

January 4th, 2026

Reframing Worship
Romans 12:1-8

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.
Romans 12:1-2 (NIV)

OVERVIEW

- A Turning Point (v. 1)
- An Inner Transformation (v. 2)
- A Humble Self-Assessment (v. 3)
- A Reframed Community (vv. 4-5)
- A Purposeful Life (vv. 6-8)

True worship isn't just about singing.
It's about _____ wholly to God
and living a life of _____ to others.

1. Worship is _____. Rom 12:1; Luke 2:42

2. Worship is _____. Rom 12:2; Matt 5-7

Letting God Rewire Your Mind:

- _____ the pattern.
- _____ the lie with truth.
- _____ the truth daily.
- _____ differently.

3. Worship is _____. Rom 12:6-8; Mark 10:45

TALK IT OVER

Because we believe that the sharing of our ideas and beliefs enhances our spiritual growth in ways teaching alone cannot - we encourage you to join a small group at Sunridge and discuss some of the following questions.

What stood out most from this message, and why?

Worship as Surrender. Paul urges us to *“offer your bodies as a living sacrifice.”*

- What does it look like, practically, to “lay yourself on the altar” in daily life?
- What areas of your life are hardest to surrender fully to God's control?

Worship as Renewal. Paul contrasts *conforming to the world* with *being transformed by the renewing of your mind.*

- Where do you notice the world's thinking shaping your own mindset?
- What rhythms or habits could help you “rewire your mind” with God's truth instead?

Worship as Service. Paul describes the church as a body made up of many parts.

- How has God uniquely gifted you to serve others?
- What's one concrete “then” step you can take this week to use your gifts for the good of others?

Worship as a Lifestyle

- How might our community look different if we truly lived as “living sacrifices” outside Sunday mornings?
- What would it mean for your small group to *“Right flank—MARCH”* together in response to this passage?



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*True worship isn't just about singing.
It's about surrendering ourselves wholly to God
and living a life of service to others.*

1. Worship is surrender. Rom 12:1; Luke 2:42

2. Worship is renewal. Rom 12:2; Matt 5-7

Letting God Rewire Your Mind:

- Recognize the pattern.
- Replace the lie with truth.
- Rehearse the truth daily.
- Respond differently.

3. Worship is service. Rom 12:6-8; Mark 10:45

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