

POLICY

The Poverello Center, Inc. recognizes that Food is Medicine through selection of regular inventory that is recommended by our Nutritionist at a minimum yearly, as a part of a regular healthy diet.

PROCEDURE

- I. Annually, the Eat Well Center shall through its nutritionist review and approve regularly stocked items for selection by program participants.
 - a. As part of the nutritionists' review, a nutritional analysis for all items provided in the Eat Well Center shall be produced and posted as items change.
 - b. Donated items may be used in the distribution of foods through our Community Participants Programming. These foods are not a part of our healthy foods programming except when we request healthy, donated foods and receive the requested healthy items.
 - c. [This review](#) is to be placed on our website for any who wish to review.
- II. Once approved by the nutritionist, staff shall throughout the year, prioritize the selection of these items for purchase and distribution to our program participants.
- III. Items may be varied by seasonal availability (as in the case of fresh fruits and vegetables) or if prohibitively expensive.

Approvals:

Signature:  RDN Date: 06/04/2019

Alden Bergeron, RDN, LD/N

Signature:  Date: 6/3/19

Thomas S. Pietrogallo, MSW/LCSW, MBA

Chief Executive Officer

BOD Approved Date: Pending

Date Established: 06.03.2019

Date Reviewed/Revised: N/A