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(See pages 16–17.)
JUNGLE NIGHT
Sandra Boynton

Introducing Jungle Night, a worthy companion to the 26-million-copy, perennially bestselling Boynton on Board series. Jungle Night is a fabulously jungly Boynton bedtime board book, in a neat new size. PLUS there’s a free download: a mesmerizing 4-minute nighttime soundtrack featuring Yo-Yo Ma on cello, Ron Block (of Alison Krauss & Union Station) on guitar, and Keith Boynton narrating. The music is Erik Satie’s beloved “Gymnopédie No. 1”—but now with cool jungle percussion, making it a “Jungle Gymnopédie”!

Sandra Boynton’s board books are not just books, they are sales events. And no wonder: Kids and parents alike love the captivating rhythmic text, the clever humor, and the terrific animal characters. In Jungle Night, Boynton debuts a new, larger format and a more intricate landscape. And everything that makes Boynton . . . well, BOYNTON . . . is here: a great cast of characters (Jungle frogs! Wild river-hogs! Even a gorilla!) and language and sounds that are so fun to read aloud. Plus an irresistible flourish of silliness that the youngest readers will love.

Jungle Night is a delightful book with a great musical track to download—for a family bedtime experience of pure joy.

Sandra Boynton is a popular American cartoonist, children’s author, songwriter, producer, and director. Since 1974, Boynton has written and illustrated over sixty children’s books and seven general audience books, including five New York Times bestsellers. More than 70 million of her books have been sold. She has also written (with Michael Ford) and produced six albums of renegade children’s music; three have been certified Gold, and Philadelphia Chickens, nominated for a Grammy, has gone Platinum. She lives in rural New England.

© Beth Andrien Ford

For the complete listing of Sandra Boynton titles, see pages 60–64.
THE MONTESSORI BABY

A PARENT’S GUIDE TO NURTURING YOUR BABY WITH LOVE, RESPECT, AND UNDERSTANDING

Simone Davies and Junnifa Uzodike

Now it’s baby’s turn! Filled with the values, advice, and aesthetic that have made The Montessori Toddler a parenting bestseller, with over 200,000 copies in print, The Montessori Baby is here to help new parents find the support and peace they crave.

Cowritten by Montessori Toddler author Simone Davies and fellow Montessori educator Junnifa Uzodike, The Montessori Baby draws on the child-led principles of the Montessori educational method to foster a first year defined by love, respect, understanding, and a surprising sense of calm. Dr. Maria Montessori observed that all children have what she called “an absorbent mind,” ready to drink it all in, and that the role of parents is to mindfully assist in their learning and development. With babies, that means less is more—a lot less stuff, for sure. It means slowing down and not rushing through feeding, diaper changes, and the like. It means setting up activities to help promote baby’s movement and language development but then stepping back—the parent’s role is to prepare the environment, not be the entertainer. There are tips on how to set clear and kind boundaries, how to create a secure sense of attachment, how best to speak to baby, and even what kind of toys to use (mobiles especially)—all through the Montessori lens.

And like its predecessor, The Montessori Baby is that rare parenting book that’s a pleasure to look at—beautiful color illustrations and a bright, airy design reinforce the book’s direct and jargon-free approach.

Simone Davies is an AMI (Association Montessori Internationale) Montessori teacher and the author of The Montessori Toddler. Her popular blog and Instagram, The Montessori Notebook, is a resource for parents around the world. A native Australian, she and her family live in Amsterdam, where she runs parent-child classes at the Jacaranda Tree Montessori school.

Junnifa Uzodike, an AMI-trained Montessori teacher, sits on the executive board of AMI. She runs a Montessori school, Fruitful Orchard, in Abuja, Nigeria, where she lives with her husband and three young children.

How to raise a baby from birth to age one using the loving and respectful principles of the Montessori educational method

From the author of The Montessori Toddler, a parenting bestseller with over 200,000 copies in print

Practical and often step-by-step ideas for interacting with your baby, setting up a home that safely fosters independence, and engaging in activities for every developmental stage

With the calm, uncluttered aesthetic that makes The Montessori Toddler so appealing, featuring colorful illustrations by Flow artist Sanny van Loon

National media

10-city author tour

40-city radio tour

THE MONTESSORI BABY

Full-color illustrations throughout; 288 pages; 6 5/8” x 9 1/8”

Paperback with flaps: $19.95/$26.95 Can.
No. 101240
Ships: February
Also available on Workman audio.
EVERY MEMORY DESERVES RESPECT

EMDR, THE PROVEN TRAUMA THERAPY WITH THE POWER TO HEAL

Michael Baldwin and Deborah Korn, PsyD

Trauma, both “big” and “small,” and its effects—anxiety, depression, panic, and more—are more pervasive than ever. How can we heal? Millions have found relief, without medication, through a therapy known as EMDR, which stands for eye movement desensitization and reprocessing.

Written by one of the most respected therapists practicing EMDR, along with a man whose life was changed by the therapy, Every Memory Deserves Respect brings healing news to anyone who feels constrained by past events, whether the reasons are clear or not.

The book explains how trauma works in the body and how to heal it with EMDR. In words and images, it shows how a patient and therapist together heal the affected part of the brain that stores the memory, eliminating physical and emotional responses to triggers in order to live with freedom, ease, and confidence. With studies showing a remarkable 85–90% success rate in eliminating PTSD and anxiety, this is the therapy for our time.

Illustrated spreads, interspersed throughout the book, make key concepts instantly relatable

Michael Baldwin has done award-winning work in advertising for more than 35 years. He is the founder and principal of the branding and communication firm Michael Baldwin Inc, and the author of Just Add Water: An Incredibly Easy Guide for Creating Simple, Powerful Presentations. He lives in New York City.

Deborah L. Korn, PsyD, is a psychotherapist, teacher, clinical consultant, and researcher who has been on the faculty of the EMDR Institute for more than 25 years. She currently serves on the editorial board of the Journal of EMDR Practice and Research and is a regular presenter at the EMDR International Association Conference. She lives in Cambridge, Massachusetts, with her family.

“Terrific, lucid, comprehensive, sophisticated, attractive.”
—Bessel van der Kolk, author of The Body Keeps the Score

EVERY MEMORY DESERVES RESPECT

Important news about what trauma is and how to cure it, for the millions who suffer from its effects

How the revolutionary therapy of EMDR works, and how to make it work for the reader

Told by a patient who takes us on his relatable therapeutic journey and a leading authority who explains EMDR

Visual spreads throughout bring home the message in an accessible and memorable way

Digital advertising campaign

Video

Library marketing campaign

EVERY MEMORY DESERVES RESPECT

Full-color photos throughout; 304 pages; 6” x 8”

Paperback with flaps: $17.95/$23.95 Can.

ISBN: 978-1-5235-1142-6

No. 101142

Ships: May

Also available on Workman audio.
OAKLEY THE SQUIRREL: THE SEARCH FOR Z

A NUTTY ALPHABET BOOK

Nancy Rose

A nutty conceit, a retro aesthetic, a delicious sense of language: Welcome to Oakley the Squirrel: The Search for Z! In it, we meet Little Oakley as he embarks on a quest to find the letter Z. He searches through an alphabet of human objects—looks beneath the bed, claws through the closet, digs through drawers, and so on. By the time he gets to a basket of yarn, Oakley starts to yawn, and soon falls asleep. And Z—as in, Zzzzzz!—appears!

The images are quirky, crafty, and irresistible. Nancy Rose, the photographer and author, handmakes the squirrel-scale sets and props and lures wild squirrels into the frame by strategically placing peanuts throughout. As the squirrels search for the nuts, Nancy snaps the perfect shot.

The language, filled with lively alliteration, has a tongue-in-cheek tone to match:

Oakley doesn't see anything under the umbrellas. He visits the vegetables in vain!

The whole thing is as delicious as a bowlful of nuts.

Nancy Rose is the author and photographer of the Secret Life of Squirrels series, including Workman’s Secret Life of Squirrels calendar. Her work has been published in magazines and newspapers and has been featured on greeting cards and international television. She lives in Nova Scotia, Canada, and online at secretlifeofsquirrels.com.

* A unique ABC book—and just as much a hoot for parents as it is for children

* Featuring the astonishing squirrel photography of Nancy Rose, author of the Secret Life of Squirrels series. She captures the wild animals in humanlike poses as they interact with tiny props.

* The alliterative language is as charmingly tongue-in-cheek as the photography

* For ages 0–4 (and everyone else, too)

* Digital and social media advertising campaign

* Video

OAKLEY THE SQUIRREL: THE SEARCH FOR Z

Full-color photos throughout; 30 pages; 7" x 7"

No. 101041
Ships: June

6-copy counter display $47.70/$65.70 Can. ISBN: 978-1-5235-1376-5
No. 221376
HOW TO GRILL VEGETABLES
THE NEW BIBLE FOR BARBECUING VEGETABLES OVER LIVE FIRE

Steven Raichlen

The books of Steven Raichlen, America’s “master griller” (Esquire), have sold more than 5 million copies. Now, in the same way that The Barbecue! Bible® revealed a world far beyond burgers and steaks, and How to Grill explored an astonishing range of techniques, How to Grill Vegetables offers a jaw-dropping, gorgeously photographed celebration of all the ways to grill green.

In true Raichlen fashion, that means bringing live fire or smoke to every kind of vegetable, from avocados to zucchini. It means using innovative techniques—fire-blanched tomatoes, ember-roasted peppers, hay-smoked lettuce, rotisserie brussels sprouts on the stalk, corn grilled five ways, smoke-roasted parsnips.

It means highlighting vegetables in every part of the meal, from the pass-arounds and dips (Grilled Radishes with Roquefort Butter, Smoked Guacamole), to salads and sides (Grilled Wedge Salad with Smoky Ranch Dressing, Zucchini “Burnt Ends”), to plates large and small (Nashville Hot Cauliflower, Cedar-Planked Eggplant Parmigiana), to desserts, of course—hello, Grilled Banana Pudding.

Note: This is not a vegetarian cookbook. Yes, many recipes are meatless, but others use meat and seafood to elevate the flavors of a dish. Plus, there’s a chapter on grilling eggs and cheese—all of which makes How to Grill Vegetables the perfect book for any Raichlen fan, as well as any would-be griller who wants less, little, or no meat in their diets.

Steven Raichlen is the author of the New York Times bestselling Barbecue! Bible cookbook series. Winners of 5 James Beard Awards and 3 IACP awards, Raichlen’s books have sold more than 5 million copies. His TV shows include Steven Raichlen’s Project Fire, Project Smoke, and Primal Grill, the French language Le Maître du Grill, and the Italian Steven Raichlen Grills Italy. The founder of Barbecue University, he was inducted into the Barbecue Hall of Fame in 2015. Steven and his wife, Barbara, live and grill in Miami, Florida, and Martha’s Vineyard, Massachusetts. Find him online at BarbecueBible.com.

© Roger Proulx

HOW TO GRILL VEGETABLES

The new bible for cooking vegetables over live fire from America’s “master griller” (Esquire)
The Barbecue! Bible cookbooks have over 5 million copies in print
Over 125 recipes and dozens of innovative techniques
Full-color photographs, including step-by-step technique shots
National media
20-city author tour
20-city TV tour
40-city radio tour
Social media and digital advertising campaign

HOW TO GRILL VEGETABLES
Full-color photos throughout; 336 pages; 8” x 9 1/4”
Paper: $24.95/$33.95 Can.
ISBN: 978-1-5235-0984-3
No. 100984
Hardcover: $37.50/$51.50 Can.
ISBN: 978-1-5235-1362-8
No. 101362

Ships: April

6-copy counter display
$149.70/$203.70 Can.
ISBN: 978-1-5235-1369-7
No. 221369

© Roger Proulx

For the complete listing of Steven Raichlen titles and a new, updated cover for The Barbecue! Bible, see pages 104–105.

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A BOOK ABOUT MOM
WITH WORDS AND PICTURES BY ME
A FILL-IN BOOK WITH STICKERS!

A BOOK ABOUT DAD
WITH WORDS AND PICTURES BY ME
A FILL-IN BOOK WITH STICKERS!

Illustrated by Irena Freitas

Introducing two new titles that let kids celebrate Mom and Dad in the best and most personal way—through their own words and pictures!

Sweet, lively, and engaging, A Book about Mom with Words and Pictures by Me, and A Book about Dad with Words and Pictures by Me are unique fill-in books that invite kids to be author and illustrator and create a one-of-a-kind gift for Mom and Dad.

Every page has a heartwarming, imaginative (and sometimes cheeky!) prompt—a sentence to finish or an illustration to complete—to help kids capture everything they know and love about their parent, from their favorite things to do together to what kind of pizza topping they would be. A sheet of illustrated stickers gives kids even more ways to customize their book!

The end result? A treasured keepsake of a gift, perfect for Mother’s Day, Father’s Day, Christmas, a birthday, or any special occasion.

Irena Freitas is an illustrator from Manaus, Brazil. She has a master’s degree in illustration from Savannah College of Art and Design.
The Big Fat Notebooks’ big step up to high school continues! Announcing Biology, the third in the high school series.

With more than 5 million copies in print since 2016, and sales escalating every year, the Big Fat Notebook series is revolutionizing the middle and high school study guide. And Biology continues with the high school STEM concentration, following Chemistry and Geometry, which in turn followed in the footsteps of the middle school series’ bestselling titles, Math (1.56 million copies in print) and Science (1.18 million copies in print).

Wrapping its arms around a subject that covers everything from life at the molecular level to the entirety of an ecosystem, Biology tackles all the big ideas: biological classification and hierarchy, cell theory, genetics, the human body, evolution, and more. And it does so in that lively, useful, and intuitive way that makes the Big Fat Notebooks so singular and successful: Critical ideas are broken down and clearly explained; doodles illuminate tricky concepts; mnemonics provide memorable shortcuts; and quizzes recap it all. Plus, the author, Matthew Brown, a biomedical engineer and science communicator, has an easy, engaging way of bringing even the most complex scientific concepts to life.

The Editors of Brain Quest have created some of America’s most successful and trusted educational series for kids, including Brain Quest, Brain Quest Workbooks, Summer Brain Quest, and the Big Fat Notebooks, together with tens of millions of copies in print.

Matthew Brown is a biomedical engineer and science communicator. His goal is to explain the mysteries of the world in a fun, engaging way. Matthew wants to improve the standards of science communication to increase students’ interest in STEM. Matthew lives in Middletown, New York.
The Big Fat Notebooks go to high school!

Big Fat Notebooks are a phenomenon, a runaway bestselling series with more than 5 million copies in print in less than three years.

For all the kids who used the bestselling Science in middle school, and for any student who’s facing high school biology.

All the virtues of the Big Fat Notebooks—smart, fun, and essential study guides, like borrowing the notes from the smartest kid in class—now for high school students, where the stakes can be even higher.

First printing of 100,000 copies

Social media and digital advertising campaign

Video

Trade advertising

Homeschool advertising and promotion

School and library promotion

Also available: Middle school series (page 45)
Discover the sublime pleasure and endless rewards of being self-sufficient. In two smartly designed and straightforward encyclopedias of DIY, *Home Ec for Everyone* and *Shop Class for Everyone* (previously published together as *The Useful Book*), you’ll learn how to fix it, cook it, make it, clean it, build it, and sew it yourself.

Each title features essential skills, practical how-tos, and projects, each explained and illustrated with step-by-step instructions, plus charts, sidebars, lists, and handy toolboxes. *Home Ec* covers the domestic arts, including everything from chopping an onion to folding a fitted sheet to writing a great thank-you note. *Shop Class* empowers each of us to become a skilled handy-person, a confident master of one’s domain who can hang a picture, paint a room, build a birdhouse, install a light switch, or fix a flat tire.

We may live in the information age, but there’s no app that will unclog a drain—only life skills.

**Sharon Bowers** is the author of *Ghoulish Goodies*, *Candy Construction*, and *The Lazy Way to Cook Your Meals.*

**David Bowers** is the author of *Dad’s Own Guide to Housekeeping* and *Bake Like a Man: A Real Man’s Cookbook.*
WHY WE COOK
WOMEN ON FOOD, IDENTITY, AND CONNECTION

Lindsay Gardner

Inspiring, empowering, beautiful, and moving, Why We Cook explores the place where food meets feminism. In it, artist Lindsay Gardner brings together stories, essays, kitchen profiles, interviews, and more, featuring 112 women restaurateurs, food producers, activists, writers, professional chefs, and home cooks—all of whom are dedicated not only to their craft, but to changing the world of food.

There are profiles on changemakers such as Cristina Martinez, a chef who emigrated from Mexico and who brings her Philadelphia community together through food while using her platform to champion immigrants’ rights, and Leah Penniman, who describes a day in the life on Soul Fire Farm, which she cofounded to combat racism in the food system. Evocative reflections on food and memory, like Rachel Khong’s ode to her mother’s love of fruit. And narrative recipes, like restaurateur Nicole Ponseca’s Bibingka.

With her rich visual storytelling gifts—the book is filled with beautiful watercolor illustrations and portraits—Gardner not only captures a sense of what is unique about each of the women, bringing them to life, but adds layers of nuance and insight to their words and their work. Together, their voices reveal the power of food to uplift and nourish, reveal complex questions, and effect change, and offer us all the opportunity to learn about each other and about ourselves.

An inspiring gift for people interested in the intersection of food and feminism

A compelling mix of personal stories, profiles, essays, interviews, recipes, and more from 112 women in the food world, including Carla Hall, Julia Turshen, Anita Lo, Priya Krishna, Deborah Madison, Ruth Reichl, and Osayi Endolyn

Full-color illustrations throughout

Published in time for International Women’s Day

20-city radio tour

Digital advertising campaign

WHY WE COOK
FULL-COLOR ILLUSTRATIONS THROUGHOUT; 240 PAGES; 7½ X 9¼
Paper over board: $24.95/$33.95 Can.
ISBN: 978-1-5235-0974-4
No. 100974
Ships: February

Lindsay Gardner is an artist and illustrator who finds inspiration in the culinary world. She has an MFA from the San Francisco Art Institute, and among her clients are Chronicle Books, Flow magazine, Papyrus, Eatingwell.com, Champagne Laurent-Perrier, and more. She lives in Oakland, California, with her husband and daughters.
THE KITCHEN WITHOUT BORDERS

RECIPES AND STORIES FROM REFUGEE AND IMMIGRANT CHEFS

The Eat Offbeat Chefs

Bringing together food and stories from refugee and immigrant chefs who have found a new home in the United States, *The Kitchen without Borders* is not just a cookbook. It is a new chapter in America’s rich immigrant narrative. With contributions from fourteen chefs who, through assistance from the International Rescue Committee (IRC), became part of Eat Offbeat, a catering company with a mission, *The Kitchen without Borders* presents 70 delicious, nourishing recipes, with roots and soul that run as deep as their flavors.

Indulge in Iraqi Biryani, a rice dish combining vegetables and plump dried fruits with warming spices. Or an irresistibly cooling yogurt and fresh mint drink, found from Afghanistan to Iran, known as *doogh*. Gorgeously smooth Syrian hummus. Iranian rice with garbanzos, Sri Lankan curry dhal, and Carne Mechada, the Venezuelan treatment of everyone’s favorite skirt steak. Or flavor enhancers like sumac and pomegranate molasses—all to create the kind of authentic yet simple food people crave today.

More than a collection of delicious foods from around the world, this special cookbook—with its intimate chef profiles and photos—offers a glimpse into a journey of thousands of miles. It’s a genuine celebration of stories and recipes, highlighting the profound link between food and home.

Eat Offbeat is a catering company in New York that features the cuisines of and creates quality jobs for refugee and minority immigrant home cooks. Founded by Manal Kahi and Wissam Kahi in November 2015, Eat Offbeat has been featured in major media outlets in the US and abroad, including The Guardian, Fast Company, Forbes, Food & Wine, HuffPost, and CBS News.
Christine De Carvalho is an illustrator based in sunny Southern California. Christine studied textile design at the Academy of Art in San Francisco, California, and the Studio Berçot in Paris, France. She spent six years in Paris developing textile prints for haute couture houses before returning to the States. Now, Christine focuses on her love of painting and illustration and has collaborated with WNYC radio, Godiva, Trader Joe’s, American Greetings, John Galliano, and Christian Lacroix. Christine lives with her husband and cats in Los Angeles.
Oh, noodles! You’re so much fun. You’re so beloved! All your magical shapes, flavors, and textures. But no one obsesses over you quite like Mike Le and Stephanie Le, the husband-and-wife team who are superstars in the food blog world. Their humbly named iamafoodblog boasts 228,000 followers on Instagram and receives 500,000 page views each month—and in it they profess their undying love for all things pasta in the most delicious, clever, and visually striking ways.

That Noodle Life is their 75-recipe celebration of the myriad pleasures of noodles. And let’s just say it goes way beyond spaghetti and ramen. Inspired by the noodle-crazed cuisines of Asia, Italy, and the American melting pot, they dish up high-impact, soulful, slurpable flavor with minimal fuss. Gorgeous full-color photographs of every dish enhance the lively and sophisticated spreads. Dig into comfort noodles: Really Savory Sunday Sauce with Tagliatelle and French Onion Mac and Cheese. Quick weeknight noodles: Flash-Fried Rib Eye with Black Bean Sauce and Crispy Chow Mein and Let’s Stay in Tonight Spicy Sesame Chili Oil Noodles—faster than takeout and far better. Sexy Date Night Noodles: Double Lobster Chitarra, Miso Clam Linguine, Chinese Bolognese Pappardelle. And how to upgrade instant noodles to make them shine, recipes for making noodles from scratch, and noodle etiquette, including how to use a ramen vending machine in Japan. Plus, who wouldn’t want to participate in the Lasagna Bracket Competition?

Mike Le and Stephanie Le are the creators of the two-time Saveur award-winning iamafoodblog, which currently boasts 500,000 page views each month. The writer-photographer team have 1.7 million monthly viewers on Pinterest and 228,000 Instagram followers, and they contribute regularly to publications including Condé Nast Traveler, Refinery29, Food52, and Shape. They have been covered by PBS, HuffPost, Serious Eats, The Kitchn, Brit + CO, Eater, BuzzFeed, and others. They live in Vancouver, British Columbia.
HEAR MY VOICE/ ESCUCHA MI VOZ
THE TESTIMONIES OF CHILDREN DETAINED AT THE SOUTHERN BORDER OF THE UNITED STATES
LOS TESTIMONIOS DE LOS JÓVENES DETENIDOS EN LA FRONTERA SUREÑA DE LOS ESTADOS UNIDOS

Compiled by Warren Binford for Project Amplify
Foreword by Michael Garcia Bochenek of Human Rights Watch

This remarkable picture book is a collection of statements taken from children in migration who were detained at the border between the United States and Mexico. Ranging in age from 5 to 17 years old, they traveled from Honduras, Guatemala, El Salvador, Ecuador, and Mexico. Their voices tell a story that demands to be heard—one of mistreatment and neglect at the hands of the US government:

We are kept in a cage. It is very crowded. There is no room to move without stepping over the others. There’s not even enough room for the baby to crawl.

I’m so hungry that I’ve woken up in the middle of the night with hunger.

I have been here without bathing for 21 days.

When we try to complain about the conditions, they start yelling at us, saying things like, “You came here to ruin my country.”

Hear My Voice is illustrated by 17 Mexican and Mexican American artists, including Caldecott Medalist and multiple Pura Belpré Illustrator Award–winner Yuyi Morales and Pura Belpré Illustrator Award–winner Raúl the Third. Each spread captures a different piece of the story: why the children fled, what it feels like to be detained, the days that all seem numbingly the same, and what the children dreamed of finding in the United States. A foreword and back matter by experts in children’s rights frame the story and place it in the larger context of immigration reform, resources included.

And, uniquely, the book is two books in one—an English-language version on one side and a Spanish-language version on the other, each with its own cover. All royalties go to Project Amplify, an organization that provides legal protection to children in migration in government custody.
Warren Binford is an internationally recognized children’s rights scholar and advocate who is on the frontlines of the fight for children in migration. In June 2019, she was part of the team who alerted the public to the widespread abuse and neglect of hundreds of children being detained in a Border Patrol facility in Clint, Texas. Later that year she founded Project Amplify to provide legal support for these children and others like them in US custody. She has collaborated with numerous domestic, foreign, and international NGOs, including the International Red Cross, the International Criminal Court, the Japan Red Cross, the Croatia Red Cross, and the Dutch National Rapporteur on Human Trafficking and Sexual Violence against Children.

All royalties from the sale of *Hear My Voice/Escucha mi voz* go to Project Amplify. By sharing the testimonies of children in migration detained by the United States government, Project Amplify raises money to provide legal protection for these children.

**Michael Garcia Bochenek** is senior counsel to the Children’s Rights Division of Human Rights Watch, focusing on juvenile justice and refugee children and children in migration. He has researched and reported on criminal and juvenile justice systems and prison conditions, the protection of refugees and internally displaced persons, the use of children as soldiers, and other human rights violations. He lives in New York City.
Jessamyn Stanley, the proudly fat, Black, queer yoga teacher and charismatic author of *Every Body Yoga*, who drops a lot more f-bombs than namastes and refuses to pray at the church of Lululemon, is back with an unconventional memoir that takes us on a personal and provocative journey into what it means to “practice yoga.”

Where *Every Body Yoga*, with 59,000 copies in print, taught us how to do yoga, *Yoke* tells us why. In *Yoke*, which draws its name from a literal translation of the Sanskrit root *yuj*, from which the word “yoga” derives, Jessamyn writes about what she calls the yoga of the everyday—a yoga that is not just about poses but about applying the hard lessons we learn on the mat to the even harder daily project of living. This yoga of the everyday is about finding within life’s toughest moments the same flexibility, strength, grounding energy, and core awareness found in a headstand or Tadasana or cobra pose. In a series of deeply honest, funny, gritty, thoughtful, and largely autobiographical essays, *Yoke* explores issues of self-love, body positivity, race, sex and sexuality, cannabis, and more, all through the lens of an authentic yoga practice. Every reader is invited to find this authentic spirit of yoga in their own lives and practice. To yoke.

Jessamyn Stanley is an internationally acclaimed voice in wellness. Highly sought after for her insights on 21st-century yoga and intersectional identity as a queer Black woman, she founded her company, The Underbelly, a virtual yoga studio and online shop, to help individuals tune in with themselves and live authentically. She is also a regular contributor to *SELF* magazine and is consistently featured in many media outlets, including the New York Times, CNN, Good Morning America, Vogue, InStyle, BET, Cosmopolitan, Marie Claire, Allure, Shape, Out magazine, and Forbes. In Dear Jessamyn, her biweekly cannabis-inspired advice podcast, she offers fresh perspectives on relationships and lifestyles for anyone living and loving outside the box. She lives in Durham, North Carolina.
INDESTRUCTIBLES®

• RHYME WITH ME!
• IT’S BATH TIME!

Carolina Búzio and Amy Pixton

Introducing two new titles in the phenomenally bestselling INDESTRUCTIBLES series, Rhyme with Me! and It’s Bath Time!

And phenomenal is right: The little series that could, INDESTRUCTIBLES titles now total over 7.1 million copies in print and are becoming the essential books in baby’s library. And no wonder. Printed on a unique, nontoxic, and amazingly resilient paperlike material, the books are built for the way babies “read”—with their mouths. And when INDESTRUCTIBLES get dirty, just rinse them off or throw them in the dishwasher—literally—and they’ll be clean and ready for another round.

Rhyme with Me! is a fun way to introduce baby to rhyming and wordplay. Each page features a lively sentence highlighting a special rhyming word.

It’s Bath Time! is perfect for reading right in the bathtub (yes, INDESTRUCTIBLES can hold up to that, too). Baby will delight in seeing a muddy baby elephant being sprayed down by its mom, a content infant gorilla being groomed—and a happy baby splashing around in a sudsy tub. All clean!

Carolina Búzio is the illustrator of two previous INDESTRUCTIBLES books, All Year Round and Big and Little. She was born and raised in Portugal, where she studied Communication Design at the Faculty of Fine Arts of the University of Porto. She now lives in Berlin, where she works as a freelance illustrator, animator, and creator of quirky characters.

Amy Pixton is a mother of triplets who created INDESTRUCTIBLES after her mother-in-law, the artist Karen Pixton, began painting murals on Tyvek construction wrap. She lives with her family in Kansas City.

INDESTRUCTIBLES are 100% baby safe: chew proof, rip proof, nontoxic, and washable

Each title fits into a hanging Tyvek display for maximum visibility (see page 70)

The series has over 7.1 million copies in print and now ships over 1 million copies a year

New concept books celebrate bath time and the fun of rhyming words

For babies ages 0 and up

Tremendous value at $5.95

INDESTRUCTIBLES
Full-color illustrations throughout; 12 pages; 7” x 7”

Paper: $5.95/$7.95 Can. each

Ships: March

RHYME WITH ME!
ISBN: 978-1-5235-1274-4
No. 101274

IT’S BATH TIME!
ISBN: 978-1-5235-1275-1
No. 101275

INDESTRUCTIBLES is a registered trademark of Indestructibles, LLC.
PAINT BY STICKER®
KIDS: OUTER SPACE

It’s no wonder the Paint by Sticker Kids series has skyrocketed in sales and now has more than 3 million copies in print. What better fun, creative, screen-free, and mess-free activity is there—especially when families are spending more time at home?

Introducing the newest interstellar addition to the series: Paint by Sticker Kids: Outer Space goes where no Paint by Sticker book has gone before. Kids will love stickering a Mars rover, a space shuttle, an astronaut, iconic celestial bodies like Saturn, Jupiter, and the Sun, and more! Plus, the back of each image includes a fascinating scientific fact about its galactic subject.

The stickers are easy for little hands to handle. And because there’s no paint involved, there’s no splatter, drips, or cleanup hassles. Just peel off the stickers, place them on the corresponding numbered spaces, and watch a vibrant image emerge. And in the spirit of space exploration, some images will include awesome glow-in-the-dark stickers.

Before After

| It’s the 9th title in the Paint by Sticker Kids series |
| Paint by Sticker and Paint by Sticker Kids have a total of more than 4.8 million copies in print |
| Create 10 space-themed pictures using only stickers |
| Includes glow-in-the-dark stickers and facts on the back of each image |
| Card-stock pages are perforated for easy removal |
| As families have been staying home, sales for Paint by Sticker Kids have exploded, with more than 3 million copies now in print |
| For ages 5 and up |

PAINT BY STICKER KIDS: OUTER SPACE
Four color; 24 pages on perforated card stock plus 10 sticker sheets; 9" x 9"
ISBN: 978-1-5235-1301-7
No. 101301
Ships: April

For the complete listing of Paint by Sticker Kids titles, see page 73.
HOW TO GO ANYWHERE (AND NOT GET LOST)

A GUIDE TO NAVIGATION FOR YOUNG ADVENTURERS

Hans Aschim

From journalist and adventurer extraordinaire Hans Aschim, here’s a lively and interactive book that gets kids unplugged and out of the house—and teaches them cool navigation techniques to use while hiking, camping, or just exploring the backyard or nearby park.

With full-color illustrations and photos throughout, How to Go Anywhere (and Not Get Lost) combines fascinating history with fun, hands-on activities that bring critical science, geography, and astronomy concepts to life. Readers will discover navigators and the tools they developed through the ages: from the ancient Polynesians who crafted stick charts to learn swell patterns in the water and sailed precise paths through the ocean; to the Age of European Exploration navigators who used compasses and maps to reach the New World; to the modern-day pilots who wield radar and GPS to soar across continents. Kids will also learn skills like taking their bearings with a compass; finding their way with dead reckoning; and locating their own latitude and longitude. And best of all: 17 activities—making their own sextant, compass, stick chart, chip log, and more—will turn all young adventurers into young navigators. The book includes a foreword by master navigator Nainoa Thompson, president of the Polynesian Voyaging Society.

Hans Aschim is a writer and a brand consultant for the outdoor industry. He’s traveled the world over writing for Outside, Vice Sports, Esquire, Men’s Journal, and other publications, and he mentors kids for the sports and outdoors nonprofit Stoked. He lives in Brooklyn, New York.
A MODERN PARENTS’ GUIDE TO NURSERY RHYMES

BECAUSE IT’S TWO O’CLOCK IN THE MORNING AND YOU CAN’T REMEMBER “TWINKLE, TWINKLE, LITTLE STAR”

Jennifer Griffin

It’s two o’clock in the morning and you’re going to hum your baby back to sleep with . . . The Simpson theme song? Help is here: A Modern Parents’ Guide to Nursery Rhymes is the crash course for every new mom or dad.

With its hip approach, witty headnotes, smart packaging, and link to an album of downloadable music, A Modern Parents’ Guide to Nursery Rhymes (previously published as Humpty Who?) is the ultimate curated collection of 80 classic poems, songs, lullabies, rounds, and riddles. Once upon a time, every parent knew all about “Little Jack Horner” and “Oh Mr. Sun,” “Little Miss Muffet” and the “Three Blind Mice,” “Mary Had a Little Lamb” and “Shoo Fly.” And now you will, too. Plus, readers will learn the intricate finger ballet called “Itsy Bitsy Spider” in English and Spanish and the classic Spanish-language folk song “Des Colores.” In addition, there are explanations for curious children (and grown-ups)—for example, what exactly a “tuffet” is, how to make “pease porridge,” and what else on the bus goes around in addition to the wheels. Suggestions for reciting poetry of the greats—Shakespeare, William Blake, Emily Dickinson; tips on how to improvise; and the secret to an “Om” that just might abate the next munchkin meltdown.

The downloadable album is both great to play for baby and a fun way for parents to learn the music that goes along with many of the rhymes.

Jennifer Griffin is the author of Baby Names That Stand the Test of Time. Jennifer is a literary agent and mother of two who lives with her family in New York City.
SISTERS
BETTER TOGETHER
Alice and Doris Lieu

No one greeting card can fully do justice to the fierce, authentic, often quirky, and—no matter what—complex bond that forms between sisters. Enter Sisters, the perfect tribute one sister can give another to say how much she appreciates her.

The authors, Alice and Doris Lieu, are sisters themselves. They are also co-owners of the delightfully cheeky stationery company ILOOTPAPERIE—and Sisters brings all of the bright, bold artwork, funny, engaging text, and attitude of their paper products to the idea of sisterhood. They come at it from all directions: Famous sisters, including Linda and Loretta Sanchez, the only sisters to serve in Congress together. Words to live by: A sister is . . . someone who helps you put sunblock in the hard-to-reach spots and tells you when you’ve got white streaks all over your face. Plus fill-in greeting card prompts, Things Only a Sister Knows, and more. As poet Christina Rossetti said, “There is no friend like a sister in calm or stormy weather.”

Alice and Doris Lieu are the founders of ILOOTPAPERIE, a stationery company inspired by a love of paper goods, funny drawings, and a keen appreciation for puns. Their products can be found in Urban Outfitters, Paper Source, and more than 200 independent retailers across the country. With their pup Sparky in tow, Alice and Doris live and work in their home studio in Pasadena, California.
TOTAL OLYMPICS
EVERY OBSCURE, HILARIOUS, DRAMATIC, AND INSPIRING TALE WORTH KNOWING

Jeremy Fuchs

Motto of the modern Olympics: Faster, Higher, Stronger. But now add Stranger! Stranger, as in the 1908 Olympic marathon, which featured Sir Arthur Conan Doyle, a 22-year-old pastry chef, and Champagne (yes, it was the runners’ drink of choice). Or the 1948 “austerity games” in London—teams had to bring their own food, and female athletes sewed their own uniforms. Or imagine rooting for these one-time Olympic sports: tug of war, firefighting, rope climb, live pigeon shooting, and—wait for it—painting. (Picasso for the gold!)

Compulsively readable, highly entertaining, trivia- and curiosity-packed, TOTAL OLYMPICS is a glorious, photo-filled tapestry of legendary characters, forgotten records, crazy accomplishments, unbelievable feats, wacky contests, controversial moments, and more.

As author Jeremy Fuchs writes, each Olympics is a mishmash of thousands of little stories during a glorious two-week adventure; multiply those thousand stories by 51 Olympic Games over 122 years, and voilà—a collection of sports yarns unlike any other. Like the story of the “missing marathoner” whose official time was 54 years, 8 months, 6 days, 5 hours, 32 minutes, and 20.3 seconds. Or the rower who had to make way for ducklings—literally—yet still managed to win the gold. Or the gymnast who brought his team to victory while fighting through the pain of a broken knee.

It’s pure pleasure for the sports fan.

Jeremy Fuchs is a writer, reporter, and editor who has written numerous features and profiles for Sports Illustrated and other publications. He is also coauthor of The Greatest Football Teams of All Time, published by Sports Illustrated Kids. He lives in Hoboken, New Jersey.
THE LITTLE BOOK OF ZEN

SAYINGS, PARABLES, MEDITATIONS & HA IKU

David Schiller

Updated, revised, with a new cover, new trim size, and illustrations throughout, the national bestseller The Little Zen Companion, with 516,000 copies in print, is repackaged for a new generation of seekers as The Little Book of Zen. A perfect gift and book of discovery, it celebrates ideas drawn from Zen Buddhism that have tremendous currency today: mindfulness, meditation, compassion, paying attention to the here and now, and finding a deeper meaning in life.

While it seeks neither to define Zen nor to answer its most famous koan (“What is the sound of one hand clapping?”), The Little Book of Zen points to a calming way of looking at the world. Each page features a quote, phrase, story, koan, haiku, or poem, interspersed with essays on the Buddha, Zen arts, significant masters, and more. The feeling is that of a meditation book with 2,500 years of wisdom—from Lao-tzu to Lily Tomlin. It’s a celebration of intuition: “If a man wishes to be sure of the road he treads on, he must close his eyes and walk in the dark.”—St. John of the Cross. Individuality: “Do not seek to follow in the footsteps of the men of old; seek what they sought.”—Basho. And self-discovery: “We already have everything we need.”—Pema Chödrön.

New material is taken from contemporary spiritual leaders, writers, meditation teachers, and others, with an emphasis on the practice of mindfulness—using the heart rather than the head. Pen-and-ink illustrations from the author bring an additional layer of feeling and beauty.

A revised and repackaged edition of the national bestselling The Little Zen Companion, with 516,000 copies in print

Zen is the original mindfulness; its tenets of meditation, compassion, living in the moment, and finding a deeper purpose in life are more popular and needed than ever

A wide-ranging compilation of Eastern and Western sayings, koans, poetry, meditations, and more

Updated to include contemporary spiritual leaders, writers, meditation teachers, and others

By the author of the Zen calendar, with 1.1 million copies sold

Illustrated throughout with the author’s ink drawings

Social media campaign

THE LITTLE BOOK OF ZEN
Two color with illustrations throughout; 400 pages; 4” x 6”
Paper: $10.95/$14.95 Can.
ISBN: 978-1-5235-1245-4
No. 101245
Ships: July
8-copy counter display
$87.60/$119.60 Can.
No. 221367
GOOD NIGHT, SPENCER
A SPENCER BEDTIME BOOK

SPENCER LOVES YOU
A SPENCER LOVE BOOK

Michelle Romo

Meet Spencer, a sweet little kitten who’s debuting in two board books that are shaped just like him! These die-cut books have bright, bold illustrations, simple text, and vocabulary labeled on each spread to help toddlers with language acquisition and reinforcement.

In Good Night, Spencer, we follow along as Spencer gets ready for bed after an activity-packed day. He picks out his pajamas, splashes around in the bathtub until he’s squeaky clean, and chooses a bedtime story. His busy day ends with a hug and a kiss good night.

In Spencer Loves You, Spencer spends time with his family enjoying their favorite hobbies. Kids will love reading along as Spencer reads books with Mommy, bakes with Daddy, dances with his sister, plays with his brother, and more.

With Spencer, young readers will feel like they have a new friend.

Michelle Romo is an illustrator and product designer who has designed under the name Crowded Teeth for the past fifteen years. Crowded Teeth has had ongoing success in children’s products with Crate&Kids, Petit Monkey, and FAO Schwarz. Michelle lives in Chicago, Illinois.
DIRECTIONS
REALLY GOOD ADVICE FOR GETTING FROM HERE TO THERE
Hallie Bateman

Sometimes we all need a little direction in life, whether it’s to see a problem from a new perspective, confirm a gut feeling, or just remember that, yes, we’re all in this together. Communal wisdom, truth, experience, and humor—like the advice found on every page of Directions—can get you through a lot.

Like an Instagram philosopher, Hallie Bateman has been sharing directions with her 85,000 followers on how to live; here, she has collected the thoughts that have most resonated with her audience and added 65 percent all-new entries. Hand-lettered by the author on scraps of colorful paper and with the author’s humorous illustrations throughout, Directions is a book of inspiration and clarity and a perfect antidote to our often confusing and challenging times. On each page is an observation, an aha moment, or a well-worded reminder.

The brightly colored spreads have a modern look and feel that will appeal to readers of all ages. An index playfully lists the directions by theme—for example, “Directions for Being Exactly Who You Are” or “Directions for Dealin’ with Your Feelin’s”—though most readers will dip in and out of the book as they would a daily horoscope, fortune cookie, or Magic 8 Ball: What direction do I need today?

Hallie Bateman is an illust-writer based in Los Angeles, California. She is the author of Brave New Work and coauthor of What to Do When I’m Gone.
YOU DON’T HAVE TO BE EVERYTHING
POEMS FOR GIRLS BECOMING THEMSELVES

Edited by Diana Whitney

Some days
I am more wolf
than woman
and I am still learning
how to stop apologizing
for my wild.

What a gift poetry has—like these six lines by Nikita Gill—to say what we feel in a way that seems universally true yet deeply personal.

Created and compiled for young women by Diana Whitney, former longtime poetry columnist for the San Francisco Chronicle, You Don’t Have to Be Everything is filled with work by a wide range of female poets who are honest, unafraid, and so wonderfully skillful at addressing the complex feelings of coming-of-age—loneliness, longing, doubt, fear, sadness, anger, a need for approval, and an attitude that pretends none of it matters. But also joy, hope, celebration, solace, and all the good things poetry brings, including humor. The cast of 68 poets is extraordinary: bestselling authors like Maya Angelou, Elizabeth Acevedo, Sharon Olds, Joy Harjo, Lucille Clifton, Naomi Shihab Nye, and Mary Oliver; our new National Youth Poet Laureate, Amanda Gorman; Instagram-famous poets including Kate Baer and Melody Lee; poets who are LGBTQ, poets of diverse racial and cultural backgrounds, poets who sing of the body that breaks free of conventional ideas of beauty.

Illustrated in full color with the work of three female artists, You Don’t Have to Be Everything is a perfect gift for daughters, granddaughters, or any young woman in your life.

Diana Whitney writes across genres with a focus on feminism, motherhood, and sexuality. Her first book, Wanting It, became an indie bestseller in poetry. Her essays have appeared in the New York Times, Glamour, the Washington Post, and other publications. She is also a senior contributing editor at HealthyWomen.org. She lives in Brattleboro, Vermont, and online at diana-whitney.com.
SO. MANY. FEELINGS STICKERS.

2,600 STICKERS FOR EVERY MOOD

Pipsticks®+Workman®

If there’s one thing that’s certain in these extraordinarily uncertain times, it’s that we are feeling all the feels—happy, sad, anxious, loving, angry, worried, and more, sometimes all in an afternoon. Now you can express every single one—with stickers!

Created especially for sticker lovers, planner devotees, stationery users, crafters, and journalers, as well as mental health advocates and anyone who’s practicing self-care or in therapy, So. Many. Feelings Stickers, is a collection of 2,600 colorful and very clever stickers to mark every feeling and mood. In the same way that we use the ubiquitous emoji to punctuate our digital communication, these stickers will help users express how they’re feeling at a particular moment in time, in a fun, creative, indirect, yet instantly knowable way.

Express yourself—with stickers!

So. Many. Stickers and So. Many. Planner Stickers have a combined 110,000 copies in print since publication in Summer 2019

2,600 bright, colorful, clever stickers that express a panoply of emotions—joy, anger, sadness, affection, worry, and more

For sticker lovers, planner devotees, crafters, and journalers, as well as mental health advocates and anyone who’s practicing self-care or is in therapy

Social media and digital advertising campaign

Video

Pipsticks+Workman is the collaboration of Pipsticks, a subscription sticker club, and Workman Publishing. Made up of a bicoastal team of innovative creatives, the brand is dedicated to spreading the sticker love through books, planners, stationery, and more!

SO. MANY. FEELINGS STICKERS.

Full color throughout; 50 sticker sheets; 6” x 7 1/4”

Paper: $12.95/$17.95 Can.
ISBN: 978-1-5235-1269-0
No. 101269
Ships: April

8-copy counter display
$103.60/$143.60 Can.
ISBN: 978-1-5235-1371-0
No. 221371

For more Pipsticks+Workman titles, see page 92.
HOW DREAMS SPEAK
AN INTERACTIVE JOURNEY INTO YOUR UNCONSCIOUS

Nicole Chilton

We’ve all woken up with a start and thought, “What was that? What’s the deal with that rooster? And why do I feel like I’ve seen this all before?” We find dreams (at least our own!) endlessly interesting, but what do they actually say about us?

*How Dreams Speak* is a book to help untangle it all. Based on the belief that dreams are metaphorical messages from our unconscious minds, speaking to us to help unlock mysteries within, *How Dreams Speak* is an illustrated guide to our inner selves through the vehicle of our nightly adventures. At the book’s heart are more than 150 dream symbols and themes richly illustrated in watercolor and fully explained to help readers interpret their dreams. A dream symbol can be an object—a doll, for example, which might mean your inner child needs to come out and play. An event—like the classic *flying*, which can mean it’s time to concentrate on achieving your waking dreams or goals. Or a color, a feeling (*running late*), a concept (*invisibility*). Prompts accompanying each symbol help the reader explore what their unconscious is saying—what a symbol truly means depends on both the dream and the dreamer.

Author and artist Nicole Chilton brings us the science behind dreaming, including the fact that everyone dreams (those who think they don’t are just not remembering), the history and philosophy of dream interpretation, the different types of dreams we have, and tips on keeping a dream journal.

Nicole Chilton is a multimedia artist and writer who relies on the power of dreams to inspire creativity. She lives in Springfield, Missouri, where she teaches art journaling workshops and works for a regional arts nonprofit. Her husband and two children inspired her to begin illustrating her nightly dreams because they were tired of hearing about them.
FLOW PUZZLES

DARE TO DREAM
Illustrated by
Sarah Walsh

FREE TO JUST BE
Illustrated by
Roeqiya Fris

Jigsaw puzzles slow us down, draw us in, hold our attention, and still the noise around us. Now, to rise to the occasion, here are two new puzzles from Flow®.

Dare to Dream, from American artist Sarah Walsh, is a playful tribute to the power of the imagination to take us anywhere and everywhere. What is real, beyond the woman and the book? Vibrant, lush, oasis-like, and yet startling—a blue and white zebra, standing right there and staring—it invites us, in the artist’s words, into a place that we shape in our minds: “That which we lack takes the form of visions, so it becomes a bit of a reality. Nothing wrong with that, right? We are free in our heads.” To dare to dream.

In Free to Just Be, Dutch-Egyptian artist Roeqiya Fris evokes the Cairo streets of her childhood, where the women would sing while hanging up the laundry in the morning. A work that verges on the abstract, with its patterned fabrics and pink-washed stucco walls, the puzzle invites us piece by piece to feel the breeze and sun of those mornings, to delight in the casual splashes of color, and to sense a city teeming with life.

FLOW PUZZLES

DARE TO DREAM
Illustrated by
Sarah Walsh

FREE TO JUST BE
Illustrated by
Roeqiya Fris

Flow is an international brand that celebrates creativity, mindfulness, and the pleasures of paper through magazines, books, and stationery.

Workman Puzzles merge great design with carefully chosen subjects, and are satisfying to complete.

Two new 1,000-piece jigsaw puzzles from the creative directors of Flow

Following the success of the All Good Things Are Wild & Free puzzle, which sold out its initial printing, and joining Home Sweet Home and Let the Sun Shine In, for a growing brand of puzzles

Includes a full-color mini-poster for reference

The Flow brand just keeps growing, with bestselling books including A Book That Takes Its Time (with 205,000 copies in print), plus calendars, stationery products, and puzzles

DARE TO DREAM
1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9 3/8” x 6 1/4” poster. Puzzle size 18 7/8” x 26 3/8”; box size 7 5/8” x 10 3/4” x 2 1/8”
Boxed puzzle with poster: $19.95/$24.95 Can.
No. 101383
Ships: March

FREE TO JUST BE
1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 6 1/4” x 9 3/8” poster. Puzzle size 26 3/8” x 18 7/8”; box size 10 3/4” x 7 5/8” x 2 1/8”
Boxed puzzle with poster: $19.95/$24.95 Can.
No. 101381
Ships: March
What could be a more mindful activity than slowing down, getting lost in a beautiful work of art, and slowly, surely, piecing it back together? Or to put it another way—jigsaw puzzles are the new coloring books.

Here, following the immediate success of All Good Things Are Wild & Free, the first Flow-Workman jigsaw puzzle collaboration, which instantly sold out of its first printing, are two new 1,000-piece puzzles from Flow® artists.

Home Sweet Home features an exclusive illustration from Dutch artist Lotte Dirks, and it is filled with her love for everything that grows and flourishes. Piece this puzzle together, and find your imagination drifting down a winding country lane to a special place where you can kick off your shoes and just be yourself.

Let the Sun Shine In celebrates the simple uplifting art of the everyday: an empty olive oil tin filled with a handful of bright flowers in bloom. Featuring an exclusive gouache illustration from American artist Anisa Makhoul, this puzzle will leave you relaxed, satisfied, and in a calm state of mind once you have placed the final piece.

Flow is an international brand that celebrates creativity, mindfulness, and the pleasures of paper through magazines, books, and stationery.

Workman Puzzles merge great design with carefully chosen subjects, and are satisfying to complete.
BORIS VALLEJO: FEARLESS RIDER
1,000-PIECE PUZZLE
Illustrated by Boris Vallejo

HIGH ART: A BUDTENDER IN HIS SHOP
1,000-PIECE PUZZLE
Inspired by Petrus Christus

Bringing the same high standards and a fresh sensibility that define the Workman calendar program—the top-selling in the business—Workman Puzzles aim for something more special. A lot more.

In Fearless Rider, Boris Vallejo, America's premier fantasy artist, begins with an old master's understanding of human anatomy and ends somewhere beyond the reaches of time and space. The vision is pure audacity: a warrior astride her three-headed dragon, curved blade at the ready. Follow her, piece by piece, and find yourself in a world transformed.

High Art: A Budtender in His Shop reimagines a priceless masterpiece as if the artist and his subjects loved their weed. This parody recasts A Goldsmith in His Shop as a dispensary, while staying faithful to the luminous attention to detail typical of Northern Renaissance painting. Dive right in, and enjoy the highly focused pleasures that a jigsaw puzzle offers, no matter your state of mind.

Boris Vallejo is the coauthor, with his partner Julie Bell, of Boris Vallejo & Julie Bell’s Fantasy Calendar, and his work has appeared on the covers of innumerable fantasy and science fiction book jackets, as well as on movie posters.

Petrus Christus was an artist active in the Netherlands in the 15th century. Any relationship he might have had with cannabis is unknown.

Workman Puzzles merge great design with carefully chosen subjects, and are satisfying to complete.
THE 10 GREATEST CONSPIRACIES OF ALL TIME

DECODING HISTORY’S UNSOLVED MYSTERIES

Brad Meltzer with Keith Ferrell

Now for a new audience that seems ever more interested in conspiracies, a new paperback edition of History Decoded (150,000 copies in print), retitled The 10 Greatest Conspiracies of All Time.

And what an irresistible combination: the #1 New York Times bestselling author Brad Meltzer recounting the world’s most intriguing conspiracies, from Leonardo da Vinci’s stolen prophecy to the Kennedy assassination. Adapted from the author’s former hit show on the History Channel, the book explores those fascinating, unexplained questions that nag at history buffs and conspiracy lovers: Why was Hitler so intent on capturing the Roman “Spear of Destiny”? Where did all the Confederacy’s gold go? What is the government hiding in Area 51? And did Lee Harvey Oswald really act alone?

Meltzer recounts each story, sifts through the evidence, weighs competing theories, separates what we know to be true with what’s still—and perhaps forever—unproven or unprovable, and in the end, decodes the mystery. Along the way we meet Freemasons, Rosicrucians, Nazi propagandists, and the real DB Cooper, perpetrator of the only unsolved skyjacking in American history. Richly illustrated in full color, it is a riveting journey through history’s greatest true mysteries.

Brad Meltzer is the #1 New York Times bestselling author of The Escape Artist and eleven other bestselling thrillers. His books include The First Conspiracy, about a secret plot to kill George Washington—and the Ordinary People Change the World kids’ book series. His newest nonfiction book is The Lincoln Conspiracy: The Secret Plot to Kill America’s 16th President—and Why It Failed. See more at BradMeltzer.com.
BE A VOTER!
450 STICKERS FOR DEMOCRACY

Illustrations by Laci Jordan, Anne Passchier, Salini Perera, Justin Shiels, and Carolyn Suzuki

It’s a sticker book with a mission: Get out the vote!

Inspired by the stickers that polling places around the world give to voters once they cast a ballot, Be a Voter! offers 450 stickers that celebrate democracy, equality, and the precious right to vote. Use them to proclaim your own pride in the act of voting and to help spread the word to friends and family—even strangers you might meet in a get-out-the-vote campaign—and encourage them to cast their ballots and have their voices heard.

Created by five socially conscious illustrators, the stickers are colorful, bold, inspiring, and joyful—each a little moment that underscores the true power of the American people.

Laci Jordan is a multidisciplinary designer, illustrator, and creative director in Los Angeles whose art has been commissioned by Disney, Nike, Planned Parenthood, Refinery 29, REI, Sweetgreen, Ulta Beauty, United Airlines, and many other brands.

Anne Passchier is a nonbinary illustrator and surface designer from the Netherlands, currently working in the US.

Salini Perera is a freelance illustrator based in Toronto, Canada, living her dream of drawing art for picture books.

Justin Shiels is an illustrator, writer, and creative director at a digital agency in Austin, Texas.

Carolyn Suzuki is a Los Angeles–based illustrator whose art has been used by organizations such as the ACLU, Planned Parenthood, RAICES, and the Allstate Foundation Purple Purse.
It’s America’s #1 educational bestseller. Curriculum-based, but infused with a spirit of fun. Vetted by a panel of award-winning teachers, but also embraced by kids and parents because it flat-out works—and entertains, too. Brain Quest opens a world of information and education to kids ages 2 to 12! 

Brain Quest thinks outside the box—and puts the fun into schoolwork. Clear, interactive, colorful, and varied, Brain Quest Workbooks are jam-packed with hundreds of curriculum-based activities, exercises, games, and challenges, and have a special emphasis on the core competencies of math and language skills. Kids will read, write, draw, solve, connect, color, and create. In addition, each workbook for grades Pre-K through 4 comes with a pull-out poster and more than 150 stickers. Even the posters are keyed into the curriculum—in second grade, children study the 50 states, so the Grade 2 poster shows the entire United States, with all capitals, state flags, and state facts. The fifth and sixth grade books delve into reading comprehension, algebraic thinking, probability and data, research and analysis, metaphor and meaning, geometry, social studies, science, and more.
Stay summer smart—stop summer slide! Part workbook, part game, and part adventure, *Summer Brain Quest* is a series of summer workbooks designed to make summer learning fun.

In seven titles, covering Pre-K through 6th grade, *Summer Brain Quest* makes learning a flexible game that can be approached from different directions that suit any reader (educators call this personalized learning).

How? Each book has a tri-fold map with different learning paths that shows progress and gives feedback. Kids feel supported and confident in what they’re doing, and excited to choose their next step.

Each title covers math, science, social studies, and English language arts, and includes outdoor activities, achievement stickers, a summer reading list, a *Brain Quest* mini-deck, Summer Brainiac Award, and more.

**SUMMER BRAIN QUEST**

**BETWEEN GRADES PRE-K & K**
- 290,000 copies in print.
- ISBN: 978-1-5235-0299-8
- Paper: $12.95/$18.95 Can. each

**BETWEEN GRADES K & 1**
- 382,000 copies in print.
- Paper: $12.95/$18.95 Can. each

**BETWEEN GRADES 1 & 2**
- 390,000 copies in print.
- ISBN: 978-0-7611-8917-6
- Paper: $12.95/$18.95 Can. each

**BETWEEN GRADES 2 & 3**
- 389,000 copies in print.
- Paper: $12.95/$18.95 Can. each

**BETWEEN GRADES 3 & 4**
- 304,000 copies in print.
- ISBN: 978-0-7611-8919-0
- Paper: $12.95/$18.95 Can. each

**BETWEEN GRADES 4 & 5**
- 347,000 copies in print.
- Paper: $12.95/$18.95 Can. each

**BETWEEN GRADES 5 & 6**
- 219,000 copies in print.
- Paper: $12.95/$18.95 Can. each

*SUMMER BRAIN QUEST* Full-color illustrations throughout; tri-fold map; sticker sheets; 160 pages; 8⅛” x 11¼”

Paper: $12.95/$18.95 Can. each
Brain Quest

24-copy mixed counter display:
(4 each of PreK-K through Grades 3-4; 2 each of Grades 4-5 and Grades 5-6)
$310.80/$454.80 Can.
ISBN: 978-1-5235-0434-3 No. 220434

48-copy mixed floor display:
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Each song tells a little story, accompanied by Boynton’s irresistible hippos, cows, and dogs. Full lyrics appear in the back.

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HOG WILD!  A Frenzy of Dance Music  Songs and Illustrations by Sandra Boynton; A Boynton and Ford Production

Move your feet! Rock to the beat! It’s time to fire up the dance floor and go Hog Wild!, the sixth zippy Boynton and Ford book-and-CD production.

And this time, the CD theme is all new dance music—as in: Samuel L. Jackson performing “Tyrannosaurus Funk.” Kristen Bell solving it all with “Dance It Out.” And lots more!

For ages 1–4.

41,000 copies in print.

Paper over board: $17.95/$24.95 Can.
ISBN: 978-0-7611-7176-8
No. 18992
Full-color illustrations throughout; 72 pages; comes with music CD in sleeve; 10” x 8”

8-copy counter display: $143.60/$199.60 Can.
ISBN: 978-1-5235-0244-8
No. 22204

Yeeeee-hah! Boynton goes Country, in a terrific CD and illustrated songbook of her wildly original songs, sung by an amazing roster including Brad Paisley with “Copycat,” Dwight Yoakam singing “I’ve Got a Dog,” and Alison Krauss on “End of a Summer Storm,” and more.

140,000 copies in print.

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ISBN: 978-0-7611-7764-7
No. 17175

DOG TRAIN A Wild Ride on the Rock-and-Roll Side  Songs and Illustrations by Sandra Boynton; A Boynton and Ford Production

Dog Train features all original songs recorded by a mix of big-name acts and great voices: Blues Traveler, Alison Krauss, Hootie and the Blowfish, Kate Winslet & the Spin Doctors, and more.

Each song tells a little story, accompanied by Boynton’s irresistible hippos, cows, and dogs. Full lyrics appear in the back.

For ages 1–4.

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Sandra Boynton

**BATH TIME!** Sandra Boynton

An irresistible storybook for bath time. **BATH TIME!** is waterproof, nontoxic, completely baby-safe. It’s a classic tale of pig meets paint. Spattered with colors from a long day at the easel, the pig takes to the tub. On the last page, the snout has a bound-in squeaker: Get it? Squeaky clean!

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The waterproof cousin of **Barnyard Dance**—because what could make tub time more fun than a book . . . that floats.

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Henrik Drescher

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P. H. Hanson

It’s hours of interactive fun—at home and on the go. Compact, portable, and sporting fabric handles just like the real thing, **My Mommy’s Tote** features an ingenious format with die-cut leaves for kids to open, lift up, slide, and unfold. They will be entertained and engaged as they learn the alphabet and how to count from 1 to 12. They can remove Mommy’s laptop and look through her wallet. And take a break for a healthy “snack.”

321,000 copies in print.

Board book:
$16.95/$25.95 Can.
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Henrik Drescher

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With 19 sound buttons!

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A Musical Exploration of the Orchestra Using Beethoven’s Symphony No. 5
Carolyn Sloan; Illustrated by James Williamson

A unique interactive introduction to classical music. Discover what a symphony is. Who Beethoven was. What a conductor does. And when you should and shouldn’t clap.

With its 19-button sound panel, readers will hear the different parts and voices of the music—the immortal beginning of the Fifth, that unforgettable first of baby’s heartbeat to the thumpity-thump of double bass.

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Carolyn Sloan; Illustrated by Jessica Gibson

Using Welcome to the Symphony’s ingenious, interactive picture-book-and-sound-chip format, this book narrates the story of jazz while the sound chips demonstrate what’s happening, including what vocal scatting sounds like and the tones of different instruments, like a trumpet or clarinet. And in the end, kids can sing along with the band in a traditional call-and-response.

For ages 4 and up.

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ISBN: 978-1-5235-0688-0
No. 100688
Full-color illustrations throughout; sound panel with 12 buttons; 32 pages; 12” x 10”

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Jennifer Davis; Illustrated by Laura Cornell

This joyful lift-the-flap book tells the story of pregnancy, from hearing the thumpity-thump of baby’s heartbeat to that unforgettable first meeting.

For ages 2–6.

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No. 11200
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Phil Conigliaro and Tae Won Yu

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For ages 0–2.

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ISBN: 978-0-7611-9028-8
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**CRINKLE, CRINKLE, LITTLE STAR**

Justin Krasner; Illustrated by Emma Yarlett

Take an interactive journey through the night sky in this innovative, tactile board book. With its full-spread illustrations of constellations and a beloved bedtime lullaby reimagined, Crinkle, Crinkle, Little Star is the perfect book to rock babies to sleep. In a special treat, create a crinkling sound by tracing the channel of shimmery material underneath the last illustration in the book. That same compelling crinkling sound persists when baby and parents rub the crinkly material on the back cover.

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54,000 copies in print.

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Featuring the Teacup Pigs of Pennywell Farm; Photographs by Richard Austin

The Pocket Piggies board books marry the inherent appeal of Teacup Pigs to the sweetness of the board book format. Could there be a cuter way to learn about opposites, colors, holidays, and numbers? For ages 0–4.

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Hello!Lucky

ABC DANCE! An Animal Alphabet
Sabrina Moyle and Eunice Moyle

Shake your boots with newts, rock out with rhinos, slide with sloths! Eunice Moyle and Sabrina Moyle, the sister team behind the award-winning design studio Hello!Lucky, take little readers on the most rau-
cously fun dance through the alphabet, teaching them their ABCs while encouraging a lively
romp through a world of bright colors, zippy language, and the most appealing animals.
For ages 0–4.
Board book with foil on cover: $7.95/$10.95 Can.
ISBN: 978-1-5235-0746-7
No. 100746
Four-color illustrations throughout; 26 pages; 7” x 7”

GOOD NIGHT, BABOON! A Bedtime Counting Book
Sabrina Moyle and Eunice Moyle

This exuberant board book from the sister team of Hello!Lucky is a bright and lively twist on a numbers book that counts down from pure chaos—10 big baboons get ready for bed/1 baby baboon stays up instead!—to the moment everyone is waiting for: 2 lazy llamas all tucked in snug. Now, look who’s ready for/1 big hug!
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ISBN: 978-1-5235-1135-8
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I BELIEVE IN YOU
Sabrina Moyle and Eunice Moyle

Maybe it’s the first day of school. A music recital. Trying out for a team. I Believe In You is the book for just that moment when a child needs a little extra encouragement. Created by Sabrina Moyle and Eunice Moyle, the dynamic sister team behind the award-winning design studio Hello!Lucky, it is the irresistibly sweet story of a little dragon and a unicorn who offers the
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DAN YACCARINO’S HAPPYLAND
Big Berry: A Little Moral Story About Gratitude • Birthday Cake: A Little Moral Story About Sharing

There’s nothing more important for kids entering preschool than to be emotionally ready—ready to separate from their parents, to mix and play with new children, to broaden their sense of the world. Happyland, a board book series from award-winning children’s author Dan Yaccarino, introduces three friends in a series of delightful adventures that each teach a lesson in emotional intelligence: In Big Berry, Bink’s desire for the biggest berry grows ever stronger—until she grabs the very largest, which is so big it rolls away and disappears. If only she’d been happy with the normal-sized berry. Birthday Cake tackles the ever-important issue of sharing, as Clyde learns it’s as much fun to give as it is to receive.
For ages 0–4.

Board book: $5.95/$8.95 Can. each
Full-color illustrations throughout; 5½” x 5½”

BIG BERRY
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24 pages

BIRTHDAY CAKE
No. 18734
22 pages

MY BOOK OF BEAUTIFUL OOPS!
A Scribble It, Smear It, Fold It, Tear It Journal for Young Artists
Barney Saltzberg

A hands-on journal that’s meant to be personalized—drawn in, painted on, torn up, smudged, or otherwise artistically wrecked—My Book of Beautiful Oops! is filled with folded, crumpled, die-cut, and lift-the-flap pages that will challenge the reader’s sense of play. A celebration of imagination, play, and the courage to express oneself.
For ages 3 and up.
Paper over board: $15.95/$22.95 Can.
No. 10950
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Celebrating the Wonder of Childhood  Jordan Matter

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POLAR A Photicular Book
Created by Dan Kainen; Written by Kathy Wollard

A dancing whipsnake skitters across the forest floor. A Bengal tiger on the prowl, and a macaw soar above the canopy. The opening essay celebrates the jungle’s riches and vulnerabilties, and a profile accompanies each animal featured. 315,000 copies in print.

WILD Endangered Animals in Living Motion: A Photicular Book
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Come face to face with our vanishing wildlife. Gorillas at play. An albatross swooping its magnificent wings. A hovering bumblebee, among the most critical of threatened animals. Wild turns abstract numbers and names into touching and unforgettable images. An opening essay explores the environmental and economic threats to animal populations and how conservationists are working to slow—and reverse—the damage. Profiles of each animal accompany the images. 246,000 copies in print.

PAPER OVER BOARD:
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Full color; 8 Photicular images; 24 pages; 8” x 8”

LIFE IN THE SLOTH LANE
Slow Down and Smell the Hibiscus
Lucy Cooke

Is there a reason sloths are always smiling? Perhaps it’s because they’ve mastered the art of taking it slow in a world whose frenzied pace is driving the rest of us crazy. Here, heart-tuggingly cute photographs of these always-chill creatures are paired with words of wisdom, all to inspire us to slow down, stop to smell our own version of hibiscus, and come up relaxed, centered, and smiling, too.

PAPER OVER BOARD:
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ISBN: 978-1-5235-0408-4
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Full-color photos throughout; 144 pages; 6” x 6”
6-copy counter display: $77.70/$119.70 Can.
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IT’S THE LITTLE THINGS
The Pocket Pigs’ Guide to Living Your Best Life
Photographs by Richard Austin

Put your best hoof forward in a charming book that combines the irresistible sweetness of the Pocket Pigs of Pennywell Farm with words of wisdom about embracing all that life has to offer. On spread after spread we see heart-melting, full-color images of these mini pigs—lounging on tiny beach chairs, getting creative with paint, nuzzling with other farm animals—paired with their favorite words on creativity, fearlessness, and relishing all of the small things that make life great.

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No. 220951

WILD A Photicular Book
Created by Dan Kainen; Written by Kathy Wollard

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ISBN: 978-1-5235-0829-7
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Lucy Cooke

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PAPER OVER BOARD:
$12.95/$19.95 Can.
ISBN: 978-1-5235-0408-4
No. 19322
Full-color photos throughout; 144 pages; 6” x 6”
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ISBN: 978-1-5235-0408-4
No. 220408

WORKMAN
REALLY IMPORTANT STUFF MY DOG HAS TAUGHT ME  Cynthia L. Copeland

Dogs teach us to greet every morning with enthusiasm and optimism, to love completely and forgive easily, to know when to run and when to rest. They show us that every day is a gift, and every meal the best meal ever. Every page of this tender, inspiring book delivers a life lesson that appeals as much to our hearts as our minds.

Paper over board in die-cut slipcase: $37.50/$50.00 Can.  
ISBN: 978-0-7611-8249-8  
No. 28249  
176 pages; 7” x 11”

REALLY IMPORTANT STUFF MY CAT HAS TAUGHT ME  Cynthia L. Copeland

Like fluffy philosophers, cats inspire us to leap fearlessly forward as if we too had nine lives. In this book of pure wisdom and delight, filled with unforgettable life lessons, words and pictures are paired to remind us of what’s important in life: curiosity, confidence, independence, a sense of adventure, and fearlessness.

Paper with flaps: $12.95/$17.95 Can.  
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148,000 copies in print.

A BOWL OF OLIVES  Sara Midda

Salad from the garden. A picnic on the beach. The perfect mug. This work of watercolors celebrates all things food and cooking. It is a book layered with memories, impressions, and recipes.

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Paper with flaps: $12.95/$17.95 Can.  
No. 18551  
Full-color photos throughout; 176 pages; 7” x 6 1/2”

SARA MIDDAA’S SOUTH OF FRANCE  A Sketchbook  Sara Midda

A wondrous sketchbook from a year spent in the South of France—an artist’s personal journal with drawings and thoughts captures the whole feeling of Provence and the Côte d’Azur.  
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Evoking the English gardens of Sara Midda’s childhood, here are illustrations and reflections that recall a hut in the woods, a summer day spent paddling peas. Painted with Sara Midda’s fine brush, it is a book of lasting enchantment.

HOLD YOUR HORSES  Bonnie Timmons

For girls who are mad about horses, here is a charming, wise, obsessive celebration of the bond between woman and horse.

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Paper with flaps: $12.95/$19.95 Can.  
ISBN: 978-0-7611-1536-6  
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Four-color illustrations throughout; 144 pages; 6” x 8”

GUITAR The World’s Most Seductive Instrument  David Schiller


144 pages; 6” x 8”

really important stuff my kids have taught me  Cynthia L. Copeland

This little book with a big heart combines life lessons from the mouths of children with joyful pictures.  
To be fearless: Jump right in or you may change your mind about swimming. Embrace adversity: The harder the wind blows, the higher your kite will fly.

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**Thomas Cathcart**

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**Tess Koman; Illustrated by Katie Vernon**

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No. 100145

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**Amy Rose Spiegel; Illustrated by Catherine Willemse**

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**Brooke Barker and Boaz Frankel**

Conversations made up entirely of inside jokes. Netflix passwords, bizarre dreams, even French fries—all shared without a second thought. From married weirdos Brooke Barker and Boaz Frankel, here’s a relationship book that captures the rituals and mini universe (Population: 2) that every couple creates together, in a sweet, small package, with relatable humor, charming illustrations, and endearing quirkiness.

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Bible verses, a timeless source of guidance, peace, and rejuvenation, are here given a very special treatment: illustrated in colorful letterpress styles that bring each word to life in a fresh and meaningful way. The verses are drawn from seven translations and arranged in order. Beginning with Genesis 1:1, these are 100 of the most distinctly and discretely meaningful passages of the Old and New Testaments, made even more powerful through the transformative lens of art. It’s a book of comfort. A book of wisdom. A book to give to loved ones for any occasion.

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**Kathryn and Ross Petras**

Change happens, and when it does, this little book offers true support. So laugh at it, with George Carlin. Celebrate it, like Fatti Smith and David Bowie. Grow with it, like Patti Smith and David Carlin. Celebrate it, like Stephen Hawking, and many others.

**Paper with flaps:**
*No. 100360*
ISBN: 978-1-5235-0036-0
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**LET’S BE WEIRD TOGETHER**
**Brooke Barker and Boaz Frankel**

Conversations made up entirely of inside jokes. Netflix passwords, bizarre dreams, even French fries—all shared without a second thought. From married weirdos Brooke Barker and Boaz Frankel, here’s a relationship book that captures the rituals and mini universe (Population: 2) that every couple creates together, in a sweet, small package, with relatable humor, charming illustrations, and endearing quirkiness.

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ISBN: 978-0-7611-7793-7
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Full-color photos throughout; 248 pages; 7” x 8”
6-copy counter display: $83.70/$119.70 Can.
ISBN: 978-0-7611-9022-6
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Isabel Serna

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CRAZY CAT LADY  
Agnes Loonstra & Ester Scholten

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Holly Maguire

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Art, Inspiration, Joy

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Isabel Serna

A perfect gift for the millions of proud, loving, totally obsessed women in the world who share the love with the hashtag #dogmom, here is the little book that gets it. That celebrates the special way a dog mom is careful to spell out “W-A-L-K” so as not to over-excite your pet; who accepts that an ice cream cone is never just for one; and who masters all the different petting techniques. Beautifully illustrated in a bright, vibrant, and emotionally rich way by Isabel Serna, it’s the beautiful work of one who clearly knows the unique bond between woman and dog.

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Irene Smit and Astrid van der Hulst; Illustrated by Lotte Dirks

A whimsical yet practical visual guide to sorting through the too-much-stuff of modern life. Here are page after page of items that fill our lives—novelty ice cube trays, a manual typewriter, that souvenir snow globe. And beneath each drawing, two little checkboxes: Yes and No. Look at the object. Note your response. Act accordingly! Plus wonderful tips for how to organize, and clever ideas for what do with things we simply can’t part with, like children’s artwork.

ISBN: 978-1-5235-0943-0  
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127 Exercises for Self-Acceptance  
Irene Smit & Astrid van der Hulst; Illustrated by Karen Weening

From the bestselling editors at Flow magazine comes a guided journal with a welcoming, come-as-you-are message: Embrace the things that make you, flaws and all. Charmingly illustrated and filled with prompts, My Perfectly Imperfect Life inspires readers to let go of the pressure to be perfect and to celebrate quirks, slippups, and imperfections rather than judge them.

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6-copy counter display: $9.50/$14.70 Can.  
No. 220755

**THE KIDS’ BOOK OF PAPER LOVE**  
Irene Smit & Astrid van der Hulst

With a surprise on every page, this book begs to be folded, collaged, cut up, crafted with, doodled on, and shared. Loop paper strips into a paper chain. Snip out bookmarks. Throughout there are Flow’s signature goodies, including paper banners, postcards, stickers, paper dolls, and so much more. It’s a pure hands-on treat that encourages young readers to slow down, enjoy the pleasures of crafting, and relish in screen-free play.

For ages 7 and up.  
5,000 copies in print.

Paper: $19.95/$29.95 Can.  
No. 100818  
Full-color illustrations throughout; 180 pages plus special pullouts; 6½” x 8½”

5-copy counter display: $9.95/$14.95 Can.  
ISBN: 978-1-5235-0928-7  
No. 220928

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**THE TINY BOOK OF TINY PLEASURES**  
Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

The sweetest reminder imaginable that it’s the little things in life that make us happy. Little things like sharing tea with a friend. An ice cream cone with sprinkles. The smell in the air right after a summer rain. A tiny, perfect impulse book filled with whimsical, colorful illustrations, plus cheerful random prompts, thoughts, and facts, The Tiny Book of Tiny Pleasures is a pocket-size gift of joy. Created by the editors of Flow magazine, every page is an inspiration.

62,000 copies in print.

Paper: $9.95/$12.95 Can.  
ISBN: 978-0-7611-9376-0  
No. 19376

Full-color illustrations throughout; 400 pages; 4½” x 6½”

8-copy counter display: $7.96/$11.60 Can.  
No. 220082

**EVERYTHING GROWS WITH LOVE**  
Beautiful Words, Inspiring Thoughts  
Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

Relish life, love, and friendship—and share with everyone you love. Created by the editors of Flow magazine, Everything Grows with Love features dozens of uplifting quotes and sayings in original graphics and hand lettering by more than 40 contributing artists and crafters. Perfect for Valentine’s Day, wedding showers, birthdays, or simply as a pick-me-up for a friend or relative, it’s an ode to creativity, inspiration, and, above all else, love.

Paper: $9.95/$12.95 Can.  
ISBN: 978-1-5235-0114-4  
No. 100114  
Full-color illustrations throughout; 208 pages plus special pullouts; 7” x 7”

5-copy counter display: $9.50/$14.70 Can.  
ISBN: 978-1-5235-0254-7  
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**KNOW YOURSELF**  
Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

Questions to inspire you to reflect, to reveal memories and ideas, to help you stay present. And shared with friends and loved ones, a wonderful way to get to know each other on a whole new level.

Paper over board with tear-out posters, notebooks, and postcards: $21.95/$32.95 Can.  
ISBN: 978-1-5235-0355-1  
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6-copy counter display: $13.70/$19.70 Can.  
No. 220415

**CREATIVITY TAKES COURAGE**  
Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

Organized around a series of 13 “dares,” this beautiful little book guides readers through a program to unleash their inner artists.

Paper over board with tear-out posters, notebooks, and postcards: $21.95/$32.95 Can.  
ISBN: 978-1-5235-0355-1  
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Full-color illustrations throughout; 208 pages plus special pullouts; 7” x 7”

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A BOOK THAT TAKES ITS TIME
An Unhurried Adventure in Creative Mindfulness
Irene Smit, Astrid van der Hulst, and the Editors of Flow Magazine

From Flow, a celebration of mindfulness, creativity, and life’s little pleasures. Read about the benefits of journaling—then turn to “The Joy of One Thing at a Time Notebook.” A short piece on the power of being grateful is followed by pages of illustrated “Beautiful Moments” cards to fill in, punch out, save, and revisit. 205,000 copies in print.

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$27.50/$37.95 Can.
ISBN: 978-1-5235-0727-6
No. 100727

50 WAYS TO DRAW YOUR BEAUTIFUL, ORDINARY LIFE
Practical Lessons in Pencil and Paper
In this innovative approach to art instruction, the artists of Flow share secrets and techniques for rendering the kinds of things we see and interact with every day.

Jacketed paperback with pullout booklet, postcards, specialty papers, and more:
$24.95/$34.95 Can.
ISBN: 978-1-5235-0410-7
No. 220099

THE BIG BOOK OF LESS
Finding Joy in Living Lighter
Taking a holistic approach to the idea that we’d do well to throw out life’s unnecessary ballast, here’s how to pare down not just the jumble of things around us, but the clutter in our heads, too. And in the process, make room for more—more listening, more focus, more wisdom, more time. More life. More you. With plenty of paper goodies, in the signature Flow way, The Big Book of Less includes a one-thought-a-day diary, a pocket-sized sketchbook, and a tiny fold-up house, where your imagination can play with the thought of living in 300 square feet.

Paper over board:
$27.50/$37.95 Can.
No. 220753

Stationery Terms Apply
ALL GOOD THINGS ARE WILD & FREE COLLECTION

A stunning line of stationery and gift products from the creative leaders of Flow®, inspired by the quotation from Henry David Thoreau “All good things are wild and free.” A celebration of beauty, mindfulness, and the pure pleasures of paper, each of the items in this new collection features the artwork of Valesca van Waveren, with its soft, rich palette and lovely details drawn from the natural world.

1,000-PIECE PUZZLE

What could be a more mindful activity than slowing down and engaging in reassembling an intimate landscape populated by birds and butterflies, wild hills and stars in the sky? Or to put it another way—jigsaw puzzling is the new coloring.

- Two-piece wrapped box with removable sticker
- Puzzle pieces are bagged inside box
- Includes art print with puzzle image

Bagged puzzle pieces in a box: $19.95/$29.95 Can.
No. 100937
1,000 four-color interlocking puzzle pieces bagged inside two-piece box; 9½” x 6¼” art print. Puzzle size: 26 1/3” x 18 7/8”; box size: 10 3/4” x 7 3/4” x 1 1/8”

WRAPPING PAPER & GIFT TAGS

Amplify the giftiness of the gift inside with Flow’s beautiful wrapping paper and complementary gift tags. The paper has patterns on both sides featuring themes from the entire All Good Things Are Wild & Free suite.

- Foil-embellished cover
- Twelve 19” x 26” sheets of wrapping paper printed with different illustrations on two sides
- 12 punch-out full-color gift tags

Paper with foil embellishments on cover: $19.95/$29.95 Can.
ISBN: 978-1-5235-0939-3
No. 100939
12 folded sheets of full-color illustrated wrapping paper with 1 sheet of 12 punch-out gift tags.
Package size: 9½” x 13”; unfolded paper size: 19” x 26”

STATIONERY

Slow down, compose your thoughts, and savor the experience of writing real letters using this beautiful stationery set with lined paper in whole and half sizes, and envelopes to cut and fold. Snail mail is alive and well!

- 46 sheets of lined notepaper printed with different full-color patterns on the reverse
- 32 full-color envelopes in two sizes to fold
- 53 full-color illustrated labels and seals

Pad bound with cover and backer: $16.95/$25.95 Can.
No. 100940
Full-color illustrations throughout; 2 sheets of adhesive labels and seals; 8½” x 11”
STICKER BOOK

The Sticker Book includes 28 full-color adhesive sheets filled with hundreds of images to decorate a journal, notebook, laptop, or phone.

- Over 800 gorgeous, high-quality stickers—mushrooms, butterflies, bugs, plants, and more
- A perfect add-on to the Sketchbook and Stationery

**Paperback case around pad binding with foil embellishments on cover:**

$12.95/$19.95 Can.
ISBN: 978-1-5235-0938-6
No. 100938
Full-color illustrated stickers; 28 sticker sheets; 6” x 8”

DAILY TRACKER

The Daily Tracker is a scheduling and list pad that keeps you focused and organized. With just one sheet per day, you can manage your tasks and keep up with your hour-by-hour agenda.

- 80 tear-off pages
- 4 different colors repeat throughout

**Full-color pad, shrink-wrapped:**

$12.95/$19.95 Can.
ISBN: 978-1-5235-1046-7
No. 101046
Four different colors repeat throughout; 80 tear-off pages; 8½” x 7”

STICKY NOTES

Stay organized, jot down a note, or mark your place with illustrated Sticky Notes, all in various sizes.

- 9 illustrated sticky note pads and tabs of assorted sizes

**Paperback polybagged in the open position so interior is visible:**

$14.95/$19.95 Can.
ISBN: 978-1-5235-0941-6
No. 100941
Set of 9 full-color adhesive notepads; 60 sheets each; pad sizes vary, all packaged in a 6” x 8” paperback case

NOTEBOOK SET

A set of three stylish notebooks play on the theme: One is All Good Things, the second is Wild, and the third is Free. Each has a different cover illustration and different paper pattern inside. Printed on FSC-certified paper.

- Foil-stamped titles stamped on textured covers
- 64 pages each

**Singer-sewn binding on each notebook and covers with foil embellishments; belly banded and polybagged:**

$14.95/$22.95 Can.
No. 100942
Set of 3 notebooks, each with repeating 1-color interiors; 64 pages; 5½” x 8”

SKETCHBOOK

A mindfulness-inspiring sketchbook designed with simple practicality and a large 8½” x 11” trim size. With blank paper and graph paper, it is an invitation to draw, mark down observations, and journal.

- A gift of pure pleasure for artists and journalers
- Includes blank and graph paper

**Paper:**

$9.95/$14.95 Can.
ISBN: 978-1-5235-0944-7
No. 100944
80 pages with blank and graph paper; 8½” x 11”
**PIPSTICKS® + WORKMAN®**

**Stationery**

Pipesticks is a subscription sticker club founded on the idea that little things can make a big difference. Matched with Workman’s unprecedented success in the calendar and gift business and its power to build brands, the result is a new product line built on creativity, innovation, fresh design, and unbeatable quality and value.

**SO. MANY. STICKERS.**

2,500 Little Stickers for Your Big Life

A must-have for any sticker fanatic, So. Many. Stickers. features 2,500 little stickers for any occasion. Whether you’re collecting them, decorating with them, or trading with your besties, the range is pure fun: old-school cameras, vibrantly colored flowers, stylish high-top sneakers. It’s the perfect add-on to a Pipsticks + Workman planner. So go ahead: spread the sticker love! A delightful combination of indulgence and value, it includes 50 sheets with 52 stickers on each—the most stickers in one sticker book ever, so you’re set for the whole year! 56,000 copies in print.

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**HANDS OFF MY STICKERS!**

A Sticker Collection Book

Collect and store your favorite stickers! This grown-up sticker book has five glossy gatefold pages, five holographic storage pouches, and three gorgeous sheets of stickers. A delightful combination of indulgence and value, it includes 50 sheets with 52 stickers on each—the most stickers in one sticker book ever, so you’re set for the whole year! 56,000 copies in print.

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**A LITTLE BOOK OF BIG STICKERS**

Love Stickers • Word Stickers • Magical Stickers

Personalize a planner (or phone case or laptop) with the Little Book of Big Stickers series: three small books featuring 20 HUGE, eye-catching vinyl stickers, each with a different theme. Bonus: Each book features 150+ mini stickers, too! Spread the sticker love!

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**SO. MANY. PLANNER STICKERS.**

2,600 Stickers to Decorate, Organize, and Brighten Your Planner

Perfect for planner fanatics and stationery fans, here is a collection of 2,600 stickers bursting with energy and color that are specially designed for planners (and sized perfectly for Pipsticks + Workman ones). Flag appointments and notes, track goals, mark special occasions, or simply spruce up any spread in your planner. A delightful combination of indulgence and value, it includes 50 sheets with 52 stickers on each—the most stickers in one sticker book ever, so you’re set for the whole year! 56,000 copies in print.

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EVERYTHING IS THE WORST
A Book for People Who Just Can’t

How to Die Alone
The Foolproof Guide to Not Helping Yourself

Mo Welch

For every brave soul who wishes she could just say no—meeting the gang for drinks, dating of any kind, wishing a coworker happy birthday (unless there’s cake involved)—here comes Blair with honest advice on how to live your life at home, in sweat pants. The creation of cartoonist and stand-up comic Mo Welch, Blair is the awkward, self-deprecating, totally relatable anti-heroine who always—always—gives you permission to choose the couch over the gym. Cat not included.

Paper over board:
$12.95/$19.95 Can.
ISBN: 978-1-5235-0426-8
No. 100426

Full-color illustrations throughout; 144 pages; 6” x 6”
8-copy counter display:
$77.70/$119.70 Can.
ISBN: 978-1-5235-0762-7
No. 220762

NEVER EAT ANYTHING BIGGER THAN YOUR HEAD & OTHER DRAWINGS

B. Kliban

It’s all the Kliban people—from Houdini escaping New Jersey to the famed Genghis and Sylvia Khan, in 150 cartoons. “...the only book I’ve read in years that made me howl. I mean thigh-slapping, roll-on-the-ground, can’t-catch-my-breath howling.” —Charles M. Young, Rolling Stone

433,000 copies in print.
• Selection of the Quality Paperback Book Club.

Paper: $5.95/$8.95 Can.
No. 093

Black-and-white drawings throughout; 160 pages; 8” x 5”
8-copy counter display:
$47.60/$71.60 Can.
ISBN: 978-0-7611-6959-8
No. 26959

WORKMAN 93
BALDIES A Field Guide to the Northern Hemisphere Fernando L. Perottoni

Some of the best people, in fact and fiction, are bald. But can you recognize them from the eyebrows up? This who’s-who of the follicly challenged celebrates the bold-sexy-powerful-cool world of bald men—and makes it a game, too. On each page is a full-color illustration of a bald head—top only!—and the reader has to guess its owner. Is that Gandhi or Larry David? Voldemort or Patrick Stewart? Here are 70 distinctive chrome domes. How many can you identify?

No. 18915
Full-color illustrations throughout; 144 pages; 6” x 6”
6-copy counter display: $39.70/$59.70 Can.
ISBN: 978-1-5235-0095-6
No. 220095

MY MIDDLE-AGED BABY BOOK
A Place to Write Down All the Things You’ll Soon Forget
Revised, Nipped, and Tucked Third Edition
Mary-Lou Weisman

An irrepressibly cheeky celebration of middle age in the form of a fill-in baby book. It’s a place to record firsts: my first colonoscopy, my first reading glasses. Vital statistics: married name(s), circumference of abdomen, cholesterol count. It explains the Seven Stages of Hair Loss, answers the questions Am I Smiling . . . or Is it Gas?, and what happens When I Grow Up—go ahead, be a burden to your children! 292,000 copies in print.

Padded paper over board: $12.95/$19.95 Can.
ISBN: 978-0-7611-7747-0
No. 17747
Full-color illustrations throughout; 88 pages; 6” x 6”
8-copy counter display: $103.60/$159.60 Can.
ISBN: 978-0-7611-7831-6
No. 27831

DEAR COUNTY AGENT GUY
Jerry Nelson

Jerry Nelson is a humorist whose beat is the American heartland. A fourth-generation dairy farmer, Jerry writes about courtship (Jerry refers to himself as a Norwegian bachelor farmer); the duties of a husband (exactly why is it that a man who spends his days in cow manure can’t change a baby’s diaper?); family, neighbors, and more.

Jacketed hardcover: $14.95/$22.95 Can.
ISBN: 978-0-7611-8727-1
No. 10727
224 pages; 5” x 7”

NUNS HAVING FUN
Maureen Kelly and Jeffrey Stone

Inspired by the Nuns Having Fun calendar (“the funniest calendar of the year,” according to Gene Shalit), welcome to the lighter side of convent life. To days of ice-cream cones, kung fu, and snowball fights, fishing off the dock, or frolicking in the surf. Culled from the black-and-white photos of the 1950s and ’60s, here are hundreds of nuns caught in the act of letting their wimples down, revealing irresistible humor and charm. Plus habits and habitats, legends, trivia, favorite classroom punishments, and more. 92,000 copies in print.

ISBN: 978-0-7611-5041-1
No. 15041
Photos throughout; 224 pages; 6” x 6”
6-copy counter display: $59.70/$89.70 Can.
ISBN: 978-0-7611-5840-0
No. 18949

JEWISH AS A SECOND LANGUAGE
How to Worry, How to Interrupt, How to Say the Opposite of What You Mean
Molly Katz

Completely revised and updated. It’s everything from mastering the OAQ (Obsessive Anal Question)—They’ll de-ice the wings before takeoff, right?—to never, ever believing your mother-in-law when she says, Don’t bother driving me, I’ll take a cab, to The Art of Two-Person Worrying (Jewish Ping-Pong).

293,000 copies in print.

ISBN: 978-0-7611-5054-1
No. 15054
Black-and-white illustrations throughout; 152 pages; 5½” x 7½”
8-copy counter display: $79.60/$119.60 Can.
ISBN: 978-0-7611-5934-6
No. 25934

2 KINDS OF PEOPLE A Visual Compatibility Quiz
João Rocha

It takes all kinds of people to make a world. But maybe it really takes only two kinds. Like people who put ketchup on their fries, and people who put the ketchup on the side. An interactive visual personality quiz that’s as much fun as a game, 2 Kinds of People pairs choices having to do with food, home, technology, travel, and more. It’s the perfect icebreaker, a clever way to find out if you and your best friend, date, coworker, and/or person you just met in a bar are compatible.

Paper: $12.95/$18.95 Can.
ISBN: 978-0-7611-8727-1
No. 10727
224 pages; 5” x 7”

With cartoonish full-color illustrations accompanied by absurdly funny stories and droll observations, Some Very Interesting Cats . . . is a gallery of 100 impossible cat characters. Like the Alien cat, Xort. Or Mountain Climber cat, Snowball, and his route up the North Curtain to Mt. Bookcase.

Suzy Becker

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Suzy Becker
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**FAMOUS LAST WORDS**

_Fond Farewells, Deathbed Diatribes, and Exclamations Upon Expiration_

*Ray Robinson*

A collection of the notable last recorded words of the dying, _Famous Last Words_ is, unexpectedly, bursting with life; hope: I shall hear in heaven! (Beethoven); wisdom; and often laughter: I am in a duel to death with this wallpaper. One of us has to go. (Oscar Wilde).

**I LOVE YOU WITH ALL MY BUTT!**

_An Illustrated Book of Big Thoughts from Little Kids_

*Martin Bruckner*

Spirited declarations of personality—I'm training to be a wolf. The endearing mangling of language—Mommy, I don't need your mouth to talk to me right now. Only little kids, so earnest and unfiltered, could speak like this. And only a loving father with an artist's touch could make every word sing—Martin Bruckner's illustrations capture the hilarious things kids say in this sweetest of gift books for families and teachers.

**1,000 UNFORGETTABLE SENIOR MOMENTS* Of Which We Could Remember Only 254 SECOND EDITION**

*Tom Friedman*

The unforgettable best-seller repackaged in two color, with more than 20 percent new stories, in an even more vibrant and compellingly readable book. It's a fabulous and witty gift for anyone of a certain age, full of hilarious mental bloopers. 479,000 copies in print.

**THE LEXICON OF STUPIDITY**

*Ross & Kathryn Petras*

An overstuffed dictionary of quotes, banalities, actual book titles, menu items, TV listings, and more, each meeting one exacting criterion: They're so jaw-droppingly dumb you can't help but laugh. The comedy of the clueless. The giggly fun of celebrities, athletes, politicians, and other pompous types planting a foot (or two) firmly in mouth.

**PARENTING IS EASY You're Probably Just Doing It Wrong**

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PARTY LIKE A PRESIDENT True Tales of Inebriation, Lechery, and Mischief from the Oval Office
Brian Abrams; Illustrated by John Mathias
The Washington-to-Obama, vice-by-vice chronicle of how the presidents like to party. Illustrated throughout with infographics (James Garfield’s attempts at circumnavigating the temperance movement), comic strips (George Bush Sr.’s infamous televised vomiting incident), the book has the smart, funny feel of Mad magazine meets The Colbert Report. Plus, it includes recipes for 44 cocktails inspired by each chapter’s partier-in-chief.

THE YOGI BOOK
Yogi Berra’s off-the-cuff wisdom is the stuff of legend. Why never to give up. It ain’t over till it’s over. Advice on finding your way: When you come to a fork in the road, take it. The mind-body problem: You can’t think and hit at the same time. All the famous quotes are here, hand-picked by the author himself.

THE STUPIDEST SPORTS BOOK OF ALL TIME Hilarious Blunders, Blooper, Oddities, Quotes, and More from the World of Sports
Kathryn & Ross Petras
The thrill of victory! The agony of a tight jockstrap! And a celebration of true sports lunacy from the renowned connoisseurs of stupidity, Kathryn and Ross Petras—who happen to be diehard sports fans and now share the worst plays, most embarrassing achievements, least excuses. Improbable memorabilia. Looniest promotional giveaways: Win a free vasectomy!

THE COOKIE SUTRA
Edward Jaye
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Karen Salmansohn; Illustrated by Alison Seiffer
One of the funniest works on the sexes since James Thurber’s axiom “Men are dogs” was turned into a little handbook for women.

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Jim and Tim, The Duct Tape Guys
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THE STUPIDEST THINGS EVER SAID BOOK OF ALL-TIME STUPIDEST TOP 10 LISTS
Kathryn & Ross Petras
From the celebrated collectors of the stupidest things ever said comes the crème de la crème of stupidities, made even funnier and more compelling in an irresistible top 10 list format.
It’s time to put down the phone and: visit a botanical garden, create a palindrome, solve a brainteaser. A quirky compilation from a bestselling author and master list maker, it’s the book that encourages you to put down your phone and do one of thousands of richer, more interesting, more meaningful, and more fulfilling things instead.

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Scott Cohen

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YOU GOTTA BE KIDDING!
See page 58.

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See page 53.

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See page 53.
Steven Raichlen

Steven Raichlen is the author of the New York Times bestselling Barbecue! Bible cookbook series. Winners of 5 James Beard Awards and 3 IACP awards, Raichlen’s books have sold more than 5 million copies. His TV shows include Steven Raichlen’s Project Fire, Project Smoke, and Primal Grill, the French language Le Maître du Grill, and the Italian Steven Raichlen Grills Italy. The founder of Barbecue University, he was inducted into the Barbecue Hall of Fame in 2015. Steven and his wife, Barbara, live and grill in Miami, Florida, and Martha’s Vineyard, Massachusetts. Find him online at BarbecueBible.com.

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Steven Raichlen knows the pleasure men get from cooking—the joy of honing skills, the need to show off a little, the desire for excellence—and here he teaches everything a guy needs to achieve confidence in the kitchen. Learn the tools and techniques (it’s fun—it’s knives and fire and even a blowtorch) and essentials: how to shock an oyster, truss a chicken, cook a steak to desired doneness. 72,000 copies in print.

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workman 105
From Sarah Leah Chase comes a book that sings with all the flavors and textures of the beloved region, including a wealth of shellfish soups and stews and a full chapter celebrating lobster.

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How to Select, Prep, Slice, Dice, and Masterfully Cook Vegetables from Artichokes to Zucchini

Cara Mangini

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Lindsay-Jean Hard

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Paper over board:
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ISBN: 978-0-7611-9303-6
No. 19303

Full-color photos throughout; 216 pages; 7” x 9”
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David Solomonson & Lesley Jacobs Solomonson

You need only 12 bottles to make over 200 delicious, budget-friendly mixed drinks. Developed by two passionate cocktail lovers, this book is a tool kit, a recipe guide, a secret arsenal—with recommendations for budget, midrange, and premium bottles, plus contributions from celebrity bartenders and cocktail lovers.


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Jeff Alworth

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Bueno y Barato Alimentate bien a $4 al día Leanne Brown

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No. 18743

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ISBN: 978-1-5235-0083-3
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No. 18993

Full-color photos throughout; 224 pages; 8” x 8 1/2”
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WILL IT WAFFLE? 53 Irresistible and Unexpected Recipes to Make in a Waffle Iron Daniel Shumski

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Paper with stepback cover: $24.95/$37.95 Can.
No. 15669
Full-color photographs throughout; 496 pages; 7 1/8" x 9 1/8"

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Daniel Shumski

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247,000 copies in print.
ISBN: 978-1-5235-0206-6
No. 100206
Full-color photos throughout; 288 pages; 8" x 8 1/2"

UMAMI BOMB 75 Vegetarian Recipes That Explode with Flavor
Raquel Pelzel

Enjoy the bold, savory sixth taste of umami—without the meat! Ingeniously built around the use of eight umami-rich ingredients that include mushrooms, aged cheese, tomatoes, soy sauce, and caramelized onions, here are 75 recipes so sublimely delicious that you’ll do a double take. Part of the brilliance of Umami Bomb is how the author sometimes doubles and triples the umami bomb effect—like adding miso to an already cheesy cacio e pepe sauce for a vegetarian pasta on steroids, or grilling the fruit first to create an otherworldly Banana Split. Who doesn’t want that?

Paper over board: $19.95/$29.95 Can.
No. 100036
Full-color photos throughout; 256 pages; 6 1/4" x 8 1/4"

THE MOM 100 COOKBOOK
100 Recipes Every Mom Needs in Her Back Pocket
Katie Workman

The cookbook every mom needs, filled with delicious, easily adaptable recipes. The Mom 100 is 20 dilemmas x 5 solutions for each, from lunches they won’t throw out to fish dishes they’ll actually eat to healthy snacks and pretty-healthy desserts. Recipes include an inspired “fork-in-the-road” variation—how to keep it simple for the kids, then ramp up flavor for the grown-ups. 290,000 copies in print.

Paper: $19.95/$25.95 Can.
ISBN: 978-0-7611-6603-0
No. 16603
Full-color photographs throughout; 396 pages; 7 1/2" x 9"
cooking

STEAK AND CAKE
More Than 100 Recipes to Make Any Meal a Smash Hit  Elizabeth Karmel

Elizabeth Karmel shares more than 100 recipes that scream to be made, paired, and eaten with pure joy. How about a Cowboy Steak with Whiskey Butter followed by a Whiskey Buttermilk Cake? Or a Porterhouse for Two with Steakhouse Spinach and Wild Mushroom Sauté followed by My Mother’s Freshly Grated Coconut Cake? Not only will you find some of the best recipes ever for steak—and

TREAT YOURSELF! How to Make 93 Ridiculously Fun No-Bake Crispy Rice Treats  Jessica Siskin

MisterKrisp, aka Jessica Siskin, presents the perfect answer for any cook, crafty food lover, or creative parent looking to make crowd-pleasing and unique treats for birthdays, holidays, school events, and virtually every other occasion.

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THE NEW BASICS COOKBOOK
Julee Ross & Sheila Lukins; Illustrated by Sheila Lukins

In one spectacular volume, the authors celebrate the tastes, ingredients, techniques, and dishes that comprise the best of our cuisine. Includes: pastas, pizzas, Dayton’s best soups; salads; every kind of vegetable; grains; beans; seafood; the chicken and the egg; grilling—from risotto to surprise paella; beef, lamb, pork, game;

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Full-color illustrations throughout; 128 pages; 7½” x 10”
10-copy counter display: $119.50/$179.50 Can.
ISBN: 978-0-89480-313-0
No. 92313

BEN & JERRY’S HOMEMADE ICE CREAM & DESSERT BOOK
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DATE-ONOMICS
Jon Birger

It’s not that he’s just not into you—it’s that there aren’t enough of him. And the numbers prove it. Using a combination of demographics, statistics, game-theory, and number-crunching, Date-onomics tells what every single, college-educated, heterosexual, looking-for-a-partner woman needs to know: the “man deficit” is real.


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“IS THIS THING ON?” Abby Stokes

Like a personal trainer for the digital age, Abby Stokes is the hand-holding, motivating expert that newbies—specifically older newbies—turn to when they want to become digitally literate. And her “Is This Thing On?” is the epitome of user-friendly, covering tablets, apps, video streaming, social media, and much more. A companion website, AskAbbyStokes.com, includes video tutorials explaining the latest technologies. 280,000 copies in print.

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June Diane Raphael and Kate Black

Represent is a comprehensive, energetic, and inspiring guide, structured around a 23-point document called “I’m Running for Office: The Checklist.” Doubling as a workbook, it covers it all, from the nitty gritty of filing deadlines and managing social media to the larger issues of fund-raising.

Paper with lay-flat binding and rounded corners: $19.95/$29.95 Can. ISBN: 978-1-5235-0297-4 No. 100297 Four color with photos and illustrations throughout; 256 pages; 7” x 9”


THE ESSENTIAL GUIDE TO GETTING YOUR BOOK PUBLISHED
Arielle Eckstut and David Henry Sterry

The best, most comprehensive book for writers. Written by experts with 13 books between them, this nuts-and-bolts guide demystifies every step of the publishing process. There’s information on how to build up a following online: producing a video book trailer, and ebook pricing and royalties. Includes interviews with hundreds of publishing insiders. 88,000 copies in print.


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Brooke Gladstone

Every week, award-winning journalist Brooke Gladstone, from NPR’s On the Media, helps us understand how Donald Trump and his team of advisors managed to hijack the reality we thought we knew. Drawing on writers as diverse as Hannah Arendt and Philip K. Dick, this bracing—and ultimately hopeful—book shows exactly why so many of us didn’t see it coming.


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Daniel Joshua Rubin

In a masterclass of 27 lessons, drawn from 27 critical moments at the heart of 27 diverse narratives—from Hamlet to The Godfather, Harry Potter to an episode of South Park—Daniel Joshua Rubin unlocks the secrets of what makes a story work, and then teaches us how to understand and use each principle in our own storytelling. The result is a collection of priceless advice for writers, storytellers, filmmakers, video-game designers, podcaster, writing teachers, and anyone interested in how story works.

Paper: $19.95/$28.95 Can. ISBN: 978-1-5235-0716-0 No. 100716 Two color; 184 pages; 6” x 9”
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Craft a short pitch and always be prepared to use it. The art of writing killer résumés. How to dress for an interview—and why never to order linguine if they take you out to lunch.


THE ORAL HISTORY WORKSHOP Collect and Celebrate the Life Stories of Your Family and Friends Cynthia Hart with Lisa Samson

Cynthia Hart shows exactly how to collect, record, share, and preserve a family member’s or a friend’s oral history.


THE GIRL’S GUIDE Getting the Hang of Your Whole Complicated, Unpredictable, Impossibly Amazing Life Melissa Kirsch

Navigating the most stressful and personal subject matter with the humor of a recently been-there smart older sister, Melissa Kirsch is authoritative and compassionate, covering everything a reader needs to know—mastering your money, impressing the boss, dating, placating your overly anxious parents, grocery shopping like a pro, and so much more.

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Two color; illustrations throughout; 112 perforated pages; 11” x 14”

moviespeak

MOVIE SPEAK How to Talk Like You Belong on a Film Set Tony Bill

The secret language of movie-making is technical, odd, colorful, mysterious, and a window into what it’s really like to be on the set. From an Oscar-winning producer (The Sting) and director, this collection of film terms conjures all the fascination of the movies.


224 pages; 4½” x 6½”

CAMP GRANNY Wonder-Filled Activities to Turn an Hour, a Day, a Weekend into a Lifelong Memory Sharon Lovejoy

“For green grandparents everywhere and the young lives they touch.”—Richard Louv, author of Last Child in the Woods

Make leaf rubbings, blow jumbo bubbles, bake Moon Pizzas, create a firefly lantern. More than an activity book, Camp Granny is an interactivity book, filled with 130 projects that connect grandparents and grand-children through nature.


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POSTERS FOR A GREEN NEW DEAL Creative Action Network and Demand Drummer

Just as the Roosevelt administration used WPA posters to sell the New Deal and help pull the country out of the Great Depression, 50 powerful, original, and colorful posters from artists of the Creative Action Network rally support for and explain the goals of the Green New Deal—to create a green-energy economy, fight climate change, promote economic and racial equality, and so much more. “Powerful . . . artists translate these exciting ideas into images that move us all.”—Bill McKibben, bestselling author of Deep Economy.


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HOW TO SHOOT VIDEO THAT DOESN’T SUCK Steve Stockman

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Creative Action Network and Demand Drummer

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The Snail Soup Can Decoy: The Snappy Toast Rack: A Bunk Bed Communicator made from cardboard tubes. Clever, whimsical, and ingenious, here are 67 unique projects that will turn any dad into a mad scientist hero that his kids will adore. The projects are shown in full-color photographs, and the instructions are illustrated in detailed line drawings that exude the handmade ethos of a Boy Scout manual with a sly sense of humor that kids love.
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ISBN: 978-0-7611-7623-7
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THE COMPLETE BOOK OF CHALK LETTERING
Create and Develop Your Own Style
Valerie McKeehan

Learn the art of hand-drawn chalk lettering from an Etsy superstar. Master your ABCs, from basic styles—serif, sans serif, and script—to fun letterforms like Bubble, Spooky, and Vintage Circus. Discover how to play with chalk dust to add shadows and dimension, how to illustrate borders, banners, frames, how to embellish with flourishes, laurels, hearts, and arrows. Plus. The book is also a practice space, with three foldout “chalkboards”—the inside cover and foldout back cover are lined with blackboard paper. 152,000 copies in print.

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Photos throughout; 176 pages; 8½” x 10”
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No. 28698

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Sew 6 Patterns into 36 Different Styles!
Amy Barickman

It’s a magical illustrated guide to creating a one-of-a-kind wardrobe from six magic patterns. What makes a sewing pattern magic? It’s simple: One “magic” pattern can be transformed into six different looks. Even better—there are six magic patterns included, resulting in 36 different looks. Following each look are suggestions for specific fabrics, for a total of 216 garments and accessories. The skill level is basic, and patterns are bundled onto a CD in an envelope in the back of the book, and also found online (to be downloaded and printed out on 8½” x 11” paper).

Flexibound with CD for patterns: $22.95/$34.95 Can.
ISBN: 978-0-7611-7162-1
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Lorraine Massey with Michele Bender

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No. 18929
Full-color photos throughout; 208 pages; 7” x 8½”

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Paper: $15.95/$23.95 Can.
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Also available: CURLY KIDS: THE HANDBOOK

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Also available: CURLY KIDS: THE HANDBOOK

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Create and Develop Your Own Style
Valerie McKeehan

CURLY GIRL The Handbook
Expanded Second Edition
Lorraine Massey with Michele Bender
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A Step-by-Step Guide to 118 Amazing Tricks and Stunts
Larry Kay and Chris Perondi

Embark on a beautiful and meaningful adventure with your dog. This is the ultimate step-by-step, fully illustrated guide to teaching your dog 118 tricks and stunts using the power of positive reinforcement. Cowritten by two masters—Larry Kay, coauthor of the award-winning bestseller Training the Best Dog Ever, and Chris Perondi, owner and trainer for the “Stunt Dog Show,” which conducts over 1,000 performances a year—it’s organized from beginner (with simple tricks like fetching) to advanced (with stunts like vaulting, even riding a skateboard!), and is the best way ever to bond with your dog.

TRAINER THE BEST DOG EVER
A 5-Week Program Using the Power of Positive Reinforcement
Dawn Sylvia-Stasiowiecz and Larry Kay

“Best Training and Behavior Book of the Year”—Dog Writers Association of America

This program works whether you’re training a puppy or an adult dog, even one with behavior problems. Illustrated with step-by-step photographs, it teaches readers what a dog new to the family needs to know, from feeling comfortable in a crate to following basic cues like sit and stay and beyond. 219,000 copies in print.

ISBN: 978-0-7611-6885-0
No. 16885
Two color; B/W photographs throughout; 304 pages; 8” x 10”

AMAZING GRACIE A Dog’s Tale
Dan Dye and Mark Beckloff

She was the loneliest pup in the litter—a deaf and partially blind albino Great Dane. It’s a moving, funny, inspirational tale, from the fateful meeting to the eureka moment—out of necessity (Gracie’s dislike for commercial dog food). Dan teaches himself how to cook and launches Three Dog Bakery. 232,000 copies in print.

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Line drawings and photographs throughout; 256 pages; 5¼” x 7”

THE COMPLETE HEALTHY DOG HANDBOOK The Definitive Guide to Keeping Your Pet Happy, Healthy & Active
Betsy Breitz, DVM

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Jenny Langbehn; Photographs by Pat Doyle

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Carol Kaufmann

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ENGINEERING FOR CATS  Better the Life of Your Pet with 10 Cat-Approved Projects  Mac Delaney

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Full-color photos throughout; 224 pages; 4 1/2” x 6 1/4”

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The ultimate—and unexpected—guide to taking your cat into the wild. Here are cats hiking on a leash. Cats tramping through snow. Cats camping—even surfing. Written by animal writer and active hiker Laura J. Moss, it’s a collection of jaw-dropping photographs, inspiring stories of real-life cats, and all the how-to a cat owner needs, including how to leash-train a cat, what to do if you encounter wildlife on the trail, safety tips, and more.

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No. 220096
Heidi Murkoff

Heidi Murkoff is the author of the world’s bestselling pregnancy and parenting series, *What to Expect*. She is also the creator of WhatToExpect.com and the WTE app, as well as the founder of the What to Expect Foundation, a nonprofit organization dedicated to helping moms in need have healthy pregnancies and healthy, happy babies. In 2005, Heidi was inducted into the Books for a Better Life Hall of Fame, and *TIME* magazine named her as one of the 100 Most Influential People in the World for 2011. In 2013, the What To Expect Foundation and the USO created “Special Delivery”—baby showers hosted by Heidi and held at bases all over the world. Heidi and Erik have two children. Their daughter, Emma, graces the cover of *What to Expect When You’re Expecting* and the updated *What to Expect Before You’re Expecting* and *Eating Well When You’re Expecting*, and her son—and Heidi and Erik’s grandson—Lennox, is the charmer on the cover of the third edition of *What to Expect The First Year*.

*WHAT TO EXPECT® WHEN YOU’RE EXPECTING Fifth Edition* Heidi Murkoff

This constantly updated book is filled with must-have information, advice, insight, and tips for a new generation of moms and dads. Heidi Murkoff answers every conceivable question expecting parents could have with her trademark warmth, empathy, reassurance, and humor. Advice for dads is fully integrated throughout. All medical information is completely up-to-date, including the latest on prenatal screening and the safety of medications during pregnancy. Lifestyle trends are incorporated, too: juice bars, raw diets, baby bump posting, and more. Over 20 million copies in print.

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B/W illustrations throughout; 656 pages; 6” x 9”
Hardcover: $29.95/$43.95 Can. ISBN: 978-0-7611-8924-4 No. 18924

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Cynthia L. Copeland

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Carla Naumburg, PhD

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How much aerobics to do. How to calculate heart rate effectively. How hard to hit those intervals. The magic of dynamic warm-ups versus old-style stretching, and the key to pain-free joints for life. 61,000 copies in print.

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Sophie Egan

In this radically practical guide, sophie egan, an expert in health, nutrition and sustainability, helps us navigate the bewildering world of food by using three criteria—is what I’m about to eat good for me? Is it good for others? Is it good for the planet? And in doing so, covers everything: tips for buying produce, diet and cancer risks, the truth about sell-by dates, cutting down on food waste, the great protein myth, and more.

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Elle Luna

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Edward Rosenfeld; Foreword by Andrew Weil, MD

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workman 129
self-help

Austin Kleon

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*Austin Kleon*

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Good Night, Spencer (See page 27.)