

<b>FRIDAY</b>		<b>FIELD EVENTS</b>			
4:00	PM	HIGH JUMP	M/W	W-NORTHEAST PIT	M-SOUTHWEST PIT
4:00	PM	WEIGHT THROW	W	3 FLIGHTS	
5:00	PM	LONG JUMP	W	3 FLIGHTS	
5:00	PM	LONG JUMP	M	2 FLIGHTS	
5:00	PM	POLE VAULT	M	15 COMPETITORS	
7:00	PM	WEIGHT THROW	M	2 FLIGHTS	

<b>FRIDAY</b>		<b>RUNNING EVENTS</b>			
7:00	PM	200 METERS	W	20 SECTIONS	
7:40	PM	200 METERS	M	13 SECTIONS	
8:00	PM	DISTANCE MEDLEY	W	1 SECTION	
8:15	PM	DISTANCE MEDLEY	M	1 SECTION	
8:30	PM	5000 METERS	W	1 SECTION	
8:50	PM	5000 METERS	M	1 SECTION	



<b>SATURDAY</b>		<b>FIELD EVENTS</b>			
10:30	AM	POLE VAULT-unseeded	W	16 COMPETITORS	
11:00	AM	SHOT PUT	W	3 FLIGHTS	
2:00	PM	POLE VAULT-seeded	W	15 COMPETITORS	
2:00	PM	TRIPLE JUMP	W	2 FLIGHTS	
2:00	PM	TRIPLE JUMP	M	2 FLIGHTS	
2:00	PM	SHOT PUT	M	2 FLIGHTS	

<b>SATURDAY</b>		<b>RUNNING EVENTS</b>			
10:00	AM	3000 METERS-unseeded	W	SECTION 2-3	
10:30	AM	3000 METERS-unseeded	M	SECTION 2-3	
10:55	AM	MILE RUN-unseeded	W	SECTION 3-4	
11:15	AM	MILE RUN-unseeded	M	SECTION 3-4	
11:30	AM	800-unseeded	W	SECTION 4	
11:35	AM	800-unseeded	M	SECTION 4	
11:40	AM	400 METERS-unseeded	W	SECTION 6-11	
12:00	PM	400 METERS-unseeded	M	SECTION 6-11	

(12:20...Break...sprint/hurdle warmup)

1:00	PM	60 HURDLES-prelim	W	6 HEATS	
1:20	PM	60 HURDLES-prelim	M	4 HEATS	
1:40	PM	60 METERS-prelim	W	8 HEATS	
2:00	PM	60 METERS-prelim	M	8 HEATS	
2:20	PM	MILE RUN-seeded	W	TOP 2 SECTIONS	
2:35	PM	MILE RUN-seeded	M	TOP 2 SECTIONS	
2:55	PM	60 HURDLES-final	W	1 SECTION FINAL	
3:05	PM	60 HURDLES-final	M	1 SECTION FINAL	
3:10	PM	60 METERS-final	W	1 SECTION FINAL	
3:15	PM	60 METERS-final	M	1 SECTION FINAL	
3:25	PM	400 METERS-seeded	W	TOP 5 SECTIONS	
3:40	PM	400 METERS-seeded	M	TOP 5 SECTIONS	
3:55	PM	800 METERS-seeded	W	TOP 3 SECTIONS	
4:10	PM	800 METERS-seeded	M	TOP 3 SECTIONS	
4:25	PM	3000 METERS-seeded	W	TOP 1 SECTION	
4:40	PM	3000 METERS-seeded	M	TOP 1 SECTION	
4:55	PM	4X400 RELAY	W	4 SECTIONS	
5:25	PM	4X400 RELAY	M	4 SECTIONS	