



Gouge It Out (Matthew 5:27-30)
Pastor Steve Huffman | June 13 & 14, 2026

1. Is there a food item that is difficult for you to stop eating when you should. What do you think makes that item so hard to put down?
2. Look at James 1:13-15. This scripture refers to human desires, what does this passage of scripture teach us about temptation?
3. What are you tempted by? Scripture us gives strong advice about dealing with our temptations. How should we follow through with Jesus' instructions? (Matthew5:27-30)
4. Read 2 Peter 2:14 (NLT). How real is this "desire for sin" in every person's life? How can we live up to Jesus' higher standard of keeping ourselves far from temptation?
5. Do you believe that resisting temptation requires aggressive action? Why or why not? What excuses do we make for NOT taking aggressive actions against temptations? WHY do we often make excuses for not resisting temptations? Why don't we take aggressive steps to resist them?
6. Two of the five tools Pastor Steve gave us included submitting to God and resisting the devil. How can you better submit your life to God? How can you better resist the devil?