

June 2026 Book of
the Month with
Activities!



Quote of the Month



“Endings are beginnings
if we allow them to be.”



-Laura Day

June Book of the Month

Goodbye,
Friend! Hello,
Friend!

By Cori Doerrfeld



Book Summary

In honor of the end of the school year, “Goodbye, Friend! Hello, Friend!” reminds us all that the end of one thing is really just the beginning of another, new thing. Throughout the story, the main character experiences a variety of endings that we are all familiar with: for example, winter turns into spring, and day turns into night, and she learns to react positively to all these changes. However, the character is soon faced with a goodbye that “really feels like the end”. The story shows us how, even when we don’t want to say goodbye or let something go, there are always new exciting adventures awaiting us in the future. This story encourages us all to look forward to next school year with optimism as we say goodbye to 2025-2026!



Read-Aloud Video



Click for Related Book Activities!

Goodbye Friend, Hello Friend **Goodbye → Hello**
Think of a transition, or change, you have made. Draw and write about the "goodbye" and the "hello" that came after it.

Name: _____

Goodbye	Hello
_____	_____
_____	_____
_____	_____
_____	_____

DAY 4

**Goodbye
and Hello
Worksheet**

Resources:

- draw a picture or write a story about a change you're facing and your feelings about it;
- imagine a way that the change could be a good thing;
- talk to a parent, teacher, relative, friend, or pet about your feelings;
- Read *Before I Leave* by Jessixa Bagley, *Lubna and Pebble* by Wendy Meddour, or *The 10th Best Thing About Barney* by Judith Viorst; or
- make a "friendship book" for your friend or your pet.

**Suggested
Activities**

Links To Resources: draw a picture of someone or something that was hard to say goodbye to; write a letter to someone you love; tell a story about a time it was hard when something ended or a time when you were excited about something beginning; grow butterflies at home or in the classroom so children can see how saying goodbye to a caterpillar allows you to say hello to a butterfly; [butterfly life cycle coloring page](#); bake cookies so you can say goodbye to dough and hello to cookies 😊

**Vocabulary
Resources**

Goodbye Friend, Hello Friend **WORD WIZARD: VISUAL GLOSSARY**
Trace the word and draw a picture.

Name: _____

alone	together	outside
_____	_____	_____
inside	goodbye	transition
_____	_____	_____

DAY 2

Theme of the Month: Reflection



Reflection is all about pausing to think deeply and seriously about our choices and our experiences. We look back on our thoughts, actions, and feelings in order to understand what we have learned, and how we can grow in the future. As we approach the end of the school year, this is a great time to celebrate and appreciate how far we've come since September, and to process the transition as we prepare for summer and the new school year too!



Theme of the Month Activities:

5 Steps to Finish The Year!



- 5** List five positive memories you had this year. 
- 4** List four people or things you have been grateful for this year. 
- 3** List three coping strategies to help you manage stress at the end of the year. 
- 2** List two ways you are proud of yourself for improving or growing. 
- 1** Say one thing you are looking forward to over the summer or next year. 

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5 Reflection Activities to Help Students Glow and Grow

Daily
Reflection
Activities

End of Year
Writing
Activities

My Growth
Journal

End of Year
Reflections

A Moment
to
Reflect!

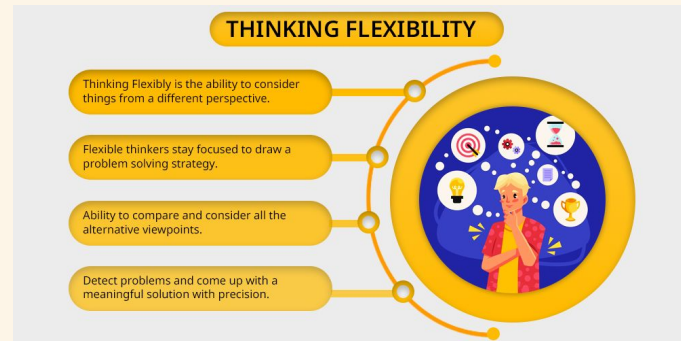
Reflection
Meditation



Habit of Mind: Thinking Flexibly

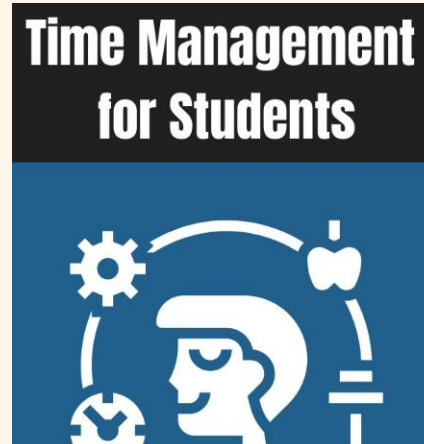
Thinking flexibly is the ability to consider a situation from more than one point of view, or to look at something in different ways. It allows us to understand multiple options when we are problem-solving, and to compare different ideas. In the story, the main character was able to think flexibly by reframing her perspective on each “ending” as a “beginning” of something new. How can you think flexibly this month as we end our school year?

Flexible
Thinking
Activities



Executive Functioning Focus: Time Management

Time management involves the ability to estimate how long it takes to complete a task, to plan your schedule correctly, and to use your time appropriately so that you stick to your deadlines. In order to practice time management effectively, we need to use working memory to recall our tasks, and monitor our own progress as we work. How can we practice good time management skills this month, and complete everything that we need to do for the end of the school year?



Discussion
Cards and
Examples



Limited print copies of
“Goodbye, Friend! Hello, Friend!”
are available in the school
library (Room 212). Please visit or
reach out to Ms. Keiser at
dkeiser@schools.nyc.gov if you
would like to borrow a copy.