is an Australian picture book author based in Tennessee. When not exploring the woods and streams about her home, she’s reading to her son or concocting imaginative worlds brimming with wordplay and whimsy.

Susanna Covelli was born in a small town in Piedmont, Italy, earned an MA in architecture, and followed her passion for art and decided to attend a specialization course in both traditional and digital illustration at Scuola Internazionale di Comics in Turin. Her art expresses her own imagination and inspiration from nature, and she has always been attracted by sinuous shapes, Baroque style, and out-of-the-ordinary perspective.

• Axolotls have become increasingly popular on Instagram and TikTok with over 511k tags on Instagram this year alone. Axolotl plushies, pillows, and even mugs have become hot buys online and in gift stores across the world.
• The adorable “smile” of an axolotl makes for the perfect picture book character.
• Japan and Korea have seen an increase in axolotls as pets.
• This book features hilarious puns and adorable illustrations imagining axolotls in their own human-like world.
Teaching children how to name their feelings is the first step toward helping them express those feelings appropriately and feeling empathy for the feelings of others. From artist Larissa Honsek, the creator of *Opposites* and *Let's Move!*, comes a new cast of colorful clay characters to teach toddlers about emotions because we all have big feelings.

Ages 0–4

Larissa Honsek is a Berlin-based graphic designer, photographer, and illustrator who loves to explore the intersections of these fields. Her tribe of bright and colorful characters is born out of experiments with a multitude of mixed-media elements: clay sculpting, photography, digital and analogue collaging, painting, drawing, printing, and scanning.

Also available:


- Adorable clay characters help teach children how to identify different emotions.
- Color cues are used to help in a teaching setting.
- Larissa Honsek's art has been featured in a number of marketing campaigns as well as various shorts.
D Is for Desert

ASHLEY MIRELES
ILLUSTRATIONS BY VOLHA KALIAHA

A is for armadillo
B is for bedrock
C is for cactus . . .

With E for erosion, I for iguana, and P for prickly pear, going from A to Z has never been more fun in the sun! Take an alphabetized trip through the dunes and discover the plants, animals, and weather patterns that make the deserts of the world so amazing!

Ages 0–4

Ashley Mireles was born and raised in the heart of California’s Central Valley, where her time visiting the library blossomed into a career in publishing. She currently lives in Fresno, California, with her boyfriend of seven years and their terrier.

Volha Kaliaha, a London-based illustrator, has been illustrating on a professional level for seven years. Her illustrations are inspired by laughter and cuteness—the quirkier, the better.

Product number: 550558
Price: $8.99 (USD)
Board book, 7 × 7, 20 pages

• Features US and international desert landscapes and animals.
• Perfect for teaching children their ABCs and ecology.
• Show the rich diversity of the desert climates, including plants and animals.
• Great for gift shops located in desert regions.
Frank Baum’s classic novel comes to life for young children! Wheels, pull tabs, and other interactive elements invite kids to spin with Dorothy and Toto in the cyclone swing an axe with the Tin Woodman, and melt the Wicked Witch of the West. Much more than a primer, *Lit for Little Hands: The Wonderful Wizard of Oz* tells the actual story in simple, engaging prose, and fans of the novel will be delighted by the book’s attention to detail and clever use of original dialogue. And the book’s use of super-sturdy board means everyone can enjoy this tale of brains, heart, and courage over . . . and over . . . and over again! *Ages 7–9*

**Brooke Jorden** earned a BA in English and editing from Brigham Young University. The author of the Lit for Little Hands series and other books for children, Brooke is also the managing editor at Familius and the mother of three.

**Olga Skomorokhova** specializes in editorial and book illustrations and other commissioned and personal projects. Olga is inspired by her travels and the people around; thus, you can see a lot of botanical, architectural, and animalistic topics in her art. She experiments with many different techniques and utilizes various materials to achieve the desired effect.
Don’t miss the other interactive classics in this exciting series!

Alice’s Adventures in Wonderland
$12.99
ISBN: 978-1-64170-768-3

Christmas Carol
$12.99
ISBN: 978-1-64170-151-8

Pride and Prejudice
$12.99

Anne of Green Gables
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ISBN: 978-1-64170-192-1
ISBN 978-1-64170-192-1

Secret Garden
$12.99
ISBN: 978-1-64170-105-1
ISBN 978-1-64170-105-1

Peter Pan
$12.99
ISBN: 978-1-64170-051-1
ISBN 978-1-64170-051-1

A Midsummer Night’s Dream
$12.99

Jane Eyre
$14.99
ISBN: 978-1-64170-455-7
A Summer Stroll in the City

CATHY GOLDBERG FISHMAN
ILLUSTRATIONS BY MELANIE HALL

Summer stroll in the city.
What do I see?
One splashing fountain.
Two squirrels in a tree.

Take a stroll through the city in summer and experience the sights, sounds, colors, and smells of the multitude of different holidays we celebrate in the summer. From Bastille Day to the Fourth of July, everyone has a reason to celebrate. With simple rhymes, a counting pattern, and stunning papercraft art reminiscent of Ezra Jack Keats, this diverse board book is the perfect introduction to the cultural melting pot that makes the city so special. Ages 0–3

Cathy Goldberg Fishman

A graduate of Lesley College and the University of Vermont, Cathy taught in an elementary school, directed a daycare center, and owned a children's bookstore. In addition to writing, Cathy teaches at Georgia Military College in Augusta, Georgia, and works part-time at the Augusta Jewish Federation. On The Rachael Ray Show and The Martha Stewart Show.

Melanie Hall

has illustrated over 45 children's books and teaches children's book illustration in the MFA program “Get Your Masters with the Masters” at Marywood University in Pennsylvania and the Highlights Foundation. Her work has received numerous awards, including Parents' Choice, and has been exhibited in The Original Art Show at the Society of Illustrators.

Product number: 550650
Price: $8.99 (USD)
Board book, 7 × 7, 16 pages
Ships: April 2022

• Features 10 seasonal holidays as the main character walks through their very diverse city.
• Great for teaching children about the seasons as well as introducing them to new cultures.
• The third book from our Walk in the City series which already includes Winter and Spring.
• Counting element with items to count on each page.
Take a large group of kids in puberty, send them to a new school, and add a generous dose of tests, homework, and hormones, not to mention diverse personalities, bland food, and unpleasant odors. That’s middle school, and it can be a little . . . weird. Yes, there are cool things about middle school, like more independence, new friends, and new activities. But there’s confusing stuff too, like harsh judgment, the whole “popularity” thing, and, of course, drama. With insights from hundreds of students, this guidebook explores the halls of middle school, especially the odd behaviors that lurk in the shadows. Slip on your lab coats, because we’re going to dissect these behaviors one by one to understand what’s really going on. With fun illustrations and choose-your-own-adventure-style scenarios, Middle School: Safety Goggles Advised will help you deal with the drama and define who you are and how to navigate life when things get, well, weird. Ages 11–14

Jessica Speer is an expert at helping kids develop social awareness and chose middle school as a topic for this book as that is the age where she begins to see the most trouble with friends and socializing.
Moo moo! Oink oink! All aboard the Farm Train, now a durable, oversized, 26-piece, 50-inch floor puzzle! Packaged in an adorable box with a rope handle, this sturdy puzzle is perfect for little hands. From the friendly farmer revving the tractor engine to the neighing horse in the caboose, this colorful puzzle will teach fine motor skills and animal names and sounds on its way down the tracks! Ages 3–5

Product number: 550647
Price: $14.99 (USD)
Puzzle, 52 × 72, 24 pieces
Ships: March 2022

- Our bestselling train series is now a puzzle!
- Features the artwork from Farm Train which teaches children the sounds farm animals make.
- Large puzzle pieces are great for small hands!
- Builds to a 52in train.
Also available:

**PuzzleTrain: Alphabet**


**PuzzleTrain: Christmas**


ISBN 978-1-64170-579-0
For You

100 Positive Reminders for When You Need Them Most

JESS SHARP

When you need a pick-me-up, Jess Sharp, creator of @jessrachelsharp on Instagram, shares 100 illustrated messages of encouragement for your most difficult days. This chunky mini book is the perfect gift to say “You’ve got this!”

Jess Sharp is a designer, illustrator, writer, and mental health advocate based in Yorkshire, UK. Find more of Jess’s work on her Instagram @jessrachelsharp or on her website www.jessrachelsharp.com.

Product number: 550659
Price: $9.99 (USD)
Paper over board, 4 × 4, 120 pages
Ships: July 2022

Happiful

100 Uplifting Illustrations for Your Journey to Joy

JANA RUSHFORTH

Take a journey with Jana Rushforth, illustrator behind the Instagram phenomenon @wordfindersclub. Hike through the lakes and mountains of the mind to discover your inner strength and your capacity for growth. This chunky mini book is the perfect gift for anyone on a quest for joy.

Jana Rushforth lives in southern Australia with her husband, son, and a growing family of house plants in an art deco cottage. You can visit her at www.wordfinders.club.

Product number: 550660
Price: $9.99 (USD)
Paper over board, 4 × 4, 120 pages
Ships: March 2022
Also available:

**The Magic of You**
*A Colorful Book of Happiness*
LAURA JANE JONES


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**Yes, You Can!**
*A Glass-Half-Full Companion for Life’s Everyday Joys and Obstacles*
OLIVIA HERRICK

Being a father brings incredible joy and laughter, but also worry and frustration. Every dad could use a pick-me-up reminder that he’s not alone. In fact, most dads feel the same way! With 365 quotes from dads (who also happen to be thought leaders, comedians, and politicians) and hilarious images of fatherhood in progress, *Daily Fatherhood* is the perfect gift for Dad.

- 365 days’ worth of quotes from celebrities, leaders, and famous folks on fatherhood.
- Days are numbered rather than dated so you can start this book at any time of the year!
- Perfect for Father’s Day, new dads, co-ed baby showers, and any gift-giving holiday.
- Each quote is paired with an adorable image of fathers and their children.
- Full-color imagery throughout.
The Surfer and the Sage
A Guide to Survive and Ride Life’s Waves

SHAUN TOMSON & NOAH BENSHEA

Sometimes life’s waves knock you down; other times, life might seem to sweep you along powerless. But the choice is always yours to swim back up to the light. Legendary world champion surfer Shaun Tomson and international bestselling poet-philosopher Noah benShea join forces to offer you insight on a path of purpose, hope, and faith. This timely guidebook alternates between Tomson’s inspiring experiential essays and benShea’s spiritual commentary that lift the soul, all accented with stunning full-color surfing photographs.

Shaun Tomson is a former World Surfing Champion and has been described as one of the greatest and most influential surfers of all time; he is an inductee in the US, Jewish, and South African Sports Halls of Fame. Shaun is also a world-renowned leadership mentor, entrepreneur, environmentalist, and author.

Noah benShea is one of North America’s most respected and beloved poet-philosophers. He is the Pulitzer Prize–nominated author of 29 books, translated into 18 languages and embraced around the world.

- From bestselling author and surfing legend Shaun Tomson, this book is one part surf and one part philosophy—perfect for anyone looking to learn about life.
- Shaun currently travels around the world teaching his Code Leadership Method.
- Life advice and spiritual guidance paired with gorgeous surf photography makes this a great gift for fans of surfing and philosophy alike.
Breaking the Grid

How to Buy Nothing, Make Everything, and Live Sustainably

DAN MARTIN

When a crisis hits, we all wish we could be a little more self-sufficient. With *Breaking the Grid*, you can learn to live completely off the grid or just be a little more environmentally conscious. In this comprehensive guide, you can find step-by-step photographed instructions for everything from making your own paper products to microgardening, from building furniture to harnessing solar power, and from making your own brown sugar to raising livestock. With projects for first-time gardeners and hardcore homesteaders alike, there’s something for everyone!

Product number: 550462
Price: $29.99 (USD)
Flexicover paperback, full color, 9 × 12, 400 pages

**Ships: June 2022**

Dan Martin is widely considered an expert in the field of self-sufficiency, appearing in CNN, Yahoo News, MSNBC, *Esquire* men’s magazine, and the Travel Channel. Dan has consulted on shows like AMC’s *The Walking Dead*, *National Geographic’s Doomsday Preppers*, *The Travel Channel’s Paranormal Paparazzi*, and TNT’s hit show *Falling Skies*, as well as for various governments and sustainable-living communities, including an ongoing Sustainable Community in Monkey River, Belize, and the Nete Ibo Eco Village in Tabatinga, Peru.

- Author Dan Martin is an authority on the subject of sustainable living who has successfully lived off the grid and helped to set up numerous off-the-grid communities.
- This book is an all-encompassing encyclopedia of do-it-yourself sustainability from simple to complex.
- Features over 1,000 photos showing step-by-step processes.
- Preppers tend to become subjects of interest during times of crisis; Dan is an expert prepper who has taught many others to prepare for a crisis.
- Shows like *Doomsday Preppers* and *Building Off the Grid* continue to be popular.
- With over 62,000 topic-related, actual hands-on hours in self-sufficiency and sustainability, Martin is widely considered and sought after as one of the foremost experts in the field.
Changing Gears

A Distant Teen, a Desperate Mother, and 4,228 Miles Across the TransAmerica Bicycle Trail

LEAH DAY

What happens when a mother and her 16-year-old son drop everything to bike across the country? On the TransAmerica Bicycle Trail, they struggle up hills in the pouring rain, they feel soreness in muscles they didn’t know they had, and they learn more about each other than they ever knew before. When licensed clinical therapist and self-proclaimed “reluctant adventurer” Leah Day felt herself drifting from her son, Jack, she decided to make a drastic play to reconnect. In this memoir chronicling the journey of a lifetime, Leah and Jack find that if they can push themselves to accomplish physically exhausting and emotionally taxing milestones on a bike, they are capable of anything!

Leah Day lives on Peaks Island in Maine with her husband, four children, and dog, Cricket. A licensed clinical therapist and former Outward Bound instructor, she now owns and operates Lighthouse Bikes in South Portland, Maine, and documents her outdoor adventures on her blog bikemum.com.

Product number: 550654
Price: $18.99 (USD)
Paperback, 6 × 9, 256 pages
Ships: April 2022

- 12% of Americans consider themselves cyclists and the number of cyclists has increased year over year.
- In 2019, Statista.com reported that over 48 million Americans participated in bicycling.
- This story combines the popular travel genre with a unique mother-son bonding story.
- The book features the TransAmerica Bicycle Trail and many stops along the way.
Calming Your Child

Deescalating Tantrums, Anxiety, Aggression, and Other Challenging Behavior

MICHAEL HEMPSEED
DAME SUE BAGSHAW, MD

It’s time for school, and your child refuses to put on her clothes. You can sense her anxiety and the impending tantrum. This familiar scene can make parents feel powerless, unable to calm their child’s fears or the resultant negative behavior. Dame Sue Bagshaw, MD, and psychologist Michael Hempseed are here to tell you: there is hope! Tantrums and anger are common behaviors, but instead of blaming poor parenting or too much screen time, Calming Your Child looks at the root causes, including anxiety, depression, sensory issues, and other psychological factors, explaining the research and helpful techniques in a simple, accessible way. Every child is different, so this guidebook provides a variety of methods to strengthen your bond with your child and combat behavior issues, all while gaining a better understanding of the way your child sees the world.

Michael Hempseed holds an honors degree in psychology from the University of Canterbury and speaks all over New Zealand on topics such as suicide prevention, improving sleep, and trauma. His first book, Being A True Hero: Understanding and Preventing Suicide in Your Community, has been used by the New Zealand Police, New Zealand Army medics, and many more.

Dame Sue Bagshaw, MD, established 198 Youth Health, a health center designed to care for the disadvantaged in the city of Christchurch, and in 2019, she was knighted for her services to young people. She is a senior lecturer of pediatrics at the Christchurch School of Medicine and the founder of The Collaborative Trust for Research and Training in Youth Health and Development.

Price: $18.99 (USD)
Paperback, 6 × 9, 256 pages
Ships: February 2022

• This book is a comprehensive exploration of the reality of having a child or children with behavioural problems.

• The authors explore common causes of explosive behavior in children and how to address the causes.

• Includes over 180 academic references and scientific examples in simple, accessible language.
The C.A.S.T.L.E. Method

Building a Family Foundation on Compassion, Acceptance, Security, Trust, Love, and Expectations + Education

DONNA TETREAULT
FOREWORD BY DR. PHIL MCGRAW

Kids—just like adults—are a work in progress. Sometimes we place unfair expectations on our kids and their behavior, forgetting that they are still “under construction.” They are still piecing together the building blocks of emotional intelligence and responsibility, to name just a few of the skills they’ll need to lead happy lives. We hope our children will grow to be kind, well-adjusted, happy adults, but they need a strong foundation from a young age. In The CASTLE Method, Dr. Phil’s resident parenting expert Donna Tetreault outlines the CASTLE method, the tools you’ll need to build a strong foundation for your family: compassion, acceptance, security, trust, love, expectations plus education. With these essential components in your tool belt, you’ll be equipped to build a strong foundation for your children to thrive, and a home that will make them feel safe and loved.

Donna Tetreault
is a renowned parenting journalist and the go-to parenting expert on Dr. Phil. She is also the founder of the nonprofit organization Caring Counts, which teaches kindness, compassion, and inclusion.
100 First Words for Little New Yorkers

ASHLEY MCPHEE
ILLUSTRATIONS BY PATRICK GRAY

We’ve got pizza rats and bodega cats. We’ll grab a slice or some bagel and schmear, but don’t even think about calling a “taxi.” Fuhgeddaboudit! A true New Yorker knows it’s a “cab”!

Yerrr! Introducing 100 First Words for Little New Yorkers, a city primer for kids learning their first words! Forget apple and dog. Little New Yorkers are ready to move from ABC to MTA and other New York-specific words like borough, hero, and egg cream (if you know, you know). Packed with hilarious illustrations and 100 words every NYC-dwelling baby should know (before any others, of course), 100 First Words for Little New Yorkers is the perfect board book for families who call the City home. Ages 0–3

Ashley McPhee, a former children’s book editor, is a full-time writer and graduate student. She lives in New York City with her husband, a labradoodle, and two adventure cats.

Patrick Gray is an illustrator based out of Montreal, Canada, who studied at the Ontario College of Art & Design. His lifelong challenges are to make art that’s just as complicated as it needs to be and to know precisely when to stop working on a drawing: skills that (not-at-all maddeningly) his one-year-old daughter has already mastered.

• Features places, people, and regional slang from New York City sure to delight locals and tourists alike!

• Hilarious take on the traditional 100 First Words books, this series is perfect for quirky parents who want to raise a little New Yorker.

• Priced to sell at $9.99.

Also illustrated by Patrick Gray:

100 First Words for Little Gym Rats


ISBN 978-1-64170-266-9
Also available in the 100 First Words series:

**100 First Words for Little Geniuses**
ISBN 978-1-64170-034-6

**100 First Words for Little Artists**
ISBN 978-1-64170-128-0

**100 First Words for Little Geeks**

**100 First Words for Little CEOs**
ISBN 978-1-64170-220-1
Old MacDonald Had a Farm in Michigan

CHRISTOPHER ROBBINS
ILLUSTRATIONS BY MARY SERGEEVA

Old MacDonald had a farm . . . in Michigan! In this delightful Michigan twist on the familiar farm tune, the lynx goes wail wail here, the groundhog goes chuck chuck there, and everywhere there’s lots of Michigan pride. This chunky, layered board book cleverly reveals each Michigan animal and, when closed, forms an adorable pickup truck! Friendly Michigan animals and scenery fill the pages of this irresistible book for kids. Ages 0–3

Product number: 550651
Price: $12.99 (USD)
Die-cut board book, 9 × 8, 16 pages
Ships: April 2022

Row, Row, Row Your Boat in Michigan

CHRISTOPHER ROBBINS
ILLUSTRATIONS BY MARY SERGEEVA

Row, row, row your boat . . . in Michigan! The sights and scenery of Michigan spring to life in this adorable twist on the favorite children’s song. Each die-cut page of the layered board book reveals an imaginary boat sailing past Lake Michigan, Frankenmuth, Windmill Island, and more! A delightful children’s introduction to the iconic places of Michigan. And when you’re done with your journey?

Row, row, row your boat back around the bend.
If you love Michigan, sing the song again! Ages 0–3

Product number: 550652
Price: $12.99 (USD)
Board book, 9 × 8, 16 pages
Ships: April 2022

Christopher Robbins is the founder and president of Familius and the cofounder of Hummingbird Digital Media. He is married to his Familius partner and acquisitions editor, Michele Robbins, and they reside in Sanger, California, with their nine children.

Mary Sergeeva studied Graphic Design at Saint-Petersburg State University. She has worked as a graphic designer and art editor for several companies and recently started working as a freelance illustrator for books, magazines, children’s games, and advertising and social projects.
Utah: The Beehive State

MARK LISK

With stunning photography on every page by professional photographer Mark Lisk, this coffee-table treasure will transport you on a visual journey through the wonders of Utah. Highlighting the state’s most beautiful spots and famous landmarks, *Utah: The Beehive State* is a must-own for everyone in love with Utah.

Mark Lisk, a graduate of Brooks Institute of Photographic Arts, climbs from the sea to high ridges and plains, gathering within his camera worlds of color and expanse that few ever see or capture in any form. From dry curls of patterned lake bottom to the tiniest brilliant lichen set before a vast line of granite peaks, Mark’s foregrounds set him apart.

- Features the beauty of Utah from well-known landmarks and national parks to lesser-known remote locations.
- Locations are labeled throughout the book so readers can plan a trip to their favorite spots.

Also available by Mark Lisk:

**Idaho: The Gem State**
$40.00 ISBN-13: 9781641701600

**Arizona: The Grand Canyon State**
$40.00 ISBN-13: 9781641702614
Backlist Pick for Father’s Day

Over 100,000 copies sold!

Also Available:

Made for Me (Hardcover)
ISBN 978-1-945547-69-0

Made for Me (Board book)

Goodnight Whispers

The Power of Dadhood

Knot It!

Naciste Para Mi (Spanish edition)
ISBN 978-1-64170-485-4

As seen in:

People

Publishers Weekly
“Kleiman says what we are all thinking—and too scared to say out loud. With comic relief, she puts it all out there!”
—Catherine Birndorf, MD, co-founder of The Motherhood Center of New York

Also for Mothers:

**Good Moms Have Scary Thoughts**


**Daily Motherhood**


**You Got This, Mama!**


**The Runaway Shirt**

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What About Us?  
A New Parents Guide to Safeguarding Your Over-Anxious, Over-Extended, Sleep-Deprived Relationship

Karen Kleiman, illustrated by Molly McIntyre

The demands of a new baby can test a couple’s relationship like nothing else! When we factor in sleep deprivation, hormonal changes, depression and anxiety, and different personalities, life with a newborn can feel a bit CRAZY. Couples tend to misinterpret this rough patch as a sign that something is wrong with the relationship, but when couples take steps toward open communication and safeguard their relationship, they can face everything new parenthood throws at them together. From the team behind the bestselling Good Moms Have Scary Thoughts comes a new guidebook of short essays, comics, and quick journal prompts about the stressful newborn stage, the struggles that so many new parents face, and the skills you need to tap into your strength as a couple.

Hardcover; 128 pages; 7 × 7

Good Moms Have Scary Thoughts

Karen Kleiman, illustrated by Molly McIntyre

Over 90 percent of new mothers will have scary thoughts about their baby and themselves. For too many mothers, those feelings can grow into anxiety, depression, and even self-harm. But here’s good news: you CAN feel better. Author Karen Kleiman comes to the aid of new mothers everywhere with a new source of hope and compassion.

Hardcover, 128 pages, 7 × 7
Spilt Milk Yoga
Cathryn Monro
Author Cathryn Monro combines personal experience, honesty, and humor to acknowledge the moments when motherhood stretches us to the edges of our tolerance, patience, anger, and exhaustion. Through guided self-inquiry, the challenges become opportunities to grow, not in spite of motherhood, but because of it.

Trade Paper; 250 pages; 5 × 7

Mothers of the Village
C. J. Schneider
So many mothers feel like something is out of joint, something is missing—and maybe the truth is that we’re all just missing each other. In her unique voice, Schneider intelligently and compassionately offers practical advice on how to create the essential community that mothers need.

Trade Paper; 218 pages; 6 × 9

A New Way for Mothers
Louise Webster
Inspiration, encouragement, and a step-by-step approach for every mother wishing to engage their talents during the hours their children are at school. This book has strategies and tips for all aspects of life—from finding the right type of work to supporting your health—to help moms find purpose and balance through the preschool years and beyond.

Trade Paper; 192 pages; 6 × 9

Motherhood Realized
Power of Moms
Filled with essays from real moms just like you, Motherhood Realized is the bestselling companion to moms everywhere who wonder if they’ll ever get through the journey. Motherhood is the hardest job we’ll ever love, and it’s so much better when we’re doing it together.

$15.95 ISBN-13: 9781939629074
Trade Paper; 206 pages; 6 × 9

Deliberate Motherhood
Power of Moms
Deliberate Motherhood presents inspiring ideas, poignant stories, and practical applications to help mothers find great success and personal growth in the beautiful and challenging work of raising the next generation.

$17.95 ISBN-13: 9781939301902
Trade Paper; 276 pages; 6 × 9

Mothering with Courage
Bonnie Compton
A detailed guidebook for your journey as a mother, complete with the latest understanding and tips for healthy parenting and motherhood. Practical, educational, and inspirational, the book provides self-reflective questions and guided journaling exercises for mothers, specifically related to aspects of their lives and mothering.

Trade Paper; 270 pages; 6 × 9

Mother Matters
Dayna Kurtz
From postpartum depression and baby blues to healing meals and post-natal exercise, Dayna Kurtz guides new and veteran mothers alike through the best practices to care for themselves as they care for their children.

Trade Paper; 270 pages; 6 × 9
From Tweens to Teens
Maria Clark Fleshood
In this groundbreaking guide, psychotherapist and educator Maria Clark Fleshood encourages parents to revive global traditions to mark preadolescence (ages eight to thirteen) with rituals and celebrations that guide young women through these years of self-discovery.

Trade Paper; 166 pages; 6 × 9

The 5 Foundations of Successful Teens
Mark J. Luciano, PhD
Dr. Mark J. Luciano provides insights from his own family therapy practice and the latest research to help your teen discover newfound courage and independence.

Trade Paper; 224 pages; 6 × 9

Stressed Out! For Parents
Ben Bernstein, PhD
Dr. B., celebrated performance coach for CEOs, athletes, and musicians, takes on parents this time in Stressed Out! For Parents. Focusing on his nine steps to help during stressful situations, Dr. B. teaches parents in clear, entertaining writing how to be calm, confident, and focused.

Trade Paper; 200 pages; 6 × 9

Family Talk
Chrissy Monson
Family councils are a great way to bring children and parents together in a positive environment where they can discuss and solve problems. In this book, Chrissy Monson outlines the benefits of family councils and the best ways to implement them in your own family.

Trade Paper; 210 pages; 6 × 9

Here Be Dragons
Annmarie Kelly-Harbaugh and Ken Harbaugh
Two parents challenge one another to find balance between work and family life. Their stories are both uproarious and poignant. Filled with tender moments and plenty of laughs, Here Be Dragons recounts the adventures of a family trying to stay afloat and offers a life raft to the rest of us in choppy waters.

Trade Paper; 224 pages; 6 × 9

How to Hug a Hedgehog
Brad Wilcox and Jerrick Robbins
A teen’s job is to be difficult, and most do it really, really well. No problem. With entertaining stories and twelve principles that open the cages, unlock the doors, gently tear down those walls, and get you talking, How to Hug a Hedgehog explores everything from communication to what you might have missed on the teen “warning label.”

Trade Paper; 176 pages; 6 × 9

Untying Parent Anxiety (Years 5–8)
Lisa Sugarman
In Untying Parent Anxiety, nationally syndicated humor columnist and author Lisa Sugarman reminds us that our kids aren’t supposed to be perfect. (And neither are we.) And as soon as we embrace the idea that parenthood is not a straight line, we unlock everyone’s full potential.

Trade Paper; 208 pages; 6 × 9

The Best-Kept Secrets of Parenting
Brad Wilcox and Jerrick Robbins
International speaker and educator Brad Wilcox and coauthor Jerrick Robbins share eighteen of the most overlooked principles that help parents succeed. The heartwarming experiences shared as “secrets” will truly make the difference in your family.

Trade Paper; 184 pages; 6 × 9
Why Can’t We Just Play?
Pam Lobley
Nationally syndicated humor writer Pam Lobley decided to slow down and give her family a summer that was a throwback to the 1950s. With trademark wit and candor, she reveals what we can learn from those long-ago families, why raising kids has changed so drastically, and most importantly, how to stop time once in a while and just play.

$15.95 ISBN-13: 9781942934578
Trade Paper; 192 pages; 6 × 9

The Parent Compass
Cynthia Clumeck Mushnick, MA; Jenn Curtis, MSW
The Parent Compass provides guidance on what parents’ roles should be in supporting their teens’ mental health as they traverse the maze of the adolescent years. In The Parent Compass, you will find advice on facilitating grit and resilience in your teen and why they are critical to your teen’s happiness.

Paperback; 224 pages; 6 × 9

How to Raise Perfectly Imperfect Kids—and Be OK with It!
Lisa Sugarman, with Debra Fox Gansenberg
With healthy doses of humor and reality, Lisa Sugarman reminds us that our kids were never meant to be perfect, and perfectly imperfect kids can become wonderful, well-rounded adults if we just allow them to grow.

Trade Paper; 168 pages; 5 × 7

Raising Stress-Proof Kids
Shelley Davidow
Chronic stress is robbing children of their childhoods with negative physiological, emotional, and cognitive consequences. Raising Stress-Proof Kids shows parents that there’s a lot we can do to mitigate the effects of our often too-stressful lives on our children’s growing bodies and brains.

$17.95 ISBN-13: 9781939629647
Trade Paper; 248 pages; 6 × 9

Parenting for the Digital Age
Bill Ratner
Bill Ratner explores the change in advertising since 1982 and what children are currently exposed to. As a parent and veteran insider to the world of media, Ratner talks openly about the problems associated with excessive screen time, children’s advertising, and what parents can do about it.

Trade Paper; 190 pages; 6 × 9

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Trade Paper; 190 pages; 6 × 9

Does My Child Have PTSD?
Jolene Philo
When children experience medical illness, witness violence, or are abused, it can leave a lasting effect. Does My Child Have PTSD? is designed for readers looking for answers about the puzzling, disturbing behaviors of children in their care.

Trade Paper; 200 pages; 6 × 9

The Present Parent Handbook
Timothy Dukes, PhD
Addresses both the dilemmas and delights in each parenting moment, providing practices to manage both. With an A–Z approach, parents will learn how to be more mentally and emotionally available to their children.

Trade Paper; 168 pages; 5 × 7

The Parent Fix
Maggie Stevens
There is power in parenting—correct parenting. Rather than focusing on the kids, as so many other self-help books do, The Parent Fix stresses that when parents change, kids change.

$15.95 ISBN-13: 9781939629203
Trade Paper; 248 pages; 6 × 9

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Trade Paper; 190 pages; 6 × 9
If you grew up without a father figure, you might worry whether you have what it takes to be a great dad. This playbook for men who did not have a regular, dependable father figure is packed with short lessons to answer questions new dads will face. With hilarious examples and a straightforward approach, Rookie Father is the mentor-in-a-book every new father needs.

Paperback; 212 pages; 5 × 7

Divorce can leave families with a lot of pain and uncertainty—and with the children in the mix, the stakes are even higher. In The World's Best Dad After Divorce, Mandelstein helps fathers (and mothers) discover a path to navigate the stormy waters of divorce and create a healthy extended family environment, guided by the principles of collaboration and cooperation.

Paperback; 208 pages; 6 × 9

By recounting personal experiences, offering sincere opinions, and including quizzes for fatherly-preparedness, Tim Myers emphasizes the importance of fatherly influence in the home.

$17.95  ISBN-13: 9781938301018
Trade Paper; 270 pages; 6 × 9

National speaker Michael Byron Smith discusses the implications of a fatherless home, the challenges of parenting, and the hierarchy of fathers. Any man can assess himself, see where he stands, and make choices to become a real Dad and find the power of Dadhood!

Trade Paper; 248 pages; 6 × 9

Wife and mother of four Michelle Packard knows how crazy a family life can be and shares tips and tricks to not just appreciate the chaos but to appreciate and love those who can make your life the most difficult. While the idea of happy ever after is distorted, you can, in fact, achieve a Family Ever After.

Trade Paper; 194 pages; 6 × 9

National storyteller and five-time champion of the West Virginia Liars’ Contest Bil Lepp shares his perspective on parenting, from the insatiable and unanswerable questions children pose to the most meaningful traditions that draw a family together.

Trade Paper; 126 pages; 5 × 8

Dude to Dad contains absolutely no expert advice or medical guidance. You can read about mucus plugs and colostrum elsewhere. What you will find is a candid, quick, and often irreverent road map for making the most of your own personal transition from Dude to Dad.

Trade Paper; 132 pages; 5 × 8

Tonight, don't read your child a story. Instead, dim the light, lie down, and create storytelling magic. Weave a spell that will enchant your child . . . Written by an award-winning playwright, Tell Me a Story in the Dark provides you with every tool you need to tell great and entertaining stories.

$18.95  ISBN-13: 9781939629586
Trade Paper; 300 pages; 7.5 × 9.25
Unlocking Parental Intelligence
Laurie Hollman, PhD
With extensive research and entertaining examples, Dr. Laurie Hollman provides five simple steps to help parents better understand the context of children’s perplexing behavior and how to cultivate real change.

$17.95 ISBN-13: 9781942934042
Trade Paper; 254 pages; 6 × 9

Has Hollywood Lost Its Mind?
Chris Hicks
Thirty-year movie reviewer veteran Chris Hicks explores the history of the movie rating system and the inconsistency in the ratings and shares advice on how to make better choices in your family’s movie entertainment.

$17.95 ISBN-13: 9781938301193
Trade Paper; 258 pages; 6 × 9

Adopting Hope
Lorri Antosz Benson
From Lorri Antosz Benson, author of To Have and Not to Hold, this heartfelt compilation is ultimately a message of hope, love, and destiny as each family discovers that a child doesn’t need to be blood-related to be truly yours. Includes essays from adoptees, birthparents, and adoptive parents.

Trade Paper; 224 pages; 6 × 9

Debunking the Bump
Daphne Adler
Debunking the Bump is a pregnancy book for women with the thirst for facts. Filled with practical, actionable recommendations and clear explanations of risks and trade-offs, this unique guide will help you make informed choices so you can enjoy a relaxed and happy pregnancy.

Trade Paper; 352 pages; 6 × 9

Grandparenting the Blended Family
Dene Low, PhD
Grandparenting is hard enough, but when you add in the blended family element, the challenge is even greater. Dene Low explores thirty different sets of grandparents and provides tips and solutions from her interviews and research for grandparent success.

Trade Paper; 178 pages; 6 × 9

Grandmothering
Linda Eyre
New York Times #1 bestselling author and grandmother, Linda Eyre shares her secret formula for teaching your grandchildren values, building meaningful connections with them, and giving them grit and resilience in an ever-changing world.

Trade Paper; 356 pages; 6 × 9

To Have and Not to Hold
Lorri Antosz Benson
Lorri Antosz Benson’s memoir chronicles her heartbreaking decision to place her unborn daughter for adoption. But when that daughter reaches out to her 16 years later, the story becomes an inspiring miracle of blended families.

Trade Paper; 192 pages; 6 × 9

Oh Baby! A Mom’s Self-Care Survival Guide for the First Year
Maria Lianos-Carbone
Maria Lianos-Carbone, founder of AMotherWorld.com, outlines the “proper care and feeding” of mothers during their baby’s first year.

Trade Paper; 270 pages; 6 × 9

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Trade Paper; 356 pages; 6 × 9
Life Reconstructed
Kim Harms

One in eight women will develop invasive breast cancer over the course of her lifetime, but this is not just another cancer book. Breast cancer survivor Kim Harms combines her own experience with extensive research and walks readers through the process of mastectomy and breast reconstruction, weighing the pros and cons, detailing the financial and emotional costs, and laying out the questions cancer fighters need to ask to be their own best advocate. With a foreword by the medical director of Katzmann Breast Center and chapters on everything from the vulnerable feeling of exposing your breasts to “everyone” to the distinctions between reconstruction and augmentation (trust us, it’s not a boob job!), Life Reconstructed is the compassionate, honest roadmap every breast cancer fighter needs on her journey to recovery.

Trade paperback, 224 pages; 6 × 9

Your Wife Has Cancer, Now What?
Carson Boss

Your Wife Has Cancer, Now What? includes information on how to overcome the shock and fear of diagnosis, how to talk to your family, choosing the right doctors, where and how to get support, the transition of normal household duties and how to manage those, the real costs of cancer both financial and emotional, how to continue and nurture your romance, how to manage your full-time job and other long-term issues that are critical to know and navigate.

Trade paperback, 156 pages; 6 × 9
Called to Be Creative
Mary Potter Kenyon

“I’m not creative. I could never do something like that. I don’t have time to be creative.” Does any of this sound familiar? Called to Be Creative is for anyone looking to reignite that tiny spark inside of them and invite creativity into their lives through simple, everyday practices.

Trade Paper; 192 pages; 6 × 9

Refined by Fire
Mary Potter Kenyon

“Where is the handbook for widows?” Mary Potter Kenyon lamented as she planned a funeral for her beloved husband. In beautiful prose, touching metaphors and stories, and actual journal entries, Mary Potter Kenyon provides a balm for the grieving soul.

Trade Paper; 170 pages; 6 × 9

Expressive Writing for Healing
Mary Potter Kenyon

Writing is one of the oldest and most effective means of self-exploration, self-expression, and self-discovery. In this new guided journal, Mary Potter Kenyon offers readers an opportunity to reflect on the meaning and significance of loss and allows the griever to sort through all the conflicting emotions that arise after a death.

Trade Paper; 196 pages; 6 × 9

I Have Cancer, Now What?
Carson and Cindy Boss

You have cancer, and you need the help and support of your spouse and family more than ever. I Have Cancer, Now What? includes information on how to overcome the shock and fear of diagnosis, how to talk to your spouse and extended family, how to consult on what you want from your doctors, and much more.

Trade Paper; 156 pages; 6 × 9

The Family Guide to Aging Parents
Carolyn Rosenblatt

The Family Guide to Aging Parents is the complete guide to help the caregiver understand the issues and be prepared for the realities. Covering everything from legal issues to what to do when your aging parent still wants to drive, The Family Guide to Aging Parents provides clear counsel for giving loving care and enjoying life after retirement.

$18.95 ISBN-13: 9781939629579
Trade Paper; 342 pages; 6 × 9

Deployed
Stanley Hall, PhD

Wondering what you are in for as you move to your first military base, or as you try to recover from numerous deployments? Deployed is the perfect solution for every member of a military family who wants a healthy family.

Trade Paper; 210 pages; 6 × 9
**Broken Brain, Fortified Faith**  
Virginia Pillars

*Broken Brain, Fortified Faith* shares one mother’s struggle as she charges into the world of mental illness, searching for answers to her daughter’s schizophrenia. Along the way, Virginia Pillars learns to rely on her faith as she faces the challenges that often accompany mental illness.

$18.95     ISBN-13: 9781942934745  
Trade Paper; 290 pages; 6 × 9

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**Fail Brilliantly**  
Shelley Davidson and Paul Williams

*Fail Brilliantly* proposes a radical shift: erase the word and concept of failure from the realms of education and human endeavors. Replace it with new words and concepts. This shift in position has the potential to transform our lives and ultimately reshape our definition of success.

Trade Paper; 192 pages; 6 × 9

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**Crush Your Test Anxiety**  
Ben Bernstein, PhD

Based on fifty years of teaching experience and thirty years of clinical psychology experience, *Crush Your Test Anxiety* distills the best practices used by elite athletes, artists, and top business performers to create a system that can be applied to any test for higher performance.

Trade Paper; 288 pages; 6 × 9

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**Fortify**  
Shelley Davidson and Paul Williams

*Fortify* proposes a radical shift: erase the word and concept of failure from the realms of education and human endeavors. Replace it with new words and concepts. This shift in position has the potential to transform our lives and ultimately reshape our definition of success.

Trade Paper; 290 pages; 6 × 9

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**New Tricks for Old Dogs**  
Gene Perret

*New Tricks for Old Dogs* points out some of the flaws in the self-help philosophy. It tempers the advice with common sense. The battle cry of this volume is “Do it, but don’t overdo it.” Sometimes, after we reach a certain age, the best exercise program is a good, brisk nap.

Trade Paper; 240 pages; 5 × 8

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**Ironmom**  
Mette Harrison

*Ironmom* shows how from the personal tragedy of a stillbirth to an Ironman and beyond, author and stay-at-home mom of five children Mette Harrison learned life lessons about accepting herself, moving forward, pushing to become better, and bringing her family along the way—sometimes kicking and screaming.

Trade Paper; 216 pages; 6 × 9

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**Body Fit**  
Greg Marshall

Greg Marshall, who has helped thousands of fitness beginners achieve their fitness goals, cuts through the overhyped exercise advice and provides a simple step-by-step path to better health, more endurance, a stronger body, and a happier you.

$15.95     ISBN-13: 9781938301330  
Trade Paper; 240 pages; 6 × 9

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**For Those with Empty Arms**  
Emily Harris Adams

After receiving the news that in vitro would be their only hope for biological children, award-winning poet Emily Harris Adams had to learn to live in a new world of needles, embarrassing tests, long waiting periods, and expensive doctor’s appointments.

Trade Paper; 262 pages; 5 × 8
Marriage

The Two-Minute Secret to Staying in Love
Heidi Poelman
Marry the one you love, and love the one you marry. It sounds simple enough. But staying in love turns out to be a whole lot different than falling in love. The Two-Minute Secret to Staying in Love explores the little things couples think, say, and do to stay in love for the long haul. Whether it's choosing an attitude of gratitude, leaving a love note, giving a welcome-home hug at the door, or calling just to say "Hello," The Two-Minute Secret to Staying in Love is full of simple ways to love the one you married, two minutes at a time.

Trade Paper; 196 pages; 6 x 9

Questions Couples Ask Behind Closed Doors
James Osterhaus, PhD
Noted marriage therapist and executive coach James Osterhaus takes the top eighteen questions he's been asked the most and answers them for you in this book. Each chapter stands on its own as couples search for answers to the challenges they face. After many of the chapters, you will find very helpful, practical tips to help you understand your relationship better, and begin the process of making it more fulfilling.

$18.95 ISBN-13: 9781939629371
Trade Paper; 280 pages; 6 x 9

A Couple's Guide to Happy Retirement and Aging
Sara Yogev, PhD
Written by a psychologist specializing in work and family issues, and drawing from actual accounts from retired couples, this book helps you prepare emotionally for the dramatic life changes during retirement, coaches you to find new purposes to your life beyond work, nurtures the relationship with your companion to strengthen your friendship and love, and recommends strategies to successfully deal with differences around money, time together versus apart, housework, and family relationships.

Trade Paper; 360 pages; 6 x 9

The 8 Myths of Marriaging
Making Marriage a Verb and Replacing Myth with Truth
BY RICHARD AND LINDA EYRE
New York Times #1 bestselling authors of Teaching Your Children Values and relationship experts Richard and Linda Eyre explore the eight most common myths about marriage and the truth about how to have a successful and fulfilling marriage.

Exploring equality versus synergy, completion versus individual quest, harmony versus productive debate, a test drive versus constant commitment, and more, the Eyres show that popular opinions and behaviors toward successful marriages actually reduce the chance of marriage fulfillment.

Drawing on more than fifty years of marriage and hundreds of interviews across the world, The 8 Myths of Marriaging is a must-read book for anyone considering marriage or currently nurturing their marriage of many years.

Trade Paper; 256 pages; 6 x 9
**Master Presidential History**

Dan Roberts

How many of the presidents were founding brothers? Who decided on America’s gold standard? What was Lincoln’s nickname? Amaze your friends and stun your coworkers with these answers and more. Join acclaimed historian Dan Roberts on a bite-sized romp through the history of over 200 years of American Presidents


Trade paperback with flaps, embossed with UV spot varnish; 304 pages; 5 × 7

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**Master American History in 1 Minute a Day**

Dan Roberts

*Where was the lost colony? What tipped the balance in the Civil War? Were there second thoughts about dropping the atomic bomb?*

Amaze your friends and stun your coworkers with these answers and more.

Join acclaimed historian Dan Roberts on a bite-sized romp through 500 years of American history.


Paper over board with gold foil and spot UV; 304 pages; 5 × 7

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**Let Me Tell You My Story**

Spare, haunting, utterly magnificent, and profoundly human, the refugee stories inside this remarkable volume of exquisite photography will teach you that the surest way to draw humans together begins with the words “I want to tell you my story...”


Paper over board with three-piece binding; 232 pages; 8 × 10
The 5 Essays You Must Master to Be College Ready
Laura Torres
The 5 Essays You Must Master to Be College Ready includes lessons, tips, and organizational guides for writing clear and compelling essays. Laura Torres walks students through the complete writing process (with provided grading rubrics).

Trade Paper; 224 pages; 6 × 9

437 Edible Wild Plants of the Rocky Mountain West
Caleb Warnock
Self-sufficiency expert Caleb Warnock shares his expertise of living off the land in 437 Edible Wild Plants, the go-to guide for any adventurer or homesteader interested in learning about natural, edible vegetation.

Flexicover; Full-color interior with over 1,450 photographs; 496 pages; 5.3 × 8.8

276 Edible Wild Plants of the United States & Canada
Caleb Warnock
Packed with over 800 photographs of over 276 wild berries, roots, nuts, greens, and flowers, this valuable reference will show you which plants are edible, where to find them, how to prepare them, and how to avoid poisonous look-alikes.

Flexible plastic vinyl cover; 320 pages; 5.3 × 8

Shelter
Wayne Bingham
After being trained in, and practicing conventional glass, steel, and concrete architecture for thirty years, an award-winning architect discovers the concept of sustainable living and embarks on a journey that ends with his own strawbale home at the foot of the Grand Teton.

Trade Paper; 198 pages; 5 × 8

Coupon Crazy
Mary Potter Kenyon
Coupon Crazy examines the phenomena of coupon use and the sociocultural and socioeconomic factors that construct it from the viewpoint of Mary Potter Kenyon, a thirty-year veteran in the extreme sport of couponing. Also includes couponing tips for aspiring couponers.

Trade Paper; 250 pages; 6 × 9

How to Succeed with Your Home Owners Association
Linda Perret
How to Succeed with Your Home Owners Association is the handbook to help new homeowners transition into peaceful community living. This comprehensive guide explains the ins and outs of an HOA, from the structure and responsibilities to resolving disputes.

Trade Paper; 198 pages; 6 × 9

The 7 Wonders of Olive Oil
Alice Alech and Cécile Le Galliard
With detailed research from doctors and nutritionists around the globe, The 7 Wonders of Olive Oil reveals seven amazing health benefits of olive oil, the role olive oil plays in the Mediterranean diet, and tips for cooking with, buying, and storing the green nectar.
Richard and Linda Eyre are New York Times #1 bestselling authors whose writing career has spanned four decades and whose books have sold in the millions. They have appeared on virtually all major national talk shows including Oprah and Today. They write a syndicated weekly newspaper column and currently spend most of their time traveling and speaking to audiences throughout the world on families, parenting, and life-balance.

Grandmothering
Linda Eyre
Linda Eyre shares her secret formula for teaching your grandchildren values, building meaningful connections with them, and giving them grit and resilience, plus an appendix of easy recipes to feed a crowd.

Trade Paper; 365 pages; 6 × 9

The Half-Diet Diet
Richard Eyre, foreword by Dr. Noall Wolff
The weight-loss solution? Eat half. Too easy? No! But worthwhile. Richard Eyre provides the program to accomplish your weight-loss goals by taming your physical, mental, and spiritual appetites.

Trade Paper; 226 pages; 6 × 9

Poems
Richard Eyre
While writing prose has basically become Richard Eyre’s profession, writing poetry has always been his love. Here, for the first time in published form, he shares some of his poetic efforts about the people and things we love.

Trade Paper; 192 pages; 6 × 9

Being a Proactive Grandfather
Richard Eyre
Being a grandfather is one of the most celebrated responsibilities a person can have. But what kind of grandfather will you be and what level of commitment will you provide for your grandchildren?

Trade Paper; 160 pages; 5.83 × 8.27

Life in Full
Richard and Linda Eyre
Eighty million Baby Boomers are now in or approaching their sixties. Creating a proactive plan for the next twenty years is both possible and practical, and Life in Full is the template!

$18.95 ISBN-13: 9781942672937
Trade Paper; 322 pages; 6 × 9

The Happiness Paradox
Richard Eyre
Richard Eyre contends that the three things today’s society desires the most—control, ownership, and independence—are, paradoxically, the three things that bring the most challenges and unhappiness in our lives.

Trade Paper; 192 pages; 6 × 9

The Happiness Paradigm
Richard Eyre
Richard Eyre contends that the three things today's society desires the most—control, ownership, and independence—are, paradoxically, the three things that bring the most challenges and unhappiness in our lives.

Trade Paper; 192 pages; 6 × 9
The Family Edge
Gibb Dyer, PhD
A ground-breaking book for any business owner, family business, or budding entrepreneur, *The Family Edge* provides clear evidence and powerful tools to help you leverage the asset you need but have probably not paid enough attention to: family capital.

Trade Paper; 256 pages; 6 × 9

Don’t Burp in the Boardroom
Rosalinda Oropeza Randall
With her sometimes sassy and playful answers, Rosalinda Oropeza Randall shows how easy it is to build a sparkling professional reputation by knowing how to handle workplace dilemmas. Includes quizzes, hilarious anecdotes, Q&A, illustrations, and inside tabs for handy reference.

$18.95 ISBN-13: 9781939629357
Trade Paper; Illustrations Throughout; 378 pages, 5 x 8

Red Zone, Blue Zone
James Osterhaus, PhD; Joseph Jurkowski; and Todd Hahn
*Red Zone, Blue Zone* provides key concepts on how personal and organizational conflict are foundational opportunities that, when navigated skillfully, lead to personal growth and organizational health. A key book for business leaders.

$15.95 ISBN-13: 9781939629630
Trade Paper; 166 pages; 5.5 × 8.5

Intentional Conversations
Ken Tucker
Using six steps and a “SECRET” formula, international speaker and Fortune 500 strategist Ken Tucker provides a practical and easy-to-use process for turning normal, everyday workplace conversations into career-enhancing and life-transforming opportunities.

Trade Paper, 156 pages; 6 × 9

Intentional Relationships
Ken Tucker
Every day, our actions are structured by our relationships. How can we make important relationships stronger? And how can we avoid unhealthy relationships? From Fortune 500 consultant Ken Tucker, *Intentional Relationships* answers these questions and more in a surprising, life-changing, and career-enhancing way.

Trade Paper; 172 pages; 6 × 9

Leadership Vertigo
S. Max Brown and Tanveer Naseer
When your brain sends you false signals that everything in your organization is okay when it is not, we call this phenomenon *Leadership Vertigo*. *Leadership Vertigo* will help you to understand how you can counter these bouts of self-deception by employing four Leadership Landmarks—Community, Competence, Credibility, and Compassion—to get your team back on course.

Trade Paper; 154 pages; 5.5 × 8.5
Dear Libby
Libby Kiszner
In Dear Libby, trusted columnist Libby Kiszner answers real questions from real teens about friendship. The book includes tips, activities, and teaching strategies.

Trade Paper; 224 pages; 6 × 9

The Ravenous Gown
Steffani Raff
In a world obsessed with outward appearances, The Ravenous Gown inspires women of all ages to discover the power within.

$15.95 ISBN-13: 9781939629593
Trade Paper; 196 pages; 5 × 8

BFF or NRF (Not Really Friends)
Jessica Speer and Elowyn Dickerson

Paperback; 144 pages; 5 × 8

The Lost Art of Ladyhood
Jessie Funk
Happiness does not come from revealing all your skin or going clubbing every weekend where you get so drunk you don’t remember who you kissed. Happiness comes from living a life of character. The Lost Art of Ladyhood is a road map for young women to navigate their way to confidence and class. Includes QR codes to videos from author Jessie Funk.

$18.95 ISBN-13: 9781939629395
Trade Paper; 302 pages; 5 × 8

Stressed Out! For Teens
Ben Bernstein, PhD
In this new book by Dr. Ben Bernstein, author of Test Success, Dr. Bernstein (Dr. B.) uncovers the key principles for success, whether in academics, sports, music, family life, work, or life in general. Dr. Bernstein teaches how teenagers can harness their potential, manage their stress, and achieve their highest objectives.

$18.95 ISBN-13: 9781939629388
Trade Paper; 270 pages; 6 × 9

My Name Is Cool
Antonio Sacre
Using his own personal history and telling the stories that audiences across the nation have found so captivating, award-winning storyteller and author Antonio Sacre weaves the Spanish language, Cuban and Mexican customs, and Irish humor into an unforgettable book of humor and inspiration for teens across all cultural boundaries.

Trade Paper; 170 pages; 5 × 8
Finding Family
Richard Hill
Finding Family: My Search for Roots and the Secrets in My DNA is the highly suspenseful account of an adoptee trying to reclaim the biological family denied him by sealed birth records. This fascinating quest, including the author’s landmark use of DNA testing, takes readers on an exhilarating roller-coaster ride and concludes with a twist that rivals anything Hollywood has to offer.

Trade Paper; 304 pages; 6 × 9

Cooked Raw
Matthew Kenney
Cooked Raw highlights a journey of courage, persistence, risk, the reward of following one’s passion, and the future of food for the twenty-first century.

Trade Paper; 242 pages; 6 × 9

Global Mom
Melissa Dalton-Bradford
Global Mom shares a fantastic journey of motherhood that will inspire any family. Follow this family of six on their passage—extraordinary, hilarious, and heartbreakingly poignant—from bright lights (of New York City) to the Northern Lights (of Norway).

$17.95 ISBN-13: 9781938301346
Trade Paper; 322 pages; 6 × 9

The Soul of My Soldier
Abigail B. Calkin
Author and poet Abigail B. Calkin shares her journey living with a husband who struggles with PTSD after serving three tours of duty in two different wars. This moving, raw, and beautiful memoir recounts the many experiences living with a soldier and how PTSD and war influenced their relationship.

Trade Paper; 232 pages; 6 × 9

Crystal Puzzle
Ashley Nance
Crystal Puzzle chronicles powerful family experiences from the realization that there was something different about her sister through the hopes and joys and challenges of school to eventual independence.

Trade Paper; 156 pages; 6 × 9

Chemo-Therapist
Mary Potter Kenyon
Chemo-Therapist: How Cancer Cured a Marriage details the journey that a diagnosis of cancer brings to a marriage and a family with young children. More than that, it is a moving testimonial of a marriage and love renewed by a shared experience with a life-threatening illness.

Trade Paper; 188 pages; 6 × 9
**Where There’s Smoke, There’s Dinner**
Regi Carpenter
Family: comfort food or a recipe for disaster?
Award-winning storyteller Regi Carpenter brings her trademark humor to print with tales of a family that pulsates with contradictions: religious and raucous, tender but terrible.

These honest stories celebrate the glorious and gut-wrenching lives of four generations of Carpenters raised on the St. Lawrence River.


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**A Land Twice Promised**
Noa Baum
A Land Twice Promised delves into the heart of one of the world’s most enduring and complex conflicts. Baum’s deeply personal memoir recounts her journey from girlhood in post-Holocaust Israel to her adult encounter with “the other.” With honesty, compassion, and humor, she captures the drama of a nation at war and her discovery of humanity in the enemy.

Born and raised in Jerusalem, Noa Baum is an award-winning storyteller. She performs and teaches internationally with diverse audiences ranging from The World Bank, the US Defense Department, and prestigious universities and congregations to inner-city schools and detention centers.


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**Teaching Will**
Mel Ryane
After the waning of her successful acting career, Mel Ryane found herself creatively adrift and proposed creating an after-school Shakespeare program at a local public school. A comedy of errors, but inspiring throughout, Teaching Will is a story for teachers, volunteers, actors, and parents—as well as anyone who’s ever had to let go of a dream.


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**Mary & Me**
Mary Potter Kenyon and Mary Jedlicka Humston
Mary & Me explores a thirty-year friendship between two women, tethered together by thousands of handwritten letters. Coauthors Mary Potter Kenyon and Mary Jedlicka Humston share an unforgettable friendship that will inspire you to pick up your pen and begin writing “Dear . . . ”


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**52 Weeks of Cookies**
Maggie McCreath
With plenty of sugar cookies but no sugarcoating, 52 Weeks of Cookies is a story of family love during a member’s deployment, with all the fear, grief, laughter, gratitude, and joy that came with it. Includes a collection of fifty-two original cookie recipes, curated specifically for military care packages.


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**Praise for A Land Twice Promised**
“Truth is never black and white. Baum guides us though the shades of gray with love and wisdom.” —Rabbi Sid Schwarz, Senior Fellow, Clal: The National Jewish Center for Learning and Leadership

“In this touching and honest memoir, Baum shares the story of how her search for peace informed her life. Baum’s genuine desire to make a difference may well inspire others to do the same.” —Publishers Weekly

“An inspiration and a pathway to all who yearn for peace.” —Gerda Weissmann Klein, Holocaust survivor and author of All But My Life

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Mary & Me explores a thirty-year friendship between two women, tethered together by thousands of handwritten letters. Coauthors Mary Potter Kenyon and Mary Jedlicka Humston share an unforgettable friendship that will inspire you to pick up your pen and begin writing “Dear . . . ”

A Beginner’s Guide to Rag Quilting
Christine Mann
Packed with full-color photographs and tons of creative inspiration, every detail of the book from the step-by-step photographed instructions to the lay-flat spiral binding is designed specifically with the beginning quilter in mind.

Covered; spiral bound paperback; Includes 4 fabric quilt labels; 4 quilting templates; and 2 machine quilting needles; 128 pages, 8.3 x 9.9

Fairy House
Mike and Debbie Schramer
Through more than 350 clear, detailed, full-color photographs, the reader will learn to fashion an amazing array of beautiful and unique pieces that will inspire the reader to find their true artistic ability and imagination.

Paperback with flaps; full-color, 192 pages, 8 x 10

Knot It!
John Sherry
Master 100 essential outdoor knots with help from John Sherry, the world’s leading knot-tying educator!

Hardcover with 6 waterproof knot cards and practice paracord; 146 pages; 7 x 9
¡Buen Provecho!

Ericka Sanchez
From the author of Aguas Frescas & Paletas comes another collection of over one-hundred Mexican recipes with a unique spin, delivering the authentic flavors everyone craves, but swapping in easy-to-find, healthful ingredients your family will love. From breakfasts and salsas to meatless meals to special recipes for Dia de Los Muertos and other special occasions, ¡Buen Provecho! is the perfect cookbook for the modern Latino family or anyone looking to expand their cultural culinary palate!

Hardcover; 224 Pages; 8 × 10
Aguas Frescas & Paletas
Ericka Sanchez
It wouldn’t be summer in Mexico without aguas frescas and paletas—fresh-made Mexican drinks and popsicles in a variety of fruity and flowery flavors. Now you can bring the refreshing, authentic tastes of Mexico to your own backyard!

Paper over board; 128 Pages; 9 × 9

The Happy Sandwich
Jason Goldstein
Sandwiches: the ultimate comfort food with endless amazing combinations. But you won’t find a PB&J in this delicious collection. These are gourmet sandwiches with a twist, and every recipe makes it easy for busy people to come home after a long day to a satisfying, flavorful sandwich every time.

Paper over board; 128 Pages; 9 × 9
Skinny Southern Baking
Lara Lyn Carter
Paper over board, 3-piece binding, embossed, spot varnish; 224 pages; 8 × 10

Cooking Through Cancer
Richard Lombardi
Paperback with flaps, spot varnish; 224 pages; 7 × 9

Eat, Laugh, Talk
The Family Dinner Project
Covered spiral bound hardcover; Includes conversation starter cards; 160 pages; 7.75 x 9.5

Bad Day Ice Cream
Kathryn Thompson
Recipes by Barbara Beery
Paper over board with spot UV; 128 pages; 7 x 7

The Munchy Munchy Cookbook for Kids
Pierre A Lamielle
Covered-spiral bound hardcover with full-color photography and illustration; 160 pages; 8 x 10
**Going on Nine**
Catherine Underhill Fitzpatrick
A coming-of-age summer adventure in a 1950s neighborhood.

Trade Paper; 284 pages; 6 × 9

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**The Carolyne Letters**
Abigail B. Calkin
The fictional journal of a girl who must choose to abort, keep, or give her child up for adoption.

Trade paper; 230 pages; 6 × 9

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**Don’t Worry, Be Ha-PEA**
Marie Saba
Test your knowledge of pop culture, history, social media slang, and more with this delicious collection of visual food puns.

Paper over board; 128 pages; 7 × 7

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**You Got This, Mama!**
Liz Swenson
Real, honest, and beautifully designed, this is the guide for moms that we didn’t know we needed.

Paper over board with foil; 208 pages; 7 × 7

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**The Magic of You**
Laura Jane Jones
This mini book is the perfect guide to connecting with your dreams and truly blooming.

Paper over board; 128 pages; 4 × 4

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**Yes, You Can!**
Olivia Herrick
From the popular Instagram account @oliviaherrickdesign comes a collection of designs for every stage of your success journey. Each page will include a fun quote from a famous author who has traveled the road of challenges and failures on the way to success, illustrated in the unique and modern style Olivia has become known for. If you’re feeling down on yourself, not sure where to start, or already on the road to success, there is a page for you. This chunky mini book is the perfect gift for anyone starting a new journey!

Paper over board; 4 × 4; 128 pages
Life Without Blinders Is Beautiful
David Miles
Life Without Blinders Is Beautiful is an inspiring, thought-provoking invitation to step out of the darkness and discover the abundant beauty hidden in this crazy, messy, wonderful world. Each spread features one of over thirty stirring questions accompanied by an image covered with a die-cut blinder window. Flip off the blinder window, and you’ll see what’s really true.

Hardcover with die-cut jacket and die-cut interior “blinders” pages plus raised UV; Full-color interior; 144 Pages; 6.25 × 7.25

The Cheapskate’s Handbook
Miffin Lowe
Skinflint Miffin Lowe invites fellow cheapskates to come out of the closet in a celebration of all things free, complimentary, pro bono, and, if need be, cheap. With advice on everything from avoiding generous impulses to creatively bumping off your neighbors, plus delightful watercolor illustrations and Miffin’s own “Miser’s Aptitude Test,” The Cheapskate’s Handbook will have you laughing and saving money at the same time. What a deal!

Paperback with rounded corners, Full-color interior, 160 Pages; 5 × 7

Tennis and Life
Richard Eyre
New York Times #1 bestselling author and tennis champion Richard Eyre shares thirty principles that will help you enjoy both games more—and play both games better. Since both are largely psychological exercises, our success (and our happiness) in both the game of life and the game of tennis depends greatly on our attitude, and Tennis and Life teaches readers how to alter our attitudes and thus improve our performance in both games.

Hardcover with Foil-embossed jacket; Full-color photography and design throughout; 144 pages; 7.25 × 7.25

Cats Will Be Cats
Brooke Jorden
With quotes from cat-lovers and cat-toleraters alike, Cats Will Be Cats is a new kind of quote book about what these feline friends and fiends bring to our lives.

Paper over board, embossed, spot varnish; 128 pages; 7 x 7

Dogs Will Be Dogs
Erika Sargent
Hilarious quotes paired with adorable dogs make this book the perfect book for dog lovers!

Paper over board, embossed, spot varnish; 128 pages; 7 x 7

Vintage Skiing
Ray Atkeson
With more than 75 skiing photographs in stunning black and white, the snowy slopes of yesteryear will call to black diamond and bunny hill skiers alike.

Paper over board, embossed, spot varnish; 184 pages; 9 x 9
Daily Thanks: The Year-Round Gratitude Journal
Richard and Linda Eyre
Paper over board, embossed, spot varnish; 368 pages; 6 × 6

Daily Motherhood
Familius
Trade paperback; 368 pages; 6 × 6

Daily Mindfulness
Familius
Hardcover with jacket and ribbon; full-color throughout; 368 pages; 6.25 × 6.25

The Little Book of Foster Care Wisdom
Dr. John DeGarmo
Hardcover with jacket, 2-color interior; 368 pages; 5 × 7

Naming Your Little Geek
Scott Rubin
Flexible plastic vinyl cover, full-color illustrations; 320 pages; 6 x 9

Dogs vs. Ice Cream
Diana Lundin
Paper-over-board book with 4-color interior; Spot foil and varnish on front cover; 152 pages; 7 x 7

Puzzle Masterpieces
Illustrations by Rebecca Sorge
Beloved classics receive new life in this exciting new series of Puzzle Masterpieces™. Packaged in each beautiful, book-shaped keepsake box is a gorgeously detailed 500-piece puzzle (tucked in a handy box of its own) and a copy of the favorite classic book.

Alice’s Adventures in Wonderland
Book-shaped box containing book and 500-piece puzzle; 248 pages; 7 X 8.5 X 2.5

Beauty and the Beast
Book-shaped box containing book and 500-piece puzzle; 248 pages; 7 X 8.5 X 2.5

The Wonderful Wizard of Oz
Book-shaped box containing book and 500-piece puzzle; 248 pages; 7 X 8.5 X 2.5
Arizona: The Grand Canyon State

Photography by Mark Lisk

With stunning photography on every page by professional photographer Mark Lisk, this coffee-table treasure will transport you on a visual journey through the wonders of Arizona. Highlighting the state’s most beautiful spots and famous landmarks, Arizona: The Grand Canyon State is a must-own for everyone in love with Arizona.

$40.00  ISBN-13: 9781641702614
Jacketed hardcover, embossed, spot varnish;
11 × 11; 256 pages

Washington

Rick Schafer

With stunning photography on every page, this coffee-table treasure will transport you on a visual journey through the wonders of Washington. Highlighting the state’s most beautiful spots and famous landmarks, Washington: The Evergreen State is a must-own for every Washingtonian.

$40.00  ISBN-13: 9781641700481
Jacketed hardcover with varnished embossing;
11 × 9; 208 pages

Idaho

Mark Lisk

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Dear Santa, Love, Texas
Michele Robbins and Pham Quang Phuc
Santa is all ready to leave on Christmas Eve, but last-minute letters are arriving from Texas! From a little girl who is wishing for snow, to a bluebonnet, guadalupe bass, and mockingbird all looking for a bit more attention, to the bears asking the reindeer for a play date, each letter contains a humorous request that gets even Santa chuckling. Even better, each letter comes tucked in its own pocket envelope with other delightful extras like cards, money for toll roads, and even a map of Texas! How will Santa respond? It’s Texas Christmas magic you’ll have to see!


The day after Easter, the Easter Bunny must clean up all the colored eggs the kids didn’t find. Can you spot them all?

A Very Bunny Illinois
Jeff Harvey
Courageous People Who Changed the World

A young child’s first introduction to the brave people from their home state who made a difference. Simple text and adorable illustrations tell the contribution of more than a dozen courageous people from each state.

100 First Words

100 First Words for Little Californians
Heidi Poelman, illustrations by Kyle Kershner
Board book; 16 pages; 8 x 8

100 First Words for Little Canadians
Heidi Poelman, illustrations by Kyle Kershner
Board book; 16 pages; 8 x 8
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"To write books is easy. It requires only pen and ink and the everpatient paper. To print books is a little more difficult, because genius so often rejoices in illegible handwriting. To read books is more difficult still, because of the tendency to go to sleep. But the most difficult task of all that a mortal man or woman can embark on is to sell a book."

–Sir Stanley Unwin