

Downtown Accessibility Navigator

Healthy Habits Downtown (last updated April 2025)

150 Ottawa Ave. NW Suite 102, Grand Rapids, MI 49503



Parking.

Metered on-street parking lines Ottawa Avenue and adjacent streets. Guests who prefer ramp parking will find accessible spaces inside the Warner Building garage—just north of the shop—which connects directly to the Hyatt Place hotel. Standard ramp fees apply unless you are a hotel guest; elevators in the ramp deliver riders to sidewalk level, a short roll from the café's entrance.

Entrances.

The primary entrance sits on Ottawa Avenue at sidewalk grade: a single outward-swinging glass door opens into a short interior hallway, with Healthy Habits

located directly across that corridor. Thresholds are flush, so no ramps or lifts are required. All interior doorways along the route are wide and lightweight, making access straightforward for wheelchairs and strollers.

Inside / Getting Around.

The shop features an open floor plan with a raised service counter and several standard-height tables with movable chairs. Aisles remain clear, and staff readily shift seating to ensure comfortable pathways for mobility devices. Orders are placed at the counter; the front section of the counter is low enough for seated transactions.

Sensory.

Bright, cool-white overhead fixtures keep the establishment well-lit. Noise is

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typically low, limited to blender whir and friendly conversation, creating a relaxed environment for a quick shake or tea break.

Restrooms.

Public restrooms are not available inside Healthy Habits; guests can plan to use facilities elsewhere in the Warner Building or nearby businesses.

Additional Notes.

During Warmer months there may be additional covered patio seating out by the Warner Building entrance. With flush entry, ramp parking nearby, and open interior spacing, Healthy Habits Downtown offers an easy grab-and-go option for visitors seeking protein shakes or energizing teas in the heart of downtown.

