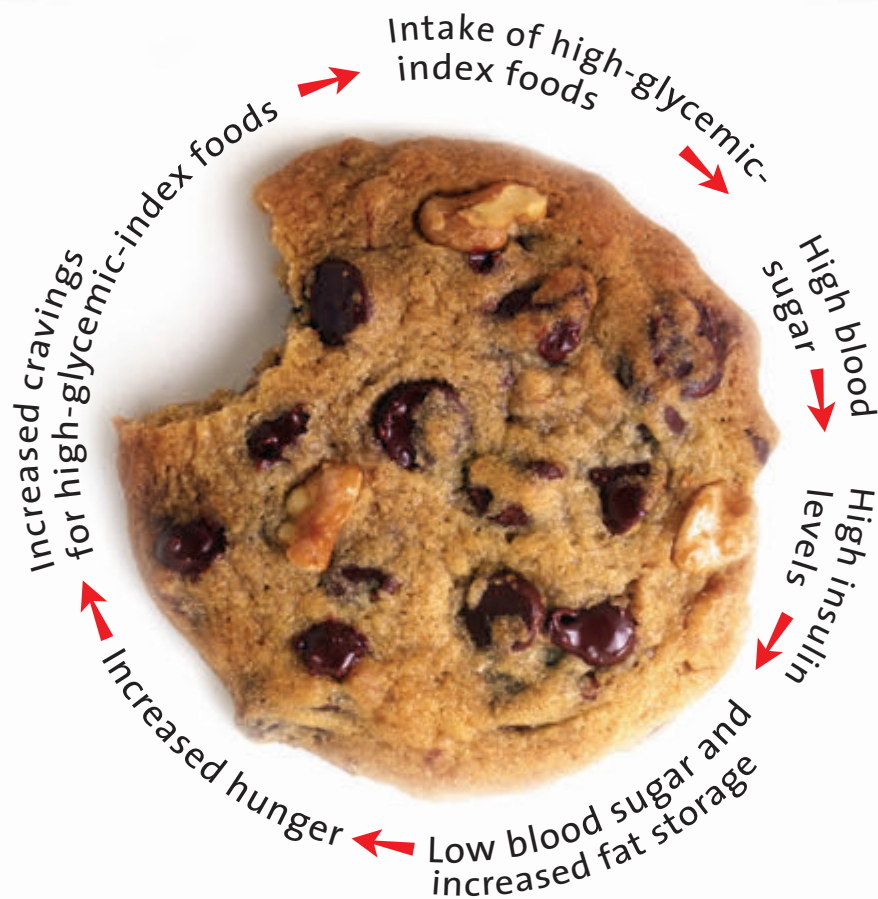


# You Can **Break** the **Vicious** Cookie Cycle



- ▶ Do you feel a lack of energy?
- ▶ Do you crave sweets?
- ▶ Do you always feel hungry?
- ▶ Do you eat more when stressed?
- ▶ Do you have difficulties losing weight?
- ▶ Do you eat fast food regularly?
- ▶ Do you primarily drink sweetened beverages?
- ▶ Do you skip meals?

Ask your healthcare provider how *FirstLine Therapy*® can benefit you.