

Board Policy
Supervision of Students

Descriptor Code: JGFB

ATHLETIC PRACTICE IN HOT WEATHER

The policy of the Bulloch County Board of Education is all schools that are members of the Georgia High School Association (GHSA) shall comply with the requirements adopted on March 19, 2012 by the State Executive Committee and goes into effect for the 2012-13 school year, which reads as follows:

Schools must follow the statewide policy for conducting practices and voluntary conditioning workouts in all sports during times of extremely high heat and/or humidity that will be signed by each head coach at the beginning of each season and distributed to all players and their parents or guardians. The policy shall follow modified guidelines of the American College of Sports Medicine in regard to:

1. The scheduling of practices at various heat/humidity levels
2. The ratio of workout time to time allotted for rest and hydration at various heat/humidity levels
3. The heat/humidity level that will result in practice being terminated

A scientifically approved instrument that measures Wet Bulb Globe Temperature (WBGT) reading must be utilized at each practice to ensure that the written policy is being followed properly.

(See JGFB-R(0), Administrative Regulation/Procedure - Supervision of Students - Heat/Athletic Practice.)

Bulloch County Schools

Date Adopted: 2/8/2007
Last Revised: 9/13/2012