

Missing Pieces: Spiritual Resilience

Pastor Mark Pope

October 12 & 13, 2019

1. Pastor Mark shared a story of a football player who retired at age 29. Have you ever heard of someone retiring so young? What thoughts does that bring to your mind?
2. What is one area of your life where you feel like you have solid endurance? This could be with physical exercise, your marriage, work etc... Is there an area where you struggle with endurance?
3. Have you ever been through a season of life that made you quit? What kind of things led up to that happening? What changed to make you want to press into God again?
4. Read John 6:51 & Luke 9:57-62
Pastor Mark stated that the long-term spiritual life requires enduring some hard teaching. When you look at these verses, what makes the teaching hard? How should we handle these hard teachings?
5. What happens when we don't quit, and we choose to be resilient? Do you think the reward outweighs the struggle?
6. Some people find it difficult to follow God because He does not "bend." Why is this actually a positive?
7. Why is it important to endure tension, even in difficult situations? How does this grow us in our spiritual resilience?
8. What does it mean to submit to the lordship of Jesus? What does this practically look like?
9. What can you do this week to build your spiritual endurance and become more resilient in your faith?