



Holistic Actions!
FOR COMPANION ANIMALS

Preventing and Managing Respiratory Diseases Like Flu, Kennel Cough & Asthma



MODULE 5

Holistic and Homeopathic Care
for Respiratory Conditions

In Module 5 You Will Learn:

1. Why your pet's individuality is so important for natural dis-ease resistance
2. Holistic and homeopathic methods for prevention and management of dis-eases
3. Preventing progression of dis-eases
4. To put all of the information together





Use B.E.A.M. for Symptom Context





Embrace Symptoms





Look for Symptom Clues



Look for changes

Quantify all symptoms

Better or worse (modality)

Non-respiratory concomitant symptoms



"The old records, showing the triumphs of homeopathy, should be brought forward and placed again and again before the public..."



“No patient needs to die from pneumonia”



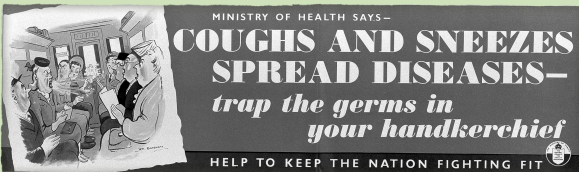
Vitality & Balance Using Homeopathy 6/23-24/18

Welcome!

This is the replay of the in-person and online live seminar. The venue is Dr. Jeff's home in beautiful Weston CT. The seminar took place over the first weekend of summer.

Watch online or download podcast-sized audio pieces to listen to in the car or as you walk your pups (audio and video downloads are in MATERIAL DOWNLOAD section).





Prevent Progression





Surgery for my flat face?



Happy After Homeopathic Treatment



Observe and Describe Symptoms

Put Them in Context With BEAM

Look Them Up in Repertory

Research Remedies in Materia Medica



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Modalities Often Most Useful Guides



Kennel Cough:

Aconite, Drosera, Hepar, Ipecac, Lachesis,
Mercurius, Pulsatilla, Spongia, Phosphorus,
Sulphur



Feline Upper Respiratory "Infections":

Aconite, Arsenicum, Belladonna, Euphrasia,
Mercurius, Phosphorus, Pulsatilla, Sulphur, Thuja



Canine Influenza Virus (CIV):

Aconite, Arsenicum, Belladonna, Carbo veg,
Gelsemium, Kali bichromicum, Mercurius,
Phosphorus, Pulsatilla, Sulphur





Cheers and Kennel Cough



Symptoms:

BEAM 100%

2x retching cough with white foam



Context:

Recent exposure to Kennel Cough during training



Does Cheers need an emergency vet visit?



STOMACH - RETCHING - cough,with: (70)

Ambr.. Apis Arg-n. Borx. brom. Bry. bufo CARB-V.
carbn-s. caust. cench. cham. Chin. chinin-ar. chlor.
cimx. CINA Coc-c. crot-h. crot-t. cupr. Daph. DROS.
dulc. ferr-m. hell. HEP. Hyos. ign. lod. Ip. Kali-ar. kali-bi.
Kali-c. kali-i. Kali-s. Kreos. Lach. lob. lyc. mag-m. mag-
p. Merc. mez. Nat-m. NIT-AC. Nux-v. Ol-j. plan. PULS.
ruta sabad. sang. Seneg. Sep. Sil. Squil. stann. Sul-ac.
sulph. Tab. tarent. thuj. verat.



Drosera (Common Sundew) -1

Hacking and retching

Deep, almost abdominal coughs

Hoarseness and laryngitis

Violent, spasmodic spells of cough



Drosera (Common Sundew) -2

Inducible cough from touch or barking

Worse lying down

Worse at night

Better in open air



Arsenicum album (Arsenious acid) - 1

Dry—>Loose Asthmatic coughs

Wheezing

Head held low and neck stretched out

Periodic recurrences, especially every 7-14 days



Arsenicum album (Arsenious acid) - 2

Acrid discharges

Restless - moving from spot to spot

Thirsty - drinking may trigger cough

Chilly, so symptoms often better from warmth

Worse from midnight to 2 AM



Aconitum napellus (Monkshood) - 1

Sudden onset - acute

Dry, hoarse or croupy cough

Inducible cough (e.g. Kennel Cough)

Restless



Aconitum napellus (Monkshood) - 2

Thirsty

Fearful and onset after a fright

Bloody expectoration

Onset after being chilled, cold wind

Worse night and after midnight



Holistic Actions:

Aconite 30c 10/1 tsp. 12 hours apart

Throat Coat tea + Manuka honey

Rest (skipped next day of training)





Archie and Canine Flu



Symptoms (external):

BEAM 75%

Green bilateral eye discharge from inner corners of eyes

Hourly moist cough

Severe reverse sneezing



Symptoms (internal):

Fever

Respiratory rate = 30 (congested)

High WBC



Context:

Recent adoption/stress, "allergies", and exposure to other dogs in indoor facility



Is this an Archie emergency?



EYE - DISCHARGES - of mucus or pus: (76)

Agar. ,Apis Arg-n. Aur.. Bry. Cadm-s. **CALC.** CALC-S.
Carbn-s. **CAUST.** Cham. Chel. Chin. Chlor. clem. **Con.**
Euphr. Ferr. Graph. Hep. Hydr. Ip. Kali-c. Kali-i. Kreos..
Lith-c. Lyc. **MERC.** Nat-act.. Nat-m. Nux-v. **PULS.** Sanic.
Sil.. Sulph. **TELL.** Thuj.



THROAT INTERNAL - SPASMS,spasmodic
constriction,convulsion,etc.: (35)

Ant-c. Arg-n. Bell. Calc. CHAM. Cic. Cocc. Con. Cupr.
Gels. Graph. Hyos. IGN. Iris Kali-i. Lach. LAUR. Lyss.
Nux-v. STRAM. STRY. Sulph. Zinc.



Belladonna (Nightshade) - 1

Sudden Onset

Violent, dry, spasmodic cough

Hoarse or high pitched bark or meow

Expectoration with some blood



Belladonna (Nightshade) - 2

Worse with motion - lies in one spot

Worse at night

Anxious and/or aggressive - dilated pupils

Fever with sweating paws



Belladonna (Nightshade) - 2

Worse with motion - lies in one spot

Worse at night

Anxious and/or aggressive - dilated pupils

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Pulsatilla (Windflower) - 1

Discharges thick, creamy, white, yellow or green, bland (not irritating and no odor)

Less discharge when outdoors

Nostrils may be blocked, so open mouth breathing (Ars)

Itchy eyes or nostrils



Pulsatilla (Windflower) - 2

Sweet, clingy, better from consolation

Better when head elevated or when sitting up

Thirstless

Worse warmth and indoors, better from open air and outdoors

Changeable symptoms



Holistic Actions:

Pulsatilla 200c followed by Sulphur 200c

Coupage 3x a day

Rest, vitamin C and fluids



coupage video





Rosie and URTI



Symptoms:

BEAM -? (runs and hides)

Paroxysmal sneezing

Greenish discharge in both eyes
(cleaned whenever possible)



Context:

Recently trapped from a feral cat colony

New home is a rescue shelter in FL



NOSE - SNEEZING - paroxysmal: (23)

Agar. Gels. Ip. Kali-i. Nat-m. Rhus-t.
Sabad. Stram. Sulph.



EYE - DISCHARGES - of mucus or pus: (76)

Agar. Apis Arg-n. Aur. Bry. Cadm-s. CALC. CALC-S.
Carbn-s. CAUST. Cham. Chel. Chin. Chlor. Con. Euphr.
Ferr. Graph. Hep. Hydr. Ip. Kali-c. Kali-i. Kreos. Lith-c.
Lyc. MERC. Nat-act. Nat-m. Nux-v. PULS. Sanic. Sil.
Sulph. TELL. Thuj.



Mercurius solubilis/vivus (Mercury) - 1

Discharges - foul odor, greenish, acrid, bloody

Squinting of eyes from light (photophobia)

Spasms of eyelids

Ulcerative lesions and sneezing blood



Mercurius solubilis/vivus (Mercury) - 2

Sun triggers sneezing

Straining

Irritable

Worse warmth AND cold

Worse evening and night



Phosphorus - 1

Nosebleed of bright red blood

Discharges have blood or blood streaks

Thirsty but cough or dyspnea stops them

Dyspnea and pneumonia

Thirsty for cold water



Phosphorus - 2

Vomiting water a few minutes after drinking

Worse in cold air

Clingier and seeking petting

May lie in one spot but welcomes company



Holistic Actions:

Mercurius 30c 10/1 twice daily (in food)

Cage rest and isolation

Vitamin C and extra fluids in food





Isis and Asthma



Other Helpful Home Holistic Actions:

Flower Essences

Reiki

Massage

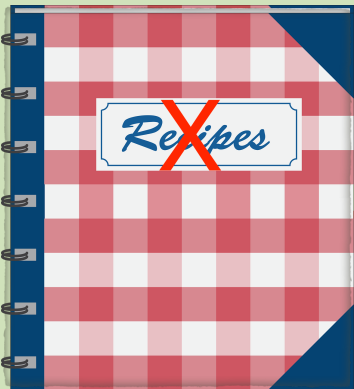


Other Helpful Home Holistic Actions:

Acupressure

Supplementation





No "Cookbook" Treatments



Take a Step Back

Keep an Open Mind

Look at Context



Observe Symptoms

Describe Them in Detail

Treat the Underlying Imbalance

Evaluate Treatment Response



