

April 26<sup>th</sup>, 2026

Your Inner Life

For this reason, I kneel before the Father, from whom every family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being  
Ephesians 3:14-16 (NIV)

*God is far more concerned with the strength of our \_\_\_\_\_ than the appearance of our outer one.*

The \_\_\_\_\_ of Jesus. Matt 14:13; John 18:2; Luke 4:16

Jesus often withdrew to lonely places and prayed. (Luke 5:15)

*Nobody \_\_\_\_\_ toward Christlikeness.*

The \_\_\_\_\_ of Jesus. Matt 11:28

He appointed twelve that they might be with him and that he might send them out to preach and to have authority to drive out demons. (Mark 3:14-15)

*The life Jesus invites us into begins with \_\_\_\_\_ before doing anything for Him.*

The spiritual life is just like any other part of life; you have to \_\_\_\_\_ . Php 3:7-10

*It's the hidden life that \_\_\_\_\_ the public life.*

FIVE DAYS ON A HILLSIDE...

*Because we believe that the sharing of our ideas and beliefs enhances our spiritual growth in ways teaching alone cannot - we encourage you to join a small group at Sunridge and discuss some of the following questions.*

### Where Are You Right Now?

Wherever you are in the week—fully engaged, partially engaged, or just beginning FIVE DAYS ON A HILLSIDE—what have you noticed so far about your inner life? That could be a thought, an emotion, a resistance, or even a lack of clarity.

### What's Shaping You?

The message reminded us that if we're not being intentionally formed by Jesus, we're being unintentionally formed by something else. What do you sense has been shaping your inner life most lately—and how aware were you of that before this week? Where do you see that influence showing up in your reactions, worries, or pace of life?

### Being With Jesus

Jesus' invitation is first to "be with Him" before doing anything for Him. What makes that easier for you—and what tends to crowd it out in this season of your life?

### One Small Next Step

As you think about the rest of this week, what is one small, realistic step you could take to strengthen your inner life—something that feels life-giving rather than burdensome? How can this group support or pray for you in that step?



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*God is far more concerned with the strength of our inner life than the appearance of our outer one.*

The inner life of Jesus. Matt 14:13; John 18:2; Luke 4:16

Jesus often withdrew to lonely places and prayed. (Luke 5:15)

*Nobody drifts toward Christlikeness.*

The invitation of Jesus. Matt 11:28

He appointed twelve that they might be with him and that he might send them out to preach and to have authority to drive out demons. (Mark 3:14-15)

*The life Jesus invites us into begins with being with Him before doing anything for Him.*

The spiritual life is just like any other part of life; you have to put in the work. Php 3:7-10

*It's the hidden life that shapes the public life.*

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