2022

NORTHWEST RENAL DIETITIANS

NWRD ANNUAL CONFERENCE

Virtual Event

Date: March 3+4 (Pacific Time)



Helping Patients

Build

Their Health

with special emphasis on Basque culture



2022 NWRD Program & Speaker Biographies

Hosted from Boise, Idaho

NWRD President:

Laura Wiseley MS RD CSR

2022 Co-chairs:

Darcy Gans-Below RD LD CDM CFPP Kelly Carpenter MS RDN LD Vicki Salerno MS RD LD

2022 NWRD Annual Conference - Virtual Event!

with special emphasis on Basque culture

Dates: March 3 + 4, 2022 (Pacific Time)

FOLLOW US

Website:

www.NWRDonline.org

Twitter:

@NWRDconference

Email:

NWRDonline@gmail.com

What attendees say:

About NWRD

Northwest Renal Dietitians
(NWRD) is a non-profit
organization comprised
mostly of renal dietitians
practicing in the Pacific
Northwest (PNW) and
beyond. Given the proximity
to our northern border,
NWRD also collaborates
with renal dietitians in Canada's
West Coast.



Registration OPENS January 15

Live Virtual Format & On-demand recordings for 30 days post-conference

Our sole purpose is to provide **networking** and **continuing education** for renal dietitians via an interactive annual conference.

Each year, NWRD hosts this **two-day event** (virtual and/or in-person) focusing specifically on topics of interest to nephrology professionals who provide nutrition care to people with chronic kidney disease (CKD).

Last year, in response to the COVID-19 global pandemic, NWRD pivoted the conference platform from in-person to virtual. The virtual event proved to be a **great success**, reaching even **more** attendees, from **wider** regions of the country.

2022 NWRD will again be held as a virtual event

"This was an excellent conference. I've attended several national virtual conferences during the pandemic and NWRD is the best out of all of them."

Audience

NWRD's membership includes approximately 400 Registered Dietitians and other professionals who work in the field of kidney disease.

Members work in dialysis clinics, hospitals, nephrology practices, transplant centers, private practice, public health organizations and more.



9:10 - 10:10 **Plant-Based Diets & Potassium in Kidney Disease**

Shivam Joshi MD

Clinical Assistant Professor, Nephrologist, and Plant-based Physician Department of Medicine, NYU School of Medicine, NYC Health & Hospitals/Bellevue New York, NY

10:10 - 11:00 Exhibits (50 minutes)

11:00 – 12:00 Alleviating the Progression of CKD: Proactive Nutrition Strategies

AnnaMarie Rodriguez RDN LD FAND

Nutrition Directions LLC

Dietitian/Nutrition Consultant, Expert in Plant-Based Nutrition, CKD Nutrition Intervention Sturtevant, WI

12:00 – 1:00 Lunch (60 minutes) - Visit EXPO Hall, Library Lounges, and with other attendees

1:00 - 2:00 Cook-Along: Learn to Cook Basque Cuisine, the Kidney-Friendly Way

Chef Asier Garcia. Executive Chef

Leku Ona Restaurant

Boise. ID

with videographer Tom Fitzsimmons, Fitzsimmons Media, Boise, ID

2:00 - 3:00 **Exhibits (60 minutes)**

3:00 - 4:00The National Kidney Diet - Newly Revised!

Rachael R Majorowicz RDN CSR LD FNKF Dialysis Dietitian, Mayo Clinic Dialysis Services Assistant Professor of Nutrition, Mayo Clinic College of Medicine and Science Rochester, MN

4:10 - 5:10 Management of Hyperphosphatemia: The Past, Present and Future

Arnold L Silva MD PhD Director of Clinical Research Boise Kidney & Hypertension Institute Meridian, ID





Wrap Up and Expo Challenge Winner 4:45 - 5:00 **Password for Online Evaluation & CPEU Certificates**

Eagle, ID

Nephrology Nutrition Consultant / Speaker



Program



CONTINUING PROFESSIONAL EDUCATION CREDITS (CPEUs):

The Commission on Dietetic Registration (CDR) approved this program for:

- 12 CPEUs for LIVE webinar presentations
- 1 CPEU for LIVE Exhibits and
- 1 CPEU for LIVE Posters
- (or) 12 CPEUs for RECORDED webinar presentations

MESSAGE FROM THE CDR

All approved continuing professional education ethics related activities that address the Academy / CDR Code of Ethics for the Nutrition and Dietetics Profession must include the following statement prominently posted on its materials:

"The Academy of Nutrition and Dietetics (Academy) and Commission on Dietetic Registration (CDR) are not responsible for the provider's interpretation of the Academy/CDR Code of Ethics for the Nutrition and Dietetics Profession or its enforcement as it relates to the scenarios and content presented in this activity."

For more information, visit eatrightpro.org>>

"Impressive topics, speakers, and booth exhibits.
Thank you for extending the conference to RDs in other

states."

Laura Wiseley MS RD CSR 2022 NWRD President

Northwest Renal Dietitians (NWRD) Washington

Laura Wiseley MS RD CSR took the helm a year ago as 2022 President of Northwest Renal Dietitians (NWRD). She graduated with her Master's Degree from Central Washington University and completed internship at the VA San Diego Healthcare System. Laura has been a dialysis dietitian for eight years. She has been professionally active on a state and regional level for five years, all with a renal focus. In her free time she loves hiking and foraging with her four children in the beauty of the Pacific Northwest.



Kelly Carpenter MS RDN LD

2022 NWRD Program Co-Chair Northwest Renal Dietitians (NWRD) Idaho

Kelly Carpenter MS RDN LD is one of three Program Cochairs of the 2022 Northwest Renal Dietitians (NWRD) Annual Conference - Virtual Event. She graduated from the University of Arizona and then went on to earn her Master's degree in Leadership from Grand Canyon University. Kelly has over 35 years of experience as a Registered Dietitian in various clinical and management roles. She has really enjoyed the past six years as a Renal Dietitian. Kelly resides in Mountain Home, Idaho with her spouse, children, and grandchildren.



Darcy Gans-Below RD LD CDM CFPP

2022 NWRD Program Co-Chair Northwest Renal Dietitians (NWRD) Idaho

Darcy Gans-Below RD LD CDM CFPP is one of three Program Co-chairs of the 2022 Northwest Renal Dietitians (NWRD) Annual Conference - Virtual Event. Having spent 30 years in the culinary field as a chef and a hospital food service director, Darcy went back to school to complete her dietetic degree in Louisiana. It was also Darcy's pleasure to work with Certified Dietary Managers organization for 20 years, serving on the board for much of that time. Darcy describes her calling as one that shares her passion in foodservice and nutrition in several areas and states. She currently owns and operates a bakery in addition to working as a full-time renal dietitian in dialysis.



Vicki Salerno MS RD LD

2022 NWRD Program Co-Chair Northwest Renal Dietitians (NWRD) Idaho

Vicki Salerno MS RD LD is one of three Program Co-chairs of the 2022 Northwest Renal Dietitians (NWRD) Annual Conference - Virtual Event. Vicki graduated with her Master of Science degree in Nutrition from Loma Linda University. She has over 30 years of experience as a Registered Dietitian in both clinical and management roles. Since 2017 Vicki has held her dream job working with home therapy dialysis patients and counseling CKD patients. As a native Idahoan Vicki loves outdoor experiences with family and friends.



John Bieter PhD

Co-founder & Professor Basque Studies Program History Department Boise State University Boise. ID



Website: www.boisestate.edu/basquestudies

Dr. John Bieter PhD is a co-founder and professor in the Basque Studies program as well as a professor in the History Department at Boise State University. He received a B.A. in Economics/Social Science from the University of St. Thomas in St. Paul, Minnesota, his M.A. in History from Boise State University, and earned his doctoral degree in History from Boston College.

Dr. Bieter is the co-author of *An Enduring Legacy: A History of the Basques in Idaho*, and he published *Showdown in the Big Quiet: Land, Myth and Government in the American West* in 2015. He teaches courses on immigration, Basque Studies and methods of History instruction.

Shivam Joshi MD

Clinical Assistant Professor,
Nephrologist, and Plant-based Physician
Department of Medicine,
NYU School of Medicine
NYC Health & Hospitals/Bellevue
New York, NY

Twitter: osigins-signature

Website: https://afternoonrounds.com



Dr. Shivam Joshi MD is an internist, nephrologist, and plant-based physician practicing at NYC Health & Hospitals/Bellevue in New York City. He received his BS from Duke University and his MD from the University of Miami. He completed his residency at Jackson Memorial Hospital/University of Miami and his nephrology fellowship at the Hospital of the University of Pennsylvania.

Dr. Joshi is also a clinical assistant professor at the New York University Grossman School of Medicine with research interests in plant-based diets, fad diets, and nephrology. He has written numerous scientific articles and speaks nationally on these subjects.

He is the youngest nephrologist to receive the NKF's Joel D. Kopple award, the highest award in renal nutrition. You can follow him on Twitter (@sjoshiMD).

AnnaMarie Rodriguez RDN LD FAND

Nutrition Directions LLC
Dietitian/Nutrition Consultant
Expert in Plant-Based Nutrition &
CKD Nutrition Intervention
Sturtevant, WI

LINKEDIN: <u>@annamarie-rodriguez</u>

TWITTER: <u>@RDAnnamarie</u>



AnnaMarie Rodriguez RDN LD FAND has worked as a renal dietitian for more than 24 years in a variety of settings from clinical to pharmaceutical including clinical, sales, education, and renal medical affairs. She is currently an Independent Consultant, the owner of Nutrition Directions LLC, and employed by Pentec Health as a Renal Clinical Retention Specialist. She has served and chaired several boards including the South and Central Texas National Kidney Foundation Medical Advisory Board, San Antonio Council of Renal Nutrition, Texas Hill Country Patient Awareness Days and Kidney Walks, Renal Practice Group DPG, Wisconsin Council of Renal Nutrition, and Vegetarian DPG Speaker Bureau; in addition to serving on advisory committees for local symposiums and building annual Hill Country Education Days while living in TX.

Currently she is on the Academy's Quality Management Committee, the WI/MI/IN/CA State Coordinator for VN DPG, a board member of the Plant-based Prevention of Disease organization, the VN DPG Chair-Elect and the WAND SE Region Representative-Elect. She is a Master Gardener and is focusing on her master's degree while working on several other certifications through the Academy of Nutrition and Dietetics, in addition to mentoring, peer reviewing, authoring, and coauthoring additional projects related to renal and Plant-based nutrition ranging from nutrition support to CKD education materials.

Chef Asier Garcia

Executive Chef
Leku Ona Restaurant
Boise, ID
Website: boisebasquefood.com
with Tom Fitzsimmons
Videographer
Fitzsimmons Media, Boise ID



Chef Asier Garcia was born and raised in the Basque Country where he studied culinary arts and then trained with Michelin awarded Chef Martin Berasategui.

Chef Garcia's curiosity led him to every corner of the Basque Country, from the northern city of Biarritz to the mountain town of Morga, the coastal port of Lekeitio and the capital Bilbao.

He then moved to America and worked at some of the best restaurants in Boise. Now as the Chef of Basque Restaurant "Leku Ona", he is ready to showcase the best of the Basque culinary repertoire.

Rachael R Majorowicz RDN CSR LD FNKF

Dialysis Dietitian
Mayo Clinic Dialysis Services
Assistant Professor of Nutrition
Mayo Clinic College of Medicine and Science
Rochester, MN

Rachael Majorowicz RDN CSR LD FNKF is a renal dietitian for Mayo Clinic Dialysis Services and an Assistant Professor of Nutrition for the Mayo Clinic College of Medicine. She has nearly 20 years of experience providing patient care, creating educational materials, writing medical nutrition therapy guidelines and presenting to dietitians, medical students, dietetic interns, nurses, and Nephrology providers.



Rachael has served on the executive committee of the Renal Practice Group of the Academy of Nutrition Dietetics for nearly 15 years and is currently leading the revision of the National Kidney Diet (formerly the National Renal Diet). She is also a contributor to online medical information, peer-reviewed journals, and book chapters, including the current revision of the bone and mineral disorders chapter of A Clinical Guide to Nutrition Care in Kidney Disease.

Arnold L Silva MD PhD

Director of Clinical Research Boise Kidney & Hypertension Institute Meridian, ID

Dr. Arnold Silva MD PhD is a founding physician partner and Director of Clinical Research at Boise Kidney & Hypertension Institute, in partnership with Frenova Renal Research. Dr. Silva received his bachelor's and master's degrees in biology from California State University, Fresno. He subsequently earned his Ph.D. from the University of Arizona in Tucson, studying the physiology of membrane transport and cell volume regulation. He received his medical degree from the University of Arizona, followed with residency training in internal medicine and a nephrology fellowship at University of Arizona affiliated hospitals.



Twice awarded for excellence in teaching at the University of Arizona, Dr. Silva has served as a clinical assistant professor of medicine and also taught in many areas of biology, biochemistry and physiology for California State University and the University of California.

Dr. Silva has had a diverse clinical practice for over 20 years, focused on the treatment of chronic kidney disease and hypertension. He has served as a Medical Director for Liberty Dialysis and Director of the Home Dialysis Programs at Boise Kidney and Hypertension/Fresenius Medical Corporation. He has also served as Chair of Internal Medicine and Chair of the Credentialing Committee at St. Alphonsus Medical Center in Nampa, Idaho.

With over 30 years of experience in both basic science and clinical research, Dr. Silva has brought nephrology clinical trials to southern Idaho to benefit patients with kidney disease. Current and recent clinical trials include cell based therapy for chronic kidney disease, anemia in chronic kidney disease and end stage renal disease, secondary hyperparathyroidism and hyperphosphatemia, diabetic nephropathy and adult polycystic kidney disease.

Thao Pascual MD FASN
Associate Chief Medical Officer
U.S. Renal Care

Dr. Thao Pascual is the Associate Chief Medical Officer at U.S. Renal Care. Dr. Pascual brings 20 years of healthcare experience and is board-certified in both internal medicine and nephrology. Before joining U.S. Renal Care she had served in multiple leadership roles within her prior organization, including founder, department chair, and facilities medical director. Most recently she served as Chief Medical Officer of Nephrology Practice Solutions, a subsidiary of DaVita Kidney Care.

Her professional memberships include the Renal Physicians Association, American Society of Nephrology, and Women in Nephrology.

She earned her medical degree from Harvard Medical School and completed her internal medicine residency, fellowship in nephrology, and chief fellowship in nephrology at the University of Washington Affiliated Hospitals.



Kenneth Prager MD FACP

Professor of Medicine
Director of Medical Ethics
Chair of Medical Ethics Committee
Columbia University Medical Center
New York, NY



Dr. Kenneth Prager MD FACP is Professor of Medicine, Director of Medical Ethics, and Chair of the Medical Ethics Committee at Columbia University Medical Center. He is a member of the Ethics, Professionalism and Human Rights Committee of the American College of Physicians.

He spent two years in the Indian Health Service practicing general medicine on the Cheyenne River Sioux Indian Reservation in South Dakota after his medical internship. Dr. Prager held clandestine medical clinics in the Soviet Union during a visit for persecuted Jews in 1986, and later set up the first U.S. - Soviet medical student exchange program between Columbia P&S and the First Moscow Medical Academy.

Dr. Prager is a pulmonologist and teaches pulmonology and medical ethics to medical students, house officers and nurses. His writings on medicine and medical ethics have appeared in medical journals and textbooks as well as on the Op-Ed pages of The New York Times and The Wall Street Journal. Dr. Prager was a regular guest lecturer in Israel for the Ben Gurion University MD Program in International Health and Medicine in collaboration with Columbia University Health Sciences. He has received numerous honors for his patient care, clinical expertise, teaching, and contributions to organ donation. Among these are The Leonard Tow Humanism in Medicine Award and the Columbia University Presidential Award for Excellence in Teaching.

Stephenie Dickie DDS MS

Geriatric Dentistry
Mobile Care Dentistry
Private Practice
Nampa, ID

Practice website: <u>idahoseniordental.com</u>
Mobile Dental website: mobilecaredental.com

Dr. Stephenie Dickie DDS MS was born and raised in Minnesota.

As children, her mother exposed her and her brother to the elderly by participating in Meals on Wheels and visiting community members in the local nursing home.

She moved to California and pursued her degree in Clinical Laboratory Science, working as a medical technologist in a large hospital laboratory prior to pursing dentistry. Dr. Dickie graduated from Loma Linda University School of Dentistry in 2007. She completed her Advanced Education in General Dentistry at Case Western Reserve University School of Dental Medicine in 2008 and began her dental career.

Dr. Dickie's practice has been focused in public health, both in the Indian Health and Community Health systems. She has extensive experience working in the integrated care setting along with medical and behavioral health providers, providing dental care to the medically compromised and older adult populations. In 2019, Dr. Dickie received her Masters degree in geriatric dentistry from Herman Ostrow School of Dentistry of USC. She is currently working in a mobile care dentistry group practice as well as her own private practice, providing care to facility dwelling and community dwelling elders in the Treasure Valley of Southwestern Idaho.

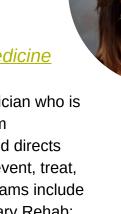
Dr. Dickie resides in Boise, Idaho with her husband, dog and cat. She loves cooking, entertaining and multiple outdoor activities Idaho has to offer.



Jennifer Shalz MD

Internal Medicine Physician & Medical Director
Department of Lifestyle Medicine
St. Luke's Health System
Meridian and Nampa, ID

Website: www.stlukesonline.org/lifestyle-medicine



Dr. Jennifer Shalz MD is an internal medicine physician who is the medical director of the St. Luke's Health System Department of Lifestyle Medicine. She develops and directs programs that use lifestyle interventions to help prevent, treat, and reverse chronic disease. Currently these programs include Cardiac, Peripheral Vascular Disease and Pulmonary Rehab; Nicotine Dependence Treatment; the St. Luke's Lifestyle Medicine Clinic at the South Meridian YMCA; and the St. Luke's Complete Health Improvement Program.

Dr. Shalz is a diplomate of the American Board of Lifestyle Medicine. She earned her medical degree from Tufts University School of Medicine and completed her internal medicine residency at David Grant Medical Center, Travis Air Force Base, CA. She practiced at three different VA Medical Centers after separating as a major from the USAF in 2000. Immediately prior to joining St. Luke's in 2011, she served as a hospice medical director and provided supportive oncology care in the radiation oncology clinic at St. Alphonsus Cancer Care Center.

Felicia Speed PhD LMSW

Vice President, Social Work Services Fresenius Kidney Care Greenville, SC

Website: freseniuskidneycare.com

Dr. Felicia Speed PhD LMSW is the Vice President of Social Work Services for Fresenius Kidney Care, a dialysis company. She provides oversight and guidance to social workers across the country. She has been working as a dialysis social worker in various capacities for almost 20 years.

After obtaining her Bachelor's in Social Work from Winthrop University and Masters in Social Work from the University of Georgia in 1999, she gladly accepted a position as dialysis social worker in Anderson Dialysis Clinic. Recently in 2021, she earned her PhD from Walden University.



Dr. Speed has dedicated her career to addressing psychosocial barriers among dialysis patients with kidney failure by improving social work competency. Yet, if anyone ever ask her what she deems her greatest accomplishment in her career, her response is simply improving the quality of life of a dialysis patient.

Linda McCann RDN CSR

Nephrology Nutrition Consultant & Speaker Eagle, ID

Linda McCann RDN CSR has been a nephrology dietitian for 47 years. She has worked with all stages of kidney disease, with a majority of her experience in dialysis. She worked for a for a medium size dialysis provider for over 33 years, starting as a clinical dietitian and working up to a VP level with responsibility for supervision of over 80 dietitians. She was also the primary clinical liaison/consultant for the development of that provider's proprietary electronic health record specific to delivery and quality management of dialysis services.

Linda has had a long history of professional volunteerism in the National Kidney Foundation and has received many awards (NKF-CRN Recognized Renal Dietitian, Joel D Kopple, NKF N. California Champion of Hope, AAKP Medal of Excellence, multiple service awards). She is the author of the NKF-CRN "Pocket Guide to Nutrition Assessment in CKD," currently in the sixth edition. She is a contributing author for Nutrition in Kidney Disease in the area of bone and mineral metabolism. She has participated in Technical Expert Panels for identification and refinement of CMS quality measures. She has also been involved in both KDOQI and KDIGO (Advisory Boards and Expert Work Groups for CKD-MBD). She has spoken and trained on all aspects of nephrology nutrition throughout the world.



2022 NWRD Exhibitors & Posters



















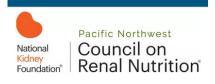


















EXPO Challenge

The virtual platform has an interactive EXPO Challenge feature, which enhances attendees' experiences during the virtual event by allowing engagement with all aspects of the exhibitors' booths.

Attendees are enrolled in the EXPO Challenge **automatically**, and will be awarded points for **interacting** with exhibitors and poster presenters.

The **leaderboard** can be viewed in the virtual lobby to see who is winning in real time. The top three attendees with the most points at the end of the event will receive a **prize**.

Points are awarded for:

- each visit to the booth
- chatting with the representative
- sending messages to the representative
- watching videos
- clicking on links inside the booth
- · downloading materials

Please visit with all the Exhibitors and Poster Presenters, as they are vital to the success of the conference by making our NWRD event informative and collaborative.

What attendees say:

"Powerfully good conference! Enjoyed watching the exhibit videos. I always come away inspired with up-to-date information, so it's worth the price."



To Register

REGISTRATION OPENS: January 15, 2022

- Go to NWRD website: www.NWRDonline.org
- Click on Registration button to be directed to Accelevents Virtual Platform
- Pay the Registration fee via Accelevents
- Look for an email from Accelevents with your link button to access the platform (be sure to check your spam folder if you don't receive it)

For Conference Day

LOGIN to ACCELEVENTS

- Click on the link button from the Accelevents
 email to access the virtual hub, or go through the
 NWRD website: www.NWRDonline.org
- Use your same Accelevents **password** from last year, or create a new one.
- Login a week early to check your computer settings, familiarize yourself with the platform, download handouts, set up your profile and picture, and meet-up with other attendees.
- Engage with others inside the virtual hub and enjoy the conference!

What attendees say:

"Virtual platform was very user-friendly. I appreciated being able to connect and 'chat' with others."

2022

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Morthwest DIETITIANS

For More Information

If you have questions or comments, please reach out to us!

Email: NWRDonline@gmail.com

2022 NWRD Board & Planning Team



President: Laura Wiseley MS RD CSR

Vice President: Emily Greenough RDN CSR CD

Treasurer: Lara Sokoloff MS RD

Secretary: Fiona Wolf RD

Web-person: Paula Staab RDN CSR LD

Program Co-Chairs: Darcy Gans-Below RD LD CDM CFPP

Kelly Carpenter MS RDN LD

Vicki Salerno MS RD LD

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Britt Myer MPH RD CD

Gretchen Swartzbaugh MS RD LD

Erin Dickerson RD CSR CD

Amy Higbee RD

Geri Jennings RD CD Heidi Moretti MS RD Dani Renouf MS RD

Amy Myrtue Nelson MPH RD CSR CD

Sara Prato MS RDN CD

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