



The Vial of Life is a tool to help first responders know your important health information when you can't share it yourself. When you get a Vial of Life, you will have to write down important information, like your health conditions, any medication you take, and if you have an Advance Directive. If Emergency Medical Services (EMS) has to come to your house, the Vial of Life will tell them the important information they need to know to help you.

If you are 65+ or you have a serious medical condition and you would like a free Vial of Life, please call (207) 858-2318 or email bdunphy@rfgH.net.



Courtesy of:  REDINGTON-FAIRVIEW GENERAL HOSPITAL



WHAT IS VIAL OF LIFE?

The **Vial of Life** is a tool to help first responders know someone's important health information when they can't share it themselves.

What's Included?

One (1) **window cling**, one (1) **magnet**, one (1) **health information sheet**, one (1) **extra large pill bottle**

How to Use a **Vial of Life**:

- 1**
Put a *Vial of Life* window cling on your front door or on a window next to it.

- 2**
Put a *Vial of Life* magnet on the outside of your refrigerator door.

- 3**
Complete the information sheet, place it in the *Vial of Life* bottle, and put it inside your refrigerator door.


For questions about **Vial of Life**, please contact RFGH Community Health at (207) 858-2318.

If you have a Vial of Life and need to update your medical information inside the Vial, please [download and print this form](#).