



Your school conversation.

Write down answers before deciding where to begin.

School / contact / visit date

Who teaches adult beginners, and what qualifications do they hold?

How do you match the horse and lesson format to a new rider?

How many riders are typically in a beginner lesson?

Can I book a trial lesson before committing to a package?

What helmet, footwear and other equipment do you require?

How are horse care, rest and turnout managed?

What is included in the price, and what are the cancellation terms?

Use the same questions for each school. Follow up wherever an answer is unclear.



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Before you leave home.

Keep the details in one place. Follow the school's instructions.

LESSON DATE / ARRIVAL TIME / ADDRESS

- ☐ I have confirmed suitable helmet provision and footwear.
- ☐ I know the booking price and cancellation terms.
- ☐ I have told staff my experience level and anything they need to know.
- ☐ I have packed water and clothing suitable for the weather.
- ☐ I have written down a question and a small personal goal.
- ☐ I will tell my instructor if I feel nervous or do not understand something.

WHAT I WOULD LIKE MY INSTRUCTOR TO KNOW

MY QUESTION FOR TODAY



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Make room for riding.

Use actual quotes and your own currency. Leave room for the costs that matter to you.

Planning month / currency

One lesson / package quote / what is included

Travel cost per visit / number of visits

Equipment to borrow first / any hire costs

Equipment to buy / quoted costs

My realistic monthly budget / amount left after planned costs

The lesson schedule I can sustain

Before buying a package, ask about a trial lesson and check the written price and terms.

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A page for this ride.

Repeat after each lesson. Keep the details you would like to remember.

Date / horse / instructor

One thing we worked on

One thing I understand better

Feedback in my instructor's words

How did I feel before and after today's ride?

My question for next time

A moment I want to remember

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Progress, in your words.

Discuss these questions with your instructor. Let the next step fit your learning.

What feels more familiar than it did at the beginning?

Which task still needs hands-on support?

What feedback am I working on?

What does my instructor suggest next?

What would help me feel ready for that step?

Your riding story is just beginning. Discover more [riding stories and guides](#) and [horseback experiences](#) with Saddle Stories.
