Pop Art Recipes

Materials needed:
Popsicle molds and wooden sticks (Or use glasses/paper cups)
Pan to make syrup
Measuring cups
Mixing bowl
Blender, smoothie maker, or potato masher

Basic Fruit Pop Ingredients:
2 ¼ cup fruit-puree
¾ cup simple syrup
1 cup water
A pinch of salt
A squeeze of lemon

Simple syrup recipe:
1. Combine 1 cup sugar + 1 cup water in a pot and heat together over medium heat, stirring until the sugar has dissolved.
   Optional: Add flavorings such as lemon or orange rind; crushed mint or basil; powdered cinnamon or ginger.
2. Turn off heat, cover the pot, and let it cool.
3. If you have extra, refrigerate it for future projects.

Basic Fruit Pop Recipe:
1. Measure and combine fruit puree, simple syrup, water, salt, and lemon juice in a container that has a pouring spout.
2. Mix together and pour into molds leaving about ¼ inch space at the top. (Paper cups, or glasses work just as well.)
3. Place into the freezer for about an hour, until puree is semi-frozen.
4. Put sticks into the molds or cups.
5. Freeze for an additional 5 to 6 hours until solid.
6. To remove pops from the molds, place the molds or cups into a bowl of cool tap water for about 10-12 seconds. Pull out the pops from their molds.

Tie Dye Pop Recipe:
1. Make 2, 3, or more fruit purees using the basic recipe.
2. Pour ¼ inch of one puree into the mold, followed by the next, alternating until you get within ¼ inch of the top of the mold or cup.
3. Use a stick to gently swirl the colors.
4. Follow freezing, sticking, and unmolding directions for the basic pop recipe.

Fruit Lemonade Pops:
1. Fill your mold or cups with fresh fruit.
2. Pour lemonade into the molds leaving ¼ inch at the top.
3. Follow freezing, sticking and unmolding directions for the basic pop recipe.