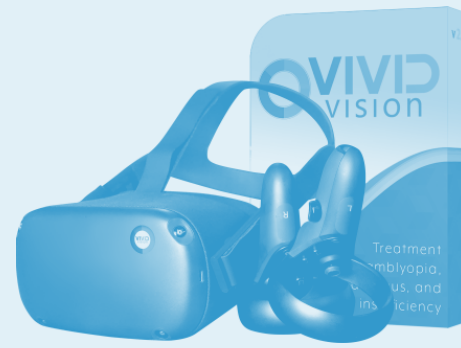




# Home Patient Manual

Vivid Vision Home - Patient Manual v1.4  
3/2/2020





# Vivid Vision Home Patient Manual

ACTIVATION CODE:

You are a candidate for Vivid Vision Home based on your doctor or eye care professional. This is great news! Vivid Vision Home is the most advanced Virtual Reality software to treat binocular vision disorders. Your eye care professional will choose the games and the settings. All that you have to do is play the games!

**IMPORTANT!** To run Vivid Vision Home, you will need:

- The activation code provided by your eye care professional
- A virtual reality headset that is supported by Vivid Vision (see Section 4)
- An internet connection
- Email capability

#### PRECAUTIONS

- Vivid Vision Home may only be used under the supervision of a trained eye care professional. Follow all instructions and guidelines set forth by your eye care professional.
- If you feel nausea, dizziness, or headaches take off the headset immediately and consult your doctor. Failing to do so may result in injury or/and exacerbation of your current disorder.
- Vision training may cause temporary symptoms of eye strain, which may include blurred vision, a tired sensation, dry, irritated, or watery eyes, and fatigue.
- Vivid Vision Home is being provided to you by your eye care professional as a supplemental method for treating binocular disorders. It does not replace other therapies your provider recommends, such as in-office exercises, at-home exercises, wearing an eye patch, or eye muscle surgery.
- Adult supervision required when using Vivid Vision.
- If using a corded headset, make sure that the cable connecting the VR hardware to a personal computer is safely positioned to avoid any tangling or tripping over it.
- Vivid Vision software requires the use of commercial off-the-shelf virtual reality hardware (see Section 4) recommended by Vivid Vision. Carefully read all instructions, limitations, and precautions in the Health, Safety, and Warranty Guide provided with the selected commercially available headset.

#### INDICATED USE

Vivid Vision is a computer-based application with data tracking and analysis tools. The device is intended to identify strabismus (eye muscle imbalance), to assess binocular vision (use of both eyes to see), to treat suppression and amblyopia (dimness of vision without any apparent disease of the eye), and to treat problems of vergence (inability to direct the two eyes at the same location).

#### INTENDED USER POPULATIONS

Vivid Vision Home is prescribed by an eye care professional to individuals to use in support of the individual's prescribed treatment rehabilitation program for binocular vision disorders.

#### INTENDED USE ENVIRONMENT

Vivid Vision Home is intended for use in a standard living or office environment with adult supervision.

# Section 1: Table of Contents

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## **Table of Contents**

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## **Definitions and Terms**

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## **Contact Information**

If you need to get in touch with us for any reason, you can find out how to reach us here

# Section 2: Terms and Definitions

Used in this manual

## Eye and Vision Terms

**Amblyopia** - commonly known as lazy eye, reduced vision or dimness of vision without any apparent disease of the eye; may occur in one or both eyes due to unequal refractive error (glasses/lenses correction), eye turn, or both

**Binocular vision** - use of both eyes together to see; the highest level of binocular vision is stereo vision

**Diplopia** - also known as double vision; seeing two of a single object

**Strabismus** - commonly known as eye turn and sometimes lazy eye; an eye muscle imbalance where an eye deviates abnormally from straight-ahead; may be constant or intermittent

**Suppression** - a subconscious adaptation some patients use to eliminate double vision

**Stereo vision / stereopsis** - depth perception that relies on using both eyes together

**Vergence** - ability to move and direct the two eyes at the same location

## Hardware and Software Terms

**Headset** - virtual reality head-mounted hardware

**Personal computer (PC)** - your own computer

**Smartphone** - cellular phone with internet capability

**Virtual reality (VR)** - immersive, three-dimensional environment used by games in Vivid Vision

**VR-ready PC** - a personal computer (laptop or desktop unit) that meets the minimum required specifications to operate a VR headset

# Section 3: Getting Started

## What is Vivid Vision?

**Vivid Vision** is a virtual reality (VR) software that uses separately obtained standard VR headsets to deliver games and activities that help patients improve their binocular vision. The Vivid Vision software is only available from an eye care professional, such as an optometrist or ophthalmologist. Your eye care professional determines (1) which Vivid Vision games and activities will be used for your specific treatment, (2) all settings, such as the difficulty and time of play for the games and activities, and (3) how often to re-evaluate your condition in the eye care professional's office.

This Section will provide you with the 5 steps to get started with Vivid Home. If you have any questions, would like an electronic copy of this guide, or have issues during the setup process, please **SeeVividly.com/home** and select **SUPPORT** to contact us.



# Getting Started

An overview

1

## Prescription

You are prescribed Vivid Vision Home by your Vivid Vision eye care professional.



**Your eye care professional** will determine if you are a candidate for Vivid Vision Home's virtual reality software for binocular vision disorders.

2

## Doctor Activation

Your eye care professional will activate your Vivid Vision Home account.



**Your eye care professional** will activate Vivid Vision Home with the email address that you have provided to them.

3

## Setup Your Hardware

Vivid Vision can be used with multiple different VR headsets.



**Vivid Vision software can be used with multiple Vivid Vision recommended VR platforms.** Select the platform that makes the most sense for you. Hardware must be purchased or owned by the patient. Most patients will use either a smartphone-based headset or an all-in-one headset. See section 4 for a comparison of supported headsets.

4

## Patient Activation

Follow the link in your activation email.



**Follow the link provided in the activation email** that was sent when your eye care professional activated Vivid Vision Home. This link will walk you through the hardware supported by Vivid Vision Home, registering a Vivid Vision Home account, activating the Vivid Vision Home license, and installing/downloading Vivid Vision Home.

5

## Begin!

Get ready to start your activities in virtual reality!



**Put on the headset and play the games and activities!** Your eyecare professional has already configured all the settings and games. How to play the specific games you were prescribed is described in Section 6.



Go to [SeeVividly.com/home](https://www.seevidly.com/home) to start setting up your account or to request support.



https://www.seevidly.com/home/set\_up

ENGLISH HELP CENTER BLOG SETUP VIVID VISION HOME REGISTER LOGIN

VIVID VISION

HOME FIND A PROVIDER FOR CLINICS CONTACT US LOGIN

Welcome to Vivid Vision Home  
Configure your hardware and set up your Vivid Vision account.

Home Setup • Get Up

Set Up Supported Hardware Hardware Register Code Download Play

1 Choose Hardware 2 Register & Login 3 Add Code 4 Download & Install 5 Play

Vivid Vision Home is virtual reality (VR) software that uses standard VR headsets to deliver games and activities that help patients improve their binocular vision. Vivid Vision is only available from an eye care provider, such as an optometrist or ophthalmologist. Your eye care provider will customize your settings and how often to re-evaluate your condition in a clinic.

Ready? For Vivid Vision Home, you will need:

- ☒ The [activation code](#) provided by your eye care provider
- ☒ A virtual reality headset that is supported by Vivid Vision

If you have not been prescribed Vivid Vision Home and would like to start, please visit our [doctor locator](#) to find the nearest clinic.

Yes, I have a headset  
You already have a compatible VR headset

No, I don't have a headset  
You do not have a compatible VR headset

If you're not sure if you already have a compatible VR Device, take a look at our [supported hardware](#).

Please select an option above to continue


I need help I have a feature request or feedback I want to report a bug

The world's most advanced vision care platform.  
525 York St.  
San Francisco, CA 94110  
contact@seevidly.com

LATEST NEWS  
When will Vivid Vision come to my country?  
November 15, 2018  
Section 179 Promotion  
November 17, 2018

EXPLORE  
Home  
About Us  
Image Gallery  
Blog

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5  
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# Section 4: Supported Hardware

Visit [SeeVividly.com/home](http://SeeVividly.com/home) for instructions on configuring your device

VR-Ready Phone Headsets	All-in-One Headsets	PC Headsets
<i>GearVR / Daydream</i>	<i>Oculus Go / Oculus Quest / Pico Goblin</i>	<i>Rift/Rift S/Vive/Vive Pro/Windows MR</i>
		
<ul style="list-style-type: none"><li>· Android-based mobile headset</li><li>· Portable / wireless headset</li><li>· VR-ready phone required (see the latest GearVR- and Daydream supported devices on the website)</li></ul>	<ul style="list-style-type: none"><li>· Android-based mobile headset</li><li>· Portable / wireless headset</li><li>· Most affordable</li><li>· No phone or computer required</li></ul>	<ul style="list-style-type: none"><li>· Better gaming experience than the mobile headsets</li><li>· Requires a computer system per manufacturer's specifications</li></ul>

## Additional Hardware Required

GearVR / Daydream Remote  
(Recommended) or SteelSeries  
Stratus XL (discontinuing support  
January 2019)

## Additional Hardware Included with Headset

Pico / Go remote  
or  
Touch controllers

## Additional Hardware Required

VR Ready PC  
Visit [SeeVividly.com/home](http://SeeVividly.com/home) for the  
minimum necessary PC specs

# Section 5: How to Play the Games & Activities



The games and activities of Vivid Vision help train the brain to use both eyes together. Your eye care professional sets the sequence of games and activities available on your Home device and will instruct you on how often to use Vivid Vision.

To start a session, launch Vivid Vision through the Vivid Vision application on your smartphone, all-in-one headset, or PC. Log in and begin playing the games!

# HOOPIE

Ready for some basketball action?

Let's shoot some hoops! Catch basketballs in your hoop as they float towards you by moving your head up, down, left, and right.



## CATCH BASKETBALLS

Basketballs will be shot from the hoop on the other side of the court. Move your head left and right and up and down to catch them into the basket.



## AVOID X'S

If a ball is marked with a large white X, dodge it.



## CATCH O'S

If a ball is marked with a large white O, catch it.



# Head Tracking Control

Move your head to control the basket



## Moving in VR

Moving your head will move the hoop.



## Catching Basketballs

As the ball approaches the hoop, catch it by matching your head's position with the ball's trajectory.



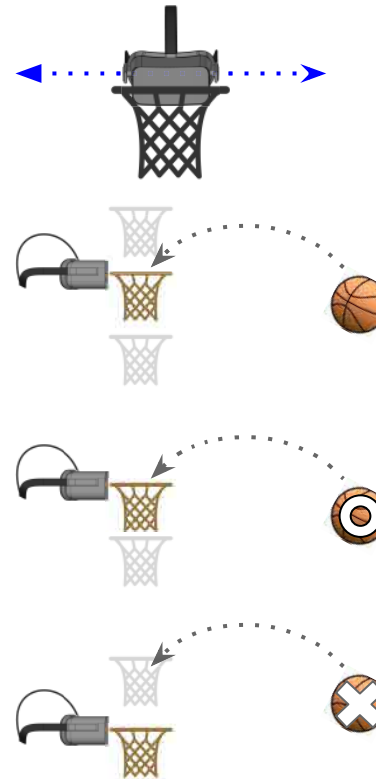
## O Basketballs

If the ball has an O marker, catch it by aligning your head position with the ball's trajectory.



## X Basketballs

If the ball has an X marker, avoid catching it by moving your head left or right.





# RING RUNNER

Calling all captains! Help fly a spaceship through the rings over Saturn and collect as many upgrades as possible while dodging asteroids.



## FLY THROUGH BOOST RINGS

Navigate your ship through the boost rings with blue arrows and avoid the slow rings with red arrows.



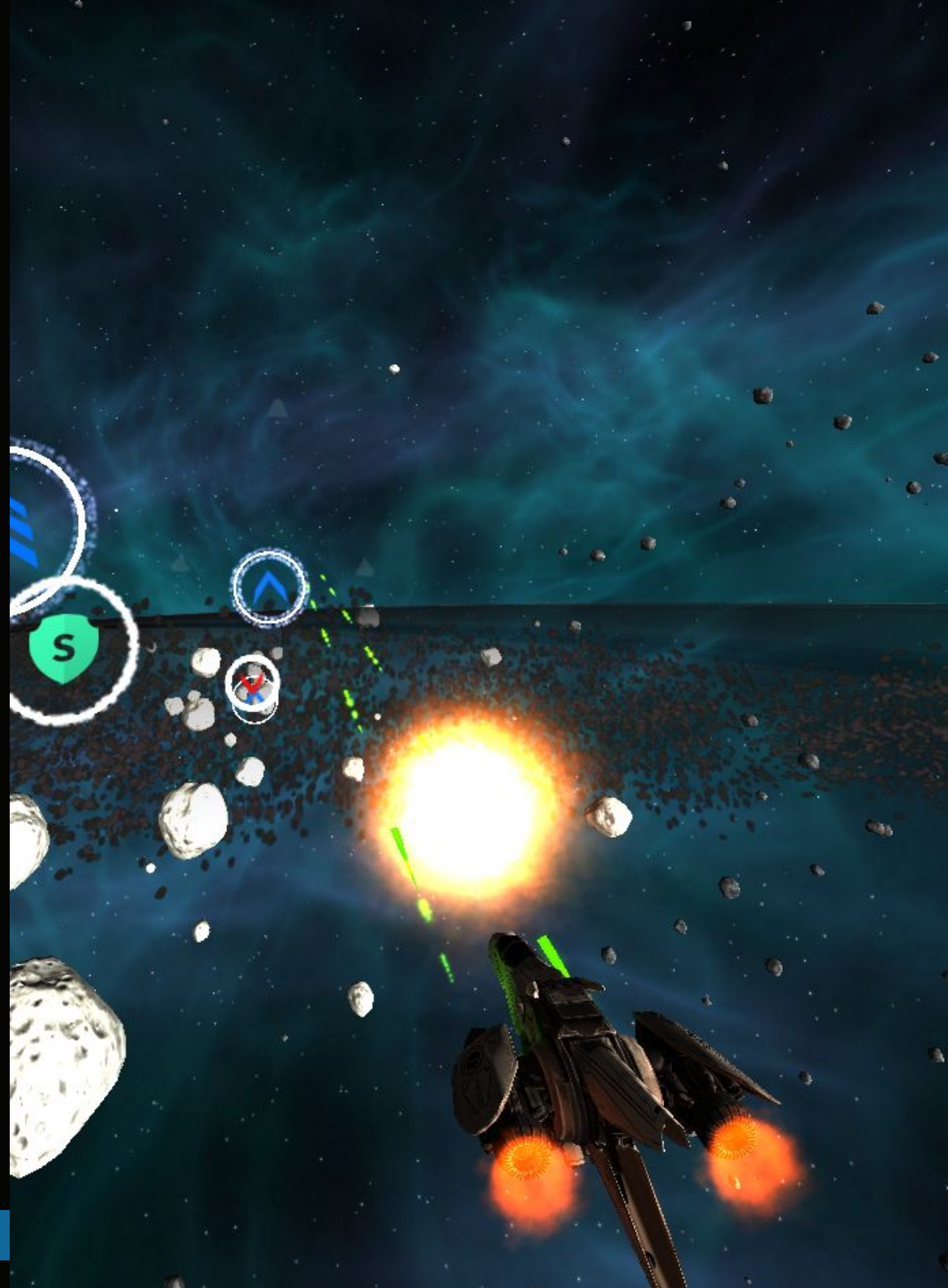
## BLOW UP ASTEROIDS







Three triangles follow where your head is pointed. Point your head at an asteroid to lock on it and fire your ship's lasers to collect additional powerups.

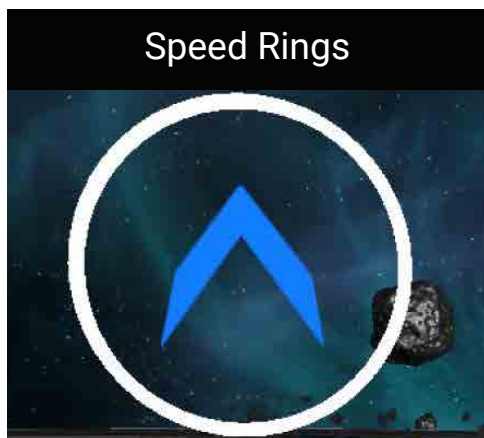


## REACH YOUR TOP SPEED

Rings with red arrows and asteroids slow you down! Collect only rings with powerups or blue symbols to reach your top speed.



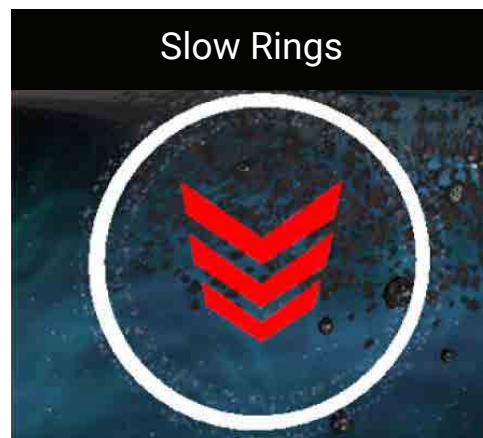
Gamepad	Remotes	VR Controllers
Control the ship with the joystick.	Control the ship with the remote.	Point the VR controller to control the ship.
		
 <b>Joystick</b> <i>Move ship</i>	<b>Move Remote</b> <i>Move ship</i>	<b>Hand Controller</b> <i>Move ship</i>
 <b>A Button</b> <i>Fire Lasers</i>	<b>Hold Down Touchpad or (-) Button</b> <i>Settings</i>	<b>Hand Trigger</b> <i>Fire lasers</i>
 <b>X Button</b> <i>Shield</i>	<b>Trigger/ Click Touchpad</b> <i>Fire lasers</i>	<b>Opposite Hand Trigger</b> <i>Shield</i>
	<b>Click Touchpad/ (-) Button</b> <i>Shield</i>	



**Speed Rings**

### Fly Through Blue Arrows

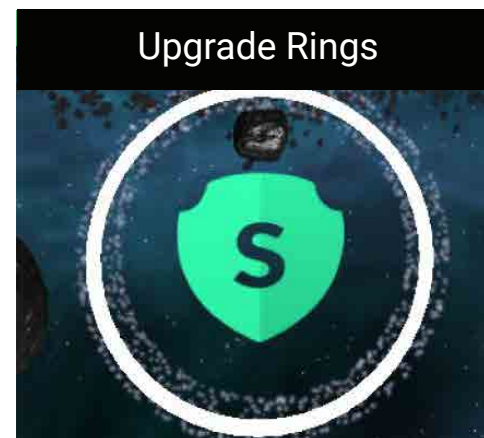
Blue arrows speed up the ship. The more arrows in a ring, the faster your ship will fly.



**Slow Rings**

### Avoid Red Down Arrows

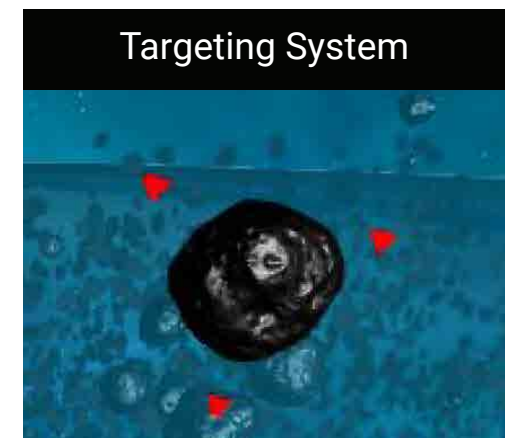
Red markers slow you down—make sure to pilot your ship away from them!



**Upgrade Rings**

### Power Up Your Ship

Powerups will make your ship stronger. You can improve your laser or targeting system, or get a shield that protects you from asteroids.



**Targeting System**

### Destroy Asteroids

Use your head to point and lock on an asteroid or crystal so you can destroy it with your laser!



# BREAKER

Ready for some brick-breaking action? Bounce the ball off of your paddle to destroy bricks on the opposite side of the arena.



## DON'T LET THE BALL GET PAST YOU

To start, hit the red ball with one of your paddles. Move the paddle to block the red ball. You will lose a life if the ball gets past you!



## DESTROY THE BRICKS

Destroy all the bricks on the opposite side of the arena to continue to the next level. Higher levels mean stronger bricks! If you lose all of your lives, you'll be reset to level 1.








## COLLECT BONUSES

Destroy tiles to spawn bonuses. Collect the bonuses to increase your lives, score, or active balls. Avoid red markers, which cost you lives!





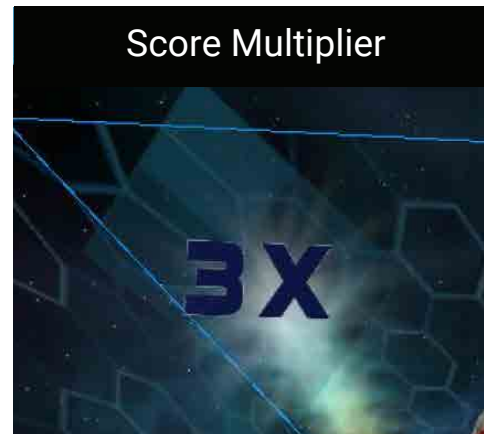
Gamepad	Remotes	VR Controllers
Control the paddle with the joystick.	Control the paddle with the remote.	Left and right hands move independently.
		
 <b>Joystick</b> <i>Move paddle</i>	 <b>Paddle</b> <i>Looks like this</i>	
	<b>Move Remote</b> <i>Move paddle</i> <b>Hold Down Touchpad or (-) Button</b> <i>Settings</i>	<b>Right Hand Controller</b> <i>Move paddle</i> <b>Left Hand Controller</b> <i>Move paddle</i>



### Extra Lives

#### Store Extra Lives

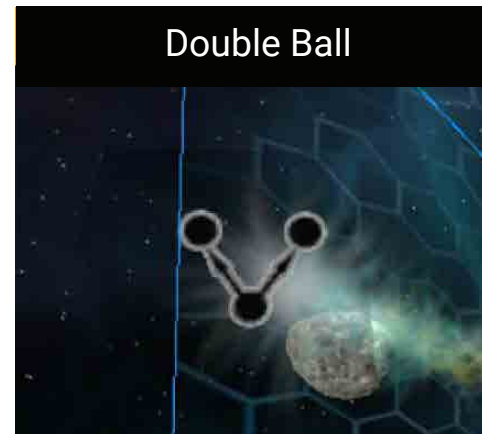
Increase your extra lives by the number inside the powerup. When you lose your last life, you'll be back at level 1!



### Score Multiplier

#### Beat Your Top Score

Score multipliers help increase your score for the current round. They keep stacking up as long as you don't lose a life!



### Double Ball

#### Double Up

Double ball powerups make a copy of every ball currently in the arena. They can make quick work of any level!



### Minus Lives

#### Avoid These!

Minus life penalties steal between 1 and 5 lives when collected. Avoid them as best you can!

# PEPPER PICKER

Let's spend some time in the garden! You planted a nice garden full of peppers—time to pick them! Search around yourself for a ripe pepper matching the current order and drop it into your basket.



## GET A NEW ORDER

Get your order from the order list displayed on the wood sign. Find all of the peppers on the list to complete the round. Don't pick fruits or peppers not on the list!



## FIND THE PEPPERS

Some peppers may be hard to find until they ripen. Be gentle! If you are too rough the pepper will fall to the ground before you grab it.



## DROP IT INTO THE BASKET

Once you have the right pepper in your hand, turn and drop it into the basket. Once you have found all of the peppers in the order, you'll get a new order!





## Gamepad

Hands move together and follow the head.



**Joystick**  
*Move hands*



**A Button**  
*Close hands*

## Remotes

Control the hands with the remote.



### Move Remote

*Move hand forward or backward*

### Hold Down Touchpad or (-) Button

*Settings*

### Trigger / Click Touchpad

*Close hands*

## VR Controllers

Left and right hands move independently.



### Right Hand Controller

*Move right hand*

### Left Hand Controller

*Move left hand*

### Right Hand Trigger

*Close right hand*

### Left Hand Trigger

*Close left hand*

## Pick Peppers with your Hands



Move your head to search for a pepper. Move the hands forward then bring your hands together to grab it.

## Drop Them in the Basket



Move your hands over the basket and then release the pepper so it falls in. Find your next order on the order list!

## White Flag



Drop the white flag in the basket if you can't find a pepper to reset the scene at a lower level.

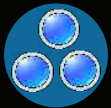
# BUBBLES

POP POP POP! Let's pop some bubbles!  
Use the pointer to pop the bubbles closest to your face.  
The better you do, the more bubbles you can pop.



## POP THE CLOSEST BUBBLE

A group of bubbles will appear at different distances. One bubble will be in front. Pop the closest bubble!



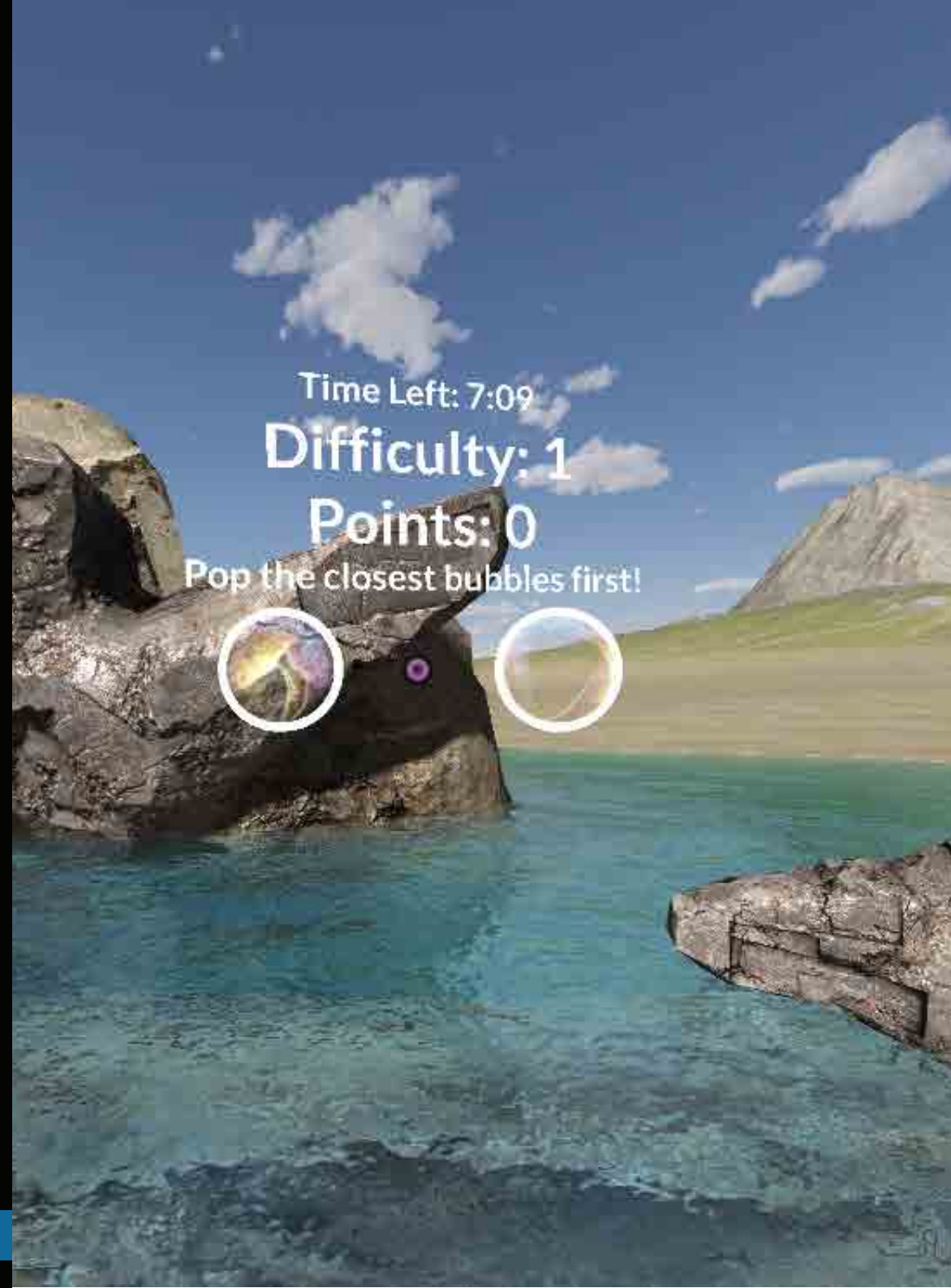
## KEEP ON POPPIN'

Once you pop the bubble closest to you, pop the next closest, and the next. If there is only one bubble left, pop that one too!



## SPEED AND ACCURACY

Get points for both speed and accuracy. The faster you pop them in the correct order, the better your score! A green + means you were correct!



## Gamepad

Control the pointer with the joystick.



**Joystick**

*Move pointer*



**A Button**

*Pop bubble*

## Remotes

Use the remote to control the pointer.



**Touchpad**

*Move remote*

**Hold Down Touchpad or (-) Button**

*Settings*

**Click Touchpad**

*Pop bubble*

## VR Controllers

Left and right hands move independently.



**Right Hand Controller**

*Move right hand*

**Left Hand Controller**

*Move left hand*

## Pop Bubbles with the Gamepad



Use the joystick to move the pointer towards the closest and smallest bubble and press **A** to pop it.

## Pop Bubbles with the Remote



Move your remote to move the pointer, then click the touchpad/trigger to pop the bubble.

## Pop Bubbles with your hands



Use your left or right hand controller to pop the bubbles in order from closest to farthest.



# BULLSEYE

The carnival has come to town—hit the closest target with only stereo vision cues.



## STEP RIGHT UP!

Shoot distant targets with your water gun to win a prize at the carnival.



## SHOOT THE CLOSEST TARGET

For each trial, shoot the one target that looks closer than the others.



## GETTING HARDER...

Each level becomes slightly harder. The better you do, the more prizes you'll win for the session!



## CHALLENGE YOURSELF

Go for speed and accuracy!



## Gamepad

Control the pointer with the joystick.



**Joystick**

*Move pointer*



**A Button**

*Shoot water gun*

## Remotes

Use the remote to control the pointer.



**Move Remote**

*Move pointer*

**Trigger / Click Touchpad**

*Shoot water gun*

**Hold Down Touchpad / Hold Down**

**(-) Button**

*Settings*

## VR Controllers

Switch hands by pulling the trigger.



**Move Controller**

*Aim water gun*

**Right Trigger**

*Shoot water gun (right hand)*

**Left Trigger**

*Shoot water gun (left hand)*

## Shoot Distant Targets



Use the water gun to shoot targets in the carnival booth.

## Accuracy!



Get 5 correct and move to the next level! Miss 3 and you'll go down a level!

## Correct and Incorrect



A green + indicates the correct target was shot. A red - means the selection was incorrect.

# FLASH MATCH

LOOK CLOSELY! Flash Match is a game designed to challenge visual processing skills. Your clinician will assign you different visual processing modules. Modules may include:



## VISUAL DISCRIMINATION

Find the floating target that matches the image in the scene.



## VISUAL MEMORY

An image is displayed for a short period of time. Find the floating target that matches the flashed image.



## SEQUENTIAL MEMORY

A series of images is displayed for a short period of time. Find the floating target that matches the flashed images and select them in the order they were displayed.



## SPATIAL RELATIONSHIPS

Find the one target that looks different from all the others in the scene.

Pay **careful attention** to the instructions in the game and use your laser pointer to zap the floating targets!

Gamepad, Remote, and VR controllers are supported





## Gamepad

Control the pointer with the joystick.



**Joystick**

*Move pointer*



**A Button**

*Shoot laser*

## Remotes

Use the remote to control the pointer.



**Move Remote**

*Move pointer*

**Hold Down Touchpad or (-) Button**

*Settings*

**Click Touchpad/Trigger**

*Shoot laser*

## VR Controllers

Left and right hands  
move independently.



**Right Hand Controller**  
*Move right hand laser pointer*

**Left Hand Controller**  
*Move left hand laser pointer*

**Trigger**  
*Shoot lasers*

### Zap Targets with the Gamepad



Use the joystick to move the pointer towards the floating target and press **A** to fire your laser.

### Zap Targets with the Remote



Move your remote to move the pointer, then click the touchpad/trigger to fire your laser.

### Zap Targets with Your Hands



Use your left or right hand controller to move the laser pointers and the trigger to fire your laser.

# TURBO

Speed and accuracy are critical. Tap or select floating targets as quickly and accurately as possible. Your clinician will assign you different modules to challenge oculomotor, processing, and reaction skills.



## CONTRAST MODULE

Targets light up. Quickly select the lit up target.



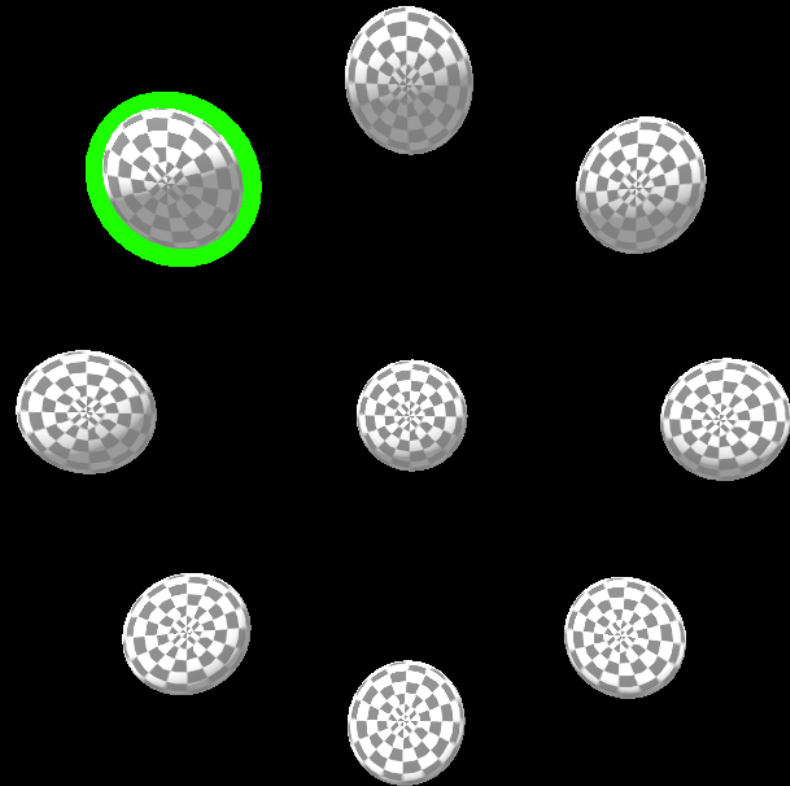
## STEREO MODULE




A bit of a challenge! Look for the target that appears to pop out of the scene.

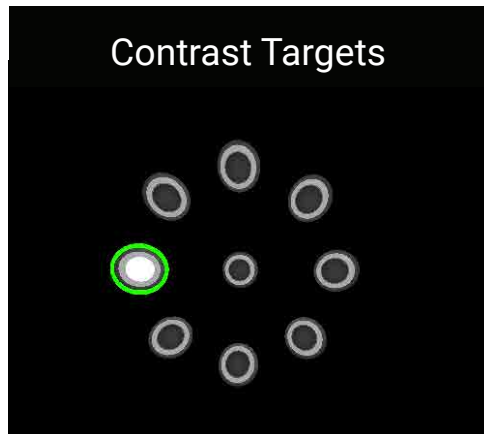


## MEMORY MODULE

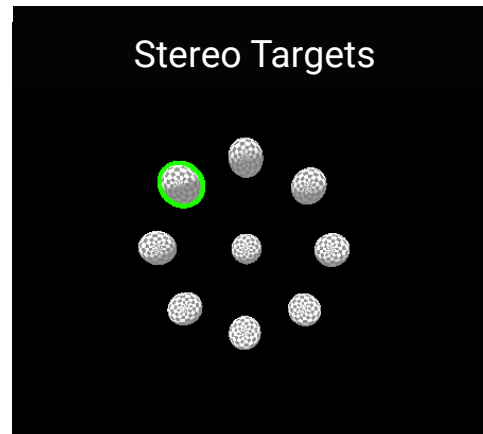
Memorize and recall the series of numbers. Select the numbers in the order they were displayed.



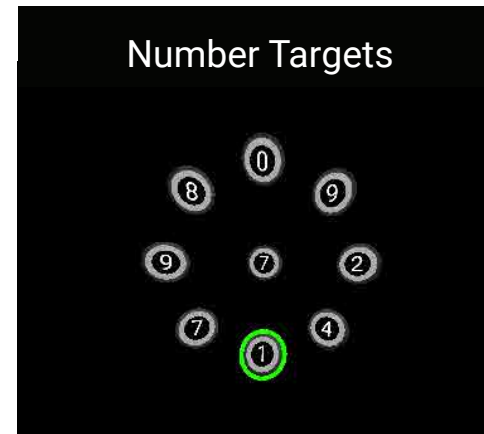
Gamepad	Remotes	VR Controllers
Not available for Turbo	Use the remote to control the pointer.	Left and right hands move independently.
		
	<p><b>Move Remote</b> <i>Move pointer</i></p> <p><b>Hold Down Touchpad or (-) Button</b> <i>Settings</i></p> <p><b>Click Touchpad/Trigger</b> <i>Select target</i></p>	<p><b>Right Hand Controller</b> <i>Move right hand</i></p> <p><b>Left Hand Controller</b> <i>Move left hand</i></p>



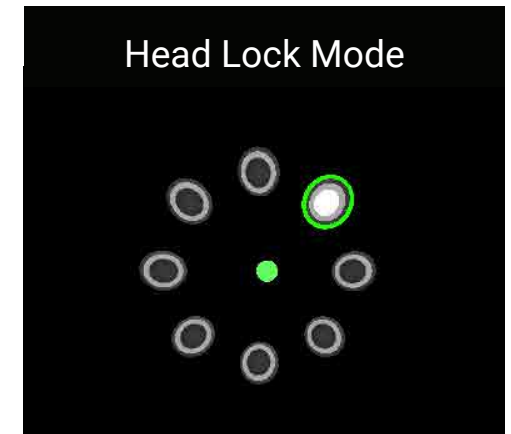
Select the lit-up target as quickly and accurately as possible.



Select the target that appears to pop out as quickly and accurately as possible.



Memorize the order of the numbers and select the targets in order



Keep your head pointed straight at the circle. Use your eyes and hands to find the correct target.

# BARNYARD BOUNCE

Your barn is hoppin'! Help your animal hop up the platforms and collect powerups along the way! Your clinician sets the game to convergence or divergence - you just need to keep on climbing!



## UNLOCK ANIMALS

Unlock animals as you play. Each animal has a special ability to help you hop through the world



## COLLECT GOLD STARS

The higher you hop, the more gold stars you'll find!



## FLY TO GATHER EGGS

Move your animal left and right during the golden egg event. Try to line your animal up as precisely as possible during each egg event.



**MAMA CHICKEN**  
Flaps her wings to float



**SHEEP**  
Double jump








**PIG**  
Fattens up and jumps easier

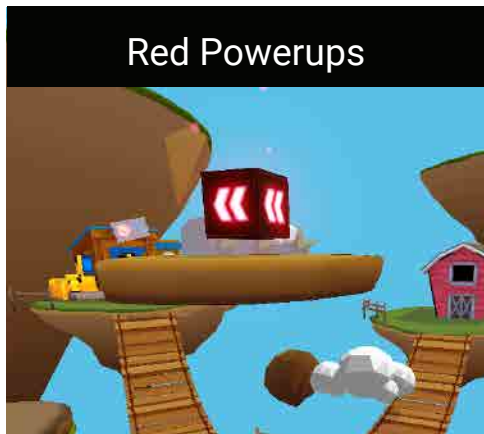


**COW**  
Says Moo!



**BABY CHICK**  
Can fly

Gamepad	Remotes	VR Controllers
Control the animal with the joystick.	Move the remote to move the animal.	Move the controller to move the animal.
		
 <b>Joystick</b> <i>Move animal</i>	 <b>A Button</b> <i>Special ability</i>	
	<b>Move Remote</b> <i>Move animal</i> <b>Hold Down Touchpad or (-) Button</b> <i>Settings</i> <b>Click Touchpad/Trigger</b> <i>Special ability</i>	<b>Right Hand Controller</b> <i>Move animal with right hand</i> <b>Left Hand Controller</b> <i>Move animal with left hand</i> <b>Trigger</b> <i>Special ability</i>



### Jump Higher!

Red powerups give you a boost - double your jumping ability for 10 seconds!



### Energy!

Refill your energy bar to the max with a blue powerup.



### Fly!

Soar to new levels with a gust of wind!



### Accuracy!

Line your animal up with the eggs during the golden egg event!



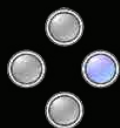
# VERGENCE & JUMP DUCATION

Let's work out those eye muscles! Vergence and jump duction are designed to improve eye teamwork. Work on fusing images over a wide range.



## FIND THE CLOSEST BUBBLE

Bubbles will appear at different distances away from you. Select the one that is closest to you. Only one is closer than the others.



## SELECT A BUBBLE

Use the buttons on your gamepad, remote, or controller to select the bubble that looks closest and different to you compared to the other three.



## IF YOU SEE DOUBLE, TRY FUSING

Sometimes the image may look double. That's ok! Try to focus and make it a single image. When this gets too hard, the program will make it easier.

Vergence: 0.00

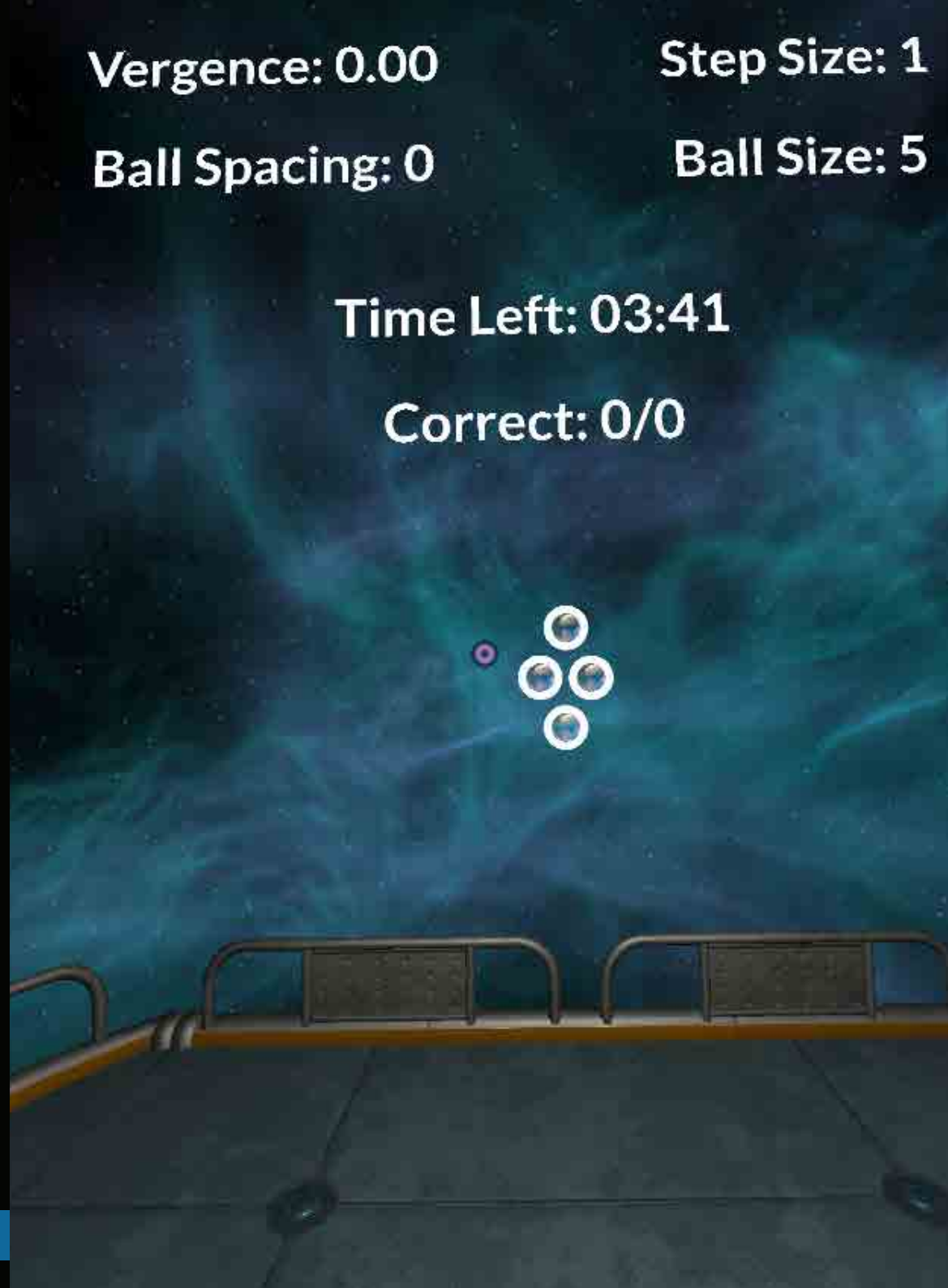
Step Size: 1

Ball Spacing: 0

Ball Size: 5

Time Left: 03:41

Correct: 0/0



## Gamepad

Use buttons to select a bubble.



**Buttons**  
*Select bubble*

## Remotes

Move remote and use touchpad/trigger to select a bubble.



**Move Remote**  
*Move pointer*

**Click Touchpad/Trigger**  
*Select bubble*

## VR Controllers

Move controller then pull trigger to select a bubble.



**Move Controller**  
*Move pointer towards a bubble*

**Trigger**  
*Select bubble*

**Click Touchpad (Vive)**  
*Select bubble*

# ANGLES TEST

Let's run a test. The Angles Test is designed to estimate your eye position using the VR headset.



## LINE UP THE TARGETS

Move the targets and try to place the white circle in the center of the black ring. The goal is for the colored arrows to line up.



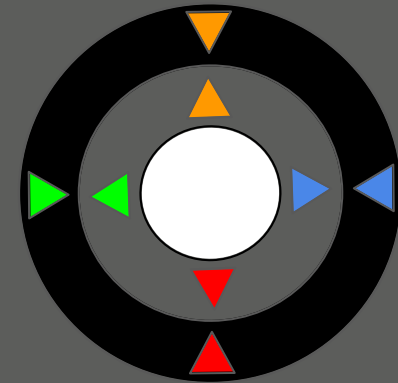
## ROTATE THE TARGETS

If the white circle is tilted with respect to the black ring, rotate it until the tips of the colored triangles are lined up as best you can!








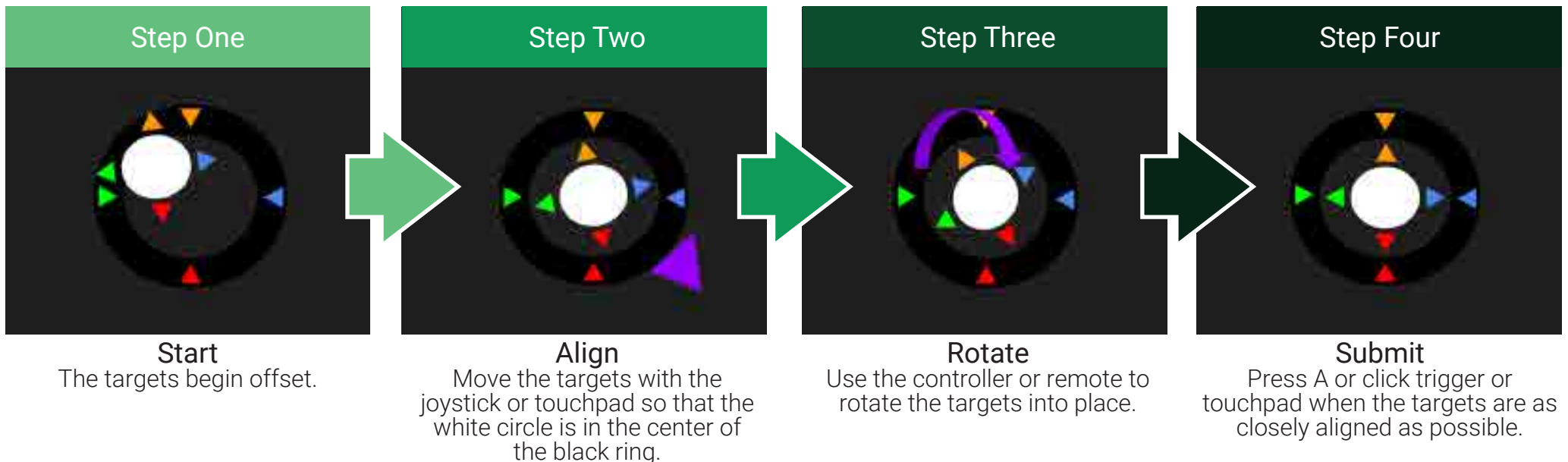
## REPEAT

Once the white circle and the black ring are aligned with all triangles pointing to their matching color, confirm. You will repeat the process a number of times, so don't worry if it's not perfect.





Gamepad	Remotes	VR Controllers
Use joystick, triggers, and A button.	Move remote to move and rotate targets. Requires both Mode 1 and Mode 2.	Move controller to move and rotate targets. Requires both Mode 1 and Mode 2.
 <div>  <p><b>Joystick</b> Move white circle</p> <p><b>Left Trigger</b> Rotate left</p> </div> <div>  <p><b>A Button</b> Continue to next step</p> <p><b>Right Trigger</b> Rotate right</p> </div>	 <p><b>Touchpad / Controller</b> Mode 1: Move targets by moving remote Rotate target left/right by moving remote</p> <p><b>Trigger / Click Touchpad</b> Continue to next step</p>	 <p><b>Click Joystick / Touchpad</b> Change modes</p> <p><b>Move Controller</b> Mode 1: Move targets Mode 2: Rotate target left/right</p> <p><b>Trigger</b> Continue to next step</p>



# Section 6: Frequently Asked Questions

## **Should I be wearing my glasses or contact lenses?**

You should be wearing the glasses or prescription contact lenses prescribed by your eye care professional, unless instructed otherwise by your eye care professional.

## **What should I do if I feel nausea or sick when playing?**

Immediately stop playing and consult with your eye care professional. Virtual reality can cause motion sickness in some individuals.

## **What devices can I use for Vivid Vision Home?**

Please visit [www.SeeVividly.com/home](http://www.SeeVividly.com/home) for an up-to-date list of supported devices.

## **Should I be sitting or standing when playing the games?**

For mobile headsets it is recommended to sit. For computer-based headsets with a positional sensor, you can stand and move in the game.

## **Can I use Vivid Vision Home without a doctor?**

Since Vivid Vision Home is used to treat a medical condition, it must be used under the supervision of an optometrist or ophthalmologist.

## **How long and how often should I play?**

Your eye care professional will develop a customized treatment plan for you regarding game and activity length.

## **What if I have questions about my treatment?**

Only a trained eye care professional can answer questions about your health and your treatment using Vivid Vision Home. Please direct these questions to your Vivid Vision professional.

**HAVE AN ISSUE WITH SOFTWARE OR NEED HELP WITH HARDWARE SETUP?**

Visit [SeeVividly.com/home](http://SeeVividly.com/home) for help!

# CONTACT US

Share your feedback!



We want to hear about your  
experience with Vivid Vision Home.  
To let us know your story, send an email to  
[contact@seevividly.com](mailto:contact@seevividly.com)



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