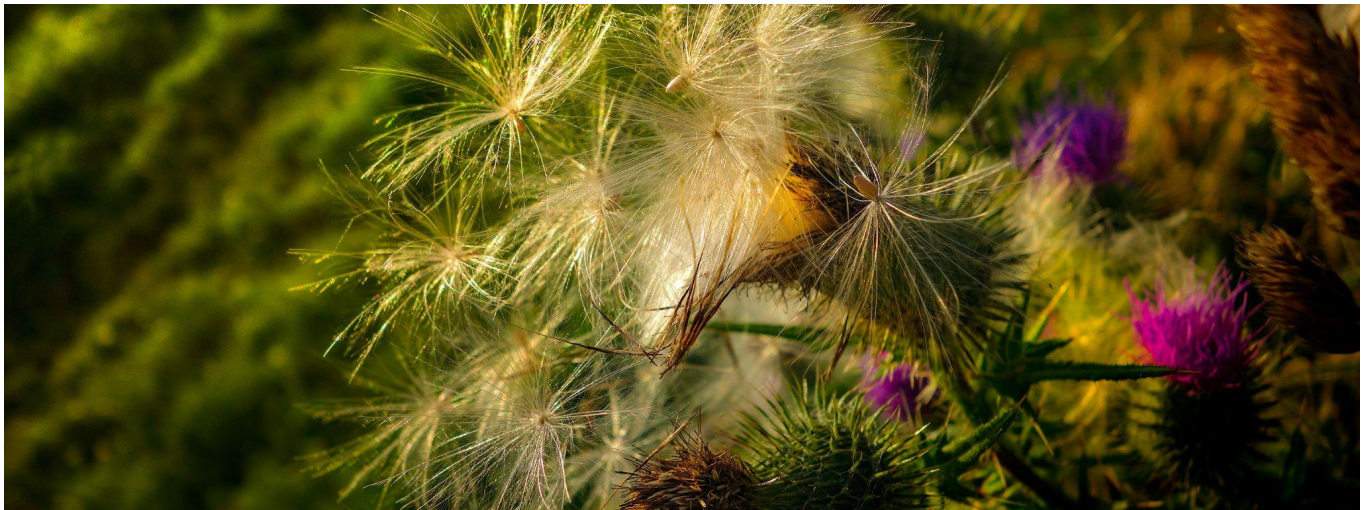


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Milk Thistle Formula

We are constantly fighting a battle against poisons in the body. Poisons and toxic substances are everywhere – in the food and drinks we consume, the air we breathe, the cleaning supplies and solvents we use, etc. The liver is what is keeping these poisons from overwhelming our bodies. The liver breaks down toxins in our bloodstream and converts them into less damaging substances that are stored or eventually flushed from our systems. The liver can however become damaged from too many toxins, especially from alcohol and drug abuse or long-term use of some medications. Liver damage can also occur from viruses, mushroom poisoning, cirrhosis, hepatitis and other liver diseases or dysfunctions. Milk Thistle Formula can be useful for cleansing and giving support to the liver. Herbalists have used milk thistle for thousands of years to feed the liver and cause it to dump out toxins.

Milk Thistle's traditional use as a liver tonic has been supported by research showing it contains constituents that protect and help clear the liver from a variety of toxic substances and chemical damage. Scientists have discovered that Milk Thistle contains a concentrated group of flavonoid compounds, especially a combination of these known as silymarin. Studies have confirmed that silymarin benefits the liver in many ways. First by binding to the membranes of liver cells and creating a tough shield so that toxins have a more difficult time penetrating cell walls. If toxins do make it into the cells and cause damage, silymarin stimulates the liver to speed up production of beneficial enzymes and proteins to replace dead or damaged cells with new cells. It also acts as an antioxidant to protect liver cells from free radical damage and boosts the liver's ability to filter toxins from the blood.



***These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.**

Sources: R Garden 5.2018