

## COMPANY PROFILE

# Get Rid Of It

[getridofitfred.com](http://getridofitfred.com)

---

## ABOUT

Get Rid Of It provides personalized fitness and wellness programs to help individuals achieve their health goals through tailored exercise and nutrition plans.

## CONTACT INFORMATION

**ADDRESS**

401 Cobblestone Dr  
Fredericksburg  
USA

**PHONE**

17038617413

## SERVICES & KEYWORDS

Waste Haulers