**ACCESS TO HEALTH**

Global Snapshot

**GOAL:** Individuals/Families Have Access to Healthcare and Improve Their Health

- **5,586,366** individuals participated in physical activity and/or healthy food access/nutrition programs
- **8 OUT OF 10** children/adults avoided or reduced risky behaviors

**STEPPHANIE HAD A TOUGH PAST:** drug addiction, rape, prison. As a single mom, she wanted to turn her life around. She enrolled in Pikes Peak United Way programs, determined to change her life and create a positive environment for her daughter. Stephanie started parenting classes when Amy was three days old. She is working to become an addiction counselor, with help from the program. She has completed an internship at a local agency and wants to pursue a master’s degree in behavioral health. Life is different now because of the choices she is making, and the support available from United Way.

- **$279,466,436** INVESTED
- **182,715** volunteers
- **25,737** health sector staff trained to provide quality services
- **4,786,071** individuals accessed healthcare services and support
- **17,240** United Way community partners
- **397,696** individuals accessed health insurance
- **346** policies promoted, enacted or modified to promote health
- **83%** of babies had healthy birth outcomes (e.g. reach full term, first birthday and healthy weight)
- **78%** of children/adults ate healthier, increased physical activity or moved towards a healthier weight
- **8 OUT OF 10** children/adults avoided or reduced risky behaviors

Data are representative of individuals/families served by United Way.