**Student-Athlete Enhancement**

**Personal Enhancement** is the foundation for student-athlete success. This includes a focus on personal identity and values, well-being, transition, and reflection.

**Social Responsibility** is a cornerstone that emphasizes social awareness, civic engagement, and moral application.

**Career Development** is a cornerstone to assist student-athletes with career exploration, choice, preparation, and transition.

**Leadership** is the keystone that develops student-athletes’ personal, social, and professional leadership skills.

**Student-Athlete Advisory Committee** engages with all program areas and serves as a voice to provide insight on the student-athlete experience.

**Prepared Professional** is the capstone that emphasizes the intentional application and reflection of skills to form one’s own personal identity and become an ambassador of Vanderbilt University.
Personal Development Programming

- Freshmen Bridge Program in conjunction with Academic Support
- Summer Diversity Programming- Civil Rights Room, LGBTQI education, Title IX education, Diversity Bus tour including Fisk, Islamic Center, Hispanic Family Foundation and Tennessee Immigrants and Refugee Rights Coalition
- Wellness Orientation for Freshmen
- You Science with Sophomores
- Speakers: Davis Tarwater, Andrew & Jameel, Kate Fagan, Freddie Scott, ESPNW
- Senior Send-Off workshops
More Than A Student-Athlete Campaign

The campaign was developed by the Student-Athlete Advisory Committee (SAAC) to celebrate the student-athletes' array of accomplishments and interests away from their respective sports.

-SAAC chose who they wanted to represent their team
-Each student-athlete selected was featured in a video
-A traveling exhibit was set up in McGugin, the Commons and Sarratt featuring each student-athlete and their “more than” statement
Career Development

10 rising sophomores

Partnered with the Wond’ry and the Nashville Entrepreneur Center for programming about starting your own business
Campus Partners

Office of Religious Life
LGBTQI Life
VUPD
BCC
Transitions Office

Center For Student Wellbeing
Student Leadership Development
Project Safe
Career Center

An Evening with Kate Fagan:
THE PRESSURE TO BE PERFECT

March 19 - 8 PM
SLC Board of Trust Room
GME/MVE
Freshmen:
Prevention Playbook training facilitated by Project Safe: A Sexual Violence Prevention Program for Student Athletes
90-minute interactive workshop designed to help student athletes better understand warning signs for sexual assault and intimate partner violence, learn how to obtain effective consent, in accordance with Tennessee state law and Vanderbilt University policy, engage in safe and appropriate forms of bystander intervention, and learn how to support a friend or teammate who has been impacted by sexual violence and/or an investigation. Participants will develop strategies for obtaining and clarifying consent in intimate encounters, building and maintaining healthy relationships, and developing support networks through peers, teammates, and University resources.

Sophomores, Juniors and Seniors:
Each class completed a 30 minute in person workshop (different for each class and developmentally appropriate) with Project Safe facilitators that built upon the Prevention Playbook Training and topics discussed the previous year.

Sophomores: Engaging Your Voice
Juniors: Changing the Culture
Seniors: Life After Vanderbilt
Community Service

- Trick or Treat with Greeks and Student-Athletes
- SAAC Holiday Party
- Soles4Souls shoes drives
- Metro Nashville Schools
- Buena Vista Elementary
- Vanderbilt Children’s Hospital
- Veterans Affairs Medical Center
- Stallworth Rehab Center
- Dance Marathon
- Nashville Rescue Mission
- Hurricane Harvey Donation Drive

3500 hours!
Soles4Souls Service Trip Jamaica May 2017
Morocco
August 2018