



”Blessed are those who mourn...”

To the leader:

Open your group in prayer, and remember that this is only a guide. Feel free to discuss each of the provided questions in the notes, or simply dive deeper into just one. Before you close with prayer, take a few minutes to look over the Three Essential Questions at the end of the page.

On Sunday, Pastor Bob continued in our Upside Down series where, over the course of several weeks, we are studying the beatitudes or the “blessed are...” statements in Matthew 5. This Sunday, Pastor Bob talked about when Jesus said, “blessed are those who mourn...”. This can initially be confusing because mourning doesn’t sound like something that we should be quick to do. However, the mourning that Jesus is talking about is having the right perspective of life in this temporary and broken world. It means that you understand that you live as a broken person and endure a broken world, that you love broken people and experience broken relationships and that you’re longing for a world that is no longer broken and get to experience the benefits of eternal life with God Himself!

“blessed are those who mourn, for they will be comforted.”

- ◆ Describe a time where, through mourning, you were comforted.

Let’s review the points from the message Sunday:

1. I live as a broken man and endure a broken world
 - ◆ What are some examples of the brokenness of mankind?
 - ◆ In what way is it important to understand that we are, by nature, broken people (Ephesians 2)?

2. I love broken people and experience broken relationships
 - ◆ How does Genesis 3 describe the immediate impact sin made on relationships and the world we live in today?
 - ◆ Although broken, in what way should our relationships, as Christians, differ from that of the world?
3. I long for a world that’s no longer broken and expect the benefits of eternal life.
 - ◆ In what way does the Bible describe the future that we have with Christ?
 - ◆ In what way is our perspective important when it comes to living in this broken world as followers of Christ?

Now what?

- ◆ Strive for the right perspective – life will never be perfect this side of Heaven. In the meantime, what are some ways that you are going to strive for God’s best in regards to your relationships with others?
- ◆ How are you going to allow your mourning for this broken world to impact the way you go about interacting with it?

Three Essential Questions

1. **What did you hear?** *What point in this message was most impactful for you?*
2. **What do you think?** *How did this message challenge, change or affirm your thinking?*
3. **What will you do?** *How will you or your group put into practice what you’ve learned today?*