



Conflict Matters

To the leader:

Open your group in prayer, and remember that this is only a guide. Feel free to discuss each of the provided questions in the notes, or simply dive deeper into just one. Before you close with prayer, take a few minutes to look over the Three Essential Questions at the end of the page.

On Sunday, Pastor Nick continued in our Family Matters series by talking about how conflict truly matters as does how we go about handling it. It shouldn't come as a shock to any of you that conflict is everywhere from our families to our workplaces, online etc. However, when it comes to our families, we need to fight FOR and not AGAINST them! Nick encouraged all of us to handle conflict in three ways: ask for help with self-awareness, affirm the relationship and address the issue and apologize and ask for forgiveness. We concluded by being encouraged to reflect on several questions: Is there someone I have hurt? Is there a difficult conversation I need to have? Is there someone I need to forgive? Is there someone I can serve?

"Fight for our families not against them!"

- ◆ What often causes fight and quarrels among you and those close to you?

Let's review the points from the message Sunday:

1. Ask for help with self-awareness
 - ◆ Do you find it difficult to admit your own wrongdoing in any given conflict?
 - ◆ How open are you to the constructive criticism from God and trusted friends/family members?

2. Affirm the relationship and address the issue

- ◆ How willing are you to have difficult conversations?
 - ◆ What significance does affirming the relationship bring to addressing any issue at hand?
- ### 3. Apologize and ask for forgiveness
- ◆ In what way is apologizing for someone's interpretation of what caused a conflict different than apologizing for the hurt they may have experienced?
 - ◆ Of what value does humility bring to a God-honoring apology?

"Your family's greatest conflicts can be the key that unlocks your family's greatest connection."

Now what?

Reflect on the following questions this week and even ask a trusted friend or family member to speak into your life:

- ◆ Is there someone I have hurt?
- ◆ Is there a difficult conversation I need to have?
- ◆ Is there someone I need to forgive?
- ◆ Is there someone I can serve?

Three Essential Questions

1. **What did you hear?** *What point in this message was most impactful for you?*
2. **What do you think?** *How did this message challenge, change or affirm your thinking?*
3. **What will you do?** *How will you or your group put into practice what you've learned today?*