

March 22, 2026

Receiving Grace in Every Circumstance
Jonah

An Overview of Jonah

ACT 1 (Chapters 1 & 2) <i>Jonah, Gentiles, and the Great Sea</i>	ACT 2 (Chapters 3 & 4) <i>Jonah, Gentiles, and the Great City</i>
1:1 God's Word Comes to Jonah 1:3 Jonah's response 1:4 The word of warning 1: 5 The response of the Gentiles 1:6 The response of the Gentile leader 2:1-10 God teaches Jonah the meaning of grace	3:1 God's Word Comes to Jonah again 3:3 Jonah's response 3:4 The word of warning 3: 5 The response of the Gentiles 3:6 The response of the Gentile leader 4:1-10 God teaches Jonah the meaning of grace again

Since there's a little bit of Jonah in all of us, what can we learn from his story to help us become more like Jesus?

The Spirit uses _____ to form us.
Romans 8:28-29, Hebrews 11, Matthew 22:37-40, Philippians 2:3-4

Discipleship is learning to _____, not _____.
John 14:6, Exodus 34:6-7

Grace is not just _____ —it is _____.
Ephesians 2:8-9, Romans 5:20-21

Because we believe that sharing our ideas and beliefs enhances our spiritual growth in ways teaching alone cannot - we encourage you to join a small group at Sunridge and discuss some of the following questions.

Share a time in your life when you felt certain you were following God, but things didn't turn out as expected. How did you respond at the time? Looking back, can you see how God may have been forming you?

In the message, we learned that many of the "heroes of faith" listed in Hebrews 11 faced moments that appeared like failures on their journey. Yet, these moments were vital in shaping them into the person God knew they could become. Why do you think challenges are necessary to mold us into the image of Jesus? Can you think of a challenge that shaped your faith?

Initially, Jonah would rather run from God and be thrown into a raging sea than accept the mission God gave him. When have you struggled to trust God with an outcome and tried to control it instead?

Jonah first learned of God's grace in the belly of a whale when he declared, "Salvation comes from the Lord" - Jonah 2:9. But he needed a refresher in grace after God spared the Ninevites. What are some other biblical examples where grace extends beyond forgiveness and begins to shape us? (Examples might include Peter after denying Jesus, David after Bathsheba, or Paul after persecuting the church.) How have you experienced grace shaping you?

As you think about this week, where might God be inviting you to go to "Nineveh" instead of "Tarshish"? What would it look like to trust God with that step?



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Since there's a little bit of Jonah in all of us, what can we learn from his story to help us become more like Jesus?

The Spirit uses ALL OF LIFE to form us.

Romans 8:28-29, Hebrews 11, Matthew 22:37-40, Philippians 2:3-4

Discipleship is learning to RECEIVE, not CONTROL.

John 14:6, Exodus 34:6-7

Grace is not just FORGIVENESS—it is FORMATION.

Ephesians 2:8-9, Romans 5:20-21

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