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Herbs for Brain Coordination

Excerpted from the copyrighted works of Dr. A. B. Howard:

TO COORDINATE BRAIN AND SPEECH FOR BETTER VERBAL EXPRESSION

1. Take 40 to 80 drops three times per day of the following:

A. WORMSEED herbal extract helps with coordinating the brain and speech for better verbal expression.

B. SCULLCAP herbal extract to repair and regenerate the nerve tissues and calm the individual.

- NOTE: Scullcap herbal extract can be used in larger amounts for repair AND regeneration of the nerve tissues, however, keep in mind that it is nervine and calms the person. Maintain a balance between calming and repair. Historically, when Scullcap is used over a long period of time, the nerve tissues are repaired and regenerated. Also keep in mind that brain tissue takes longer to regenerate than other nerve tissues in the body, so persist until it does work.

C. HERBAL ADJUSTMENT herbal combination improves circulation of the entire body.

- NOTE: You may put the herbal extracts into a cup of water (especially when taking Herbal Adjustment herbal Combination as it is "hot") and drink them all together, repeat this three times per day. In addition to OR instead

of taking them internally, Scullcap herbal extract and Wormseed herbal extract can be rubbed on the back of the neck, the inner thighs, the temples, or on the inner upper arm three times per day for absorption into the body.

2. If the head was bumped/injured at one time, rub ARNICA herbal extract on the area of the head, that was injured and any other spot that remains sore or painful, each time you take the Wormseed herbal extract and Herbal Adjustment herbal combination.

- NOTE: Take care not to get Herbal Adjustment herbal combination or Oil of Cajeput herbal extract into the eyes or on private areas, as intense heat and stinging sensations can occur. No permanent harm will be done, so please do not panic if 3 occurs. Flushing with water helps, but time is the best remedy.

3. After the speech is coordinated with the brain activity, continue to take 40 drops each day of the Wormseed herbal extract and 40 drops of Herbal Adjustment herbal Combination, in juice, as maintenance.

4. Bowel management program - To eliminate waste efficiently and prevent the reabsorption of waste by the body.

Optional:

5. To rid the body of "uninvited guests" (fungus, bacteria parasites) see the H.R.G. Library materials on:

"CANDIDA YEAST" AND "FUNGUS" TYPE PROBLEMS ACIDOPHILUS SUPPLEMENTATION (Note: acid-loving, "friend bacteria") PARASITE REMEDIES - These "uninvited guests" can be the cause of the brain not working the way it was designed to. Lack of clarity and coordinated brain function can result because of the deterioration and poisons the caused.

6. For overall repair of the body including the brain and nerve tissue, take OL#11 (OLD NUMBER 11, an herbal combination repair) one teaspoon to one tablespoon three times per day.

***These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.**

Source: Excerpted from the copyrighted works of Dr. A.B. Howard