



Take Up Your Cross (Matthew 16:24)  
Pastor Mark Pope | June 6 & 7, 2026

1. How do you handle suffering? How did this message change your perspective?
2. The way in which we endure suffering matters. Why?
3. Jesus suffered mostly silently, without whining, griping or blaming. Why do the rest of us tend to do these things when we are in pain?
4. Read John 19:26-27. When Jesus suffered, he was still aware of others. Who in your life needs some attention from you?
5. How should you adjust your response to difficulty in your life?
6. God has equipped us to deal with suffering AND do great things. How has God brought about good in the world from suffering? How has He used it in your life?