

COVID-19 VACCINE: WHAT TO EXPECT



COVID-19 vaccines are highly effective.

Studies show that COVID-19 vaccines are effective at keeping you from getting COVID-19. These vaccines do not give you the disease itself.



COVID-19 vaccines are safe.

All COVID-19 vaccines have been tested and meet the same safety standards as vaccines that prevent other diseases.



You may need one shot or two shots for full vaccine immunity.

Venice Family Clinic offers Johnson & Johnson (1 shot), Moderna (2 shots) and Pfizer (2 shots). If you get the Moderna vaccine, your 2nd dose should be 4 weeks (28 days) after the 1st dose. If you get the Pfizer vaccine, your 2nd dose should be 3 weeks (21 days) after the 1st dose.



You may have side effects.

Some people may have a reaction to the vaccine, like having sore muscles, feeling tired or fever. This is more common after the 2nd dose. It does not mean you have COVID-19. It means the vaccine is teaching your body how to fight the virus. You can take acetaminophen (“Tylenol”) or ibuprofen for fever or muscle aches. For women who are pregnant, acetaminophen is preferred. You can place a cold compress to your arm if needed. For most people, these side effects go away in a day or two. Contact your clinician if your symptoms last more than 3 days.



Continue to wear a mask and stay 6 feet apart.

Even after you get your vaccine, you should wear a mask that covers your nose and mouth, wash your hands often, and stay at least 6 feet away from people who do not live with you.