

”Blessed are the meek...”



To the leader:

Open your group in prayer, and remember that this is only a guide. Feel free to discuss each of the provided questions in the notes, or simply dive deeper into just one. Before you close with prayer, take a few minutes to look over the Three Essential Questions at the end of the page.

On Sunday, Pastor Dave continued in our series about living a satisfied and fulfilling life by talking about meekness. We live in a world where the alpha dog climbs the corporate ladder. Our politicians are power brokers. People of privilege and position prey on the puny. It's a world where you are encouraged to find your voice and speak your mind. We're told over and over, "you do you." However, what if the world's view and displays of strength and confidence are all wrong? We learned that meekness isn't weakness and that you develop meekness by empowering others, communicating love, defusing conflict, expecting the best and trusting God.

"Meekness is not weakness."

- ◆ What are some of the ways that our society describes and portrays meekness?
- ◆ In what way have you discovered the strength in meekness?

I will develop meekness and gentleness by:

1. Empowering others
 - ◆ What relationship does meekness have with elevating others?

2. Communicating love
 - ◆ How easy or hard is it for you to communicate love to those around you?
3. Defusing conflict
 - ◆ How easy is it for you to add gas to fires rather than looking to put them out?
 - ◆ What steps do you need to take in order to be more like a bean bag chair than a concrete wall?
4. Expecting the best
 - ◆ How easy is it for you to hold grudges?
 - ◆ What is the godly perspective you should strive to have rather than lord-ing things over people?
5. Trusting God
 - ◆ How would you describe your need for Jesus when trying to live a truly satisfying and full life?

Now what?

- ◆ What steps are you going to take in order to find strength in meekness?

Three Essential Questions

1. **What did you hear?** *What point in this message was most impactful for you?*
2. **What do you think?** *How did this message challenge, change or affirm your thinking?*
3. **What will you do?** *How will you or your group put into practice what you've learned today?*