



MAY CLASS SCHEDULE 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>INSTRUCTORS</p> <p>TYLER CATES SCOTT PADELFORD MANDY STETSON ANDY MASSUCCO TORI MACDONALD EMILY WITHAM KIRK CASTERLINE</p>	<p>INSTRUCTORS ARE SUBJECT TO CHANGE</p>		<p>1 7:05 Water Aerobics (L) MANDY 9:05 Circuit Training (W) SCOT 11:05 Arthritis/Fibro (T) TYLER 1:05 Special Olympics (L) ANDY</p>	<p>2 8:05 Water Fitness (L) TORI 9:05 Circuit Training (W) TYLER 10:05 Water Fitness (L) ANDY 11:05 Arthritis/Fibro (T) SCOT</p>	<p>3 7:05 Water Aerobics (L) MANDY 8:15 Chair Yoga (W) TYLER 9:05 Chair Yoga (W) TYLER 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) KIRK</p>	<p>HOURS OF OPERATION:</p>
<p>MONTHLY MEMBERSHIP RATES:</p>	<p>6 7:05 Water Aerobics (L) TORI 9:05 Circuit Training (W) SCOT 10:05 Water Fitness (L) EMILY 11:05 Arthritis/Fibro (T) KIRK</p>	<p>7 8:05 Water Fitness (L) MANDY 9:05 Circuit Training (W) SCOT 10:05 Water Fitness (L) ANDY 11:05 Arthritis/Fibro (T) SCOT</p>	<p>8 7:05 Water Aerobics (L) TORI 9:05 Circuit Training (W) SCOT 11:05 Arthritis/Fibro (T) TYLER</p>	<p>9 8:05 Water Fitness (L) TORI 9:05 Circuit Training (W) TYLER 10:05 Water Fitness (L) ANDY 11:05 Arthritis/Fibro (T) SCOT</p>	<p>10 7:05 Water Aerobics (L) MANDY 8:15 Chair Yoga (W) TYLER 9:05 Chair Yoga (W) TYLER 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) KIRK</p>	<p>MON-THURS 7 AM - 6 PM FRIDAY 7 AM - 4 PM</p>
<p>REGULAR: \$60.00 REWARDS: \$45.00 SENIOR: \$30.00* STUDENT: \$30.00</p>	<p>13 7:05 Water Aerobics (L) MANDY 9:05 Circuit Training (W) SCOT 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) KIRK</p>	<p>14 8:05 Water Fitness (L) MANDY 9:05 Circuit Training (W) SCOT 10:05 Water Fitness (L) ANDY 11:05 Arthritis/Fibro (T) SCOT</p>	<p>15 7:05 Water Aerobics (L) MANDY 9:05 Circuit Training (W) SCOT 11:05 Arthritis/Fibro (T) TYLER</p>	<p>16 8:05 Water Fitness (L) TORI 9:05 Circuit Training (W) TYLER 10:05 Water Fitness (L) ANDY 11:05 Arthritis/Fibro (T) SCOT</p>	<p>17 7:05 Water Aerobics (L) MANDY 8:15 Chair Yoga (W) TYLER 9:05 Chair Yoga (W) TYLER 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) KIRK</p>	<p>CLOSED DAILY 12 - 1 PM RESERVATIONS REQUIRED FOR ALL POOL USE 858-8855</p>
<p>DAILY MEMBERSHIP RATES:</p>	<p>20 7:05 Water Aerobics (L) MANDY 9:05 Circuit Training (W) SCOT 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) KIRK</p>	<p>21 8:05 Water Fitness (L) MANDY 9:05 Circuit Training (W) TYLER 10:05 Water Fitness (L) ANDY 11:05 Arthritis/Fibro (T) TYLER</p>	<p>22 7:05 Water Aerobics (L) MANDY 9:05 Circuit Training (W) SCOT 11:05 Arthritis/Fibro (T) TYLER</p>	<p>23 8:05 Water Fitness (L) TORI 9:05 Circuit Training (W) TYLER 10:05 Water Fitness (L) ANDY 11:05 Arthritis/Fibro (T) SCOT</p>	<p>24 7:05 Water Aerobics (L) MANDY 8:15 Chair Yoga (W) TYLER 9:05 Chair Yoga (W) TYLER 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) KIRK</p>	<p>(L) = LAP POOL (T) = THERAPY POOL (W) = WEIGHT ROOM</p>
<p>REGULAR: \$7.50 STUDENT: \$3.00 SENIOR: \$3.00* *60+ YEARS OLD</p>	<p>27 CLOSED FOR MEMORIAL DAY </p>	<p>28 8:05 Water Fitness (L) MANDY 9:05 Circuit Training (W) TYLER 10:05 Water Fitness (L) ANDY 11:05 Arthritis/Fibro (T) SCOT</p>	<p>29 7:05 Water Aerobics (L) MANDY 9:05 Circuit Training (W) SCOT 11:05 Arthritis/Fibro (T) TYLER</p>	<p>30 8:05 Water Fitness (L) TORI 9:05 Circuit Training (W) TYLER 10:05 Water Fitness (L) ANDY 11:05 Arthritis/Fibro (T) SCOT</p>	<p>31 7:05 Water Aerobics (L) MANDY 8:15 Chair Yoga (W) TYLER 9:05 Chair Yoga (W) TYLER 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) KIRK</p>	<p>AQUATIC CLASSES 35-45 MINUTES CIRCUIT TRAINING 50 MINUTES</p>