

Downtown Accessibility Navigator

8th Day Gym

130 Market Avenue SW #106, Grand Rapids, MI 49503



Parking and Exterior Lighting.

The parking lot has perpendicular-style parking spaces. There are no designated accessible parking spaces with adjacent access aisles present. There are no van-accessible spaces present. The striping is well maintained.

There are sidewalks surrounding the venue. There are nearby intersections with curb ramps present up onto the sidewalk. The crosswalks are marked and well maintained.



Main Entrance and Accessibility.

The venue has two main entrances.

The North Entrance has a manual push/pull door. The entrance is flush with

the parking lot pavement.

The South Entrance has a manual push/pull door. The entrance is flush with the sidewalk in front of the door. There is a short slope up onto the sidewalk from the parking lot pavement nearby

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Interior Layout and Navigation.

The venue has a single level.

The venue is divided between the north and south gym floors. Access to the larger north gym floor is by the North Entrance. Access to the smaller south gym floor is by the South Entrance.

The South Entrance lobby has chair and sofa seating available.

Routes between the equipment and workout stations are wide and level.

Lighting and Atmosphere.

The south gym floor is well-lit, primarily by natural light from windows in the large garage-style doors.

The north gym floor has few windows and may be dark.

The south gym floor is quiet.

The north gym floor plays medium to loud background music.

The venue has high ceilings.

The venue has concrete and rubberized floors throughout.

Restrooms.

There are small unisex single-user restrooms present in the north and south gym floors. The interiors of the restrooms may be small, and difficult to maneuver in. There are no grab bars present. The toilets and sinks are manually operated.