

SONS + DAUGHTERS

OF GOD

Spiritual Drift: Causes of the Distracted Life

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1. Have you ever discovered yourself off track because you got distracted by something? What happened?
2. Have you ever seen or experienced spiritual wandering? What do you think was the cause?
3. Mark mentioned that we need to be cautious around certain people to avoid spiritual drift. Are there people in your life you need to be cautious of? Who are they? In what ways can you show them the love of Jesus and still be careful of the opposition they bring to your spiritual walk?
4. The people we need to be cautious of often offer us unhealthy invitations to either “feel good”, “make money”, “get yours” or “just talk”. Have any of these trapped (or are currently trapping) you? Which invitation are you most susceptible to and why?
5. In 1 Chronicles 20, it tells how David was at risk because he stayed home instead of going to war. Are you “not doing things” you should be doing and risking spiritual drift? What are those things? What needs to change in your life or on your calendar so that you are doing the things that would eliminate that risk?
6. What kind of significant spiritual activity are you currently engaged in? What else could you add?
7. Mark explained that one of the reasons he hasn’t wandered too far from his spiritual lane is that he regularly recommits to following Christ. What do you think of his idea to do this? Have you ever recommitted your spiritual walk to Christ?
8. “Doing” is a part of our spiritual DNA. This week, what is the next thing you need to “do”?