**MISSION:**
Promoting the overall personal and professional development of rising sophomore and junior student-athletes and equipping them with the necessary skills and resources for future internships and careers all while encouraging leadership and service.

**INTERNSHIP & CAREER READINESS**
- Career Center 101
- Interview 101
- Mock Interviews
- Smart Work Ethics
- YouScience Assessment

**PERSONAL DEVELOPMENT**
- Money 101
- QPR Training
- Use Your Voice
- Brand & Reputation
- Resilience in the Face of Adversity

**COMMUNITY SERVICE**
- Martha O'Bryan
- Camp Vandy at the Rec
- East Park Community Center
- Fisk University Summer Camp

**EXIT SURVEY RESULTS**
- **Overall content and usefulness** rated on a scale from 1 (worst) to 10 (best).
- The scores were averaged from a total of 12 surveys.

Content: 7.8
Usefulness: 7.7

**Student-Athlete Quotes:**
- "The Use Your Voice workshop taught me how to share my opinion and know that it matters."
- "It was so nice getting to do Mock Interviews in a low pressure environment but resembling the actual experience."
- "I enjoyed the Branding workshop because it is important to understand our platform as athletes."
- "I enjoyed every session. They were all so useful and applicable to our daily lives and what we will need in the long run."
- "I will be smarter about budgeting through the school year."
- "The community service was humbling. I was reminded that I need to be thankful for what I have been given."

**Workshops were rated on a scale from 1 (unsatisfactory), 2 (Poor), 3 (Average), 4 (Good), 5 (excellent).**
- The scores were averaged from a total of 9 completed surveys.

**Most important things learned by the student-athletes:**
- Using Your Voice
- CC Resources
- Interview Skills
- Money Management
- Resume Building
VOLUNTEERING WITH NEXT STEPS

PROFESSIONAL HEADSHOTS

INTERVIEW 101

HONOR COUNCIL WORKSHOP

VOLUNTEERING WITH NEXT STEPS

EAST PARK COMMUNITY CENTER

EAST PARK COMMUNITY CENTER

MOCK INTERVIEWS

QPR TRAINING

FIJK Universidad Summer Camp