The Vanderbilt Athletics Summer Internship Program provides student-athletes with the opportunity to gain professional-level experience and perspective on their long term career goals. Based on the student-athletes’ interests, they intern twenty hours a week at a Nashville area business.

**MISSION:**

**INTERNSHIP EXPERIENCE**
- Critical Thinking & Problem Solving
- Professional Communication
- Job Specific Technical Skills
- Planning & Prioritizing
- Time Management
- Receptiveness
- Self-Reliance
- Adaptability

**PROFESSIONAL DEVELOPMENT WORKSHOPS**
- Discovering a Career Path
- Personal Brand Strategy
- Determining Values
- Workplace Culture
- Telling Your Story
- Workplace Ethics
- Professionalism
- Networking

**PARTICIPANTS**

**SPORTS REPRESENTED:**
- Men’s Sports
  - Baseball
  - Basketball
  - Cross Country
  - Football
- Women’s Sports
  - Basketball
  - Bowling
  - Cross Country
  - Lacrosse
  - Soccer
  - Swimming

**INTERNSHIP SITES:**
- Aether
- Capital Financial
- Cooley Public Strategies
- Defiance Fuel
- duGard Communications
- Elmington Properties
- Enfield Management
- Farmington Mortgage
- Friends Life
- Hanger Prosthetics
- Hashed Health
- Holiday Inn
- IMG
- Instruction Partners
- IQ Talent Partners
- Judge Dalton’s Office
- Juvenile Courts
- Leukemia Foundation
- Martha O’Bryan
- Mercury Courts Clinic
- N.I.C.E.
- Peachtree Planning
- Preston Taylor Ministries
- Riser House
- Rocketown
- Room in the Inn
- Select Physical Therapy
- Soles 4 Souls
- Special Olympics
- Staffing as a Mission
- TN Environmental Council
- Tortola Advisors
- Volunteer Tennessee
- VU Career Center
- VU Children’s Hospital
- VU Communications
- VU Development & Alumni Relations
- VU Medical Center
- VU Neuroscience - Calipari Lab
- VU Office of LGBTQI Life
- VU Office of Investments
- VU Owen Graduate School of Business
- VUPD
- VU Sleep Laboratory
- YMCA - YCAP

85 Student-Athlete Participants
**EXIT SURVEY RESULTS**

- Overall *usefulness* was rated on a scale from 1 (worst) to 10 (best).
- The scores were averaged from a total of 49 surveys.

**Usefulness:**

- Student-Athletes were asked if they would intern with the organization again.
- Student-Athletes were asked if they would consider working for the organization.
- The scores were pulled from a total of 49 surveys.

- 79.6% Would intern with the organization again.
- 61.2% Would consider working for the organization.

- Student-Athletes were asked if they would recommend the internship program to other student-athletes.
- The scores were pulled from a total of 49 surveys.

- 91.8% Would recommend the internship program to other student-athletes.

**Most Valuable Take Away:**

- "The value of forming relationships."
- "Gaining experience outside the classroom."
- "Having a mentor relationship with my supervisor."
- "Becoming more comfortable in a work environment."
- "Making connections, learning new skills and gaining confidence."
- "Learning how to sell your personal brand."
- "Getting to learn directly from professionals."
- "The ability to operate in a professional setting."
- "Learning the importance of self-accountability."
- "Sitting in on meetings regarding deals/partnerships."
- "Learning what I would and would not like to do in the future."

**Student-Athlete Quotes:**

- "I feel even stronger about my long term goals as a result of my internship experience."
- "My research internship provided a solid foundation for graduate school in the future."
- "Before doing this internship, I hadn't even thought about this industry, but now I can definitely see myself working in this industry after college."
- "This was my 1st job experience and I couldn't believe how many new connections I was able to make."
- "My internship aligned with my long term goals and has affirmed my industry of choice."
- "After talking with the CEO at my internship, I will choose a graduate program that better aligns with my career goals."
- "I want to one day get a MD or PhD or both, so getting experience in a laboratory is important."