

Athlete – Alex (Rathburn) Hudson

Class of 2007

Alex is a 2007 graduate of Western Reserve High School. During those years, she was awarded two varsity letters in volleyball and two letters in varsity basketball, while excelling in track and field, becoming a four-year letterman. She is also proud to have won two (2) Red Apple Awards during her high school career.

With the dedicated guidance of Coach Lew Speece, Alexandra became a 6-time All-Ohio student-athlete performer while competing at the Ohio State High School Track and Field Championships for four consecutive years. Ms. Rathburn-Hudson capped off her high school career earning a spot at the top of the podium as the 2007 Division III Shot Put State Champion.

Because of her performance throughout the track and field season, Miss Alex was chosen by the Greater Youngstown Track Officials Association as their 2007 Female Athlete of the Year award winner.

During Alex's senior year, she re-set her own Western Reserve High School girl's records in both the shot put with a toss of 43'-1/2" and the discus throw of 139'-7". Along with the records and state championship, Rathburn-Hudson amassed a list of accolades including:

- 2004 Youngstown Vindicator Performer of the Year in Shot Put (freshman)
- 4-Time ICL/ITCL Shot Put & Discus Throw Champion
- 4-Time NEO Division III Invitational Shot Put & Discus Throw Champion & Field Events MVP
- 4-Time Mahoning County Shot Put & Discus Throw Champion
- 3-Time Joe Lane Invitational Shot Put Champion
- 6-Time Medalist Austintown Optimist Track Meet & 2007 Most Outstanding Performance-Field Events
- 4-Time District Shot Put & 3-Time District Discus Throw Champion
- 3-Time Regional Shot Put & Discus Throw Champion
- Inter-County League (ICL) Shot Put Record Holder

Ms. Rathburn was rewarded with a scholarship to Coastal Carolina University earning a spot on the varsity track and field team, competing in the Big South Conference. Later, Alex moved onto State College of Florida to continue her academic career earning her Bachelors of Applied Science Degree in Health Services Administration.

She is currently a healthcare administrator at Village on the Isle, a continuing care retirement community in Venice, Florida.

Residing in Osprey, Florida, she has been married to husband and high school football coach Brian Hudson for six years and is the mother of two beautiful children Bam, 17, and Layla, 5. Her family is very active in Grace Church Sarasota Campus.

Her dad, Rick Rathburn is the coolest dude in the world and she owes everything to him.