

# Discovering Joy

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## **Mother's Day: Delighting in God** **Pastor Kathy Smarrella** **May 9 & 10, 2020**

1. Pastor Kathy opened the talk by discussing things that brought her joy growing up. What brought/brings you joy?
2. Read Psalm 37:1-8  

The message this week was on delighting in God. What are your initial thoughts on taking delight in the Lord? Do you often delight in the lord?
3. The first point in the talk was “we will find more delight in the Lord if we check our hearts.” Why do you think it might be important to check our hearts while knowing the Lord wants to fulfill our desires?
4. Pastor Kathy pointed out that getting the desires of our hearts has little to do with external things and everything to do with our relationship with God. Do you agree? Why or why not?
5. Read Philippians 4:12-13  

Paul is talking about his recipe for contentment. What is your recipe for contentment/happiness?
6. Pastor Kathy wrapped up her talk by giving four tips for “hanging” out with God (Commit to Him, Trust Him, Slow down, and Stay calm). Of those four tips, what area are you doing the best? What area could use improvement?
7. How are you doing when it comes to hanging out with God? What are some ways that you can include Him more in your life?