

# DEEP

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## **Spiritual Responsibility: Developing Our Self-Feeding Skills** **– Pastor Matt Poorman** **March 17 & 18, 2018**

1. Pastor Matt shared that according to a 2017 American Bible Society report, 50% of all Americans are “Bible users” – they engage in reading, listening to or praying with the Bible on their own at least three or four times a year. Does that statistic surprise you? Why or why not.
2. Based on the opening video Pastor Matt used, discuss why you think it gets messy when others try to feed you. How can this apply to spiritual matters?
3. Life is better when we’re full. Reflect on the concept of family dinners in which we nourish the relationships we have while we nourish our bodies. Read Matthew 6:11 and then make a list of the daily spiritual disciplines we should make a priority to feed on. In which of these areas do you need to focus more intentionality and intensity? How can you rearrange your schedule, activities, and relationships to fill up on this “daily bread”?
4. Pastor Matt said, “In order to go deep, we have to dig”. This requires time, effort, and action like reading the Bible, praying, and telling others about our journey. Why do we sometimes shy away from this type work?
5. Read Philippians 2:12  
How do you work out your own salvation? Why would this involve fear and trembling?
6. We are designed for real growth that demands we go beyond simple life hacks. We have to have a depth of desire to grow in this way. What are two or three areas in your life in which you have a desire for more spiritual growth? What are some practical steps you can take to dig deeper into these areas?
7. Sometimes, we just become way too comfortable in our lives, or else we fill up but allow the Holy Spirit to leak out of us without planning when or how to get replenished. We need some desperation in our lives to drive us towards deep growth. What do you personally need to do to be desperate for God? How can you take this desperation decision and design a growth plan from it?