

CLASSIC CHECK UP PROGRAM

Mitigate health risks with the
Classic Check Up Program and take
advantage of early diagnosis and
treatment opportunities.

For further information please consult
the **Acibadem Life** (Check Up and
Healthy Life) departments.

ACIBADEM
Life

PROGRAM FEE

\$900

444 55 44

CLASSIC WOMAN’S CHECK UP PROGRAM

EXAMINATIONS • Check Up Examination • Cardiological Examination • Gynecological Examination	LABORATORY EXAMINATIONS • Alanin Aminotransferase (ALT) • Aspartate Aminotransferase (AST) • Iron • Iron Binding Capacity • Ferritin • Magnesium (Mg) • Folic Acid • Occult Blood, Stool • Glucose, Fasting • Calcium (Ca) • Cholesterol, HDL • Cholesterol, LDL (Direct) • Cholesterol, Total • Creatinine, Serum • Urinalysis	• Triglycerides • Blood Urea Nitrogen (BUN) • Uric Acid • Whole Blood Count (Expanded Panel) • Insulin • Thyroid Stimulating Hormone (TSH) • Thyroxin, Free (FT4) • Hepatitis Bs Antigen (HBsAg) • Hepatitis Bs Antibody (anti-HBs) • Hepatitis C Antibody (anti-HCV) • C-Reactive Protein (hsCRP), High
RADIOLOGICAL EXAMINATIONS • Chest X-Ray Posterior / Anterior • Thyroid Ultrasonography • Whole Abdominal Ultrasonography • Breast Ultrasonography (Two Sides)² • Mammography (Bilateral)²		
CARDIOLOGY EXAMINATIONS • ECG • Exercise Stress ECG¹ • Echocardiography¹		PATHOLOGICAL EXAMINATIONS • Cytopathology, Thin Prep

CLASSIC MAN’S CHECK UP PROGRAM

EXAMINATIONS • Check Up Examination • Cardiological Examination • Urology Examination	LABORATORY EXAMINATIONS • Alanin Aminotransferase (ALT) • Aspartate Aminotransferase (AST) • Iron • Iron Binding Capacity • Ferritin • Magnesium (Mg) • Folic Acid • Occult Blood, Stool • Glucose, Fasting • Calcium (Ca) • Cholesterol, HDL • Cholesterol, LDL (Direct) • Cholesterol, Total • Creatinine, Serum • Urinalysis	• Triglycerides • Blood Urea Nitrogen (BUN) • Uric Acid • Whole Blood Count (Expanded Panel) • Insulin • Testosterone, Total • Testosterone, Bioavailable • Thyroid Stimulating Hormone (TSH) • Thyroxin, Free (FT4) • Prostate Specific Antigen (PSA), Total³ • Prostate Specific Antigen (PSA), Free³ • Hepatitis Bs Antigen (HBsAg) • Hepatitis Bs Antibody (anti-HBs) • Hepatitis C Antibody (anti-HCV) • C-Reactive Protein (hsCRP), High
RADIOLOGICAL EXAMINATIONS • Chest X-Ray Posterior / Anterior • Thyroid Ultrasonography • Whole Abdominal Ultrasonography		
CARDIOLOGY EXAMINATIONS • ECG • Exercise Stress ECG¹ • Echocardiography¹		

1- Which recording will be performed among Exercise ECG or Echocardiography services is determined according to the physician's recommendation.

2- Mammography and Breast US are performed for women over the age of 40, and Breast US is performed for women under the age of 40.

Both examinations are performed according to the physician's recommendation.

3- PSA (Total) and PSA (Free) tests are applied to men over the age of 40 according to the physician's recommendation.

Not applicable for men under 40 years of age..

Acibadem Life Classic Membership

- Holistic health management encounter with physician of Acibadem Life; one physical consultation or online consultation.*
- Health Counseling Line 24/7 **

* Please call Acibadem Life Call Center at 444 48 28 for further information about hospitals where physical consultation is available.

** General Health Counseling Line 24/7 and Ambulance Transfer Service are available in Acibadem Life Mobile Application.

GOLD MAN'S CHECK UP PROGRAM

With the **Gold Man's Check Up Program**, which you will have once a year, identify your health risks through comprehensive examination and examination options, and get early diagnosis and treatment.

For further information please consult the **Acibadem Life** (Check Up and Healthy Life) departments..

ACIBADEM
Life

PROGRAM FEE

\$1,400
444 55 44

GOLD MAN'S CHECK UP PROGRAMI

EXAMINATIONS

- Check Up Examination
- Cardiological Examination
- Urology Examination
- Chest Diseases Examination or Eye Examination
- Dentist Examination
- Diet Examination

RADIOLOGICAL EXAMINATIONS

- Chest x-ray Posterior / Anterior ⁴
- Thorax CT (For Screening Purpose / Low Dose) ⁴
- Thyroid Ultrasonography
- Whole Abdominal Ultrasonography
- Panoramic Film ³

CARDIOLOGY EXAMINATIONS

- ECG
- Exercise Stress ECG¹
- Echocardiography ¹

LABORATORY EXAMINATIONS

- Alanin Aminotransferase (ALT)
- Aspartate Aminotransferase (AST)
- Iron
- Iron Binding Capacity
- Ferritin
- Magnesium (Mg)
- Folic Acid
- Occult Blood, Stool
- Glucose, Fasting
- Hemoglobin A1c (HbA1c)
- Calcium (Ca)
- Cholesterol, HDL
- Cholesterol, LDL (Direct)
- Cholesterol, Total
- Creatinine, Serum
- Lipase
- Lipoprotein (a) (Lp(a))
- Urinalysis
- Triglycerides
- Blood Urea Nitrogen (BUN)
- Uric Acid
- Vitamin B12

- Vitamin D, 25-Hydroxy
- Whole Blood Count (Expanded Panel)
- Insulin
- Testosterone, Total
- Testosterone, Bioavailable
- Thyroid Stimulating Hormone (TSH)
- Thyroxin, Free (FT4)
- Prostate Specific Antigen (PSA), Total
- Prostate Specific Antigen (PSA), Free
- Hepatitis Bs Antigen (HBsAg)
- Hepatitis Bs Antibody (anti-HBs)
- Hepatitis C Antibody (anti-HCV)
- Amylase
- C-Reactive Protein (hsCRP), High

EVALUATION of BODY DATA

- Bioimpedancemetry for Determination of Body Composition

1- Which recording will be performed among Exercise ECG or Echocardiography services is determined according to the physician's recommendation.

2- PSA (Total) and PSA (Free) tests are applied to men over the age of 40 according to the physician's recommendation. Not applicable for men under 40 years of age.

3- Panoramic Dental X-ray is performed according to the dentist's recommendation.

4- Chest x-ray Posterior / Anterior and Thorax CT (For Screening Purpose / Low Dose) is performed upon suggestion from the physician. The choice of which scan will be performed is determined according to the physician's recommendation.

Acibadem Life Gold Membership

- Holistic health management encounter with physician of Acibadem Life; two physical consultations or online consultations.*
- Supervision of healthcare appointments and other processes with Personal Health Officer of Acibadem Life throughout the year.
- Health Counseling Line 24/7**
- Ambulance transfer service for emergencies

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GOLD WOMAN'S CHECK UP PROGRAM

With the **Gold Woman's Check Up Program**, which you will have once a year, identify your health risks through comprehensive examination and examination options, and get early diagnosis and treatment.

For further information please consult the **Acibadem Life** (Check Up and Healthy Life) departments.

ACIBADEM
Life

PROGRAM FEE

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GOLD WOMAN'S CHECK UP PROGRAM

EXAMINATIONS

- Check Up Examination
- Cardiological Examination
- Gynecological Examination
- Dermatological Examination or Eye Examination
- Dentist Examination
- Diet Examination

RADIOLOGICAL EXAMINATIONS

- Chest x-ray Posterior / Anterior
- Thyroid Ultrasonography
- Whole Abdominal Ultrasonography
- Breast Ultrasonography (Two Sides)²
- Mammography (Bilateral)²
- Bone Density Measurement (Whole Body)³
- Panoramic Film ⁴

CARDIOLOGY EXAMINATIONS

- ECG
- Exercise Stress ECG¹
- Echocardiography ¹

LABORATORY EXAMINATIONS

- Alanin Aminotransferase (ALT)
- Aspartate AminoTransferase (AST)
- Iron
- Iron Binding Capacity
- Ferritin
- Magnesium (Mg)
- Folic Acid
- Occult Blood, Stool
- Glucose, Fasting
- Hemoglobin A1c (HbA1c)
- Calcium (Ca)
- Cholesterol, HDL
- Cholesterol, LDL (Direct)
- Cholesterol, Total
- Creatinine, Serum
- Lipase
- Lipoprotein (a) (Lp(a))
- Urinalysis
- Triglycerides
- Blood Urea Nitrogen (BUN)
- Uric Acid
- Vitamin B12

- Vitamin D, 25-Hydroxy
- Whole Blood Count (Expanded Panel)
- Insulin
- Thyroid Stimulating Hormone (TSH)
- Thyroxin, Free (FT4)
- Hepatitis Bs Antigen (HBsAg)
- Hepatitis Bs Antibody (anti-HBs)
- Hepatitis C Antibody (anti-HCV)
- Amylase
- C-Reactive Protein (hsCRP), High

PATHOLOGICAL EXAMINATIONS

- Cytopathology, Thin Prep

EVALUATION of BODY DATA

- Bioimpedancemetry for Determination of Body Composition

1- Which recording will be performed among Exercise ECG or Echocardiography services is determined according to the physician's recommendation.

2- Mammography and Breast US are performed for women over the age of 40, and Breast US is performed for women under the age of 40. Both examinations are performed according to the physician's recommendation.

3- Bone Density Measurement is performed for women over 40 years of age. For women under 40 years of age, Bone Density Measurement is performed according to the physician's recommendation.

4- Panoramic Dental X-ray is performed according to the dentist's recommendation.

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PREMIUM MAN CHECK UP PROGRAM

Premium Check Up program that is operated once every year helps you find your tailor made, healthy life plan that includes Full Body MRI, tests and examination.

For further information please consult the Acibadem Life (Check Up and Healthy Life) departments.

ACIBADEM
Life

PROGRAM FEE

\$2,200

444 55 44

PREMIUM MAN CHECK UP PROGRAM

EXAMINATIONS

- Check Up Examination
- Cardiological Examination
- Urology Examination
- Eye Examination
- Dentist Examination
- Diet Examination

MRI SCANS

- Full Body MRI

CARDIOLOGY EXAMINATIONS

- ECG
- Echocardiography / Exercise Stress ECG¹

RADIOLOGICAL EXAMINATIONS

- Chest x-ray Posterior / Anterior⁴
- Whole Abdominal Ultrasonography
- Thyroid Ultrasonography
- Panoramic Film³
- Thorax CT (For Screening Purpose / Low Dose)⁴

LABORATORY EXAMINATIONS

- Alanin Aminotransferase (ALT)
- Aspartate Aminotransferase (AST)

- Ferritin
- Magnesium (Mg)
- Folic Acid
- Cholesterol, HDL
- Cholesterol, LDL (Direct)
- Cholesterol, Total
- Creatinine, Serum
- Urinalysis
- Triglycerides
- Uric Acid
- Blood Urea Nitrogen (BUN)
- Vitamin B12
- Vitamin D, 25-Hydroxy
- C-Reactive Protein (hsCRP), High
- Whole Blood Count (Expanded Panel)
- Insulin
- Thyroid Stimulating Hormone (TSH)
- Hepatitis Bs Antigen (HBsAg)
- Hepatitis Bs Antibody (anti-HBs)
- Hepatitis C Antibody (anti-HCV)
- Iron
- Iron Binding Capacity
- Occult Blood, Stool
- Glucose, Fasting
- Hemoglobin A1c (HbA1c)
- Calcium (Ca)

- Lipase
- Lipoprotein (a) (Lp(a))
- Thyroxin, Free (FT4)
- Amylase
- Check Up Lipid Panel
- Albumin
- Alpha-Fetoprotein (ALP)
- Zinc (Zn)
- Phosphatase, Inorganic
- GGT
- Potassium
- Protein, Total
- Sodium (Na)
- Hepatit A Antibody (ANTI HAV) Total
- Prostate Specific Antigen (PSA), Total²
- Prostate Specific Antigen (PSA), Free²
- Testosterone, Total
- Testosterone, Bioavailable

EVALUATION of BODY DATA

- Bioimpedancemetry for Determination of Body Composition

1- Which recording will be performed among Exercise ECG or Echocardiography services is determined according to the physician's recommendation.

2- PSA (Total) and PSA (Free) tests are applied to men over the age of 40 according to the physician's recommendation. Not applicable for men under 40 years of age.

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Acibadem Life Premium Membership

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- Supervision of health throughout the year based on Acibadem Life Health Plan
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- Ambulance transfer service for emergencies ***

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PREMIUM WOMAN CHECK UP PROGRAM

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PREMIUM WOMAN CHECK UP PROGRAM

EXAMINATIONS

- Check Up Examination
- Cardiological Examination
- Gynecological Examination
- Eye Examination
- Dentist Examination
- Diet Examination

MRI SCANS

- Full Body MRI

CARDIOLOGY EXAMINATIONS

- ECG
- Echocardiography / Exercise Stress ECG¹

RADIOLOGICAL EXAMINATIONS

- Chest x-ray Posterior / Anterior
- Whole Abdominal Ultrasonography
- Thyroid Ultrasonography
- Panoramic Film⁴
- Bone Density Measurement (Whole Body)³
- Breast Ultrasonography (Two Sides)²
- Mammography (Bilateral)²

LABORATORY EXAMINATIONS

- Alanin AminoTransferase (ALT)
- Aspartate AminoTransferase (AST)
- Ferritin
- Magnesium (Mg)
- Folic Acid
- Cholesterol, HDL
- Cholesterol, LDL (Direct)
- Cholesterol, Total
- Creatinine, Serum
- Urinalysis
- Triglycerides
- Uric Acid
- Blood Urea Nitrogen (BUN)
- Vitamin B12
- Vitamin D, 25-Hydroxy
- C-Reactive Protein (hsCRP), High
- Whole Blood Count (Expanded Panel)
- Insulin
- Thyroid Stimulating Hormone (TSH)
- Hepatitis Bs Antigen (HBsAg)
- Hepatitis Bs Antibody (anti-HBs)
- Hepatitis C Antibody (anti-HCV)
- Iron
- Iron Binding Capacity
- Occult Blood, Stool
- Glucose, Fasting

- Hemoglobin A1c (HbA1c)
- Calcium (Ca)
- Lipase
- Lipoprotein (a) (Lp(a))
- Thyroxin, Free (FT4)
- Amylase
- Check Up Lipid Panel
- Albumin
- Alpha-Fetoprotein (ALP)
- Zinc (Zn)
- Phosphatase, Inorganic
- GGT
- Potassium
- Protein, Total
- Sodium (Na)
- Hepatit A Antibody (ANTI HAV) Total

EVALUATION of BODY DATA

- Bioimpedancemetry for Determination of Body Composition

PATHOLOGICAL EXAMINATIONS

- Cytopathology, Thin Prep

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4- Panoramic Dental X-ray is performed according to the dentist's recommendation.

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EXECUTIVE CHECK UP PROGRAM

ACIBADEM
Life

FEMALE CHECK UP

EXAMINATIONS

- Check Up Examination
- Ear-Nose-Throat Examination
- Gynaecology Examination
- Chest Diseases Examination
- Eye Diseases Examination
- Dermatology Examination
- Cardiology Examination
- Diet Examination

DENTAL SERVICES

- Dentist Examination
- Panoramic film ⁴
- Upper Jaw Tartar removal
- Lower Jaw Tartar removal

CARDIOLOGY EXAMINATIONS

- ECG
- ECG with Effort ¹
- Echocardiography (Doppler+Color ed+M+B Mode) ¹
- Tension Holter (24 hours)

RADIOLOGICAL EXAMINATIONS

- Thorax CT (for screening purpose / low dose)
- Thyroid Ultrasonography
- Whole Abdominal Ultrasonography
- Carotis Bilateral Color Doppler USG
- Bone Density Measurement (Whole body)
- Breast Ultrasonography (two sides)²
- Mammography (Bilateral)²
- Full Body MRI

NEUROLOGY EXAMINATIONS

- Sleep-Polysomnography

AUDIOLOGY EXAMINATIONS

- Audio- and Timpanometry
- Pure Tone Audiometry

RESPIRATORY TREATMENT TESTS

- Respiratory function Test

INITIATIVES

- Dermatoscopy

EVALUATION of BODY DATA

- Bioimpedancemetry for Determination of Body Composition

PATHOLOGICAL EXAMINATIONS

- Thin Prep + HPV (cotest)

LABORATORY EXAMINATIONS

- Albumin
- Alpha-Fetoprotein (AFP)
- Alkaline Phosphatase (ALP)
- Alanin Aminotransferase (ALT)
- Aspartate Aminotransferase (AST)
- Amylase
- Zinc (Zn)
- Iron
- Iron Binding Capacity
- Ferritin
- Folic Acid
- Phosphorus, Inorganic
- Occult Blood, Stool
- Gamma Glutamyl Transferase (GGT)
- Glucose, Fasting
- Hemoglobin A1c (HbA1c)
- Homocysteine
- Calcium (Ca)
- Chloride (Cl)
- Creatinine, Serum
- Lactate Dehydrogenase (LDH)
- Lipase
- Lipoprotein (a) (Lp(a))
- Check Up Lipid Panel
- Magnesium (Mg)
- Potassium (K)
- Protein, Total
- Sodium (Na)
- Urinalysis
- Blood Urea Nitrogen (BUN)
- Uric Acid
- Vitamin B12
- Vitamin D, 25-Hydroxy
- C-Reactive Protein (hsCRP), High Sensitive
- aPTT
- Erythrocyte Sedimentation Rate (ESR)
- Whole Blood Count (Expanded panel)
- Insulin
- Prolactin (PRL)

- Thyroid Stimulating Hormone (TSH)
- Thyroxin, Free (FT4)
- Triiodothyronine, Free (FT3)
- CA 125
- CA 15-3
- CA 19-9
- Culture, Throat
- Parasites, Stool
- Culture, Urine
- Hepatitis A Antibody (anti-HAV), Total
- Hepatitis B s Antigen (HBsAg)
- Hepatitis B s Antibody (anti-HBs)
- Hepatitis C Antibody (anti-HCV)
- HIV Antibody (1-2) + p24 Antigen

Acabadem Life Executive Membership

- Holistic health management encounter with physician of Acabadem Life; four physical consultations or online consultations ⁵
- Supervision of health throughout the year based on Acabadem Life Health Plan
- Supervision of healthcare appointments and other processes with Personal Health Officer of Acabadem Life throughout the year.
- Health Counseling Line 24/7 ⁶
- Ambulance transfer service for emergencies ⁷

1- Which recording will be performed among Exercise ECG or Echocardiography services is determined according to the physician's recommendation.

2- Mammography and Breast US are performed for women over the age of 40, and Breast US is performed for women under the age of 40.

Both examinations are performed according to the physician's recommendation.

3- PSA (Total) and PSA (Free) tests are applied to men over the age of 40 according to the physician's recommendation.

Measurement is performed according to the physician's recommendation.

4- Panoramic Dental X-ray is performed according to the dentist's recommendation.*

MALE CHECK UP

EXAMINATIONS

- Check Up Examination
- Ear-Nose-Throat Examination
- Urology Examination
- Chest Diseases Examination
- Eye Diseases Examination
- Dermatology Examination
- Cardiology Examination
- Diet Examination

DENTAL SERVICES

- Dentist Examination
- Panoramic film ⁴
- Upper Jaw Tartar removal
- Lower Jaw Tartar removal

CARDIOLOGY EXAMINATIONS

- ECG
- ECG with Effort ¹
- Echocardiography (Doppler+Color ed+M+B Mode) ¹
- Tension Holter (24 hours)

RADIOLOGICAL EXAMINATIONS

- Thorax CT (for screening purpose / low dose)
- Thyroid Ultrasonography
- Whole Abdominal Ultrasonography
- Carotis Bilateral Color Doppler USG
- Bone Density Measurement (Whole body)
- Full Body MRI

NEUROLOGY EXAMINATIONS

- Sleep-Polysomnography

AUDIOLOGY EXAMINATIONS

- Audio- and Timpanometry
- Pure Tone Audiometry

RESPIRATORY TREATMENT TESTS

- Respiratory function Test

INITIATIVES

- Dermatoscopy

EVALUATION of BODY DATA

- Bioimpedancemetry for Determination of Body Composition

LABORATORY EXAMINATIONS

- Albumin
- Alpha-Fetoprotein (AFP)
- Alkaline Phosphatase (ALP)
- Alanin Aminotransferase (ALT)
- Aspartate Aminotransferase (AST)
- Amylase
- Zinc (Zn)
- Iron
- Iron Binding Capacity
- Ferritin
- Folic Acid
- Phosphorus, Inorganic
- Occult Blood, Stool
- Gamma Glutamyl Transferase (GGT)
- Glucose, Fasting
- Hemoglobin A1c (HbA1c)
- Homocysteine
- Calcium (Ca)
- Chloride (Cl)
- Creatinine, Serum
- Lactate Dehydrogenase (LDH)
- Lipase
- Lipoprotein (a) (Lp(a))
- Check Up Lipid Panel
- Magnesium (Mg)
- Potassium (K)
- Protein, Total
- Sodium (Na)
- Urinalysis
- Blood Urea Nitrogen (BUN)
- Uric Acid
- Vitamin B12
- Vitamin D, 25-Hydroxy
- C-Reactive Protein (hsCRP), High Sensitive
- αPTT
- Erythrocyte Sedimentation Rate (ESR)
- Whole Blood Count (Expanded panel)
- Insulin
- Prolactin (PRL)
- Thyroid Stimulating Hormone (TSH)
- Thyroxin, Free (FT4)
- Triiodothyronine, Free (FT3)

- CA 15-3
- CA 19-9
- Prostate Specific Antigen (PSA), Total⁵
- Prostate Specific Antigen (PSA), Free⁵
- Culture, Throat
- Parasites, Stool
- Hepatitis A Antibody (anti-HAV), Total
- Hepatitis B s Antigen (HBsAg)
- Hepatitis B s Antibody (anti-HBs)
- Hepatitis C Antibody (anti-HCV)
- HIV Antibody (1-2) + p24 Antigen
- Testosterone, Total
- Testosterone, Bioavailable

Acibadem Life Executive Membership

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Executive Check Up program that is done annually help to determine health risks by its beyond standard, wide spectrum of examinations and tests..

For further information please consult the **Acibadem Life** (Check Up and Healthy Life) departments.

PROGRAM FEE

\$3,950

ACIBADEM
Life

444 55 44



EXECUTIVE CHECK UP PROGRAM

ACIBADEM
Life

FEMALE CHECK UP +40

EXAMINATIONS

- Check Up Examination
- Ear-Nose-Throat Examination
- Gynaecology Examination
- Chest Diseases Examination
- Eye Diseases Examination
- Dermatology Examination
- Cardiology Examination
- Diet Examination

DENTAL SERVICES

- Dentist Examination
- Panoramic film ⁴
- Upper Jaw Tartar removal
- Lower Jaw Tartar removal

CARDIOLOGY EXAMINATIONS

- ECG
- ECG with Effort ¹
- Echocardiography (Doppler+Colored+M+B Mode) ¹
- Tension Holter (24 hours)

RADIOLOGICAL EXAMINATIONS

- Thorax CT (for screening purpose / low dose)
- Thyroid Ultrasonography
- Whole Abdominal Ultrasonography
- Carotis Bilateral Color Doppler USG
- Bone Density Measurement (Whole body)
- Brain (Cranium) MR
- MRI, Angiography (Intracranial) (Non-contrast)
- Breast Ultrasonography (two sides)²
- Mammography (Bilateral)²

NEUROLOGY EXAMINATIONS

- Sleep-Polysomnography

AUDIOLOGY EXAMINATIONS

- Audio- and Tympanometry
- Pure Tone Audiometry

RESPIRATORY TREATMENT TESTS

- Respiratory function Test

INITIATIVES

- Dermatoscopy

EVALUATION of BODY DATA

- Bioimpedancemetry for Determination of Body Composition

ENDOSCOPIC APPLICATIONS

- Esophagoscopy, gastroscopy, duodenoscopy + biopsy ⁵
- Colonoscopic polypectomy, 1-3 polyps (with cold/hot snare/hot forceps) (Completely excised polyp with a diameter of 5 mm and above)⁶
- Colonoscopy + biopsy⁶

PATHOLOGICAL EXAMINATIONS

- Thin Prep + HPV (cotest)
- Stomach, biopsy
- Column, biopsy

ANESTHESIA EXAMINATIONS

- Sedation and Local Anaesthesia

LABORATORY EXAMINATIONS

- Albumin
- Alpha-Fetoprotein (AFP)
- Alkaline Phosphatase (ALP)
- Alanin Aminotransferase (ALT)
- Aspartate Aminotransferase (AST)
- Amylase
- Zinc (Zn)
- Iron
- Iron Binding Capacity
- Ferritin
- Folic Acid
- Phosphorus, Inorganic
- Occult Blood, Stool
- Gamma Glutamyl Transferase (GGT)
- Glucose, Fasting
- Hemoglobin A1c (HbA1c)
- Homocysteine
- Calcium (Ca)
- Chloride (Cl)
- Creatinine, Serum
- Lactate Dehydrogenase (LDH)
- Lipase
- Check Up Lipid Panel

- Lipoprotein (a) (Lp(a))
- Magnesium (Mg)
- Potassium (K)
- Protein, Total
- Sodium (Na)
- Urinalysis
- Blood Urea Nitrogen (BUN)
- Uric Acid
- Vitamin B12
- Vitamin D, 25-Hydroxy
- aPTT
- C-Reactive Protein (hsCRP), High Sensitive
- Erythrocyte Sedimentation Rate (ESR)
- Whole Blood Count (Expanded panel)
- Prolactin (PRL)
- Thyroid Stimulating Hormone (TSH)
- Thyroxin, Free (FT4)
- Triiodothyronine, Free (FT3)
- CA 125
- CA 15-3
- CA 19-9
- Culture, Throat
- Parasites, Stool
- Insulin
- Culture, Urine
- Hepatitis B s Antigen (HBsAg)
- Hepatitis B s Antibody (anti-HBs)
- Hepatitis C Antibody (anti-HCV)
- HIV Antibody (1-2) + p24 Antigen
- Hepatitis A Antibody (anti-HAV), Total

Acibadem Life Executive Membership

- Holistic health management encounter with physician of Acibadem Life; four physical consultations or online consultations ⁷
- Supervision of health throughout the year based on Acibadem Life Health Plan
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- Health Counseling Line 24/7 ⁸
- Ambulance transfer service for emergencies ⁹

1- Which recording will be performed among Exercise ECG or Echocardiography services is determined according to the physician's recommendation.

2- Mammography and Breast US are performed for women over the age of 40, and Breast US is performed for women under the age of 40.

Both examinations are performed according to the physician's recommendation.

3- PSA (Total) and PSA (Free) tests are applied to men over the age of 40 according to the physician's recommendation.

Measurement is performed according to the physician's recommendation.

4- Panoramic Dental X-ray is performed according to the dentist's recommendation.

5-Endoscopy is done according to physician's referral and in case of necessity.

6- Colonoscopy and biopsy are done only for patients over 40 and operated according to physician's referral. Program includes collection of polyps up to 3. Any number of polyps over 3 are charged additionally.

MALE CHECK UP +40

EXAMINATIONS

- Check Up Examination
- Ear-Nose-Throat Examination
- Urology Examination
- Chest Diseases Examination
- Eye Diseases Examination
- Dermatology Examination
- Cardiology Examination
- Diet Examination

DENTAL SERVICES

- Dentist Examination
- Panoramic film ⁴
- Upper Jaw Tartar removal
- Lower Jaw Tartar removal

CARDIOLOGY EXAMINATIONS

- ECG
- ECG with Effort ¹
- Echocardiography (Doppler+Color ed+M+B Mode) ¹
- Tension Holter (24 hours)

RADIOLOGICAL EXAMINATIONS

- Thorax CT (for screening purpose / low dose)
- Thyroid Ultrasonography
- Whole Abdominal Ultrasonography
- Carotis Bilateral Color Doppler USG
- Bone Density Measurement (Whole body)
- Brain (Cranium) MR
- MRI, Angiography (Intracranial) (Non-contrast)

NEUROLOGY EXAMINATIONS

- Sleep-Polysomnography

AUDIOLOGY EXAMINATIONS

- Audio- and Timpanometry
- Pure Tone Audiometry

RESPIRATORY TREATMENT TESTS

- Respiratory function Test

INITIATIVES

- Dermatoscopy

EVALUATION of BODY DATA

- Bioimpedancemetry for Determination of Body Composition

ENDOSCOPIC APPLICATIONS

- Esophagoscopy, gastroscopy, duodenoscopy + biopsy ⁵
- Colonoscopic polypectomy, 1-3 polyps (with cold/hot snare/hot forceps) (Completely excised polyp with a diameter of 5 mm and above)⁶
- Colonoscopy + biopsy⁶

PATHOLOGICAL EXAMINATIONS

- Stomach, biopsy
- Column, biopsy

ANESTHESIA EXAMINATIONS

- Sedation and Local Anaesthesia

LABORATORY EXAMINATIONS

- Albumin
- Alpha-Fetoprotein (AFP)
- Alkaline Phosphatase (ALP)
- Alanin AminoTransferase (ALT)
- Aspartate AminoTransferase (AST)
- Amylase
- Zinc (Zn)
- Iron
- Iron Binding Capacity
- Ferritin
- Folic Acid
- Phosphorus, Inorganic
- Occult Blood, Stool
- Gamma Glutamyl Transferase (GGT)
- Glucose, Fasting
- Hemoglobin A1c (HbA1c)
- Homocysteine
- Calcium (Ca)
- Chloride (Cl)
- Creatinine, Serum
- Lactate Dehydrogenase (LDH)
- Lipase
- Lipoprotein (a) (Lp(a))
- Check Up Lipid Panel
- Magnesium (Mg)
- Potassium (K)
- Protein, Total

- Sodium (Na)
- Urinalysis
- Blood Urea Nitrogen (BUN)
- Uric Acid
- Vitamin B12
- Vitamin D, 25-Hydroxy
- aPTT
- C-Reactive Protein (hsCRP), High Sensitive
- Erythrocyte Sedimentation Rate (ESR)
- Whole Blood Count (Expanded panel)
- Prolactin (PRL)
- Thyroid Stimulating Hormone (TSH)
- Thyroxin, Free (FT4)
- Triiodothyronine, Free (FT3)
- CA 15-3
- CA 19-9
- Culture, Throat
- Parasites, Stool
- Insulin
- Prostate Specific Antigen (PSA), Total³
- Prostate Specific Antigen (PSA), Free³
- Hepatitis B s Antigen (HBsAg)
- Hepatitis B s Antibody (anti-HBs)
- Hepatitis C Antibody (anti-HCV)
- HIV Antibody (1-2) + p24 Antigen
- Hepatitis A Antibody (anti-HAV), Total
- Testosterone, Total
- Testosteron, Bioavailable

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- Ambulance transfer service for emergencies ⁹

7- Please call Acibadem Life Call Center at 444 48 28 for further information about hospitals where physical consultation is available.

8- General Health Counseling Line 24/7 and Ambulance Transfer Service are available in Acibadem Life Mobile Application.

9- You can have Ambulance Service once for emergencies subject to 32 parameters.

This service will be delivered primarily by Acibadem Ambulance, if any in the city you live, or by a substitute ambulance or 112 Emergency Service if there is no Acibadem ambulance or it is not available at that moment.

Executive Check Up program that is done annually help to determine health risks by its beyond standard, wide spectrum of examinations and tests..

For further information please consult the **Acibadem Life** (Check Up and Healthy Life) departments.

PROGRAM FEE

\$4,700

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Life

444 55 44