

Understanding Your Newborn

*Empowering Your
Experience as a New Parent*



Class Dates

- December 4, 2024
- March 6, 2025
- June 9, 2025
- September 16, 2025
- December 10, 2025

All classes will be from 4:30pm - 6:30pm.

All classes will be at Redington-Fairview
General Hospital.

Topics Covered

- ✓ Newborn Traits
- ✓ Newborn Behaviors
- ✓ Crying & Comforting
- ✓ Feeding
- ✓ Diapering
- ✓ Bathing, Nail Care and Dressing
- ✓ Newborn Health
- ✓ Newborn Safety

To sign up,
please call:



(207) 858-2318