

God's Care Changes Everything (“This Changes Everything” week #5)

MAIN POINT:

God genuinely and actively cares for you!

KEY VERSE:

“I lift up my eyes to the mountains— where does my help come from? ² My help comes from the Lord the Maker of heaven and earth.³ He will not let your foot slip—he who watches over you will not slumber; ⁴ indeed, he who watches over Israel will neither slumber nor sleep. ⁵ The Lord watches over you—the Lord is your shade at your right hand; ⁶ the sun will not harm you by day, nor the moon by night. ⁷ The Lord will keep you from all harm—he will watch over your life; ⁸ the Lord will watch over your coming and going both now and forevermore.” Psalm 121:1-8

BRING IT UP:

On Sunday, Pastor Nick continued in our This Changes Everything series by talking about God's care for us. Nick described the journey that we all are on in this unprecedented time and the anticipation and anxiety that we have all likely experienced. When this all be over? When can we get back to normal? Do you find yourself battling anxiety during these times? If you are honest with yourself, how is your faith during this time? Nick's encouragement Sunday was that God shows his care by giving power, support and protection. There is never a time where God isn't present in what's going on in your life. God will be with you both today, tomorrow and forever more! Knowing that God genuinely and actively cares for you changes everything!

- What was your biggest takeaway from the message Sunday?

TALK IT OVER:

- What was the favorite road trip that you have ever taken?

Part of the fun of road trips, or any other kind of extended journey, is the length. This isn't just a jog around the block but instead several hours to several days of getting away of the comfort of normalcy and refreshing yourself. It's not all easy though. Many road trips get the point of wondering just how long this is going to go and wishing that the journey would end. All of this is quenched when you experience the joy of reaching your destination. As with any journey in life, there are both highs and lows.

- We've already talked about the lows, but what have been some high points of this quarantine time for you and/or your family?

A big point that Nick made was that God is ever-present and always caring for you. During the grind of the journey, it may appear that He doesn't care and isn't involved in what's going on. However, the truth is that He wants nothing more than for us to succeed and He always offers us care, love and deliverance.

[Read Psalm 121:1-8]

- What benefit is there to "looking up" when you are in the midst of trouble?
- What promises are made to us as believers?

THINK IT THROUGH:

- Which one of the above promises sticks out to you the most? Why?
- What promise is made for God's future care and protection of us?

As hard as it may be to believe at times, God genuinely and actively cares for you! He shows that eternal care by giving us power, support and protection! Remember, nothing happens in this world and to you that hasn't passed through the hands of God. He's got you both now and forevermore!

WORK IT OUT:

- How are you going to remind yourself of God's care and provision for you the next time you find yourself needing the help described in Psalm 121?

As a group, take the Psalm 121 challenge and for 15-30 minutes this week, read the psalm and count the ways He is genuinely and actively caring for you!