



East Central Eagles Student/Parent Handbook 2017-2018

Fall

Cheerleading
Football
Cross Country
Volleyball
Fall Musical
Pep Band
Jazz Band

Winter

Cheerleading
Boys' Basketball
Girls' Basketball
Boys' Hockey
Girls' Hockey
One Act
Math League
Knowledge Bowl
Pep Band
Jazz Band

Spring

Baseball
Softball
Golf
Track and Field
Trap Shooting
Spring Play
Jazz Band
Marching Band
Choir

To Inspire and Develop Excellence

Activities Director

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eastcentraleagles.org

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East Central Public Schools Mission Statement

East Central Public School, in partnership with families and community, is dedicated to achieving educational excellence by developing in all students the confidence, knowledge, and responsibility to succeed.

We believe participation in activities is an integral part of the educational process. Activities go hand in hand with academics, together they provide an opportunity to excel individually, to be part of a group, to gain real life lessons about the importance of teamwork, responsibility, commitment, and hard work. Our philosophy is to encourage the emotional, physical, and intellectual development of each student. East Central maintains a comprehensive program of student activities. Student participation in a variety of activities is highly encouraged.

East Central Athletic Strategic Plan

Purpose Statement

(Our dream is that...)

Our purpose at East Central as leaders is to develop young people of commitment and integrity who will persevere in the face of adversity, while building community and school togetherness through activities.

Goals

(we will focus our energies on ...)

**Skill Development Creating Lasting Experiences Value Development
Program Development Operational Efficiency**

Values

(We hold these concepts most important)

**Commitment Respect Teamwork Trust Discipline
Passion Health Communication Relationships Fun**

East Central High School Activities Program is an important component of District #2580's educational experience. On behalf of all the coaches and advisors we wish you the best in your athletic and fine arts experience. Each student at East Central is given the opportunity, if eligible, to participate in any sport or fine art available. We hope your experience is rewarding and gratifying.

The purpose of this booklet is to give you the information on activities policies and procedures followed in all of our programs. Please read the entire booklet and direct any questions to your coach or the activities director.

We believe that participation in activities is an integral part of the educational process. It is a great way for you to become more involved and connected with your classmates. Activities go hand in hand with academics. Together they provide you with an opportunity to excel individually, to be part of a group, to gain real life lessons about the importance of teamwork, responsibility, commitment and hard work. Our philosophy is to encourage the emotional, physical, and intellectual development of each student.

Governing Values of the MSHSL

The League values:

- Equity, fairness and justice
- Activities which support the academic mission of schools
- Fair play and honorable competition
- Activities which support healthy lifestyles
- Treating people with dignity and respect.

Minnesota State High School League Student Code of Responsibilities

As a student participation in my school's interscholastic activities, I understand and accept the following responsibilities:

1. I will respect the rights of others and will treat others with courtesy and consideration
2. I will be fully responsible for my own actions and the consequences of my own actions.
3. I will respect the property of others.
4. I will respect and obey the rules of my school and the laws of my community, state, and country.
5. I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state and country.

Great River Conference

The Great River Conference exists to promote and control both competitive and cooperative activities of students and faculty of its member schools. The member schools recognize the benefits that can accrue from healthy competition and seek to prevent the harm that can result when competition is over emphasized. They wish to afford all students multiple opportunities to participate in interscholastic activities without discrimination. The Great River Conference consists of the following schools: Braham, Hinckley-Finlayson, Isle, Ogilvie, Onamia, Pine City and Rush City.

Minnesota State High School League Region 5A

East Central High School is a voluntary member of the Minnesota State High School League (MSHSL) and abides by its rules and policies. Our administrative region is 5A. However, we compete in various region and section competition based on classifications determined by the MSHSL.

East Central High School Competes in the following sections:

5A- Baseball, Softball, Girls Basketball, Boys Basketball, Boys Hockey, Music, Boys Track, Girls Track, Volleyball, One Act

7A- Football, Boys Cross Country, Girls Cross Country, Boys Golf, Girls Golf, Girls Hockey, Visual Arts

Trap Shooting- Conference 3 of Minnesota Clay Target League - This conference will change year to year depending on the number of participants.

Special Note to the Parent

Welcome to East Central Activities. Your student has indicated a desire to participate in interscholastic activities and you have expressed your willingness to permit him/her to compete. We believe that participation in activities provides a wealth of opportunities and experiences that promote personal growth. We are concerned with the educational development of our students and believe that a well-organized and properly controlled activities program can meet student needs for self-expression, social, emotional, and physical growth. It is our hope to maintain a program that is sound in purpose and will further each student's educational maturity.

Participation in activities requires students to discipline their minds and bodies for rigorous competition. We strive for excellence and want our students to make a commitment to excellence. School activities will come and go quickly, but the impact they have on you and your student is everlasting. We hope we can form a partnership that will help our students attain their individual and team goals.

Special Note to Participants

Good luck and best wishes for a successful athletic career at ECHS. Being a member of a East Central team is the fulfillment of an early ambition for many students. A strong tradition is not built overnight, but takes hard work of many people over many years. When you wear Royal and Silver, we expect you to be willing to assume the responsibilities that go along with them. We challenge you to continue the hard work and improve on the traditions of ECHS. The contributions you make should be a satisfying accomplishment to you.

1. Work/Play hard - You owe it to yourself to get the greatest possible good from your high school experiences. The most important is to broaden and develop strength of character. Your academic studies and your participation in extracurricular activities will prepare you well for life as an adult.
2. Represent your school and family well - When you put on the Royal and Silver, you represent the school and our communities. You assume a leadership role when you are on a team. The student body, the community and other communities judge our school by your conduct and attitude. Because of this leadership role, you can contribute greatly to school spirit and community pride.
3. Be a positive team member - You can impact the attitudes on your team. Be a positive leader whether in the contest or on the bench. Every experience you have in life will not be pleasant. Learning positive ways to deal with adversity will help you in your adult life.

Registration for Sports and Activities

East Central uses FeePay for electronic registration. This website is for every student-athlete even if you are not a student at East Central. Once you have set up your account your student's information will be retained for future athletics and activities. Once you have completed registration the FeePay system will send an email directly to the coach with the OK to begin practicing.

We do not accept paper registration forms. We do have computers available if you do not have one. The East Central FeePay website is eastcentral.feepay.com.



If you have a QR reader you can use the above symbol to be taken directly to the FeePay site using your smart phone.

Activity fees are to be paid before the first day of practice unless other arrangements have been made. It is the intent of this school district to offer all students an opportunity to participate in activities regardless of their ability to pay. If you have any questions regarding payment of fees please contact Activities Director, Andrew Miller at 320-245-6021.

Refunds: Requests for refund of the participation fee can be made if a student decides to terminate their participation in an activity prior to their first competition. If a student becomes ill or injured, a student refund will be prorated based on portion of season completed. No refunds will be issued for voluntary quits after the first competition.

Activities Fees are as follows:

Fall	Winter	Spring
Cheerleading- \$50	Cheerleading- \$50	Baseball- \$50
Boys Cross Country- \$50	Boys Basketball- \$50	Softball- \$50
Football- \$50	Girls Basketball- \$50	Girls Track- \$50
Volleyball- \$50	Girls Hockey- \$50	Boys Track- \$50
Girls Cross Country- \$50	Boys Hockey- \$50	Boys Golf- \$50
	One Act - \$50	Girls Golf - \$50
		Coed Trap - \$70 *additional \$35 registration fee.

Junior High School Participation

Athletic Play-up Policy

All high school athletic programs governed by the MSHSL are 7-12 programs. Any 7th through 12th grade East Central Student may play on a East Central High School team.

East Central Athletic Participation Policy

7th and 8th graders may not play on a high school level team if that sport is already offered as a Jr. high school sport.

Exception- A student in one of the above Jr. high school sports may play on a high school level team if:

1. Numbers are needed to fill a high school squad.
2. The student's skills and abilities are such that they can earn meaningful playing time at the high school level.

This is determined by the head coach and coaching staff in consultation with the activities director. Jr. high school students competing on high school teams will be charged the participation fee that applies to that sport.

Eligibility

The MSHSL form is a promise to yourself, your teammates, your coaches, your school and your parents that you will abide by the rules. **Your signature tells us that you agree.** Please read the form carefully with your parents. Use of alcohol, tobacco, and mood altering chemicals are all covered by the **MSHSL eligibility form.** Rules about conduct, harassment, and participation during the season and off-season are also covered by the form. The following are the penalties for breaking your agreement.

Chemical Violation Policy- Athletics (Category I)

East Central School follows the Minnesota State High School League policy (year round). The MSHSL allows member schools to make their penalties stricter than the League's. At East Central we currently follow the minimum but do allow coaches to use more severe punishment at their discretion. The current penalties are as follows:

1st violation- 2 weeks or 2 games, whichever is greater.

2nd violation- 3 weeks or 6 contests, whichever is greater.

3rd violation- 4 weeks or 12 contests, whichever is greater.

If the violation occurs when the athlete is not in a sport, the ineligibility will be imposed during the next season that the student is involved in. If the penalty cannot be fully served in one season, it will carry over to the next season that the athlete participated in. It is an East Central High School Policy that if a student is to serve their penalty, they must be involved in a activity from the first day of practice until the end of the season.

Students are allowed to practice, at coaches discretion, during the 1st and 2nd violation penalty period. If an athlete has a chemical violation they forfeit any post-season awards including a East Central Letter, All-Conference, Honorable Mention for the season that the violation occurred in.

Chemical Violation Policy- Activities (Category II)

Due to the unique nature of Activities and their differences in schedules the following policy will be adopted. Activities that allow for multiple competitions will follow the rules previous stated for athletics. These activities include; marching band, math league, and knowledge bowl. Violations in all other activities will result in dismissal from the activity. These activities include; One-Act, Fall Musical, Spring Play, Choir, Large group band, Jazz Band.

Activities Department Statement regarding Chemical Use and Abuse

We believe it is extremely important that the school and family work together to promote healthy life styles.

1. Our teams will all emphasize and commit to being chemically free.
2. Team and family leaders should confront rather than ignore chemical use by participants.
3. Teams and families should work together to reduce chemical use and abuse by encouraging chemical-free behaviors.
4. Teams and families should strive to constantly promote positive attitudes in an effort to help participants feel good about who they are and what they are doing.

Fair Hearing Procedure

The League Constitution provides a Fair Hearing Procedure for the student or parent contesting a school's determination of ineligibility for a student. The student has 10 calendar days in which to appeal the school's decision. The appeals process includes an appeal before a hearing panel at the school and the right, if desired, to appeal that decision to the League's Board of Directors. An independent hearing examiner will hear the appeal and make written findings of fact, conclusions and a recommendation for the Board of Directors following the hearing. The Board's decision shall be final. A complete listing of the Fair Hearing Procedure may be obtained from the athletic director or principal of the high school or on the internet at www.mshsl.org in the Publications section.

Academic Eligibility Process

The academic eligibility policy of East Central High School is patterned after the MSHSL guidelines which indicate that students must be making satisfactory progress toward graduation. Student-athletes in grades 7-12 will have their grades checked weekly by the Activities Director. If a student is failing in one or more classes they will be notified that they are failing and will then be required to attend directed study before school (7:30-8 am) or after school (3:30-4:00) on Tuesday and Thursday until they are passing.

If they miss a study session they will then be ineligible for five days. At which point they will then be able to return to competition as long as they are meeting the grade or study session requirements.

Students will also be required to maintain a certain GPA to be eligible for Activities. This requirement will be for High School Students only. Students will be required to maintain the GPA that is associated with their grade level. This GPA will be judged based on quarterly or cumulative whichever is higher. Below is that scale.

9th Grade 1.67 GPA
10th Grade 1.80 GPA
11th Grade 1.95 GPA
12th Grade 2.0 GPA

At the end of the quarter students grades will be checked. If they fall below their grade level GPA or have one or more F's they will be ineligible for five days. The policy will be enforced within 3 working days of the posting of grades. In these three days, the students and coaches will be notified.

Harassment and Violence Policy

It is the policy of Independent School District 2580 to strive for a learning environment that is free from religious, racial or sexual harassment and violence. The School District prohibits any form of religious, racial or sexual harassment and violence.

It shall be a violation of this policy for any pupil, teacher, administrator or other school personnel of the school district to harass a pupil, teacher, administrator or other school personnel through conduct or communication of a sexual nature or regarding religion and race as defined by this policy. (For purposes of this policy, school personnel includes school board members, school employees, agents, volunteers, contractors or persons subject to the supervision and control of the District.)

It shall be a violation of this policy for any pupil, teacher, administrator or other school personnel of the School district to inflict, threaten to inflict, or attempt to inflict religious, racial or sexual violence upon any pupil, teacher, administrator or other school personnel.

The School District will act to investigate all complaints, either formal or informal, verbal or written, of religious, racial or sexual harassment or violence, and to discipline or take appropriate action against any pupil, teacher, administrator or other school personnel, who is found to have violated this policy.

Attendance

As always, a student must be in school in order to participate in a game, practice, or rehearsal. The rule is a student must be in school by 8:20 a.m. or have a parent permission to miss due to an appointment during the school day. It is best that those

appointments are pre-approved. Special circumstances will always be considered but only if the parent contacts the school directly by phone or email.

In the case of severe weather day where the district remains open but allows students an excused absence if the family feels it is in their child's best interest to stay home for the day, the participation guideline will still be enforced. Athletes and fine arts participants must be in school by 8:20 a.m. to participate that day. If weather caused the student to be late, the parent must call the school office to inform administration when their child will arrive and the reason for being late.

Bottom line... if you want to participate, you must be in school!

Bus Schedules/Travel

Buses are provided for travel to all games and a reasonable number of scrimmages. Students and coaches are expected to ride the bus due to insurance coverage. Students must be signed out by their parent or guardian after games in order to not ride the bus home. It is recommended that you make a sign out sheet to keep track of who is signing out. If students wish to ride home with another student's parents they must bring a note to the Activities Director to be signed off. Coaches will be conscious of how early your student is getting out of school for away games. It is recommended that they are released from class 10 minutes before the bus leaves. Students who provide their own transportation to events do so with parental consent and waive any and all school district liability related to said transportation.

East Central High School Locker Room Policy

This year locker rooms will be separated by having one locker room designated as the athletic locker room and the other as the physical education locker room. Locker Rooms will be opened at 3:10 p.m. and Locked at 3:45 p.m. each day. Any student late for practice will need to see their coach for access. By Sport, it is the coach's responsibility to insure access for their student athletes and security of the area. At no time should students be in the locker room unattended. Coaches should always make sure the locker room doors are locked when they leave. Coaches will now have to walk to the locker room and open the doors after practice. It is their duty to supervise the area until all students have left and lock the doors. This is to be followed by all coaches, all teams of all levels and gender.

East Central bans all photographic devices from locker rooms and rest rooms. With the capabilities of cell phones, it is important to emphasize to student athletes that cell phones and/or any other potential photographic device should not be in the locker room. The MSHSL has banned all cell phones from locker rooms at state tournaments. Remind student athletes not to use their cell phones until they are out of the locker room.

Equipment

School equipment checked out by athletes is their responsibility. They are expected to keep it clean and in good condition. All equipment must be turned in prior to participation in the next season. Loss of any equipment is the athlete's financial obligation. Students may not continue in the next activity until all obligations are fulfilled from a previous season. **Students who fail to return equipment will receive a fine notice for the value of the item. If it remains unpaid or is not returned this fine could prevent a student from receiving their report card or diploma.**

Booster Club

The booster club contributes time and effort to provide a positive experience for the athletes. Parents please consider getting involved no matter the age of your child. Involvement can come in many different forms such as: attending meetings, donation of time, donation of baked goods, donation of supplies in equipment and etc. If you are interested in helping with the booster club please contact the Activities Office and they will lead you in the right direction.

Fundraising

Fundraisers are an important way for us to sustain our programs. All fundraising activities have to be approved ahead of time and documented. Students may be asked to do minimal fundraising through out the year to help them get the "extra" things that are not necessary for playing the sport but help with team togetherness.

Athletic Training

Our trainer is an employee of First Light. Generally they will be available after school when teams are practicing. In the event that a trainer is not on duty the coach becomes the official trainer on duty. First-aid supplies are located in the training room. Any injuries that occur during competition or practice should be documented using the athletic injury form.

End of Season

Coaches will hold a post-season evaluation meeting with the team to wrap-up and collect uniforms and equipment. A post season banquet or celebration is the responsibility of the coach. In many cases a parent group will help with these banquets. If athletes fail to return their uniforms we can issue a fine against that student that prevents them from receiving their report card or diploma. The activities director should be notified for students failing to return uniforms.

Digital Recordings

East Central pays for all sports to use HUDL. This is video service that allows games and practices to be recorded and then made available to student-athletes and coaches online. All students at the varsity and jv level will be expected to access this video from time to time in order to aid in the learning process.

Website

The daily and yearly schedule for all events is up to the minute on our conference website. www.greatriverconference.org click on East Central High School. You can also sign up for the “Alert Me” service to receive an email if there are last minute changes to the schedule.

East Central High School Activities has an activity website:
eastcentraleagles.org

This website also provides a smart phone app. Search for VNN app in the android or apple store.

Awards

EAST CENTRAL LETTER AWARD- Presented to an athlete that meets the requirements set by each representative team. The school will provide a chenille “EC” the first time a student earns a letter in any sport or activity. Pins will be awarded for each additional letter.

ALL-STATE, ACADEMIC ALL-STATE, ALL-STAR GAMES- Coaches must be a member of the Coaches Association to nominate an athlete for these awards. Contact the Activities Director or the Coaches Association for more information.

ALL-STATE, ALL-AREA NEWSPAPER AWARDS- Contact newspapers with candidates or websites with candidates.

ALL-CONFERENCE AND HONORABLE MENTIONS- These selections are made at the post-season coaches meeting. (Reminder: An athlete that has had a MSHSL violation during the season is not eligible to receive Conference Awards for that season.)

Admissions to Events/Event Passes

Ticket Prices

Season Passes:

<u>Ticket Type</u>	<u>Cost</u>
Family Pass (does not include college students)	\$75
Individual	\$50
Student (K-12)	\$30

This pass will cover all admission for Regular Season sports. This includes Football, Volleyball, and Girls & Boys Basketball. It cannot be used for tournament games. To obtain a pass, fans may purchase one at any Varsity/JV game or come into the Activities Office in the High School (Entrance B). You may pay in the Activities office or on FeePay.

Regular Season Admission:

<u>Ticket Type</u>	<u>Cost</u>
Adults (includes college students)	\$6
Students (K-12)	\$4
Senior Citizens (over 60 yrs)	FREE
Children under 5 yrs	FREE

Regular Season Admission are for fall and winter athletic events. There is no charge for spring sports, with the exception of playoff games. Playoff admission prices are set by the MSHSL and will be available closer to tournament times.

Ticket Prices are reviewed annually and subject to change by the board of education.

Coaches Duty Day

On non-competition nights coaches will not be available to parents from 6:15 pm until the following morning unless a previous meeting has been scheduled. It is important to realize that our coaches are someone's parent and/or spouse. Quality time with family should not be sacrificed just because they are a coach. Please respect the coaches time with their families.

East Central Activities Parent Suggestions

1. **Be involved-** Kids are proud when their parents attend their events. Please remember, you are modeling parent behavior for all present, particularly your son or daughter.
2. **Get involved early-** don't wait to go to booster meetings until your child makes varsity. Start in 7th or 8th grade.
3. **It's never too late to start-** Maybe you haven't been involved before. That's ok. Your presence is important.
4. **Fundraising is important-** It doesn't always mean giving money. Sometimes it means offering your skills and abilities. All our kids need the basics and deserve extras. **However, we need to teach them that the extras mean- extra effort, extra time, extra money- that's real life!**
5. **Track your student's grades-** especially during the season. Make sure they are:
 - a. Eating Healthy
 - b. Getting enough rest. No one should be up after 12:00 on school nights two days in a row. If they are, it should be because of a major school assignment due on the day after a game night.
 - c. Managing their time. Get help in classes sooner than later. Don't let them procrastinate.
6. **Stay Positive-** Kids are often tired and get cranky during long up and down seasons. They may be blowing off steam and just need you to listen. Most of the time, your students version is not always the absolute truth. Remember, what is said is often different than what is heard.
7. **Seasons are long-** Most issues will not stay forever. Most times, kids and coaches can work it out.
8. **National Survey of HS athletes-** "What kids want from parents"
 - a. **They want them to be at the game.**
 - b. They want them to cheer for all good plays.
 - c. They want them to be **quiet.**

Your opinion is not important!
9. **We are all East Central-** East Central is a school community- Where you live is secondary!

PARENT'S GUIDE TO CONCERNS

Within any program, conflicts and disagreements are going to occur. It is essential to maintain the support of parents by keeping an open line of communication. This is essential to promote program involvement and success. Conflicts and concerns of both parents and participants can be minimized with constant communication with participants and parents.

1. No conflict between a parent, student, official or coach should be addressed during or immediately following a game or event. The game site, practice field, lobby, pool deck, or locker rooms are not appropriate places to handle the conflict. Coaches are not to meet or deal with conflict at these times or in these places. Conflicts are better resolved after an appropriate cooling down period.

a. Violation of this policy by fans or parents will result in suspension from the next scheduled home or away contest.

b. A second violation of this policy by fans or parents will result in suspension from the next two scheduled home or away contest.

c. A third violation of this policy by fans or parents will result in suspension for one calendar year from all district sport and fine art activities.

d. Violations shall be cumulative, regardless if they involve coaches, advisors, or game officials.

A. MEETING PARAMETERS: Meetings or conferences between coaches and advisors will be conducted with two limitations:

1) playing time will not be discussed, rather how their son or daughter can improve.

2) discussion of other students will not occur.

[?] STEP 1: Conflicts and concerns should first be resolved through a meeting between player and coach.

[?] STEP 2: Failure to resolve the issue will then involve a parent/participant-coach meeting in the school during school time. If emotions rise to an unreasonable level during the meeting, the meeting will be concluded and rescheduled.

[?] STEP 3: If, after good faith attempts by the parents and coaches have failed to resolve the issue, it will be referenced to the activities director. A meeting between the activities director, coach/advisor, parent and / or participant will be scheduled. Notes of the meeting will be taken and a summary with a resolution will be sent out in a reasonable time. If the AD is the coach/ advisor involved another administrator will sit in. Parents or fans who wish to voice a concern about an opposing player, coach, or fan may do so through reporting a concern or incident to the administrator or supervisor on hand at the event. Such complaints are never to be directed by a fan or parent directly to an opposing player or coach. Concerns may be made verbally or in writing to the event supervisor or by contacting the activities director of your school who will then contact the activities director of the concerned school to address the issue

East Central Activities Social Media Guidelines

East Central Activities has social media guidelines to help our students and parents understand that the words they choose to communicate to others through social media can be powerful, have great potential to do both good and bad, and can have a negative impact on a school, its programs, or the school district regardless of the student's intent.

All East Central Public School students are representatives of the school district, the school that they attend, and the activity or sport in which they participate. The East Central Activities Department and the school district expect students to use common sense, temperance, civility, and empathy when posting on social media. We ask that students use public forums for the purpose of affirmation and information.

Posts should show good sportsmanship, speak positively about individuals, teams, schools, programs, opponents, and current public trends. Students who post mean, vulgar opinions which bring controversy or any negative impact to East Central Public Schools or its programs may receive a team consequence. The coach and activities director will decide on the appropriate consequences.

When posting information online, a student should remember the following guidelines:

- **Keep it clean:** Avoid obscene, vulgar, lewd, racist, sexist or sexually-oriented language, verbal harassment and name calling.
- **Don't threaten:** Threats to harm another person will not be tolerated.
- **Be Truthful:** Don't knowingly lie about anyone or anything.

Keep it Clean, East Central

1. Appearance- self

- a. Wear specific clothes on Game Day
 - i. Dress Up
 - ii. Team Warm up (Eagle Gear)
- b. Team expectations- when wearing anything with East Central or team name- act appropriately.
- c. Uniforms and Practice Gear washed and cared for.

2. Space

- a. No Bags or Cell Phones at Practice
- b. Knock Cleats and Shoes off outside before coming in
- c. Everyone picks up the bench H/A after each game.
- d. Clean the bus after away games.
- e. Keep the locker room clean. Everyone must have their things in a locker!

3. Language

- a. Look at the list of Nine reasons I swear.
- b. Coaches and captains model for everyone.
- c. Discipline your mouth and your game will follow!

4. Sportsmanship

- a. Focus on East Central and not the opponent
 - i. Positive tweets between teams
 - ii. Quick to compliment, slow to judge
 - iii. Avoid negative comments, even if joking (Sarcasm)

GRC Sportsmanship Policy

Aitkin - Braham - East Central – Hinckley Finlayson
Isle – Ogilvie – Onamia – Rush City – Pine City

Met and conferred upon at Ogilvie High School on October 2, 2001. All schools are present.

1919

POLICY STATEMENT:

Everyone involved with an athletic contest conducted at a GRC event should be committed to the demonstration of good sportsmanship and ethical behavior. All contests should be conducted in a safe, fair and controlled atmosphere for all athletics, officials and fans. Good sportsmanship will be the standard. It is what is expected of our student athletics, coaches, spectators, cheerleaders, bands, school board, administrators, officials, the media, and community at contests both home and away.

BOARD OF EDUCATION:

1. Adopt a Sportsmanship Policy.
2. Provide support for crowd control.
3. Attend activities and serve as a positive role model.

SCHOOL ADMINISTRATION:

1. PROVIDE ADEQUATE SUPERVISION.
2. SUPPORT GOOD SPORTSMANSHIP POLICY.

COACHES:

1. Support good sportsmanship policy.
2. Teach & recognize good sportsmanship.
3. Recognize that you influence the tone of competitive events.

STUDENT ATHLETES:

1. Act a positive role model for all peers and athletes.
2. Follow the schools sportsmanship policy.
3. Stay off the playing area when not in uniform.

SPECTATORS:

1. All cheering should be directed to the support of each team rather than against the opposition or game officials.
2. Accept the decisions of officials.
3. Stay off playing area.

4. Mechanical noisemakers, (bells, buzzers, horns), megaphones, whistle, and confetti are not to be used.
5. Practices such as stomping on the bleachers and use of musical instruments indiscriminately should be discouraged.

CHEERLEADERS:

1. Lead position cheers.
2. Recognize how voice projection and biased behavior influences crowd behavior.

ANNOUNCERS:

1. Read a Pregame Sportsmanship Announcement.
2. Recognize how voice projection and biased behavior influences crowd behavior.

BANDS:

1. Choose appropriate music and play it at appropriate times.
2. Respect officials, opponents and spectators.

ATHLETIC ADMINISTRATOR:

1. Recognize that you are important in the management of activities.
2. Present the Sportsmanship Policy to every student grades 7 – 12 in the student handbook.
3. Distributes guidelines and expectations for events supervisors.
4. Contact visiting schools regarding potential problems.
5. Promote Sportsmanship Plan in your local media.
6. Assist senior or varsity participants presenting the Sportsmanship Policy to students in grades k –6.
7. Provide necessary information to opponents and officials.

PLAN OF ACTION: During the course of each school year GRC schools are required to evaluate the effectiveness of their sportsmanship. Items to evaluate include:

1. Promotional activities.
2. Team and fan behavior.
3. School procedure to handle conflicts.
4. Recognize programs to reward good behavior.
5. Crowd control plans.
6. Codes of conduct.
7. Contingency plan

****PLEASE COMPLETE THIS FORM AND RETURN TO THE OFFICE**
BEFORE THE FIRST DAY OF PRACTICE**

*If registering online this form is included in your packet and you have already signed it!

Student/Parent Handbook for Activities Signature Page

I have read the entire Student/Parent Handbook for Athletics, and I understand what is expected of me as a student-athlete. I agree to follow all policies in this handbook, and I promise to always represent my school in a positive manner. I understand that any violation of this handbook will result in consequences.

Additionally, I have read the MSHSL Code of Conduct. I understand that any violation of the Code can and will result in suspension from athletics. I also understand that this Code is in effect 24 hours a day, 7 days a week, 12 months a year, both inside and outside of school and/or school related activities.

Student Name (Print): _____ Grade: _____

Student Signature: _____ Date: _____

Parent/Guardian Name (Print): _____

Parent/Guardian Signature: _____ Date: _____