



Quiet in a Noisy World (Matthew 6:6-8)

Pastor Steve Huffman | September 19 & 20, 2026

1. What demands your attention on a daily basis? How do you approach finding your "quiet" place?
2. Read Matthew 6:6-8; 31 What encouragements do you find from this passage of scripture?
3. What things interrupt your quiet time? How easily are you distracted? Are you able to identify it quickly?
4. Read Isaiah 30:15. What does this verse teach us about finding rest and renewal in God? What practices help you slow down and reconnect with Him?
5. Pastor Steve suggested several options for quiet time, including repeating a short prayer, praying the Lord's Prayer, and praying Scripture. Are any of these practices already part of your routine? How could you incorporate one of them into your quiet time this week?
6. What part of this sermon did you find challenging? What part will you begin to apply to your daily walk?