




Holistic Actions!
FOR COMPANION ANIMALS

The Ultimate Holistic Action!
for Urinary Symptoms?



Holistic Actions!
FOR COMPANION ANIMALS

Homeopathic Treatment!



Holistic Actions!
FOR COMPANION ANIMALS

Today We Will:

Quickly Review using HMDM for Urinary Symptoms.

Discuss the Top 11 Homeopathic Medicines

Learn How to Dose



Holistic Medical Decision Making HMDM for Cystitis Symptoms



1. What is Your Goal? Eliminate Symptoms Quickly?

or Get **Back in Balance**



Cystitis Symptoms Include:

Urinating Outside the Litter Box
Frequent Trips Outside or to the Box
Straining or Crying Before, During or After Urination
Drinking More Water
Hunched Up When Urinating
Blood in the Urine
Abnormal Urine Odor
(sometimes only smelled by other animals)
Licking their genitals



HMDM-What to Do? Get Specific!

Urination - Pain? Straining? Location?

Urine - Bloody? Color? Odor?

Physical - Change in Penis, Vulva, etc.?



HMDM Focuses On Symptoms That Are:

1. Problematic
2. Persistent
3. Prominent
4. Peculiar



HMDM Step 2 Research Home Testing for Further Symptom Definition:

Use Urine Test Strips for Home Monitoring
of pH, Microscopic Blood & Protein



Possible Cystitis Triggers-susceptibility

1. Environmental Changes
2. Dry or Processed Food
3. Vaccinations
4. Suppression of Prior Symptoms



HMDM - More Symptoms & Context

BEAM - Behavior, Energy, Appetite, Mood

EWS - Early Warning Signs

Symptoms Elsewhere in the Body



Use BEAM For Clarity About Symptoms



Symptom Context Continued:

Modalities and Concomitants



Modalities are Symptom Modifiers & The Best Indicators of Individuality

Keep Notes of When (and Why) Symptoms are > or <

Like the dog Who Asks to Go Out and Pee Urgently
at 4am and 4pm





Concomitants are Non-Urinary Symptoms Occurring at the Same Time as the Urinary Ones.

These could be physical or behavioral like urinary symptoms with bowel or appetite problems or “every time my cat has UTI, he becomes very grumpy...”



Concomitant?



Repertory Rubrics for Internal and External Symptoms Including:

Crystals and Stones

pH

Urine Description (pus, thick, mucus, odor, concentration-color, etc and sediment-sand, red)

Sugar



Further Describe Symptoms to Treat Your Pet's Totality (individuality):

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	7	6	5	5	5	5	4	4	4	4	4	4	4	4	4
	13	11	10	9	9	8	8	11	11	10	9	9	8	8	7
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
1. 11/18/17															
> 1. BLADDER - URINATION - dribbling (168)	2	1	3	1	1	2	2	3	3	3	3	3	2	1	2
> 2. BLADDER - URINATION - dysuria - painful (107)	1	2	2	2	1	2	2	3	3	3	3	3	2	1	2
> 3. MIND - SHRIEKING - urination - before (10)	3	1											1		
> 4. URINE - BLOODY - clots (77)	2		1	1	1										
> 5. URINE - BLOODY (174)	2	2	3	3	3	2	2	3	2	3	3	2	2	3	3
> 6. STOMACH - THIRST - large quantities; for (88)	1	2	1		3	1	1	2	3		1		1	3	3
> 7. BLADDER - URINATION - urging to urinate - in... (5)	2	3		2				1							



HMDM 3 - Breathe, Paws Then "Just Do Something"

First Decision - Is This an Emergency?

or Continue to Evaluate, Support and Stimulate Healing With Homeopathy?



Recognizing Emergencies! Go to the Veterinarian NOW.

Straining but no Urine Passed in 24 Hours

Vomiting, Lethargy and Not Eating with or Without Straining

Large Amounts of Blood or Clots in the Urine

Engorged or Painful Penis



Homeopathic Medicines

Each remedy has been shown to cause and cure thousands of symptoms and signs.

Some have a broader range of action than others, so a longer list of symptoms.

A few are presented to get you started learning how to make a homeopathic “diagnosis”.



Aconite: Monkshood (plant)

1. Sudden and Intense Urinary Symptoms
2. Sudden Pains and Restlessness
3. Increased Drinking
4. **Fearful**
5. < Cold Wind (or draft)



Cantharis: Spanish Fly (animal)

1. Frequent Urging to Urinate
2. Straining to Urinate
3. **Dribbling** Drops
4. < Hearing or Seeing Running Water



Dr. Chambreau's Conventional Cat Cantharis Case

Multiple antibiotics constantly and daily for three years for "bladder issues".

Cantharis 12c daily for 2 weeks.

Antibiotics successfully weaned and stopped.



Sarsaparilla: (plant)

1. Difficult Urination
2. **Standing** to Urinate
3. Dribbling Drops
4. << End of Urination



Nux vomica: Poison nut (plant)

1. STRAINS Before/During/After Urinating
2. Diarrhea or Vomiting with Urinary Sx
3. Urinary Symptoms After Drug Use
4. > **Isolation** and < Being Disturbed



Belladonna: Deadly Nightshade

1. Sudden and **Intense** Urinary Symptoms
2. Agressive and Snappish
3. Dilated Pupils
4. Moaning
5. > Lying Quietly



Pulsatilla: Wind Flower

1. Milder Often Intermittent Urinary Symptoms
2. Frequent Unsuccessful Urination
3. Thirstless
4. Leaking Urine and Involuntary Urinations
5. > **Consolation-Clingy**



Arsenicum album: Arsenic (Mineral)

1. Restless with Urinary Symptoms
2. Frequent Unsuccessful Urination
3. Increased Thirst for small sips often
4. Anxious and Reactive
5. > **Heat**



Sulphur: (Mineral)

1. Red Tip of Penis, Vulva or Lips
2. Frequent Urination
3. Licking Penis or Vulva (**itchy**)
4. Strong-Smelling and Bloody Urine
5. < Heat



Phosphorus: (Mineral)

1. Bloody Urine
2. Drinks Larger Amounts
3. Vomiting and Regurgitation with Urinary Sx
4. Reactive, Fearful, Separation Anxiety
5. > **Consolation-Clingy**



Lycopodium: (Mineral)

1. Bloody Urine
2. Appetite Changes (both pickier and voracious)
3. Burping, Passing Gas and Gurgling Belly
4. Stool Changes (diarrhea and constipation)
5. **< 4-8pm and/or 4-8 am**



Thuja: Arborvitae (Plant)

1. Dribbling Urination
2. Forked Stream of Urine
3. Greenish Yellow Urine or Penis/vulva Discharge
4. Pain (licking) at the End of Urination
5. **< After Vaccination, > Heat**



Dosing the Homeopathic Medicines

Based on the Speed of Onset and Intensity of the Symptoms

The More Acute and Severe, the More You Dose

The Best Source and Potency Depends on Availability



Dose in Water When Possible

Succuss 10x and give 1 tsp.

Much More on Dosing in Your Resource Area



The Cases of Tom and Jerry-1:

They both had a history of sporadic UTI (usually with bacteria and crystals) and were indoor cats. Jerry began to be very passive aggressive after his 10-year-old set of vaccines. He acted like a bully to Tom, though would retreat if the client yelled at him. He also began having milium dermatitis over the rear part of his body and episodes of gassy diarrhea. He blocked and the client was able to catheterize him and flush. The skin worsened and the stool became very erratic, soft to hard, with frequent out of box issues. He began being a bully to his owner. Lycopodium was prescribed one dose of 200c



The Cases of Tom and Jerry-2:

Within a week he was returning to his gentle, loving, non-bully behavior and the stools began to normalize. The skin worsened (a good sign of exteriorization of the disease) and then a stray cat took over their yard. He began with UTI and within 2 days (before she contacted me for further homeopathic remedies) he blocked again and was successfully catheterized. Treated with repeated doses of Lycopodium and over the next year he steadily became symptom free. When she saw him begin to bully, she would give a single dose (less than once a year) and he never had any form of LUTD and lived to age 20.



The Cases of Tom and Jerry-3:

Tom was a very sensitive cat who allowed the bullying, would hide from Jerry, visitors, house noises, thunderstorms. His UTI history included a lot of blood in the urine. He also vomited hair balls several times a week and when ill with LUTD he became thirsty for a lot of cold water (running faucet). He was treated with Phosphorus and was becoming more confident when he blocked and the clinic was unable to catheterize him did an emergency PU. His recovery was slow and if he got at the stitches there would be bleeding. His behavior reverted to timid and it took many changes of homeopathic remedies over 4 years before he could be considered healthy.



Sherry Asked About Cypress:

What would frequent squatting to urinate, but not necessarily voiding anything + long periods of time without urinating, indicate?



A Skunk (or Justin?)



Lorraine Asked About Justin:

Since adopted (at age 7) he has always leaked urine while sleeping (especially overnight). Even though he had a normal BUN count at that time his urine was diluted.

He started taking 4 renal support supplements in Sept. Within 2 weeks of taking the supplements he also became more playful.

I also tried an allergy supplement but he recently began vomiting in the morning.

I stopped giving him the allergy supplement yesterday.



Shizen



Kaori Asked About Shizen:

Shizen has feline idiopathic cystitis. About twice a year he can only urinate a pea size amount so he has to go to the bathroom very frequently.

The vet prescribed Adequan injections, Buprenorphine suspension and Acepromazine tablet.

Are there any natural remedies that could help him? I've been using the rescue remedy for about 3 months now, and he seems to be okay but I don't know when the symptom comes back.

I think he wants to go out but we can't let him since we live in a condo.



Gertrud Asked About Teddy-1:

3 weeks ago he couldn't pee. No stones on x-ray. He did have crystals in the urine (I think it was oxalate, but I'm not sure).

The diet dry food that the vet gave us doesn't look like healthy dog food to me. I wanted to change to change to natural food. Started giving him Barf food going against the recommendation of the local vet.

Holistic vet recommended to get Teddy's urine checked after three months to see if there still are crystals.



Carol Asked About Charlotte:

Had 2 bladder stones removed about 2 years ago. She marks rather than squats to pee like most female dogs.

I call her slightly incontinent as she'll mark indoors when excited or distracted. She also has cataracts.

I'd like to learn about holistic options that can strengthen her urinary tract and ideally get rid of the incontinence.

(If there are holistic options that can also improve her cataracts, that would be a big help too)



Sadie



Bethany Asked About Her Sadie:

12 year old Female Puggle started peeing when she barks. She dribbles, actually. I first noticed it maybe 3 years ago or so.

She's never wets in her sleep or naps. It's only when she barks.

Is there a way to stop urine leakage when barking?



Jane Asked About Freckles:

What causes my cat to sometimes have urine come out with such force that she soaks her fur on the underside of her tail and backs of her legs?

