

2018 OUTDOOR ADVENTURE



High-five a plant

Find & give away
a nature
treasure

Go out and spread
seeds

Feed the birds
or make a
birdhouse

Make a nature
wand & use it to
make a wish
for someone.

Play with a friend
outside

Welcome the
new moon and
set an
intention

Take a walk
& let your
children lead

Decorate an
outdoor tree

Make a nature
craft to
give away

Decorate a rock
& leave it
somewhere

Hug
a tree

Toast to someone
with a hot
drink outside

Leave a piece of
land art for
someone
to find

Make treats
or do
something
nice for a pet

Go outside & take
3 deep breaths

Watch the sunrise
or set together

Clean
something
in nature

Make a grass
or snow
angel

Make or
leave something
for the fairies

Light a candle
or lantern &
welcome back
the light!

Save a bug

Howl at the
Full Cold Moon

Make a wish
upon a star

